RESOURCES AND RESEARCH REFERENCES

RESOURCES

International Dyslexia Association (IDA)
Dyslexia Indicators
http://www.dyslexia-rmbida.org/whatisdyslexia.html
Dysgraphia Indicators
http://www.wrightslaw.com/info/read.dysgraphia.facts.htm

RESEARCH REFERENCES

Dyslexia, Dysgraphia, and Oral Written Language Disabilities

Cross Battery Assessment

CHC Broad and Narrow Abilities in General

Visual-Spatial

Visual-Spatial Abilities and Reading

"It is possible that those Gv abilities related to academic learning simply are missing from the current collection of intelligence batteries used in school achievement research. The types of Gv tests in current intelligence batteries (e.g., block design, spatial relations; memory for designs or pictures; etc.) may not measure the Gv abilities important for reading and math. For example, the visual aspects of orthographic processing or awareness (the ability to rapidly map graphemes to phonemes; rapid processing of visual symbols; etc) have been reported as important for reading (e.g., Barker, Torgesen, & Wagner, 1992; Berninger, 1990; Berninger et al., 2006; Flanagan et al., 2006; Hale & Fiorello, 2004; Urso, 2008;) and are absent from intelligence batteries. Additionally, more complex visual-spatial processing (not measured by current intelligence tests) may be important for school learning, such as Gv tasks that measure complex visual-spatial working memory (e.g., see Holmes, Adams & Hamilton, 2008; Maehara & Saito, 2007; Mammarella, Pazzaglia & Cornoldi, 2008). Like breathing, basic Gv processes may function as a threshold ability—you need a minimal amount to read and perform math, but beyond the minimal threshold level “more Gv” does not improve performance.”


Two narrow Gv abilities were identified as tentative/speculative in the current review. Visual memory (Gv-MV) was so classified at ages 15-19 for Reading Comprehension (RC), possibly related to the positive effect of visual imagery on reading comprehension (e.g., Gambrell & Jawitz, 1993). Spatial scanning (Gv-SS) was similarly classified at ages 6-8 for Basic Math Skills (BMS). Both of these isolated and tentative findings, which were based on single test indicators in a handful of studies, should be viewed with caution and warrant additional investigation.


Visual-Spatial Abilities and Math

“Assel and colleagues (2003) showed that visuospatial ability related to later executive function but not vice versa, pointing to a
developmental trajectory in which spatial skills develop prior to and underlie executive functions but in which both cognitive abilities have separate specific effects on math skills. Other studies also support the existence of spatial and executive function components in math achievement, although this support is evident only after a critical examination of the tests that were utilized.”


“Cognitive studies combined with research on arithmetical difficulties associated with brain injury (i.e., dyscalculia) and with behavioral genetic studies of individual differences in mathematical abilities provided clues as to possible sources of the problem-solving characteristics of children with Arithmetic Disorder (AD). The integration of these literatures resulted in a taxonomy of three general subtypes of MD, procedural, semantic memory, and visuospatial. Visuospatial subtype cognitive and performance features (include) difficulties in spatially representing numerical and other forms of mathematical information and relationships (and) frequent misinterpretation or misunderstanding of spatially represented materials. Neuropsychological features appear to be associated with right-hemispheric dysfunction...(However,) the relation between visuospatial competencies and AD has not been fully explored. In theory, visuospatial deficits should affect performance in some mathematical domains, such as certain areas of geometry and the solving of complex word problems, but not other domains, such as fact retrieval or knowledge of geometric theorems.”


“The third subtype of MD, the visual-spatial subtype, has been researched and described extensively by Byron Rourke at the University of Windsor….Rourke (1994) has provided convincing evidence that children with this subtype of MD have poor visual-spatial organization, psychomotor, tactile-perceptual, and concept formation skills, but adequate rote, automatic verbal skills…They also show semantic problems when verbal information is complex or novel. (p. 214)


**Visual-Spatial Abilities and Written Expression**

“Although visual processing abilities may contribute to the earliest stages of spelling acquisition, this study indicates primarily negligible effects of Visual-Spatial Thinking on writing achievement throughout the period of analysis. These results replicate the findings from McGrew and Knopik (1993). It is likely that orthographic coding skills, which were not targeted in this study, account for the expected relations between visual processing abilities and writing skills (Berninger, 1994).”


See also: “Orthographic Processing”

**Language**

**Language in General**

“Language Processing includes measures of syntax, semantics/vocabulary, discourse, listening comprehension, and oral expression.”


“A rather unique aspect of Gc (Language Abilities) not seen in the other broad abilities is that it appears to be both a store of acquired knowledge (e.g., lexical knowledge, general information, information about culture) as well as a collection of processing abilities (e.g., oral production and fluency, listening ability)… Although research is needed to discern the nature of acquired knowledge versus processing abilities within the Gc domain, assessment of Gc should pay close attention to the nature of the narrow abilities that define this broad domain.” (pp. 280-281).

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Language and Reading

“It is not surprising that Gc has strong Basic Reading Skills (BRS) relations as ample evidence exists that general language and vocabulary development, aspects of Gc, are necessary for acquiring reading skills (Cooper, 2006; Shaywitz, Morris, & Shaywitz, 2008; Torgesen, 2002; Vellutino, Tunmer, Jaccard, & Chen, 2007). General Information (Gc-KO) was consistently related to BRS at all ages, with a trend toward increased importance with increasing age. This finding is consistent with the importance of prior background knowledge, knowledge integration, and a general fund of knowledge in reading (Cooper, 2006; Kintsch & Rawson, 2005). Listening ability (Gc-LS) was classified as medium at the youngest age group (6-8 years), a finding consistent with research that has implicated the ability to comprehend spoken language (i.e., listening comprehension) in reading development (Hoover & Gouch, 1990; Johi & Aaron, 200).”


“…(Termine et al. 2007) found that many students may have intact phonological skills, but delayed receptive and/or expressive language development puts them at greater risk for later (reading) difficulties.” (p. 559).


Language and Math

“Initially, young children learn verbal labels for numbers in a standard sequence (i.e., rote counting) without engaging the visual system for objects. True counting begins when those verbal labels are associated with the objects in the physical world with one-to-one correspondence (one number word to one object). True counting requires crosstalk among the quantitative, visual, and oral language systems.” (p. 196) “The principles of one-on-one correspondence, stable order, and cardinality define the initial ‘how to count’ rules, which provide the inherently potential skeletal structure for children’s emerging counting knowledge.” (p. 50). “The newly constructed components of this brain system are…(listed) and a specialized math lexicon. This lexicon of single words and phrases is specialized for quantitative concepts (e.g., greater than or less than), visual-spatial concepts (e.g., above, between, diagonal, circumference) and arithmetic operations (e.g., How much altogether? How much more? How many will each have?)” (p.205-207).


“Current understanding of math conceptual development suggests that children first learn about numbers as words. It is logical to suspect that children with SLIs often have difficulty mastering a sense of number. fMRI studies of children with developmental dyscalculia (DD) suggest that two-thirds have other conditions, such as language disorders. “ (p. 559).


“Broad Gc is moderately consistent at ages 9-19 years for Basic Math Skills/Math Calculation (BMS). The lack of a relationships between Language Development (LD)/Lexical Knowledge (VL) and BMS at ages 6-8 years in McGrew and Wendling (2010) is...”
surprising, as elementary math contains several language concepts (e.g., less than, greater than, sum, in all, together). This finding is likely related to the nature of the math tasks used in the studies reviewed."


"Broad GC is consistent at ages 6-8 years, moderately consistent at ages 9-13, and highly consistent at ages 14-19 years for Math Reasoning (Math Problem Solving)."


"The ability to solve word problems is also related to reading ability and nonverbal reasoning ability above and beyond the influence of working memory (Lee et al., 2004)…Hembree’s (1992) meta-analysis revealed that for ninth-graders, the best predictors of the ability to solve word problems were computational sills (r = .51) and knowledge of mathematical concepts (r = .56). Other predictors were intelligence (r = .44), reading ability (r = .44) and vocabulary (r = .26)…Translation of word problems, especially relational information, onto appropriate algebraic expression and the discrimination of relevant and irrelevant information are consistent sources of student difficulty."


Language and Written Expression

“Cognitive, language, and executive functions play the major roles in building the functional writing system... The Writing Brain is, however, fundamentally a language system. As such, the Writing Brain probably drawn on all language sources available to it through listening, talking, reading and writing.” (p. 186-187).


"Many studies have shown that all levels of language (word, sentence syntax, discourse, schema/text organization) contribute to writing in children with and without writing disorders (Berninger & Richards, 2002)…The Oral and Written Language Specific Learning Disability (OWL-LD) is an oral as well as written language disorder. Hallmark deficits of OWL LD are in morphological and syntactic awareness as well as in word retrieval. As a result, affected individuals have problems that include but are not restricted to work reading and spelling. They also have significant difficulty in reading comprehension and written expression of ideas (particularly in the syntax of the sentence construction) (Scott, 2002). See Berninger (2008b) and Berninger, O’Donnel, et al. (2008)." (p. 508, 513).


"Consistent with prior research guided by CHC theory that focused on writing and similar research targeting reading and mathematics, it was not surprising that Comprehension-Knowledge was often the strongest and most consistent predictor of writing achievement across childhood and adolescence and that its strongest effects began as children enter upper elementary school (about age 10 years). It is logical that vocabulary knowledge and word knowledge would be highly related to knowledge of spelling, punctuation, and capitalization rules, as reflected in the basic writing skills analysis. In addition, these finding are consistent with research demonstrating a strong link between verbal ability, verbal reasoning, or oral language skills and compositional quality (e.g., Abbott & Berninger, 1993), as reflected in the written expression analysis. Consistent with some theoretical models of the writing process (e.g., Berninger, 1999; Hayes & Flower, 1980), vocabulary knowledge and knowledge of the domain on which writing is focused form the foundation of writing itself."


Working Memory

Working Memory and Reading

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Working Memory and Math

“Phonological and visuospatial working memory contributed to more specific math cognition deficits, as did speed of processing. The children in the Mathematics Learning Disability (MLD) group scored a full standard deviation below their Low Math Achievement (LA) peers—the average child with MLD was at the 16th percentile on measures of each of the working memory systems, and showed a deficit of about the same magnitude on the speed of processing measure, consistent with Swanson and colleagues’ findings of pervasive working memory deficits in children with MLD (Swanson, 1993; Swanson & Sach-Lee, 2001). Neither of these LA groups has working memory deficits as assessed by standard central executive, phonological loop, or visuospatial sketchpad tests...Most of the preceding described mathematical cognition deficits are found in children with MLD, independent of (full scale) IQ.”


“Empirical research has consistently implicated working memory as a central deficit in children with math disabilities. Hutton and Towse (2001) cited a correlation of .45 between digit span tasks and performance on mathematical tests, and Swanson and Beebe-Frankenberger (2004) noted a correlation of .54 between working memory tasks and mathematical problem solving. Furthermore, a study conducted by Hitch and MacAuley (1991) concluded that children with math disorders have difficulty holding information in working memory while attending to more than one mathematics task. In a study conducted by Geary, Hoard, and Hamson (1999), the researchers found a significant difference between how individuals with a math disorder performed on digits backward tasks, but not how they performed on digits forward when they were compared to normally functioning children. These results support the idea that children with a math disorder are able to store and retrieve information but that they have difficulty holding information in mind while manipulating that information.”


Working Memory and Written Expression

“Compared to reading and mathematics, there have been fewer scientific inquiries into the relationship between working memory and written language...Despite the limited research, there can be little doubt that written language production depends heavily on working memory and all aspects of verbal and executive working memory are fully involved, even in proficient writers...Written language is not a lock-step sequence; writing is a parallel and iterative process requiring constant shifting among the procedures. In addition to reliance on the executive, the planning phase draws on the visuospatial component, as many writers visualize images, and the translating phase imposes demands on the verbal component (Kellogg, 1996; Olive, 2004). All of these steps place very heavy demands on working memory...Furthermore, even with well-developed written language skills, written expression will always place extensive demands on working memory because processes such as construction ideas can never become fully automatized.” (pp. 120-121).

*Memory Span (MS) is important to writing, especially spelling skills, whereas Working Memory (MW) has shown relations with advanced writing skills (e.g., written expression). (p.40).


**Long-Term Memory Storage and Retrieval (Learning)**

**Long-Term Memory Storage and Retrieval (Learning) in General**

"Reading decoding, reading comprehension, mathematic, spelling, basic writing skills, written expression, and all academic subjects, such as science and social studies, all require effective encoding, storage and retrieval of vast amounts of information...Thus, all long-term memory systems, including the subconscious implicit memory system play a role in academic learning and performance. “ (p. 4).


"Attempts to isolate retrieval can be worthwhile when there is a desire to identify specific underlying memory impairments. When retrieval is impaired, the desired information may still be stored in memory; it just can’t be quickly accessed on demand. The most direct measures of retrieval efficiency are tasks that measure associational fluency, such as when the examinee must quickly name items from a well-known semantic category. Another activity to include in assessment of retrieval fluency is rapid automatic naming (RAN).” (p. 137).


**Long-Term Memory Storage and Retrieval and Reading**

"Visual-auditory learning is a measurement paradigm that involves learning the association between a visual stimulus and its verbal label across several trials with corrective feedback...Performance on visual-auditory learning tasks is highly related with the development of early language and also the development of early reading skills.” (p.175)


"As noted in Chapter 2, the left angular gyrus has been implicated in reading disorders, as this multimodal convergence zone serves to connect visual (occipital) and auditory (superior temporal gyrus) language processes (Horwitz et al., 1998; Poldrack, 2001). It is not surprising that children with this type of reading disability (phonological, working memory) show decreased functional magnetic resonance imaging (fMRI) or positron emission tomography (PET) activation in response to phonological tasks in the left temporal and parietal regions (Demb, Poldarack, & Gabrieli, 1999).” (p. 188).


"Individuals with reading comprehension difficulties often display problems with verbal fluency, word retrieval, naming facility (rapid automatic naming), or speed and quality of lexical access (e.g., Kintsch & Rosson, 2005; Nation, Marshall, & Snowling, 2001; Shaywitz et al., 2008) which is consistent with the findings presented here.”


**Long-Term Memory Storage and Retrieval and Math**

"Learning math facts is a paired-associate learning task requiring associative memory (Geary, 2007; Osman et al., 2006). Additionally, verbal counting, an aspect of naming facility (GIR-NA), has been mentioned as a precursor to early math achievement (Mazzocco & Thompson, 2005; Passolunghi, Vercelloni, & Schadee, 2007).”


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The use of counting results in the development of memory representations of basic facts (Siegler & Shrager, 1984). Once formed, these long-term memory representations support the use of memory-based processes...Children with math learning disabilities and a subset of children with low math achievement have difficulties learning basic arithmetic facts or retrieving them from long-term semantic memory once they are learned (Barrouillet, Fayol, & Lathuliere, 1997; Geary, 1990, Geary, Hamson, & Hoard, 2000; Jordan, Hanich & Kaplan, 2003a).


"The ability to fluently retrieve math facts from memory, a Glr function, is the most consistent Basic Math Skills/Math Calculation (BMS) deficit associated with Math Disabilities (MD) (e.g., Garnett, Frank, & Fleischner, 1983; Geary, 1990, 1993; Geary, Hamson, & Hord, 200); Goldman, Pellegrino, & Mertz, 1988).


"Naming facility (Glr-NA) was predictive of Basic Math Skills/Math Calculation (BMS) at all ages and associative memory (Glr-MA) and meaningful memory (Glr-MM) were predictive of BMS and Math Reasoning (MR) at one or more age levels. The importance for all three narrow Glr abilities is consistent with the finding that Math Disability (MD) students often have difficulty forming and later retrieving or accessing long-term memory representations of math facts (Geary, 1993, 2007)."


Long-Term Memory Storage and Retrieval and Written Expression

Automatic letter writing has been identified as the best predictor of composition length and quality for both elementary and high school students (Connelly, Campbell, MacLean, & Barnes, 2006; Jones, 2004)...Using contemporary CHC theory, the cognitive abilities related to written expression include the broad abilities of auditory processing, long-term retrieval, processing speed, crystallized intelligence, short-term memory, and fluid reasoning (Floyd, McGrew, & Evans, 2008)." (p. 74)


"Although previous research organized according to CHC theory did not indicate the relative importance of Long-Term Retrieval to writing (McGrew & Knopik, 1993), this ability demonstrated strong to moderate effects on basic writing skills and moderate effects on written expression during only the early elementary grades...consistent with theoretical models of writing (e.g., Benninger, 1999), the early development of writing requires fluent retrieval of knowledge of spelling, punctuation, and capitalization rules as well as writing strategies, from long-term memory stores. Such theoretical models also explain why the memory retrieval processes decline in relative importance with accumulating writing experience, whereas vocabulary knowledge and work knowledge increase in relative importance."

(Note: this research was done using Woodcock Johnson assessments only.)


Fluid Reasoning

Fluid Reasoning and Reading

"While the left hemisphere analyzes the text for syntactic structure and details, the right hemisphere explores multiple semantic relationships between words and phrases (Beeman & Chiarello, 1998). This comparing and contrasting of information can only be carried out by the brain’s manager, the prefrontal cortex, with the right hemisphere developing predictive inferences and the left making connective inferences. Given our understanding of the importance of executive and novel problem-solving abilities, we are not surprised that ambiguous lexical-semantic relationships and syntactic complexity result in higher right-hemisphere and frontal activity." (p.200)


"Inductive and General Sequential Reasoning abilities play a moderate role in reading comprehension. The lack of a consistent relationship between Gf abilities and reading in the McGrew and Wendling (2010) summary may be related to the nature of the dependent measures. For example, reading comprehension was represented by the Woodcock Johnson III Passage Comprehension
and Reading Vocabulary tests, both of which draw minimally on reasoning (e.g., the do not require an individual to draw inferences or make predictions).”


**Fluid Reasoning and Math**

“An up-to-date summary of the linkages between CHC abilities and reading and math achievement is provided by Floyd, Shaver, and McGrew (2003)…The most significant and consistent predictors of math reasoning are Gc, Gf, and Gq (specifically Quantitative Reasoning), Gsm, and in the early grades, Gs.”


“The finding of a significant direct effect of Fluid Reasoning on mathematics achievement was not unexpected. The robust effect of Fluid Reasoning was consistent with earlier CHC-based studies that investigated relations between measures of Fluid Reasoning and mathematics achievement (e.g., Floyd, Evans, and McGrew, 2003; Keith, 1999; McGrew et al., 1997; McGrew Y Hessler, 1995; Proctor, Floyd, & Shaver, 2005; Williams, McCallum, & Reed, 1996) as well as other research (Fuchs et al., 2005, 2006; Rourke, 1993; Swanson & Beebe-Frankenberger, 2004). Fluid Reasoning seems to account for some of the prominent problem-solving constructs and strategies implicated in mathematics performance.”


“On the WISC-IV and WIAT-3, Hale, Fiorello, Miller, et al. (2008) found that average functioning in numerical operations, lower average math reasoning, and generally average performance in other cognitive areas exemplified the Fluid/Quantitative Reasoning subtype. This proposed subtype shows the most difficulty with the following WISC-IV subtests: Matrix Reasoning, Picture Concepts, and Arithmetic. Math difficulties in fluid and quantitative reasoning appear to be the result of deficits in the left dorsolateral prefrontal cortex.” (p. 531).


**Fluid Reasoning and Written Expression**

“Inductive and General Sequential Reasoning abilities are related to basic writing skills primarily during the elementary school years (e.g., ages, 6 to 13) and consistently related to written expression at all ages.” (p. 40).


“Fluid reasoning demonstrated moderate effects on both writing clusters (Basic Writing Skills, Written Expression) only during some of the oldest age levels.”


“The four cognitive ability clusters (Gc [Language], Gs [Speed], Ga [Auditory], Gf [Fluid]) that demonstrated at least moderate relations with measure of writing achievement across the lifespan can be associated with several of these primary and secondary writing requirements...with the primary being prerequisites for the secondary...For example, Gc can be associated with receptive and expressive language skills and syntactical knowledge; Gs can be associated with automatization and fluent motor skills; Ga can be associated with the encoding of sounds as symbols; and Gf can be associated with concepts of planning, organization, and flow. The specific finding that Ga and Gs were predominantly influential during the primary and intermediate grades supports evidence that writing difficulties in the elementary grades are often a result of primary requirements such as handwriting, spelling, and orthographic coding (e.g., Berninger, 1998). Likewise, the specific finding that Gf and Gc were primarily significant in later life supports evidence that older students typically have more difficulty with the higher-order cognitive processing, both language generation and planning and organization (Berninger, 1998).”

Processing Speed

Processing Speed in General

“Miskin and colleagues (Mishkin & Appenzeller 1987) made a major discovery that unites the cognitive and behavioral research traditions and that may explain how lower-level automaticity and higher-order reflection need to learn to work together in functional language systems. On the one hand, there is a cognitive pathway. This pathway supports representations of the relationships among items in a cognitive schema but also has important connections with the amygdala, which is rich in opiate neurotransmitters and serves as a gatekeeper that allows information about bodily state emotions transmitted from the hypothalamus to influence what is perceived and learned. This pathway is ideally suited for processing emotionally charged events that are salient in learning and for processing sets of items in which the interrelationships among the items are important. On the other hand, there is a behavioral pathway that supports representations for habits or over-learned responses, with relatively direct stimulus-response links. The striatum is an ideal candidate for this pathway because it receives projections from many areas of cortex and sends fibers to globus pallidus and substantia nigra and thus is a funnel to motor and pre-motor cortex for controlling movement needed to act on the environment. Recent brain imaging studies with humans suggest that cerebellum also plays a role in automatization (Nicholson et al. 1999; Raichle et al. 1994). Mishkin had the insight that most kinds of learning draw on both the cognitive and behavioral pathways. Learning is based on cognitive mechanisms that guide knowledge and expectation and draw on information with emotional significance but also on non-cognitive, automatic stimulus-response associations. In Part III we draw on Miskin's insight in discussing effective pedagogy for teaching literacy.” (p.129).


Processing Speed and Reading

“Speed of information processing separates fluent from non-fluent readers (Semrud-Cklikeman, Guy, & Griffin, 2000).”


“Processing speed (Gs) was moderately associated with both Basic Reading Skills and Reading Comprehension from approximately ages 6 to 10 years. This finding is consistent with prior CHC-organized reading research (Flanagan, 200; McGrew et al, 1997; Williams et al., 1996) and with a wide array of research that indicates that Gs is an important ingredient in the early stages of acquiring most cognitive or academic skills (Fry & Hale, 2001; Kail, 1991; Kail, Hall & Caskey, 1999; Necka, 1999; Rasinski, 2000; Rindermann & Neubauer, 200; Weiler et al., 2000). In general, it is hypothesized that the more rapidly and efficiently an individual can automatize basic academic or cognitive operations, the more attention and working memory resources can be allocated to higher level aspects of task performance. The previously described developmental cascade hypothesis explains that processing speed increases with maturation and exerts a direct and positive effect on working memory capacity. This greater capacity, in turn, mediates more efficient controlled functioning on complex cognitive and academic tasks, such as reading comprehension (Fry & Hale, 2001; Kail & Hall, 2001).


“Perceptual Speed (P) is important (for all reading skills) during all school years, particularly the elementary school years. Flanagan et al.’s (2011) summary shows a stronger relation between Processing Speed (Gs) and reading than McGrew and Wendling’s (2010) summary. Nevertheless, the findings of both investigations show that Gs and P in particular, are important for reading.” (p. 255).


“Broad abilities not consistently significant (for reading comprehension) at any of the three ages groups include processing speed (Gs), fluid reasoning (Gf), and visual processing (Gv). However, processing speed (Gs) was classified as tentative/speculative at the younger ages (ages 6-13), which is consistent with Keith’s (1999) research.”


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Guidance for the Identification of SLD Patterns of Strengths and Weaknesses DRAFT

Processing Speed and Math

“Hale, Fiorello, Miller, et al. (2008) performed commonality analysis on WISC-IV (Wechsler, 2003) predictors for the Numerical Operations and Math Reasoning subtests from the WIAT-3 (Wechsler, 2001) using a group of typical children (n=846) and a group of children with specific learning disabilities in math (n=63). Hale and colleagues using a forced entry discriminant analysis, identified five math subtypes in children that closely approximate the developmental dyscalculia deficit areas proposed by Wilson and Dehaene (2007).” (Note: Below average Processing Speed was an indicator for three of the five Hale subtypes: Numeric-Quantitative Knowledge, Dyscalculia-Gerstmann Syndrome, and Right-Hemisphere SLD (e.g., NVLD). Processing speed was not an indicator for two of the five subtypes: Mild Executive/Working Memory and Fluid/Quantitative Reasoning.)


“The following CHC broad cognitive ability factors demonstrated statistically significant direct effects on the mathematics achievement variables (math calculation, math reasoning): Fluid Reasoning, Crystallized Intelligence, and Processing Speed…Processing Speed was significantly related to Quantitative Knowledge at the earliest age level and for ages 9 to 13. These cross-age effects corroborate the findings of a number of studies focusing on CHC theory (e.g., Floyd et al, 1003; Keith, 1999; McGrew et al., 1997; McGrew & Hessler, 1995), as well as other studies (Bull & Johnson, 1997; Fuchs et al., 2006; Kirby & Becker, 1988) that suggest that the ability to process and make decisions quickly about visual stimuli (without verbalization) is related to the ability to complete mathematics computations and other early academic tasks (Fry & Hale, 2001).


“Processing speed can also affect mathematics performance. If automaticity of retrieval is an issue for the child, one would expect the child to perform better on tasks that are untimed and perform more poorly on tasks where there are pressures of time and speed. Issues of processing speed are likely to broadly affect the child’s performance, not just specifically in mathematics.”


Processing Speed and Written Expression

“Processing Speed demonstrated moderate effects on Basic Writing Skills and moderate to strong effect on Written Expression…Its effects were moderate at age 7 years and at ages 15 through 18 years, but from age 8 through 14 years, its effects were strong.”


“Perceptual Speed (P) is important during all school years for basic writing, and is related to all ages for written expression.”


“The four cognitive ability clusters (Gc [Language], Gs [Speed], Ga [Auditory], Gf [Fluid]) that demonstrated at least moderate relations with measure of writing achievement across the lifespan can be associated with several of these primary and secondary writing requirements…with the primary being prerequisites for the secondary…For example, Gc can be associated with receptive and expressive language skills and syntactical knowledge; Gs can be associated with automatization and fluent motor skills; Ga can be associated with the encoding of sounds as symbols; and Gf can be associated with concepts of planning, organization, and flow. The specific finding that Ga and Gs were predominantly influential during the primary and intermediate grades supports evidence that writing difficulties in the elementary grades are often a result of primary requirements such as handwriting, spelling, and orthographic coding (e.g., Berninger, 1998). Likewise, the specific finding that Gf and Gc were primarily significant in later life supports evidence that older students typically have more difficulty with the higher-order cognitive processing, both language generation and planning and organization (Berninger, 1998).


September, 2015
Phonological Awareness

Phonological Awareness and Reading

“Evidence began accumulating more than two decades ago that the core difficulty in dyslexia was getting to the sound structure of the spoken word...Phonemic awareness is necessary for reading, and reading, in turn, improves phonemic awareness still further...In the 1980s...Lynette Bradley and Peter Bryan found that a preschooler’s phonological aptitude predicts his reading three years later. They and other investigators also found that training a young child to attend to the sounds in spoken words before he goes to school significantly improves his success in learning to read later on. In the 1990s, we and other research groups demonstrated that phonologic difficulties are the most significant and consistent markers of dyslexia in childhood...This finding converges with other evidence to suggest that while the phonological component of the language system is impaired in dyslexia, the higher-level components (e.g., fluid reasoning, verbal abilities) remain intact.” (55-56).


“In the first University of Washington LDC phenotyping study (Berninger et al., 2001), 102 probands and 122 affected adults (dyslexics) were given a half-day battery of reading, writing, and math achievement measures and related processing measures. Results showed that they were not only discrepant from their Verbal IQ on the target reading and spelling skills but also had associated impairments in the following processes: orthographic, phonological, and RAN. The more of these processing measures that were impaired, the more severe was the reading and spelling impairment. Structural equation modeling showed that the orthographic coding factor uniquely predicted accuracy and rate for all reading and writing outcomes except reading comprehension, that phonological coding predicted accuracy of reading and writing outcomes, and RAN predicted rate of reading and writing outcomes.”


“Most surprising may be that Ga did not meet the criteria for low, medium, or high significance at any of the ages (for Basic Reading Skills, or BRS). The reason for the lack of broad Ga significance is apparent when one examines the results of the research at the narrow ability level. Phonetic Coding (Ga-PC) was classified at medium at all three age levels, a finding supporting the importance of phonemic awareness in BRS, despite the lack of significant for a broad Ga/BRS relationship. This finding is consistent with research (Berninger et al, 2006; Cooper, 2006: Shaywitz et al., 2008; Torgesen, 2002) indicating that awareness of sounds is a prerequisite skill for mastering the alphabetic principle in reading (e.g., Adams, 1990; Ehri, 1998) and that a phonological core deficit exists in many individuals with dyslexia (e.g., Morris et al., 1998; Stonovich & Siegel, 1994).”


“As Nation et al. (2004) noted, there is no support for the view that children with poor reading comprehension at the secondary level have residual phonological processing deficits. Instead, students with poor reading comprehension skills are less successful due to language-based deficits including semantic processing, morph-syntax, and higher-level aspects of linguistic reasoning skills.”


Phonological Awareness and Math

“Phonetic Coding (Ga-PC) displayed a medium level of consistent significance (with Basic Math Skills) at ages 6-13 and was tentative/speculative at ages 14-19. Phonological processing has been reported to predict arithmetic achievement (e.g., Leather & Henry, 1994; Rasmussen & Bisanz, 2005) and is associated with MD and low math achieving children with fact fluency deficits (Chong & Siegel, 2008)...Phonetic coding was classified as medium in consistency of significance (with math reasoning) at ages 6-8 and low for ages 9-19. A number of studies have implicated the phonological system as underlying individual difference in math problem solving (e.g., Furts & Hitch, 2000; Gathercole & Pickering, 2000; Geary & Brown, 1991; Swanson & Sachse-Lee, 2001).”

“Phonetic Coding (PC) is consistent at ages 6-13 for Basic Math Skills (BMS). PC is moderately consistent at ages 6-8 and consistent at ages 9-19 years for Math Reasoning. The relationship in this McGrew and Wendling study (2010) between PC and BMS reflects the use of Sound Blending as the PC indicator. Memory Span is necessary for optimal performance on Sound Blending, which may account for the presence of the relationship.”


**Phonological Awareness and Written Expression**

“Phonemic Awareness demonstrated mostly negligible effects (on written expression) in the additional regression analyses. However, its effects were moderate at age 7 and again in late adolescence (ages 15 to 17 years). For these analyses, squared multiple correlation coefficients again ranged from .28 to .61 (Mdn = .54).”


“Even spelling problems in high school students and young adults reflect specific deficits in the phonological aspects of language (Bruck, 1993; Moats, 1995). The most important phonological awareness ability for spelling is segmentation, the ability to break apart the speech sounds (Ehri, 2006; Smith, 1997). This ability allows an individual to place the graphemes representing the phonemes in correct order…In addition, an individual’s ability to spell nonsense words conforming to English spelling patterns can help reveal his or her knowledge of phoneme-grapheme connections.”(p.77).


**Sensory-Motor Functions**

**Sensory-Motor Functions in General**

“Contemporary research has indicated measures of basic sensory-motor skills are correlated with measures of intellectual functioning…and academic success…(studies are listed). This includes conditions such as learning disabilities and ADHD.


“(IDEA, 2004) excludes sensory-motor impairments by definition…These guidelines are provided to essentially isolate the cause of a learning disability to the higher-order cognitive processing component of the central nervous system…Determining where sensory processes stop and higher level information processing mechanism start is difficult, particularly when one considers the integral involvement of the sensory system in higher order processing…Additionally, sensory and motor difficulties could conceivably exacerbate a subclinical learning problem to a diagnostic level…Failure to assess or account for sensory motor deficits in children with SLD could lead to the subclinical SLD receiving an inappropriate (lessened) level of intervention.


“The presence of mild sensory and motor skill impairment may exacerbate learning and attention problems and, without detection, may lead to (academic) interventions that are not targeting the correct construct...(e.g., reading fluency, written expression instead of visual-motor skills and/or handwriting) Subtle, or hidden, deficits may not have required attention from an occupational or physical therapist…This magnifies the importance of assessing sensory-motor deficits in children with suspected cognitive and/or academic problems.”


**Sensory-Motor Functions and Reading**

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“An oral-motor system that regulates mouth movements is the most relevant to learning to read and is discussed here. The grapho-motor system that regulates finger and hand movement is the most relevant to writing and computing skills, and thus will be discussed in Chapters 6 and 7, respectively...Oral motor planning may influence performance during oral reading, a major instructional component of beginning reading programs...The child will appear to struggle in automatic word recognition...Children who are generally accurate in oral reading of single words, but frequently exhibit oral reading dysfluencies in test, should be referred to speech language clinicians...Caution is in order, however, in that an oral motor planning problem is only one of many different kinds of problems that can interfere with children learning to name written words automatically.” (pp. 116-117).


Sensory-Motor Functions and Math

“A longitudinal study showed that neuropsychological measures of hand function predict children’s arithmetic skills early in formal schooling. This relationship makes sense given that the hand plays an important role in this external representation system for producing visual notation of number concepts. Accordingly, the hand plays a major role in learning basic arithmetic facts and operations, which are often expressed in writing.” (p.200).


“A significant difference was found in performance on the VMI and Visual Perception and Motor Coordination subtests...and math achievement (p = 0.01). The VMI standard score was significantly correlated with Stanford total math standard score (p = 0.001)...Multiple linear regressions controlling for performance on the VMI and each subtest, as well as age and verbal cognitive ability, showed a significant relation between the Visual Perception subtest score and math achievement.”


Sensory-Motor Functions and Written Expression

“Written spelling is by definition a visual-motor integration task...Children with Spelling Disorders (SD) tend to show poorer letter formation, spacing, and size, and their overall spelling and written language output (writing fluency, written expression) is lower than that of their same age peers.” (p. 227)


“Under the guidelines of both the DSM-IV-TR and IDEA, poor handwriting or spelling alone is insufficient for a diagnosis of a written expression disorder. The writing difficulties must interfere with the ability to express oneself in writing. Many times, however, lower-level skills such as handwriting and spelling are the reasons for an individual’s difficulty with written expression. Early identification of writing problems requires that attention be given to children who are struggling with the development of handwriting and spelling, as these are the foundational skills of writing in the primary grades.”


Attention

Attention in General

“In addition to sensory-motor functions, attentional processes also serve as a baseline for all of the higher-order processes (e.g., visual-spatial processing, language skills, memory and learning.) p. 132.


“Despite the extremely close connection between working memory and attention, they are best regarded as separable processes and functions, with attention tasked with selecting relevant information and working memory responsible for processing and remembering information.” (p. 86)


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“To learn, an organism needs to be responsive to changes in the environment but also selective as to what is responded to among the vast array of potential stimuli...For example, children who habituate too easily may crave novelty and engage in novelty seeking behaviors more than is normal in the instructional environment. As a result they cannot maintain attentional focus long enough to attend to instruction, to practice skills sufficiently to automatize them, and to create precise representations of specific words in long-term memory. Thus, an attentional problem may underlie their problems in learning written language.” (pp. 90-91)


“We hypothesize that the crucial component of the central executive as it applies to LD is controlled attention...Executive processing constraints for participants with LD is inferred from three outcomes: (1) poor performance on complex divided attention tasks, (2) weak monitoring ability, as exhibited in the failure to suppress (inhibit) irrelevant information, and (3) depressed performance across verbal and visual-spatial tasks that require concurrent storage and processing.” (Note: Research summarized next to support hypothesis.)


**Rapid Automatic Naming (RAN)**

**Rapid Automatic Naming (RAN) and Reading**

“In a series of regression analyses designed to evaluate the contributions to responder (RTI) status (Note: of first grade students on reading decoding and fluency measures) to cognitive skills independently of variability in reading skills, only the model for rapid letter naming achieved statistical significance.”


“Measures of fluency within the language domain generally refer to the speed of lexical access or rapid automatic naming (RAN). RAN has been shown to be a significant predictor of early reading skills (Torgeson, Wagner, Rashotte, Burgess, & Hecht, 1977)...(This) cognitive fluency appears to place greater emphasis on completion speed for complex tasks than do general processing speed measures (Shrank & Flanagan, 2003).” (p. 263-264).


“The double-deficit hypothesis of dyslexia is currently receiving considerable attention in the neuropsychological literature. According to Wolf and Bowers (1999), the double-deficit hypothesis of dyslexia posits “phonological deficits and processes underlying naming speed represent two separable sources for reading dysfunction” (p. 415), such that there are separate types of reading disabilities characterized by single deficits in phonological processing or rapid naming as well as a more pervasive and severe form of dyslexia characterized by deficits in both.”


“Wolf and Bowers (1999) have highlighted the importance of early rapid naming skills with the subsequent development of reading fluency...Recent studies conducted by Mirsa, Katzir, Wolf, and Poldrack (2004) have suggested that not all rapid naming tasks were created equal. For instance, rapid and automatic letter naming tasks were more predictive of word level reading skills than tasks involving the rapid and automatic naming of familiar objects. Therefore, school neuropsychologists who generally use tests of rapid naming such as the CTOPP or the PAL-II should differentiate between the ability to rapidly name letters and phonemes versus rapidly naming objects. School psychologists may want to explore the DIBELS as a more viable measure of rapid naming skills as they pertain specifically to reading.”

“Children with reading disabilities are slower at naming words and non-words as well as at naming letters and numbers (Aaron et. al., 1999).”


“This study examined the relationships between the cognitive processes of rapid naming and phonological processing and various literacy skills. Variables measured and used in this analysis were phonological processing, rapid naming, reading comprehension, isolated and nonsense word reading, and spelling. Data were collected from 65 second-to-fifth grade children referred for learning difficulties. Regression analysis was performed to determine which of the cognitive processes was the strongest predictor of the literacy skills measured. Rapid naming was found to be a stronger predictor of word reading, reading comprehension and spelling than was phonological processing. When a measure of decoding skills was included as a predictor, it was found to account for the most variance in word reading and spelling.”


**Rapid Automatic Naming (RAN) and Math**

“Although broad Gv was not significantly related to BMS or MR in the current research synthesis, a number of narrow Gv abilities were identified as tentative or speculative. Naming facility (Gv-NA) was predictive of BMS (Basic Math Skills/Math Calculation) at all ages.”


**Rapid Automatic Naming (RAN) and Written Expression**

“Naming Facility (NA), or rapid automatic naming, has demonstrated relationships with written expression, primarily the fluency aspect of writing.”


**Orthographic Processing**

**Orthographic Processing in General**

“The types of visual-spatial (Gv) tests in current intelligence batteries (e.g., block design, spatial relations, memory for designs or pictures, etc.) may not measure the Gv abilities important for reading and math. For example, the visual aspects of orthographic processing or awareness (the ability to rapidly map graphemes to phonemes, rapid processing of visual symbols, etc.) have been reported as important for reading (e.g., Barker, Torgesen, Y Wagner, 1992; Berninger, 2990; Berninger et al., 2006; Flanagan et al., 2006; Hale & Fiorello, 2004; Urso, 2008) and are absent from intelligence batteries. Additionally, more complex visual-spatial processing (not measured by current intelligence tests) may be important for school learning, such as Gv tasks that measure complex visual-spatial working memory (e.g., Holmes, Adams, & Hamilton, 2008; Maehara & Saito, 2007; Pazaglia & Cornoldi, 2008). It is also possible that the Gv mystery may be a dependent variable (DV) or criterion variable problem. The math achievement DV measured in the extant CHC COG-ACH research may not tap the higher level mathematics (e.g., geometry, trigonometry, calculus) that draw heavily on Gv abilities.”


“Orthographic structure of a written language includes the probability of where certain letters appear within words (spatial redundancy), which letter sequences are permissible (Sequential redundancy), and information about he pronounceability of words (phonemic-graphemic constraints) (Corcos & Willos, 1993). Coding of orthographic information is defined as the ‘ability to represent the unique array of letters that defines a printed word, as well as general attributes of the writing system such as sequential dependencies, structural redundancies, letter position frequencies, and so for’ (Velluntino, Scanlon & Tanzman, 1994, p. 314). The development of orthographic coding thus is based on the formation of visual long-term memory representations of letters, letter patterns, and sequences of letters that serve to map spatially the temporal sequence of phonemes within words (Ehri, 1992; 2005). Thus,

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Orthographic knowledge is intimately connected to the other critical components necessary for fluent word recognition and comprehension. It is postulated that faster letter recognition and attention to letter sequences allows for the buildup of orthographic patterns that are then associated with sound (Adam, 1981; Wolf, Bowers & Biddle, 2000). Thus, readers depend on orthography for phonology as well as phonology for recognizing orthographic clusters (Breznitz, 2006, p. 43).


Orthographic Processing and Reading

“Presently, learning to process orthographic information is held to play a critical role in the development of automatic word recognition that supports fluency by setting up and cueing the other systems of phonology, morphology, syntax, and semantics.”


“Badian (2001) demonstrated a significant relationship between early orthographic matching skills weaknesses in 96 first graders and later poor comprehension skills in these students as seventh graders. In fact, a measure of early orthographic skills correctly predicted classification of 60% of poor and 80% of good readers several years later. A more recent study (Badian, 2005) found that children with a visual-orthographic deficit (29% of the sample of 207 children yielded significantly lower scores on all reading variables and specifically noted the negative impact of orthographic memory problems...Our findings offer support for the influence of visual (orthographic) processing, particularly speeded measures of visual processing.”


“Orthographic processing is more closely related to the visual aspects of reading, described by Eden and others, than to the phonological components. Orthographic processing is the interpretation of abstract representations (series of letters that form words) during the process of reading. Orthographic processing is most closely related to sight word reading where the individual does not use decoding strategies to read words but, rather, know the entire word “on sight.” Research on orthographic coding suggests that it contributes significantly to word-reading ability (Olson, Forsberg, & Wise, 1994). Furthermore, this contribution appears to be beyond that of the contributions of phonological processing to the reading processes (Cunningham, Perry, & Stanovich, 2001).”


“Another substantial difference between spelling and reading is that the former requires orthographic retrieval, whereas the latter requires only recognition of graphemes. There are only 26 letters in the alphabet, but over 500 spellings used in representing the 44 phonemes in the English language (Tomkins, 1998). To cover that much ground, we must think of unique ways to order the letters to produce the desired product. Add on top of this the irregular sight words-those words that do not follow standard orthographic-phonemic rules-and it is easy to see why so many children have difficulties with spelling that persist even after their reading decoding skills have been improved.” (p. 227)


“Research has confirmed that orthographic skills are related to reading speed independently of phonological skills (Barker, Torgesen, & Wagner 1992), and that these skills are strong predictors of reading competency by the middle elementary grades (Torgesen, Wagner, Rashotte, Burgess, & Hecht, 1997). The RD subtype that involves difficulty with grapheme/morpheme problems due to impaired orthography is often called orthographic dyslexia. Children with orthographic dyslexia have little difficulty with words that make phonemic sense, but they often reading in a slow, laborious manner. These children tend to have problems with reading sight words; for instance, they can read the word ‘grand’ quite will, but have problems with ‘right,’ probably saying ‘rig-hut.’” (p.189)


Orthographic Processing and Math

“A model for working memory components (storage and processing of number, phonological and orthographic loops, and executive functions) may affect the acquisition of math calculation operations. Individuals may vary as to which of these components may be underdeveloped or functioning inefficiently, but if all components are not functionally efficient and in concert with one another, then fluency for reading or writing or performing math calculations is impaired.”

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“Orthographic word form and orthographic loop are involved in writing visual symbols (numerals) for number concepts expressed as integers and decimals using the place value concept or as fractions.”


Orthographic Processing and Written Expression

“The initial hypothesis (Berning, Mizokawa, & Bragg, 1991) that the developmental origin of written expression problems lay in impaired low-level transcription skills in handwriting and spelling, which in turn were related to developmental variations in related neuropsychological process, was confirmed…The direct path from short-term orthographic coding to handwriting was significant, but the direct path from fine motor skills to handwriting was not significant (Abbot & Berninger, 1993)...Put another way, students with severe motor problems are likely to have handwriting problems, but children with motor development within the normal range may also have handwriting problems, which are more directly related to orthographic than motor processing skills.”


“Affected individuals with dysgraphia almost always have handwriting problems with or without associated spelling problems and sometimes have only orthographic spelling problems related to fluent access to precise spellings in long-term memory (Fayol, Zorman, & Lete, 2009). As a result of these transcription problems related to handwriting and/or spelling, individuals with dysgraphia also have difficulties with written expression of ideas through composing (Berninger, Neilsen, et al., 2008b). Also see Berninger (2004, 2006) and Berninger, O'Donnell, and Holdnack (2008)...Early intervention research has shown that explicit instruction in transcription skills (handwriting and spelling) in the early grades can prevent composition problems in the upper grades (see Berninger & Amtmann, 2003, for review).” (pp. 508-510).


Executive Functions

Executive Functions in General: Relations to Cognitive Abilities

“Executive functions are seen only as directive processes. They give commands to engage in processing but do not carry out the commands themselves. Executive functions are not the capacities we use to perceive, feel, think and act. Instead, they are the processes that direct or cue the engagement and use of the capacities that we use to perceive, feel, think, and act. Rather than being conceived as a single, unitary construct, these executive functions are best viewed as a set of independent but coordinated processes, with amount and efficiency of coordination of efforts varying from person to person.” (pp. 19-20).


“It is also important to realize that overall average (or better) cognitive ability (as measured by most current intelligence tests) can be present in an individual who has executive functioning difficulties. In other words, an individual’s executive control capacities are not assessed by traditional measures of intelligence and cognitive abilities. This is because the examiner serves as ‘the executive control board’ during the administration of norm-referenced, standardized tests of intelligence (Feifer & Della Tofallo, 2007, p.18). For example, the examiner tells the individual exactly what to do, motivates the individual, provides (and repeats) directions, monitors progress, and so forth, as dictated by standardized administration procedures. By contrast, on tests of executive functioning, the individual’s performance processes are evaluated (i.e., the approach to task, problem solving and planning ability, organization, speed and efficiency, flexibility in shifting cognitive resources, etc.). Such, an individual may have high intelligence despite marked difficulties in executive functioning.” (p. 264).

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"The operational definitions of intelligence that have been used to develop tests of intelligence have largely excluded executive control processes as a distinct content domain that contributes to an overall global estimate of intelligence. Therefore, these batteries have not intentionally targeted executive functions for assessment and have not attempted to assess the role of executive control as a part of test performance. As a result, intelligence test scores often do not accurately reflect a child’s executive control capacities, nor do they directly provide insight into the extent to which executive function strengths or weaknesses are impacting test performance. The distinct differences between measures of intelligence and measures of executive functions are reflected in the low magnitude of relationship obtained when these measures are compared, typically producing correlations in the low .20s and .30s (Korkman, Kirk & Kemp, 1998; Perkins, 2009). Moreover, this means that it is possible to identify individuals who are strong in some executive function processes but are relatively weak in reasoning ability while at the same time identifying other individuals who are relatively strong in reasoning ability but are relatively weak in many executive function areas." (p.25).


"While the collection of behaviors and processes known as the executive functions may be defined in a relatively straightforward manner, their precise assessment can be very challenging. A clear understanding of the differences between assessment of the "basic" domain-specific content areas of cognition (e.g., memory, language, visuospatial) and the domain general or "control" aspects of cognition and behavior is essential…Executive functions of self-awareness and control develop in parallel with the domain-specific content area or functional areas as described by Stuss and Benson (1986). For example, as basic memory skills (e.g., immediate memory span, encoding or retrieval) develop, the child develops concurrent 'meta-memory' knowledge about how to strategically use and control these memory abilities for particular tasks or situations (Brown, 1975). An important corollary is if the basic ability does not develop, then the associated 'meta' knowledge and control skills (i.e., the executive function) would not develop as fully. This point relates directly to the interest in meta-cognition in learning disabilities (Siegel and Ryan, 1991; Swanson, Cochran, and Ewers, 1991) Pressley and Levin, 1987; Wong, 1991) and the development of self-control strategies within the context of specific processes (e.g., reading disorder, writing process). Part of the assessment and intervention in learning disabilities, therefore, must include the control strategies (e.g., recognizing the critical 'problem' situation, planning and evaluating the use of specific learning strategies, in addition to the primary domain-specific content/processing disorder (e.g., decoding words, extracting meaning from sentences…The timing of manifestation of a child’s executive difficulties is also important to assess. As Holmes (1987) describes in her discussion of the "Natural History of Learning Disabilities," the demand for executive functions are very limited until the upper elementary grades, and most notably, the middle school years. This is due to changes in environmental demands and expectations: as children make the adjustment from learning specific academic skills (e.g., reading, writing, and calculating) to applying these skills for learning content areas (e.g., literary analysis, report writing, algebra), the demand for the executive functions increases dramatically. Further, the organizational support and structure of elementary schools are reduced as children enter middle school, a context in which increasing executive problem-solving independence is expected of the child. Suddenly, children who had previously been good students without any academic problems become poor performers in school. This reflects the natural impact of an executive deficit in academics."


"General executive abilities should not be viewed as the equivalent of working memory. Certainly, working memory can vary independently of higher level executive functioning (Bayliss et. al, 2003). Nor should it be assumed that the relationship is hierarchical; it is most likely reciprocal." (p. 82).


Executive Functions in General: Relation to Work Production and Achievement

"To be judged an adequate learner, a child must produce specified amounts of work at specified levels of quality on any number of these tasks. The important word here is ‘produce.’ Students whose executive function development is lagging somewhat in one or more areas are much more likely to have difficulty consistently producing at levels that demonstrate what they have learned…Students with more extreme…executive function deficits are frequently unable to produce work that is judged adequate by established standards, although they have been able to acquire academic skills and learn new content. Martha Denckla (2007) has used the term "Producing Disabilities" rather than Learning Disabilities, to describe the condition of these students because their difficulties do not necessarily stem from problems with learning to communicate with language, read, quantify with number systems, or learn new information in a number of different ways…As Denckla (2007) has noted, the single most consistent finding across children who exhibit executive function difficulties of one type or another is the inconsistent nature of their behavior and/or academic production…What these individuals have difficulty with is complying with the demands for production that demonstrate what they have learned. This includes..."
issues such as recording their thoughts in writing, responding effectively to oral and/or written test questions, completing projects that are done within specified timelines and that contain all required elements or follow the required rubric or remember to do and/or hand in homework assignments or lab reports. The number and severity of the executive function delays or deficits or these students put them at great risk of persistent failure in school, due to the lack of production.” (p. 80, p. 249).


“Many parents and teachers of children who demonstrate executive function difficulties are often baffled by the seeming paradox of the child who functions so effectively when engaged in activities of their own choosing, yet who seem woefully inept when requested to perform the simples of household chores or classroom assignments...An important aspect of executive function development that is critical for understanding variations in everyday functioning related to the locus of intentionality for executive control. Executive control can stem from a person’s own internal desires, dries, aspirations, plans and proclivities, namely by internal command. On the other hand, if summoned by sources outside of the person, executive control is being initially cued by external demand. Executive control that arises from internal command utilized specific neural networks routed through portions of the prefrontal lobes as well as other specific areas of the brain. These networks are distinct from, but not necessarily completely independent of, the neural networks of the frontal lobes and additional areas that must be activated when a person attempts to engage executive control in response to external demands (Barkley, 2005; Freeman, 2000). Executive control by internal command is generally much easier to engage because it flows naturally from the person’s own internal states. Summoning executive control in situations of external demand, however, requires much more mental effort and much greater control capacity.” (pp. 72-73).


Executive Functions in General: Relationship to Achievement

“Executive Function difficulties can have a wide variety of negative effects on production in all academic areas. In the elementary grades, these effects are most prominent in the impact they have on the demonstration of written expression, reading, and mathematics skills. In the upper grades, executive function difficulties with basic skill production often persist and are joined by difficulties with organization and planning and completion of projects and homework as well as inadequate regulation of the use of study skills and/or test taking skills.” (p.139).


Executive Functions and Reading

“It is therefore apparent that the reading problems can result from, or be exacerbated by, disuse, or ineffective or inconsistent use, of the executive function capacities that direct all aspects of the reading process, specifically poor sight word recognition, poor word decoding, slowed reading rate, and/or poor comprehension.” (pp. 141-142).


“Constructing the Reading Brain requires considerable assistance from an executive system for governing the multiple components that sometimes work in harmony but sometimes come into conflict with each other. A single chief executive officer probably does not head this government. Rather, a group of executives appears to work together to manage the moment-to-moment activities of the Reading Brain…the frontal lobes that house the executive functions are still myelinating at the stage of development when brains are beginning to read. Therefore, wiring the brain to read may require considerable external executive coordination; that is, other-regulation in the form of guided assistance (scaffolding) from adults who provide explicit instructional cues.” (p. 159-160, 227).


“About 30 years ago, researchers began to investigate the nature of reading comprehension by analyzing the strategies used by proficient readers. Today...most strategy instruction involves a strong emphasis on meta-cognition; that is, instruction is geared toward an awareness of one’s cognitive processes and how to deploy them (Swanson & Hoskyn, 1998). Students are directed to stop occasionally during their reading to monitor their understanding by asking themselves questions or by trying to summarize.”

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Executive Functions and Math

"It has been suggested that for reading comprehension, executive functions such as working memory and meta-cognitive skills are more likely to differentiate children with reading disabilities from controls than lower-level processes such as phonology and morphology, which are automatic in typical readers (Swanson & Alexander, 1997). As suggested in the previous discussion, comprehension deficits due to executive dysfunction appear to be independent of the phonological/articulatory functions subserving word recognition (Swanson & Ashbaker, 2000). In a direct comparison of prefrontal and posterior measures, Kelly and colleagues (1989) found that children with RDs had greater executive deficits, including problems with selective and sustained attention, inhibition, set maintenance, flexibility, and phonemic production." (p. 197).


"Executive Functions, for example, are critical to reading comprehension and it is becoming just plain silly to evaluate a child for reading problems without examining how that child organizes, plans, and evaluates what he or she has just read! We could say that we are assessing a child’s organizing skills or we could say that we are assessing a child’s executive functions, and in general, the terms mean the same thing. The difference in this day and age, as opposed to what went before, is that when the school psychologist assesses executive functions, he or she is also seeing how those functions relate to working memory, short-term memory, and several forms of attention. Why would the school psychologist want to do that? Because differentiating memory, attention, and executive function skills will determine which evidence-based interventions will work with a certain child and which ones will not.”


Executive Functions and Writing

"As was the case with reading and writing, math problems (specifically poor basic fact automaticity, poor computation, poor problem solving, and/or poor practical applications), can result from, or be exacerbated by, disuse, or ineffective or inconsistent use, or the executive function capacities that direct all aspects of math processing." (p. 163).


“Compromised executive functioning, including poor attention and inhibitory control, has been associated with problems in the development of math computation skills and with individuals with Math Disability (Fuchs et al., 2006; Geary, 2007; Geary, Hoard, Byrd-Craven, Nugent, & Numtee, 2007; McLean & Hitch, 1999; Swanson, 1993; Swanson & Jerman, 2006; Swanson & Sachse-Lee, 2001).


“The Computing Brain keeps the executive/government system very busy. To begin with, the Computing Brain recruits the Reading Brain during written math word problem solving and the Writing Brain during written computation. During problem solving, the Computing Brain recruits the executive system to create goals and plans, coordinate multiple operations, monitor ongoing processes, and exert executive control over the working memory system. The executive system also reflects upon the math problem-solving process and develops meta-cognitive awareness of the math domain-these meta-cognitions become yet another knowledge source to draw upon in math problem solving…The executive governing, attentional, and memory systems work together.” (pp. 207-208).


Executive Functions and Writing

"As was the case with reading, writing problems (specifically poor text formation, poor text production speed and automaticity, poor text generation, and/or poor text editing and revising), can result from, or be exacerbated by, disuse, or ineffective or inconsistent use, of the executive function capacities that direct all aspects of the writing process…Text generation and text editing/revising are the most complex of the writing skills. Use of these skills requires near continuous integration of (1) all of the subordinate writing skills (text formation, text production speed and automaticity, spelling) and their executive function cueing needs with (2) additional cognitive capacities (idea generation, reasoning, visuospatial and language abilities; word knowledge, grammar and syntax knowledge, and general knowledge lexicons) and the associated executive cues that guide their access and use, as well as with (3) an additional set of executive functions responsible for cueing sustained extension of the immediate time frame (i.e., the need for active working memory.

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engagement) and (4) an additional set of executive functions responsible for coordination and multitasking needs created by the writer’s attempt to generate text beyond simple production or transcription.” (p.158-159).


“Executive impairments may be at the core of many written language problems, as executive and working memory deficits have been associated with poor sentence coherence, output, efficiency, and lexical cohesion (Wilson & Proctor; 2000)...Attention, memory and executive functions play an important role in written language, with the frontal lobe playing an important role in all of these...As you can see, multiple areas of the brain are involved in written language. Written language is by far the most difficult academic subject, requiring virtually every part of the brain to work concertedly toward a final product. Obviously, many more cognitive processes are required for written language competency than for other academic skills. It requires brainstorming, planning, and organization skills; choosing appropriate words and phrases; putting together a coherent sequence of words and sentences; adherence to grammar and syntax conventions; handwriting and spelling; and monitoring, evaluating, and changing the written product. Determining where a child is having difficulty can help you understand how to help that child, so that he or she may effectively communicate ideas in both oral and written form.” (pp. 235-237).