



The Sabin Sentinel

Volume 1 – Issue 4, October 7, 2016



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Principal's corner

Happy October Sabin Family!

As we bring our 29th day (26th for Kindergarten) of school and our 6th week to a close, I wanted to update you on some of the many wonderful things that are happening here at Sabin. I also want to thank you for your support, respect and trust in placing your child in our hands day after day and week after week.

As a staff, we engaged in a process of creating a vision for Sabin, during Back to School Night asked for, and welcomed parent input as we continue this process. Words that were used among many teachers included caring, lifelong learner, inspiring and love! Please share your input by visiting the auditorium and providing your input. We truly want this to be a process in which our entire community is engaged.

Our Restorative Justice consultants Amber Boydston and Joslyn Janapol, have begun working with Sabin teachers and staff to integrate restorative strategies into our classroom and schoolwide culture. We are

very excited about how restorative justice can help us develop better relationships; improve our ability to consider the perspective of others and to take responsibility for our actions as a school and community.

As our daylight hours are shortened and we nestle into fall balancing back-to-school routines with after-school activities, I want to encourage you to find time for fun. Rushing to be on time to work and school and other activities along adhering to strict schedules can be stressful. Do not forget to make time for fun!

Reiko Williams
Sabin Principal



Counselor's corner

This month we are highlighting the IB Trait Open-Minded and IB Attitude Tolerance. We are continuing our work in K-5 classrooms with Kelso's Choices with discussions, role-plays and empowering students to take risks and build compassion for others in working through "small" manageable problems. Through our work in conflict resolution, we hope to motivate students to practice peacemaking while also being clear and direct with personal space and needs.

October is **Bullying Prevention Month**. Our MYP Leadership class (currently 6B), which Ms. Jablonski and Ms. Wright co-facilitate, is working on getting the word out about Bully Prevention Month and celebrating **Unity Day** on October 19th. Unity day is a day to bring awareness of the effects of bullying behavior, empower students to stand up against hurtful behavior by others, and increase our tolerance and celebration of differences.

Information on bullying. Bullying is a serious word and the acts of bullying can have serious consequences for the persons involved as well as the climate of a community. For behavior to be classified as bullying, the following must be true:

- Power imbalance, perceived or otherwise with a pattern of intimidation
- Aggressive actions or threats are unprovoked
- Motivated with intent to cause fear, distress or harm
- Repeated



Bullying can take many forms such as hitting, kicking (physical), name-calling (verbal), intimidation through gestures or social exclusion (non-verbal or emotional) and/or sending insulting messages by phone text, computer, or media (cyber bullying). Any persons, regardless of age, gender, educational experiences, race, ethnicity, religion or other classification, can be involved in different types of bullying. Sometimes the word bullying is used and doesn't fit the above criteria. For those situations, it is best to name the specific unwanted behavior and not to call it bullying.

As Sabin school community, we are working together to promote peace through our continued work on our non-violence peace pledge, our IB profile positive character traits, and building a strong community of united learners for kindness, acceptance, inclusion and peaceful resolution.

At home, we encourage you to help by affirming your child's feelings, helping

to identify/name the problem/s, identify the behaviors/feelings he or she is experiencing, problem solve on how to stand up for themselves, avoid the unwanted behavior and seek support here at school. In addition, if you have concerns that your child is being bullied or bullying other's please let us know. We are here to support you and your child.

Erika and Anna



Update on Middle School

As you may be aware, Bob McKean, our Interim Superintendent has recommended that the opening of Tubman Middle School be postponed. With all of the issues facing Portland Public Schools including finding a permanent superintendent, addressing school environmental hazards, planning for a school construction bond next year, and filling 55 open positions at the central office, it may not be the most optimal time to open two new middle schools. Please check the October 7, 2016 Oregonian for a complete article and/or refer to the district's web page to learn more.



A reminder about lost items

We have had increased incidents in which student belongings have been lost or taken. Tablets, phones, money, trading cards, etc. are some of the items that have been lost, some of them recovered. One particular item that has become especially challenging is Pokemon and other trading cards. If students bring them to school, they are not allowed to have them out during classroom time. They are allowed to use them during lunch and at recess; however, please be mindful that we can't be responsible for items that are lost.

Sabin Vision

This year, we will engage in a process of developing a shared vision for Sabin with input from students, staff and community members. This process will hopefully allow us to come together around a shared set of principles around which our work will be focused.

IB corner

Risk-Taker Scavenger Hunt

By Svatik Pleva, Thalia Sterner, Bizunesh Walters, Ella Addy, Payton MacDonald and Chandler Golden

This month we did our risk taker scavenger hunt. We had to complete 12 different activities to finish the challenge.

Svatik said, "One thing I did was listening to the Great Brain. The Great Brain is an old book that was taped. The main character's brother did a lots of risk-taker things. It was exciting to listen to the story."

Thalia said, "I tried a new type of cheese called Fontina. It was really good. It was surprising how strong it tasted!"

Bizunesh said, "I really liked learning a language. I learned more about braille. My mom had this old book with the ABC's in braille and I tried to learn that."

Ella said, "I had a lot of fun trying to teach my mom to play soccer because she new nothing about it. She would ask me what a hand-ball is and I had to explain it was when you touch the ball with your hand."

Payton said, "I taught my mom to draw cute happy faces. It was kind of hard."

Chandler said, "I taught Zane basketball. It was hard to teach him. And, I tried Taco Casserole. It tasted pretty good."

It is important to be a risk-taker because it's important to learn new things, your brain needs to be challenged sometimes and it is fun. How can you be a risk-taker?



Dough for Dollars

Our tasty Pizzicato fundraiser is **Tuesday, October 18**, at NE 42nd & Fremont.

Pizzicato Pizza will donate 20% of their proceeds for the day to Sabin. Would you rather dine at home? Go to www.sabinpta.com and click on the Dough for Dollars banner image. You can pre-order your pizza and pick it up right after school on the 18th.

1. Take a look at the menu.
2. Complete the order form.
3. Print and return to the school office with payment by October 11. Please make checks out to Sabin PTA.



Sabin Winter Concert

Mark your calendars for the Sabin Winter Concert **Thursday, December 8!**

Many thanks to the hard-working parent volunteers and generous donors who helped to raise \$1,310 for the Sabin music program. We combined these funds along with \$1000 in leftover funds from an auction special appeal for music education and purchased: subscriptions to Music K-8 and Music Express magazines, the colorful and educational Note Worthy Rug, and the Yamaha Digital Piano. The additional funds will go towards the purchase of a PA system. I appreciate the warm welcome and I am so pleased to be a part of the Sabin community. I'm really looking forward to a great school year with Sabin kids.
Mel Simrell

Upcoming Events

- Family Equity Meeting**
Wednesday, October 12, 6:30-8pm
- No School, Statewide Inservice Day**
Friday, October 14
- Pizzicato Dough for Dollars**
Tuesday, October 18
- 2 Hour Late Opening**
Wednesday, October 19
- SPED Parent Meeting**
Wednesday, October 19, 5:30-7pm
- Black Family Night**
Thursday, October 20, 6pm
- PTA Board Meeting**
Thursday, October 20, 7pm
- K2 Celebration Assembly**
Tuesday, October 25, 8:45 am
- Site Council Meeting**
Tuesday, October 25, 3:45 pm
- TAG Meeting**
Wednesday, October 26, 6:00 pm
- Run for Sabin School**
Friday, October 28



Blazers Boys and Girls Club

The Blazers Boys and Girls Club, located at 5250 NE Martin Luther King, Jr. Blvd. has annual memberships for \$25 which includes two meals a day, homework help, and specialized programming! They are open Monday through Friday from 2:30-6:30. For more information, you can reach them at 503-282-8480.

Restorative Justice

Conflicts naturally arise in all schools. What matters is how we choose to respond when they do. Restorative Justice in schools moves away from the punitive model which creates more isolation and a lack of accountability, to a restorative model that focuses on inclusion and more accountability. RJ gives those who have experienced harm a voice to express how they have been impacted and what they need to repair the harm. Those who have caused harm have an opportunity to hear and understand the impact they have had on others. Restorative processes allow for the needs of all the parties involved to be addressed. RJ creates a stronger community of care where genuine healing can occur. We are excited to be embarking on the 2016 -17 school year with Sabin as they move towards restorative practices that will create more peace throughout the school.



TAG Family Night at OMSI

October 10th will be the first TAG Family Night in partnership with OMSI!

Free entrance and free parking in OMSI Lots. Open to all TAG students and their families. No ID required.

6-8PM - Monday, October 10.