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	Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast				Egg and Cheese on an English Muffin  	Cinnamon Chex Cereal  
Lunch				Cheese Pizza  	Chicken Tenders 
Snack				Fruit and Yogurt 	Fruit and Cheese 
	5	6	7	8	9
Breakfast	Blueberry Muffin  	Mini Pancakes  	Egg and Cheese Filled Hashbrown  	Maple Waffles  	French Toast Sticks  
Lunch	Grilled Cheese Sandwich  	Orange Chicken with Brown Rice 	Yakisoba with Chicken and Vegetables  	Cheese Pizza  	Chicken with Korean BBQ Sauce and Brown Rice 
Snack	Fruit and Chex Mix 	Fruit and Chips 	Fruit and Cheese 	Fruit and Crackers 	Vegetables and Goldfish Crackers 
	12	13	14	15	16
Breakfast	Cinnamon Chex Cereal  	Egg, Cheese and Turkey Sausage Breakfast Calzone 	Cinnamon Swirl Bun  	Egg and Cheese on an English Muffin  	
Lunch	Chicken Tenders 	Pasta with Marinara and Mozzarella  	Carmen Ranch Grassfed Beef Burger with Cheese 	Cheese Pizza  	
Snack	Fruit and Yogurt 	Vegetables and Goldfish Crackers 	Fruit and Crackers 	Vegetables and Hummus 	
	19	20	21	22	23
Breakfast	Blueberry Muffin  	Mini Pancakes  	Egg and Cheese Filled Hashbrown  	Maple Waffles  	French Toast Sticks  
Lunch	Chicken Tenders 	Mozzarella Breadsticks  	Pancakes with Chicken Sausage 	Cheese Pizza  	Bean and Cheese Burrito  
Snack	Fruit and Chex Mix 	Vegetables and Goldfish Crackers 	Fruit and Cheese 	Fruit and Crackers 	Vegetables and Goldfish Crackers 
	26	27	28	29	
Breakfast	Turkey Ham and Cheese on a Hawaiian Bun 	Egg, Cheese and Turkey Sausage Breakfast Calzone 	Cinnamon Swirl Bun  	Egg and Cheese on an English Muffin  	
Lunch	Chicken Tenders 	Teriyaki Chicken with Brown Rice 	Homemade Cheese Lasagna 	Cheese Pizza  	
Snack	Fruit and Crackers 	Vegetables and Goldfish Crackers 	Fruit and Yogurt 	Vegetables and Hummus 	

 Vegetarian option, may contain cheese &/or egg |  Grains are whole grain-rich

1% milk is offered daily with breakfast and lunch. Fruit is offered with breakfast, fruit and vegetables are offered with lunch.
Menu is subject to change. This institution is an equal opportunity provider.

Updated: 1/30/24