



THE ROSA PARKS VOICE

VOLUME 3, ISSUE 5

DECEMBER 2015



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Newsome's News



Season's greetings! It's hard to believe that the holiday season is already here. It's amazing how quickly time passes !

During the last five months, students and teachers have been extremely busy. We also know that you as parents have been just as busy with helping with homework and school projects. We appreciate your continued support in helping your child succeed. Now the time is almost here for us all to relax and enjoy family and friends over the holidays.

Before we completely "check-out," let's work hard these next few

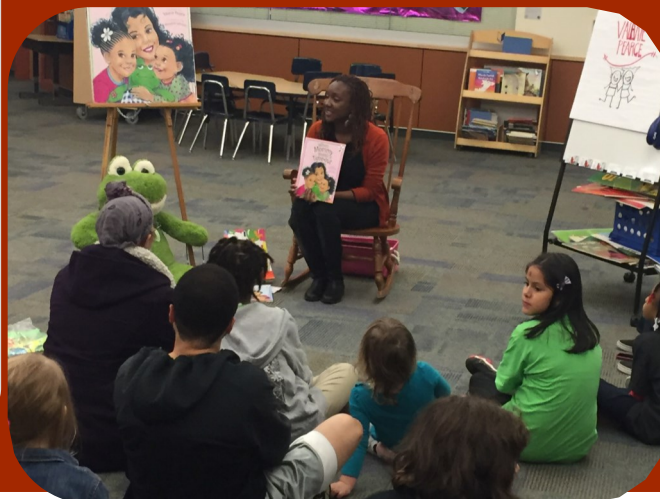
weeks . It is important for your child to be at school every day, as well as to be on time each and every day so they don't lose important learning time. School starts promptly at 8 a.m. Students are welcome as early as 7:40 a.m. for free breakfast in the cafeteria. It is important that students do not arrive any earlier as there is no supervision until that time.

Family Traditions

We hope you and your family have a joy-filled

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Literacy Night



We hosted our annual Literacy Night back on October 29th and had a blast! More than 100 people attended! As families arrived, each child received a free t-shirt and got to play Bingo-for-Books where they had a chance to win free books. Then, families made

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1st Graders Learn About BARKS

Research has shown that 4.7 million people are bitten by dogs in the U.S. The Dove Lewis Veterinarian Clinic recently announced its newest community program, BARKS, which stands for “Building Animal Relationships with Kids Safely. BARKS provides local classes helping kids and families create a safe and loving household while strengthening the human-animal bond.

“Education is key to preventing dog bites,” said Vanesa Vizuete, the BARKS program coordinator. “With proper instruction, children can learn how to interact with dogs to build relationships based on friendship and respect, and to reduce the risk of dog bites.”

Teach Kids to be a Dog’s Best Friend

Dove Lewis Veterinarian Clinic is located in Northwest Portland. They brought the BARKS program to our 1st grade classes to teach about dog bite prevention. In 40 minutes students learned the “do’s” and “don’ts” of interacting with dogs and how to closely read a dog’s body language. In addition, the classes include the tell-tale signs for identifying when a dog wants to play, how children and

dogs can play safely together, and understanding when a dog just needs to be left alone. Our expert dog instructors will demonstrate when a dog approaches, and showed students how to use the “Be a Tree” and “Be a Rock” techniques.

Kristoff Cadenas Navarro pictured below said, “I liked it when the dog gave me a high five. I learned not to get in their faces because they think you’re going to fight. They like it when you pet their ears .”



Winter Break

Our Winter Break is December 18–January 8th. We hope you and your family have an amazing holiday and have incredible opportunities to make special memories.

We invite you to use your new math and reading program, **Moby Max**! Moby Max is an online resource to help students practice their math and reading. Each student will have their own individual username and passwords that will be supplied to them by their teachers before Winter Break.

Also, just a reminder that January 5th–9th is our Intervention Week, where students who may need some extra reading and/or math support are invited for additional instruction. If your child needs additional support, your child’s teacher will send home a permission slip for you to sign to inform us of whether or not you want your child to attend Intervention Week.

There will also be Enrichment Classes available that week for students in 2nd and 3rd grades who are excelling in their classes. Again, selected students will receive a permission slip for parents to sign and students will be able to select which class they want to attend for the week.



Daphne Zimmerman & Isha Ali —2nd/4th Grade Buddies

4th Graders Make a Splash at Columbia Pool

Co-written by: Ms. Jamie Duncan & Rehema Baleke (Mr. Mark Wilson's Class)

Our 4th grade classes have been taking swimming lessons at Columbia Pool as part of their P.E. curriculum. Each class had 10 lessons over a five-week period where they learned about water safety and swimming techniques.

Rehema Baleke shares about her experience with swimming lessons:

"I like how she taught me how to kick and how she helped me learn how to swim. We did front floats and arm strokes and kicking. I like how she let me go into the deepend and how I got to touch the bottom of the 7 foot side of the pool. On the last day of swimming, we got to have free time. My favorite part was staying in the 7 foot part of the pool."

"Thank you for teaching us how to swim and I thank you to the people who gave us the swim-suits, swim caps and goggles."





I AM

BY: NAIMA ROBINSON (3rd Grade)

I AM HELPFUL

I WONDER IF I AM
GOING TO MAKE IT

I HEAR KIND WORDS

I SEE A BEAUTIFUL
WORLD

I WANT TO SPREAD
KINDNESS

I AM LOVABLE

I PRETEND WITH MY SWEET SISTERS

I LOVE HUGS AND KISSES FROM MY MOM

I TOUCH MY SISTER'S HEART

I WORRY WHAT'S GOING TO HAPPEN

I CRY WHEN I'M PUT DOWN

I AM KIND

I UNDERSTAND WHEN PEOPLE SAY LEAVE
ME ALONE

I SAY BELIEVE IN YOURSELF

I DREAM ABOUT MY FUTURE

I HOPE I AM DOING MY BEST



December Birthday's!!

Viridiana Alvarez Loa	5	12/3
Trezhaan Gregory	1	12/4
Aimable Niyonkuru	5	12/4
Mi'Angel Burule	KG	12/5
Day'Anah Jackson	2	12/7
Mustafa Mohammad	5	12/7
Korbin Watson	2	12/7
Lauren Webb	2	12/7
Daisy Hardaway	5	12/8
Malik Karimu	4	12/8
Amiyah Berry	1	12/9
Stephanie Dominguez-Soto	5	12/10
Aleana McCowan	5	12/10
Za'Nayia Toney	1	12/11
Jade Johnson	3	12/12
Jayden Johnson	3	12/12
Malak Abbas	5	12/13
Isha Ali	4	12/13
Gabriel Eads	5	12/13
Emmanuel Dempsey	3	12/14
Lilly Ortega	3	12/16
Isaac Sacido-Rosas	5	12/16
Naima Jama	3	12/17
Damaree Baxter	4	12/18
Isaac Pierce	5	12/22
Kamau Floyd	3	12/24
Sara Msafiri	5	12/25
Treveyontae Charity	5	12/27
Ka'lyn Floyd	2	12/27
Abigael Nganga	4	12/27
Naima Robinson	3	12/27
Patsy Thomas	4	12/29

HAPPY BIRTHDAY!!

Staff Birthdays

Ms. Martinez—Dec. 13th

Ms. Ford—Dec. 15th

Ms. Giarelli—Dec. 21st

Ms. Veronica—Dec. 25th

Nurse News

FREQUENTLY ASKED QUESTIONS ABOUT THE FLU

When is flu season?

Flu viruses are usually circulating in the United States from October to May. Flu season peaks in January or later.

When should I get the flu shot?

Ideally you should get the flu vaccine at the start of flu season in October. But any time after October is a good time to get the flu vaccine. It takes about 2 weeks after receiving the vaccine to develop antibodies.

Do I have to get a flu shot every year?

The antibodies in the body diminish over the course of a year after receiving a flu shot. This is why it is necessary to get a flu shot every year.

Who should get vaccinated?

The CDC recommends that everyone 6 months of age and older get the flu vaccine. People with allergies to any of the ingredients in the vaccine should talk to their doctor about their allergy before getting the vaccine. People with a history of Guillain-Barre´ Syndrome (GBS) should talk to their doctor before getting the vaccine.

THE TOOTH TAXI IS COMING TO ROSA PARKS

This January, Rosa Parks is partnering with The Dental Foundation of Oregon to provide dental care to students. The Tooth Taxi is a mobile dental clinic with a full-time dentist and staff who provide screenings, fillings and minor oral surgery. They will be at Rosa Parks during the week of January 19-22. If your child needs dental work, please contact the school nurse, your child's teacher, or the office at Rosa Parks and let us know so we can arrange to have your child screened.

PEARLS FOR WISDOM FOR THOSE PEARLY WHITES

We all know children should brush their teeth twice a day. But did you know parents should brush after their children at least once a day to make sure all the plaque has been removed? This is because young children lack the fine motor coordination to handle the tooth brush effectively. So how will you know your child is old enough to brush without your help? Once your child is able to handle the pencil and write legibly, he or she is coordinated enough to handle the tooth brush. This usually occurs around age 8.

Angela Kulak RN

**Your School Nurse is at
Rosa Parks on
Tuesday, Friday and the 2nd
and 4th Wednesday**



Literacy Night (continued from Page 1)



their way to the Blue Neighborhood to listen to author, Valerie Pierce, read her book, When Mommy Needs a Timeout. Before heading to the cafeteria for pizza, families had an opportunity to make bookmarks and other crafts in the Red Neighborhood. It was a fun evening and we were excited to see so many families participate!



You're never too old,
too wacky, too wild,
to pick up a book
and read to a child.
-Dr. Seuss



Newsome's News (continued from page 1)

holiday season as you make special memories with old family traditions or starting new ones during Winter Break this year. Winter Break is a great opportunity for families to spend quality time together. Playing games, reading books or watching a movie together are examples of inexpensive things to do with our children.

These activities make wonderful holiday memories and are memories that our children can share one day with their children.

Be sure to keep your child engaged in learning throughout Winter Break. The library is a great, free resource for families to use to check out new books or

attend story hour. Check your library for upcoming events and activities. These are simple ways to make a lifelong impact on your child's!



3rd Grade Field Trip to Junie B. Jones



The 3rd grade students have been reading Junie B. Jones: First Grade Journal in class and were also able to go watch the musical live at the Oregon's Children's Theatre. They were beyond excited to go and many sang on the bus the whole way to the theatre.

Naima Jama said, "I liked when Junie B. was yelling and didn't want to go to school."

Maryan Jama said, "I liked the part when Junie B. got hurt because she started to scream. It was funny."

Madison Duncan said, "I liked it when she was at school."

Maryan Hussein said, "I liked it when Junie B. made a friend."



"I Am..."

By Timya Thomas
(3rd Grade)



I am the girl that you see walking in the halls.

I am a young black girl that loves math.

I am a girl that has four sisters.

I am a smart, beautiful girl.

I am crazy about reading.

I am a school person.

I am a girl that has two loving parents that love me.

I am a loving, caring person.



4th Graders Explore Sauvie Island

By: Perla Rolon-Gonzalez

We went to Sauvie Island to learn about plants and farming. We were learning about carrots. We had to go look around for carrots and see how they grow. We were seeing how compost makes it grow better. Then after that, we tried this red vegetable. It was tall. We got to see corn. After that, we went and there were carrots in a big pile of compost. Then there was this round big thing that's black and when you open it, there were carrots growing in there. The teacher helped us start growing plants. We got to eat some lima beans and I liked them. Then, we planted another bean so we could take home. I had a lot of fun.



Family Movie Night



Tickets on Sale after-school.

Showtime: 12/11 at 5:45pm

**All students must be accompanied by an adult.*

***Feel free to bring a blanket to sit on.*

Free popcorn & juice.

**\$.50 per person/\$3 max per family
Concessions will be available for sale.**

December Important Dates

- 12/1 Free Dress Day
- 12/4 Awards Assembly/
BRAVO Performance
- 12/4 Weekly Parent Coffee
- 12/10 BRAVO Winter Concert @ University of Portland Buckley Center Auditorium—6pm-7:30pm
- 12/11 Weekly Parent Coffee
- 12/11 Family Movie Night—5:45pm-8pm
- 12/18 Teacher Planning Day—NO SCHOOL
- 12/19 Winter Break -1/8
- 1/4-1/8 Intervention/Enrichment Week (for identified students only)
- 1/11 Free Dress Day

Uniform Reminder

We wanted to send a friendly reminder to families and students about our uniform policy. With the colder months upon us, we want our students to stay warm, but we also wanted to reiterate the importance of staying in uniform as it demonstrates unity within our school and keeps our students looking sharp. Below is a list of acceptable uniforms:

- Navy blue or khaki pants (*not blue jeans*)
- Navy blue or khaki skirts or jumpers (*leggings underneath are acceptable*)
- Navy blue or khaki shorts (*however, not recommended for colder months*)
- Light blue, navy blue, burgundy or gold polo shirts (*short or long sleeves*)
- Rosa Parks sweatshirt (zip-front only)
- Non-uniform sweatshirts/sweaters are allowed; however, they have to be unzipped in the front so uniform can be seen.

You can purchase uniforms at several retail stores, including Wal-mart, Old Navy, Kohl's, etc.

If you have any questions, please see the front office.