



College Handbook Wilson High



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Senior Year Calendar

August

- Testing – ACT – 9/12/15 Registration due **8/7**

September

- Apply for the **Federal Free/Reduced Lunch Program** if you think you might be eligible. Keep the letter verifying your eligibility; it may be used for fee waivers for college entrance exams and college application fees.
- Register to take the **SAT/ACT** if you plan to apply to a 4 year college/university and have not already taken one of these, or if you are not satisfied w/your scores and wish to test again. Pay close attention to registration deadlines to avoid late fees.
- Register w/the **NCAA Eligibility Center** (formerly Clearinghouse) if you are interested in playing Division I or Division II college athletics. Use code 9999 to submit ACT/SAT scores directly to the NCAA and request transcripts through Naviance for the NCAA.
- Begin your college application process
- Attend college visits @Wilson (schedule and register on Naviance)*
- Testing – SAT – **10/3/15** Registration due **9/3**
ACT – Registration for **10/24/15** ACT due 9/18, late reg. **9/19-10/2**
- Performing & Visual Arts Fair – **9/28/15** at the Portland Art Museum, Mark Bldg 7:00-9:00

October

- Testing – **SAT 10/11/15, ACT 10/24/15**
 - Registration for 11/7/15 SAT due **10/9**
 - Registration for 11/24/15 ACT due **9/18**
- **College Information Night at Wilson, 10/6** – All seniors considering college should attend w/their parents.
- **College Recommendation Workshop 9/17, 10/1, 10/15** at lunch in the College Center Rm 220. **Required** for any senior applying to a college that requires a counselor recommendation, attend one lunchtime session.
- **Senior Class Meeting – 10/15** graduation packets
- **National College Fair – 10/23/15 9:00am -12:00pm 10/24/15 1:00pm-5:00pm**

November

- Schedule your counselor conference for recommendation by **11/15**, if you want a recommendation submitted prior to winter break.
- Testing – **SAT 11/7/15**
 - Registration for 12/5/15 SAT due **11/6**
 - Registration for 12/12/15 ACT due **11/6**

December

- **Financial Aid Night – TBA7:00pm, Wilson Cafeteria**
 - Parents and students should attend
- Students and parents should apply for their FAFSA PIN numbers in December.
- Testing – **SAT 12/5/15, ACT 12/12/15**
 - Registration for 1/23/16 SAT due **12/25/15**
- Complete college applications this month – winter break is a great catch up time.

Senior Year Calendar (continued)

January

- Complete and submit your FAFSA as soon as possible (1/1-1/15 is ideal), www.fafsa.ed.gov . Parents need to **estimate income data for 2015, DO NOT WAIT FOR W2 FORMS** from employers. You want all information complete when Financial Aid Committees begin their awarding process, often in February. If you need help, watch for FAFSA workshops in Jan. Note you must file your FAFSA by Feb 1 to qualify for the need based Oregon Opportunity Grant (www.oregonstudentaid.gov)
- Continue to work hard in all classes. Remember admission decisions can be altered if student performance falls off.
- Start your OSAC scholarships application process and continue to watch scholarship announcements on Naviance and through any scholarship search engines you are using.
- Testing – **SAT 1/23/16**
 - Registration for 2/6/16 ACT due **1/8/16**

February

- Complete and submit your OSAC application (2/15 to compete for the Early Bird Scholarship, 3/1 for regular submission).
- Stay the course; do not drop classes @the semester. Colleges are watching!
- Continue to search for and apply for appropriate scholarships.*
- Watch for you SAR (Student Aid Report) which should come about 4weeks after filing the FAFSA. If necessary make corrections in reported data and return to the FAFSA processor
- Testing – **ACT 2/6/16**
 - Registration for 3/5/16 SAT due **2/5/16**

March

- Watch for notifications of admission or denial from your colleges.
- Notify your counselor of any scholarships you are offered. Please bring **award letters** to the Counseling Office so we can keep a record and publicly acknowledge you.
- Testing – **SAT 3/5/16**
 - Registration for 4/9/16 ACT due **3/4/16**

April –May

- Notify colleges of your acceptance or rejection of their offers of admission and financial aid by May 1. Make tuition and housing deposits once you have made your final decision. Tell your counselor which college offer you have accepted.
- Testing – **ACT 4/9/16, SAT 5/7/16**
 - Registration for 5/7/16 SAT due **4/8/16**
 - Registration for 6/4/16 SAT due **5/6/16**
 - Registration for 6/11/16 ACT due **5/6/16**
- Complete the Portland Public Schools **SENIOR SURVEY** and **EXIT SURVEY** in Naviance.
- Take appropriate AP exams and request scores be sent to the college you will attend.
- Request a final transcript through Naviance.
- Check dates for the Senior Assembly, Graduation, and the Senior All-Night Party.

Enjoy this very special time – your time to shine!

* **On-going activities throughout the year.**

SAT vs. ACT Comparison Chart

The SAT and ACT are two very different college entrance exams. Both are nationally administered and are used by college admission counselors to evaluate applicants. The SAT has been described as an aptitude test; the ACT is an achievement test. All colleges and universities will accept scores from either test or both with no preference for one over the other. The following chart will help you understand the structure and content of the SAT and the ACT.

	SAT	ACT
Length:	3 hours, 45 minutes	3 hours, 25 minutes (including 30 minutes of the optional writing test).
Structure:	10 sections: 3 critical reading, 3 mathematics, 3 writing (Including the essay portion), 1 experimental (not scored).	4 sections (plus optional writing test): English, mathematics, reading, science, writing.
Subjects:	Critical reading with vocabulary, mathematics (Arithmetic, algebra, geometry, and algebra II), writing.	English, mathematics (arithmetic, algebra, geometry, and trigonometry), reading, and science. Writing is optional but strongly advised.
Reading:	Reading passages with questions pertaining to comprehension, style, and vocabulary.	4 passages with 10 questions per passage pertaining to comprehension, style, and vocabulary.
Science:	N/A	Science analysis of given information, graph reading, and problem solving with given information.
Mathematics:	Arithmetic, geometry, algebra I and II.	Arithmetic, algebra, geometry, and trigonometry.
Essay:	Required.	Optional, but strongly recommended.
Score Composition:	1/3 critical reading, 1/3 mathematics, 1/3 writing.	1/4 English, 1/4 mathematics, 1/4 reading, and 1/4 science.
Scoring:	Aggregate score 600-24— based on total of 3 subtest scores (200-800) for reading, mathematics, and writing. Score of 2-12 on essay.	Composite score 1-36 based on average of 4 subtest scores for English, mathematics, reading, and science. Score of 0-12 for essay.
Penalties:	Lose 1/4 point for each wrong answer.	No penalties for wrong answers.
Sending scores to colleges and scholarship agencies:	Students must request scores sent from the College Board. Students may pay extra for “Score Choice” allowing them to choose specific test date’s scores be sent.	Student must request scores sent from ACT. Students may select which test date’s scores to send or may send them all.
Registration, practice, and additional information:	www.collegeboard.org	www.act.org

SAT and ACT Test Dates and Registration Deadlines 2015-2016

SAT register online at www.collegeboard.org

SAT & Subject Test Dates:	U.S. Registration Deadline:	Late Registration Deadline*:
October 3, 2015	September 3, 2015	September 22, 2015*
November 7, 2015	October 9, 2015	October 27, 2015 *
December 5, 2015	November 5, 2015	November 23, 2015 *
January 23, 2016	December 28, 2015	January 12, 2016 *
March 5, 2016 (SAT ONLY)**	February 5, 2016	February 23, 2016*
May 7, 2016**	April 8, 2016	April 26, 2016*
June 4, 2016**	May 5, 2016	May 25, 2016*

*Online and Phone, Paper deadline 3-5 days earlier

**Redesigned SAT/New SA

**FEE: SATw/ESSAY \$54.50 SAT 3/16-6/16 \$43
LATE FEE: ADDITIONAL \$28.00**

ACT register online at www.act.org

Test Date:	Registration Deadline:	Late Registration Deadline: (Late fee required)
September 12, 2015	August 7, 2015	August 8 - 21, 2015
October 24, 2015	September 18, 2015	September 19 - October 2, 2015
December 12, 2015	November 6, 2015	November 7 - 20, 2015
February 6, 2016	January 8, 2016	January 9 - 15, 2016
April 9, 2016	March 4, 2016	March 5 - 18, 2016
June 11, 2016	May 6, 2016	May 7 - 20, 2016

**FEE: ACT/NO WRITING \$39.50 ACTw/WRITING \$56.50
LATE REGISTRATION: ADDITIONAL \$25.00
Wilson CEEB #380937**

WHAT ABOUT SAT SUBJECT TESTS?

SAT Subject Tests are not required at the majority of colleges and universities in the United States. However, many of the country's most elite colleges, ie. Stanford, the Ivy League, and many private colleges in general do require 2 or more SAT Subject tests. You cannot take the Subject Tests on the same day you take the SAT, so plan ahead. You can take up to 3 Subject Tests at the same test session and they are offered on most SAT dates.

- Subject Tests are offered in: literature, biology, chemistry, physics, math levels 1 and 2, US history, world history, French, Spanish, Latin, German, and Modern Hebrew.
- Be sure to get more information from the college's website. In some cases the ACT w/Writing can substitute for the SAT Subject tests, and colleges change their admissions criteria frequently. Colleges may require certain tests, ie. Literature, 1 science, 1 test of the student's choice.
- Subject Tests can be taken any time. It is a good idea to take the test immediately after study for that subject is completed, ie. chemistry might be taken @the end of grade 10 provided additional chemistry will not be taken.

FREE/REDUCED LUNCH OPTIONS

Question: What does F/R lunch have to do w/college?

Answer: ACT and SAT provide test fee waivers and college application fee waivers are available for those who qualify for the Federal Free and Reduced Lunch Program

If your family qualifies for the F/R Lunch, file the forms to be added to the Program even if you never intend to consume a school lunch. Throughout the college application process there are waivers available to those on this list. You must renew you application every year and save your letter of eligibility - it is worth it!

- **It is important to use the fee waiver when you take the ACT/SAT, which triggers access to the application fee waivers.**

SAT and ACT Test Preparation Resources

There are many resources to help you prepare for the SAT or ACT. Below are a few of them, listed from least to most expensive. Keep in mind that:

- Scores from SAT or ACT tests are just one piece of your college application.
- To do your best on either test, it is a good idea to become familiar with the test format, take at least one practice test beforehand, and review math concepts and vocabulary.
- While a class can provide structure and motivation, you may achieve similar test results through less expensive options, especially if you are disciplined about preparing.
- Be skeptical of claims that your score will improve a certain number of points through a particular program – many of these claims are based on pretests that are more difficult than the actual test.

Resource	Tests	What It Provides	How to Access It	Approximate
number2.com	SAT, ACT	Online practice questions and tips, electronic flashcards	www.number2.com, If you'd like, you can name or other "coach" to help track your progress.	Free
Test Study Guides	SAT, ACT	Concept review, test-taking strategies, and practice tests	Libraries and bookstores carry a number of these books from various publishers. The CCC has several prep guides as well.	Free from CCC or Library
ACT Online Prep Program	ACT	Practice tests and essay, with real-time scoring, and content review	www.actstudent.org, Click on "Test Prep."	\$20
College Board's Online SAT Prep Course	SAT	Interactive lessons, practice tests, automated scoring and essay analysis	www.collegeboard.com, Click on "SAT," then under "Practice" select "Official SAT Online Course." Site also has free and lower cost resources, like sample questions and tests.	\$70
Portland Community College	SAT, ACT	6-week online courses emphasizing skill building and test-taking strategies	www.pcc.edu/schedule, Click on "Non-Credit Classes," then "Test Preparation" (under letter T) to find classes. Part 1 is for verbal and Part 2 for math portions of tests.	\$95 each, Verbal or Math
Saturday Academy	SAT, ACT	Classes emphasizing subject review, test strategies, and practice tests	http://www.saturdayacademy.org, Click on "Classes & Workshops," then "College Prep." SAT classes usually offered March/April/May and October/November, ACT class usually October/November.	\$180-\$360
Sherwood Test Prep	SAT, ACT	Prep class with 18 total hours of instruction	www.sherwoodtest.com, SAT and ACT classes offered throughout the year.	\$400
Kaplan	SAT, ACT	Classroom and online courses, tutoring options	www.kaptest.com	\$600 classroom, \$300 online
Princeton Review	SAT, ACT	Classroom and online courses, tutoring options	www.princetonreview.com	\$600+ classroom, \$170 online
Private Tutoring	All Tests	Personalized individual or small-group tutoring	Ask for referrals to private tutors from friends, ask the Wilson Counseling Office, or search online. Be careful to screen potential tutors.	\$20-\$100 per hour

OUS College Entrance Requirements/Budget

The minimum standards for admission to Oregon’s public universities are subject to change so be sure to check with the university about all current requirements. Students planning to enter an Oregon University System (OUS) college as a freshman must meet the following admission requirements.

- 1. Minimum of 15 credits in core college preparatory courses – see list below. *Note: Students need to earn a C or higher in these courses for them to count toward meeting college entrance requirements.***

English (4 credits)

Mathematics (3 credits)

- Shall include first year algebra and two additional years of college preparatory mathematics such as geometry, Algebra 3-4, or above. Additional math is highly recommended. Algebra and Geometry taken prior to 9th grade will be accepted.

Science (3 credits)

- Shall include two years of college preparatory science such as biology and chemistry.

Social Studies (3 credits)

- Shall include one year of U.S. History, one year of Modern World History, and one year of Government/Economics (one semester of each.)

World Language (2 credits)

- Two successive years of the same world language.

- 2. Minimum High School GPA**

	<u>GPA</u>	<u># of Students</u>	<u>% Admitted who apply</u>
Eastern Oregon University	2.75	4,200	67%
Oregon Institute of Technology	3.0	4,000	68%
Oregon State University	3.0	26,400	68%
Portland State University	3.0	28,700	66%
Southern Oregon University	3.0	6,500	67%
University of Oregon	3.0	24,600	72%
Western University	2.75	6,187	61%

- 3. Undergraduate Student Budget, 2013-14, Budgets for 2014-15 not yet available**

Public University	Tuition & Fees	Room & Board (On-Campus)	Books & Supplies	Personal & Transportation	Total
EOU	\$7,449	\$9,183	\$1,350	\$2,994	\$21,057
OIT	\$8,460	\$8,055	\$1,100	\$3,107	\$20,811
OSU	\$9,122	\$10,578	\$1,965	\$2,793	\$23,658
OSU-Cascades	\$7,800	\$10,578	\$1,965	\$2,793	\$22,407
PSU	\$7,794	\$11,349	\$2,028	\$3,066	\$24,321
SOU	\$7,720	\$11,340	\$1,029	\$2,685	\$22,848
UO	\$9,918	\$10,722	\$1,050	\$2,430	\$23,965
WOU	\$8,277	\$9,315	\$1,650	\$2,982	\$22,221
Average	\$8,148	\$10,140	\$1,517	\$2,982	\$22,661

The “No Grief” Application Process

Follow this schedule and you should be able to meet any November 30 or later deadline.

☐ Fall Senior Year

- Determine if any of your colleges of interest require teacher/counselor recommendations and if they do, identify 2 teachers to write recommendation letters. Be sure to contact teachers and counselors for recommendations no later than **4 weeks prior to their due date**.
- Complete **Recommendation Letter: Parent and Student Questionnaires** on Naviance
- Pick up the **Letter of Recommendation Packet** from the Counseling Office.
- In Naviance, complete the **Waiver form for Common Application (FERPA)**.
- Give “**Teacher Feedback Form for the Counselor**” (part of packet) to 2 teachers.
- Finalize list of “**Colleges I’m Applying To**” in Naviance.
- Update and complete your **resume** in Naviance.
- Make appointment to meet with your counselor at least 4 weeks before your earliest application deadline. Don’t count days when school is closed, holidays, etc. For example, if you have a January 1 deadline, you should meet with your counselor by mid-November. **Be sure you have your resume, questionnaires, and Letter of Recommendation Packet complete before your appointment. *****
- Start your Common Application online (www.commonapp.org)
- Start your other colleges’ applications (online if available)
- Begin essays (in Word, to be pasted into applications) and supplements (for Common Application)

☐ 2 weeks before application deadline

- Complete applications and submit through Naviance
- Request transcripts through Naviance (only once)
- Order test score reports sent to colleges. **SAT** – www.collegeboard.org **ACT** – www.act.org
- Begin CSS Profile if required by any of your colleges

☐ 1 week before application deadline

- Check status on Naviance to be sure items were successfully sent (if not yet sent, keep checking, and troubleshoot if necessary)

☐ After submitting your applications, continue to

- Watch your email (and snail mail) for messages from colleges & Wilson
- Watch for messages on Naviance (Home Page, Inbox)

☐ 2 weeks after application deadline

- Check status with each college to be sure items arrived and your application is complete

☐ 2 weeks after end of grading period

- Check to see that 7th Semester Transcript has been sent to your college (this is called the Midyear Report on the Common Application); use your personal online account at the college to check this.

☐ Acceptance Notification from Colleges

- When you receive notification from your colleges of acceptance status, post to Naviance

☐ Your Final Decision

- Enter into Naviance the college you will be attending

☐ Final Report, Final Transcript

- Automatically sent to the college you indicate you are attending. Check your college online account status to be sure they have been received (if they require it).

Always be vigilant about the status of your applications. Check regularly and fix any problems with submission of materials from Wilson. Typically the process runs smoothly, but there is an occasional snag.

*****If you apply to additional colleges after meeting w/your counselor, you MUST notify your counselor so recommendations and transcripts will be sent.**

Naviance Family Connection at a Glance

Family Connection from **Naviance** is a Web-based service designed especially for students and parents. It is a comprehensive website that you can use to help make decisions about courses, colleges, and careers. Family Connection also provides up-to-date information that's specific to our school. It also lets us share information with you about up-coming meetings, news, and events, as well as other Web resources for college and career information. It is the system all Wilson students use to apply to colleges. Get to know it and check it often.

Activate Your Account

Use the personalized registration code to logon to <http://connection.naviance.com/wilsonor> and set up your Naviance account as a new user. You can also access Naviance from the Wilson HS Home Page. Remember to enter your email address and establish your password as your student ID #.

Selected Software Features to Explore

Feature	Description	How to Access
<i>Résumé</i>	<ul style="list-style-type: none"> Record your high school activities, awards, volunteer experience, etc. Rearrange your information into multiple printable versions of a résumé that you can use to present to potential employers or colleges in the future 	<ol style="list-style-type: none"> Click the <i>About Me</i> tab Click the <i>Résumé</i> hyperlink under the <i>Interesting Things About Me</i> section
<i>Explore Interests</i>	A career interest survey about interest in types of work activities. Use the results to explore suggested occupations; examine the education, training, and skills required [and where to obtain them], as well as wages typical for these occupations.	<ol style="list-style-type: none"> Click the <i>Careers</i> tab Click the <i>Career Interest Profiles</i> hyperlink under the <i>What Are My Interests?</i> section
<i>Do What You Are</i>	A personality survey. Use the results to explore suggested college majors and careers based on your preferences and strengths.	<ol style="list-style-type: none"> Click the <i>About Me</i> tab Click the <i>Personality Type</i> hyperlink under the <i>Interesting Things About Me</i> section
<i>College Search</i>	<ul style="list-style-type: none"> Set search criteria to yield a list of colleges to explore. Save your search to access/modify later. Click on the various tabs of the college profile (<i>general, admissions, financial aid, majors and degrees, and student life</i>) to learn more information. Add colleges you're interested in to your <i>My Colleges</i> list for future reference. 	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>College Search</i> hyperlink under the <i>College Research</i> section
<i>Maps</i>	Groups of types of colleges by location. Click on a college to view its profile.	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>College Maps</i> hyperlink under the <i>College Research</i> section
<i>Scholarship List</i>	College and local organization-sponsored scholarship opportunities updated weekly. Database lists entries by name, deadline, award amount, merit or needs-based and application requirements; click on a column header to sort entries. You can also browse by category to yield a search list relevant to your interests.	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>Scholarship List</i> hyperlink under the <i>Scholarships & Money</i> section
<i>Summer Enrichment Opportunities</i>	This database not only lists entries by type (international, college-sponsored, high school-sponsored, & special interest) but also allows you to browse by special interest as well as search by keywords like the name, location, etc. Learn about program dates and costs (if available), any requirements, and the sponsor's website for more information and the application.	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>Enrichment Programs</i> hyperlink under the <i>College Research</i> section
<i>Application History</i>	Summary of WHS application results (admit, deny, enroll), by year.	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section After looking up and selecting a college, the <i>Application History</i> table appears in the middle of the page.
<i>School Statistics</i>	<ul style="list-style-type: none"> Historical summary of WHS application outcomes (number admitted, denied, etc.) by application decision plan (i.e. regular and early decision) by college. Historical average GPA and SAT scores for admitted applicants, by college. 	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section After looking up and selecting a college, click on <i>School Stats</i> hyperlink located beneath the college's contact information. Two tables are displayed: <ul style="list-style-type: none"> <i>Outcomes</i> <i>GPA and Test Scores</i>
<i>Graph</i>	<p>Historical application results (admit, deny, waitlist) represented in a scattergram (i.e. graph); applicant average GPA appears on the y-axis and applicant average SAT scores on the x-axis.</p> <p>N.B.: For an applicant to be represented on a scattergram for a given college, three things must be present:</p> <ol style="list-style-type: none"> an application result (accepted or denied) a GPA a test score 	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab Click the <i>College Lookup</i> hyperlink under the <i>College Research</i> section After looking up and selecting a college, click on <i>Graph</i> hyperlink located beneath the college's contact information.
<i>College Compare</i>	Compare your GPA and test scores to the average GPA and test scores of WHS admitted students for colleges you are considering. School averages are displayed in green when your numbers are higher and in red when your numbers are lower than those of past admitted students.	<ol style="list-style-type: none"> Click the <i>Colleges</i> tab. Click the <i>Colleges I'm Thinking About</i> hyperlink from the <i>My Colleges</i> section. Click the <i>Compare Me</i> hyperlink above the table.

We hope that you will find this resource helpful. If you have further questions about Family Connection, please contact your School Counselor.

DEFINITIONS OF ADMISSION OPTIONS IN HIGHER EDUCATION



National Association for
College Admission Counseling
Guiding the way to higher education

STUDENTS: WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?

Non-Restrictive Application Plans

Regular Decision

DEFINITION:

Students submit an application by a specified date and receive a decision in a clearly stated period of time.

COMMITMENT:

NON-BINDING

Rolling Admission

DEFINITION:

Institutions review applications as they are submitted and render admission decisions throughout the admission cycle.

COMMITMENT:

NON-BINDING

Early Action (EA)

DEFINITION:

Students apply early and receive a decision well in advance of the institution's regular response date.

COMMITMENT:

NON-BINDING

Restrictive Application Plans

Early Decision (ED)

DEFINITION:

Students make a commitment to a first-choice institution where, if admitted they definitely will enroll. The application deadline and decision deadline occur early.

COMMITMENT:

BINDING

Restrictive Early Action (REA)

DEFINITION:

Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm.

COMMITMENT:

NON-BINDING

Students are not restricted from applying to other institutions and have until May 1 to consider their options and confirm enrollment.

Students are responsible for determining and following restrictions.

For a copy of this flyer, please visit www.nacacnet.org

NCAA Eligibility Center F.A.Q.'s

Student-athletes must register with the NCAA Eligibility Center to be eligible to play NCAA Division I or II sports in college. Athletes playing in Division III do not have to register.

What is the NCAA Eligibility Center?

The NCAA Eligibility Center certifies whether prospective college athletes are eligible to play sports at NCAA Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with NCAA rules.

What are NCAA Divisions I, II, and III?

The NCAA is the governing body of many intercollegiate sports. Each college regulated by the NCAA has established rules on eligibility, recruiting and [financial aid](#) and falls into one of the three membership divisions (Divisions I, II and III). Divisions are based on college size and the scope of their athletic programs and scholarships.

When should students register?

The NCAA recommends that student-athletes register at the **beginning of their junior year** in high school, but many students register after their junior year. There is no registration deadline, but students must be cleared by the Eligibility Center before they receive athletic scholarships or compete at a Division I or II institution.

How do students register?

Students must register online at the [NCAA Eligibility Center](#). They will have to enter personal information, answer questions about their course work and sports participation outside of high school and pay a registration fee.

Can students have the registration fee waived?

Students who have received a waiver for the SAT or ACT are eligible for a waiver of the registration fee. The student's counselor must submit confirmation of the student's test fee waiver. Go to the [NCAA Eligibility Center High School Portal](#) for more information.

What records does the Eligibility Center require?

Students should arrange to have you send their high [school transcript](#) as soon as they have completed at least six semesters of high school. The transcript must be mailed directly from their high school. They must also arrange to have their SAT or ACT test scores reported directly by the testing company to the Eligibility Center. Students can arrange this when they register for the tests.

You are responsible for sending in students' final transcripts and proof of graduation at the end of their senior year.

How often can students update their athletics participation information? Students can update the information on the athletics participation section online as often as they want (and should update it regularly), up until the time when they request a final certification of their status. At that point — usually three to four months before enrolling in college — students must finalize their information.

NCAA Eligibility Center F.A.Q.'s (continued)

What are the NCAA academic eligibility requirements?

- Complete a certain number of high school core [courses](#) (defined below).
- Earn a certain minimum grade point average in these core courses.
- Earn a certain minimum score on the SAT or ACT.
- Graduate from high school.

For more information, see the NCAA's *Guide for the College-Bound Student-Athlete*, in the [Publications section of the NCAA website](#).

What are core courses?

This is the name that the NCAA gives to high school courses that meet certain academic criteria specified by the association. Students must complete a certain number of core courses for NCAA Division I and II eligibility.

How are high school courses classified as core courses?

All participating high schools submit lists of the courses that they offer that meet NCAA core-course criteria. If approved, the courses are added to a database that the NCAA Eligibility Center maintains. You can check this database or view a list of approved core courses on the [NCAA Eligibility Center High School Portal](#) to see whether your student-athletes are enrolled in courses that will count toward NCAA eligibility.

It is often the counselor who provides the NCAA with the list of your school's core courses and updates it annually. The NCAA may ask for more information before approving a core course.

What are the NCAA amateurism eligibility requirements?

To play sports at an NCAA Division I or II institution, the student athlete must follow NCAA amateurism rules about receiving a salary or prize money for athletic participation, playing with a professional team and other areas. For more information, see the *Guide for the College-Bound Student-Athlete*.

Keep in mind the best way for students to prepare for a future in college athletics is to complete the approved core courses and earn appropriate grades in them. Indeed, more students fail to qualify to play NCAA sports because of lack of appropriate course work than for low test scores. Make sure you are enrolled in the courses on your high school's core-course list, and also know the eligibility requirements of the [NCAA Eligibility Center](#). Then make sure you are taking the necessary courses, earning the necessary grades and doing anything else you must to stay on track for NCAA eligibility.

NCAA ELIGIBILITY CENTER QUICK REFERENCE GUIDE

Core Courses

- **NCAA Division I requires 16 core courses.** See the chart below for the breakdown of this 16 core-course requirement.
- **NCAA Division II currently requires 14 core courses.** Division II will require 16 core courses for students enrolling on or after August 1, 2013. See the breakdown of core-course requirements below.

Test Scores

- **Division I** uses a sliding scale to match test scores and core grade-point averages.
- **Division II** requires a minimum SAT score of 820 or an ACT sum score of 68.

- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the following four sections: English, mathematics, reading and science.

- When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.

Grade-Point Average

- **Be sure** to look at your high school's List of NCAA Courses on the NCAA Eligibility Center's website (www.eligibilitycenter.org). Use the list as a guide.

- Only courses that appear on your school's List of NCAA Courses will be used in the calculation of the core grade-point average. Use the list as a guide.

- **Division I** core grade-point-average requirements are listed on the sliding scale (www.eligibilitycenter.org)
- **Division II** core grade-point-average requirement is a minimum of 2.000.

- Remember, the NCAA grade-point average is calculated using NCAA core courses only.

DIVISION I

16 Core Courses

- 4 years of English.
- 3 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 1 year of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

DIVISION II

16 Core Courses

(2013 and After)

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- **3** years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

Tips for Visual & Performing Arts Students

Students who wish to study visual or performing arts have some unique challenges and options during their college search.

A Difference of Degree:

Prospective arts majors have two degree options: A Bachelor of Arts (BA) with a major in the arts and a Bachelor of Fine Arts (BFA) for artists/performers or Bachelor of Music (BM) for musicians. The BA is the typical liberal arts degree—students who major in English, history, and other humanities majors also earn BAs. The BFA or BM degree is more focused and intense.

Types of Colleges:

Conservatories and stand-alone arts schools offer an immersion-type experience for students earning BM or BFA degrees. All of the students you meet at this type of school will be artists, and the atmosphere is often highly competitive. Some larger universities offer BFA/BM degrees as well as BA degrees in the arts. You may find somewhat self-contained music or arts schools within the larger university. In this atmosphere, you could pursue the more specialized degree while still keeping the door open to taking a few liberal arts courses (which would be unavailable at specialized music or arts schools). In addition, a university-based arts program might give you the option of pursuing a double degree, such as a BM in music and a BA in history. (A double degree would likely require more than four years, however.)

The Application Process:

In addition to completing a typical college application, students in the visual or performing arts should prepare a portfolio or audition. Each arts program has different requirements, so you should contact the schools as early as possible to obtain their portfolio or audition requirements. Although your portfolio or audition is an important part of the application, arts programs definitely consider your academic record and test scores.

Assessing Your Abilities:

If you're interested in pursuing an arts major and career, now is the time to seek objective opinions of your abilities in the field. Young musicians can ask for honest advice and evaluation from high school ensemble and private teachers, or get outside assessment from musicians at a local symphony, dance company, theatre, etc. Visual arts students can receive portfolio evaluations and college information at one of the National Portfolio Days sponsored by an association of arts schools and art departments at universities. For more information, talk to your school counselor or art teacher or visit www.portfolioday.net/

Other Considerations:

Location, facilities, reputation & philosophy.

The above is an excerpt from an article by Jennifer Gross ©2011 National Association for College Admission Counseling (NACAC).

Read the full article at www.nacacnet.org/college-fairs/PVA-College-Fairs/pva/Pages/PVATips.aspx

WUE Colleges Information Summary

The Western Undergraduate Exchange (WUE) program allows students from western states to attend public colleges and universities in other Western states without paying the full out-of-state tuition. *Contact the college for the most accurate and up-to-date information.*

A few tips:

- Not all public schools in a state participate in the WUE program, and not all majors at the schools are available to WUE students. But nonparticipating schools and programs may offer other assistance to reduce costs for out-of-state students. Check the websites of the colleges for nonresident student financial assistance.
- Some schools only offer the WUE program for students entering as freshmen, not transfers.
- Applying for the WUE scholarship sometimes requires a separate application, and sometimes is automatic. Ask the college's admissions office for correct procedures.
- Apply early! Many schools have limited slots for WUE students. Early fall is best.
- There are other public universities in many of these states which don't participate in the WUE program. They may also have financial assistance for nonresidents.
- Another possibility for paying in-state tuition is to establish residency in the state (generally not allowed while on the WUE scholarship program). Check the state's rules for residency, including years required to qualify as a resident. For many states it only takes one year.

Participating States:

Alaska	Idaho	Oregon
Arizona	Montana	South Dakota
California	Nevada	Utah
Colorado	New Mexico	Washington
Hawaii	North Dakota	Wyoming

Source: WUE website, www.wue.wiche.edu. See website for more details and the latest information.

Financial Aid & Scholarships

Your College or University is the best source for financial aid:

- **Need based.** Some colleges only provide financial aid if the student has “demonstrated need” as determined by the FAFSA and the college’s own formula (even a family income over \$200,000 may qualify for some aid).
- **Merit based.** Some colleges offer merit-based scholarships in addition to need-based ones. Some merit scholarships require a **separate application**; others don’t (they automatically consider you when you apply to the college).
- Research your college’s Financial Aid web pages to find scholarships.
- Also see a list of each college’s scholarships at www.meritaid.com (click “View the Directory” under “Search by College Name”). Go to the college’s website to see out how to apply for them.

Outside Scholarships:

- **Choose carefully which ones to apply for.** It takes time to research & apply for these. Many students are competing for each scholarship, and the amounts may be small compared to the cost of college. Don’t forget, *your college is the best source of financial aid*, but outside scholarships can help.
- **When to apply.** Most scholarships are only available to high school seniors, but some organizations also invite younger students to apply, especially employers (see below). Deadlines for applying range throughout the year, with a number starting in August or September. Plan ahead!
- **Tips for choosing outside scholarships to apply for:**
 - How many awards will be given?How much is the award? Is it one time only, or renewable for all 4 years of college?
 - How many people might apply? (Is it just students at your school? In your state? Anyone in the U.S.?)
 - Do you meet all the qualifications? Will you be one of the top applicants?
 - How much time will it take? (Estimate time needed for filling out application, preparing résumé, getting recommendations, writing an essay, etc.) Do you have enough time before the deadline?

How to find Scholarships:

- **Naviance Scholarship List.** A (W) in the title indicates it was entered by Wilson staff; others are entered by the school district. This may be the only place to find out about some scholarships sponsored by local organizations. **Check often, new scholarships are added regularly.**
 - Use the “Browse by category” function at the top of the list to narrow your search.
 - Date order: Click on “Deadline” at top of column; click again to see list in order by deadline.
 - Click on the scholarship name for more details and a link to the application (if available).
 - The College & Career Center may have files of these scholarships if more information is needed.
- **OSAC Scholarship Application.** Many scholarships offered by Oregon businesses and organizations are gathered into this one application, *including most Wilson High School scholarships*. Deadline: March 1.
- **Student Aid on the Web.**
 - Use the Financial Aid and Scholarship Wizard at www.studentaid.ed.gov to search for scholarships. Tons of other information about financing your education is on this site.
 - **Scholarship Search Engines.** A popular one is www.fastweb.com (free). Student enters profile information and receives emails about scholarships for which he/she may be eligible. Thousands of students may be competing for these scholarships. Resist commercial offers which may come up on their website—just say “No Thanks.” Do not participate in scholarship searches which charge fees.
- **Employer & Membership Organizations.** Many employers, unions, professional organizations, and other membership organizations offer scholarships for dependents of their employees/members. Check carefully. You may need to apply in the junior year for some of these.

Financial Aid & Scholarships

Grants

Awarded based on financial need. The student is not required to repay.

- Federal
- State
- College or University

Loans

Must be repaid to the lender including interest.

Education loans are available for both parents and students.

- Federal
- State
- College or university
- Private lenders

Federal Work-study

Provides students with the opportunity to work part-time and earn money for college related expenses such as books and supplies. Not deducted from the school bill.

- Federal

Scholarships

Typically awarded based on academic, athletic, or other talent.

The student is *not* required to repay.

- College or university
- Civic or religious
- Businesses or corporations

Wilson High School

Useful Websites for College, Career, Scholarships

School

Portland Public Schools
Wilson High School

www.pps.k12.or.us
<http://www.pps.k12.or.us/schools/wilson/>

Careers

Naviance
Career Information System (CIS)
Careers & salary ranges
My Future
Career Information
Salary and Growing Occupations
US Department of Defense
Career Pathways

<https://connection.naviance.com/fc/signin.php?hsid=wilsonor>
<http://oregoncis.uoregon.edu> (User name: 1Wilson Password: WHS12)
www.bis.gov/oco/home.htm (Occupational Outlook Handbook)
www.myfuture.com (Offers career planning advice, easy to read)
www.careers.org (Huge site with tons of links to career resources)
www.acinet.org (Info on salaries, job openings, fastest growing careers, etc.)
www.todaymilitary.com (Military jobs and career information)
www.pcc.edu/pactec/pathways (Discover career pathways)

College Admissions

College Board
ACT
Naviance

Peterson's
Common Application
College Navigator
Princeton Review
Oregon University Systems
NCAA
NCAA Eligibility Center
College Guide
Number 2

www.collegeboard.com (SAT I/II registration, practice tests, college planning)
www.act.org (Register for ACT and practice, tips, college planning)
www.wilsonhs.com (Click on the Naviance link for college planning, college search, order transcripts, scholarships)
www.petersons.com (SAT/ACT prep software)
www.commonapp.org (Online application for over 300 schools)
<http://nces.ed.gov/collegenavigator/> (National Center for Education Statistics)
www.princetonreview.com (College search, SAT/ACT, career information)
www.ous.edu (Information regarding Oregon's Eight Public Four-Year Schools)
www.ncaa.org (National Collegiate Athletic Association information)
www.eligibilitycenter.org (Formerly known as "The Clearinghouse")
www.mycollegeguide.org
www.number2.com (Free SAT/ACT prep)

Financial Aid and Scholarships

FAFSA
Pin for electronic FAFSA
CSS Profile
Oregon Student Assistance Commission
Federal Financial Aid
Financial Aid
College Board

Educaid
Salliemae
Fastweb
Petersons
Hope & Lifetime Learning Tax Credit
To file scholarship scam complaints

www.fafsa.gov (Federal Application for Federal Student Aid-online)
www.pin.ed.gov (PIN number registration for FAFSA)
<https://profileonline.collegeboard.com/index.jsp> (Supplement for private schools)
www.osac.state.or.us (Online application for Oregon student scholarships)
www.finaid.org (Federal financial aid information)
www.studentaid.ed.gov (General information)
www.collegeboard.com (Download profile of Independent College financial aid forms)
www.educaid.com (Learn how to save money for college)
www.salliemae.com (Financial Aid 101 – the entire process)
www.fastweb.com (Free scholarship info.)
www.petersons.com (Free scholarship info.)
www.irs.gov
www.ftc.gov/scholarshipscams

www.thewashboard.org
www.scholarshipexperts.com
www.collegeplan.org

Supposedly the best web site for scholarships in the Northwest
Financial aid scholarship search. Best results.
Pacific NW Scholarship Guide. Local scholarship sources.