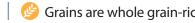
February 2024 | Applegate and Creston Head Start Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
_				1	2
Breakfast				Cinnamon Swirl Bun 🕜 🍪	Cinnamon Chex Cereal 🕜 🚱
Lunch				Cheese Pizza 🕜 🍪	Chicken Tenders 🚱
Snack				Fruit and Yogurt 🕜	Fruit and Cheese 🕜
	5	6	7	8	9
	Cinnamon Chex Cereal 6	Blueberry Muffin 🕜 🍪	Banana Bread 🕜 🍪	Honey Cheerios Cereal 🕜 🧐	Yoplait Strawberry Banana Yogurt and Granola 🕜 🤔
	Grilled Cheese Sandwich (V)	Orange Chicken with Brown Rice 🚱	Yakisoba with Chicken and Vegetables 🕜 修	Cheese Pizza 🕜 🍪	Chicken with Korean BBQ Sauce and Brown Rice 俊
Snack	Fruit and Chex Mix 🕜	Fruit and Chips 🕜	Fruit and Cheese 🕜	Fruit and Crackers 🕜	Vegetables and Goldfish Crackers 🕜
_	12	13	14	15	16
Breakfast	Honey Cheerios Cereal 🕜 🍪	Cinnamon Chex Cereal 🕜 修	Banana Bread 🕜 🍪	Cinnamon Swirl Bun 🕜 🍪	
Lunch	Chicken Tenders 🍪	Pasta with Marinara and Mozzarella 🕜 修	Carmen Ranch Grassfed Beef Burger with Cheese 🚱	Cheese Pizza 🕜 🍪	No School for Students
Snack	Fruit and Yogurt 🕜	Vegetables and Goldfish Crackers V	Fruit and Crackers 🕜	Vegetables and Hummus 🚺	
	19	20	21	22	23
	Cinnamon Chex Cereal 6	Blueberry Muffin 🕜 🍪	Banana Bread 🕜 🍪	Honey Cheerios Cereal 🕜 🍪	Yoplait Strawberry Banana Yogurt and Granola 🕜 修
Lunch	Chicken Tenders 🍪	Mozzarella Breadsticks 🕜 🍪	Pancakes with Chicken Sausage &	Cheese Pizza 🕜 🤡	Bean and Cheese Burrito W 6
Snack	Fruit and Chex Mix 🕜	Vegetables and Goldfish Crackers V	Fruit and Cheese 🕜	Fruit and Crackers 🕜	Vegetables and Goldfish Crackers 🕜
_	26	27	28	29	
Breakfast	Honey Cheerios Cereal 🕜 🍪	Cinnamon Chex Cereal 🕜 修	Banana Bread 🕜 🍪	Cinnamon Swirl Bun 🕜 🍪	_
Lunch	Chicken Tenders 🍪	Teriyaki Chicken with Brown Rice 🚱	Homemade Cheese Lasagna 🕜	Cheese Pizza 🕜 🍪	_
Snack	Fruit and Crackers 🕜	Vegetables and Goldfish Crackers ₩	Fruit and Yogurt 🕜	Vegetables and Hummus 🕜	_



Updated: 1/30/24