



10/19/2018

IMPORTANT DATES:

Oct 23rd-26th Passport Club, Grades 1-5, Lunch Recess, Library
Oct 25th Five Guys Restaurant Fundraiser
Oct 29th **NO SCHOOL**- Teacher Planning Day
Oct 31st Halloween Parade, Grades K-2, **10:30am (**please note this is a change in time from previous flyers)**
November 2nd **Is a regular school day.** The pink calendar incorrectly stated it was no school/planning day.
Nov 12th **NO SCHOOL**- Veteran's Day

FROM THE OFFICE

DAILY DISMISSAL CHANGE REMINDER

Daily dismissal changes should be made at least 24 hours in advance and are made either with a call, an email or a note. The Bridlemile Parent and Student handbook states same-day dismissal changes should be communicated by 11 AM.

Please communicate changes directly with your teacher(s), and include the office as back up.

- **If a student brings a dismissal change note, please have the student bring it to the office so office staff can sign and copy the note.** We will give the original note back to the student to take to class for the teacher's reference. (The signed copy is kept in the office in case a duplicate is needed or the change needs communicating to aftercare/buses.)
- **If you send a dismissal change via email, please send to the teacher and cc the office (Bridlemile-office@pps.net).** Bridlemile Office is included in email communication in case a duplicate is needed or the change needs communicating to aftercare/buses.
- **Phone calls** to the office to communicate a dismissal change should be made by 11am.

***Of course we understand there are always emergencies that arise- if you have an urgent and last minute change please contact the office via phone, and we will get a note to the teacher.*

Thank you! 😊

COUNSELOR'S CORNER



Welcome to the Counselor Corner!
Week of 10/15-19: **Theme** – Community

Activities – As part of our Comprehensive School Counseling Program, based on the [Oregon Framework](#) and the [ASCA National Model](#), we provide individual, small group, and larger group student support in a variety of ways. This month we are focusing on:

- Bi-weekly classroom lessons in K-5 classrooms (Emily: K-1, Rachel: 2-5)
- Weekly self-regulation small groups with Kinder and 1st graders
- Individual check-ins and response as needed

Books We're Using This month --

- [How Full is Your Bucket](#)
- [Hooray for Diffendoofer Day](#)
- [Can I Join Your Club?](#)
- [Personal Space Camp](#)
- [F is for Feelings](#)
- [Feelings Book](#)
- [A Tale of Two Beasts](#)

Videos We're Using This Month --

- ["Pete the Cat and the New Guy"](#)
- ["How to Change the World"](#)
- ["For the Birds"](#)
- ["5 Minute Bodyscan Meditation"](#)
- ["What Makes a Community"](#)

Curriculum We Are Using This Year –

- Kelso's Wheel
- Zones of Regulation
- MindUP
- The Ophelia Project
- Teaching Tolerance / GLSEN
- Random Acts of Kindness

Events – Here are events coming up in the next few weeks:

- Monday, October 22nd: 5th Grade Leadership students meet in the Library at 11:40 AM
- [Mix-It-Up](#) at Lunch Day: October 23rd
- Food Drive: November 6th-20th

Have a wonderful weekend!

Rachel Reich

reich@pps.net

503-916-6292 x70212

Emily Sallee

esallee@pps.net

503-916-6292 x70213

The Fifth Grade leadership is starting their first big school-wide community project; **TERRA CYCLE!**

The 5th Grade Leadership Team and Sustainability Committee are teaming up to reduce waste that goes to landfills... please help by sending in your empty foil-lined wrappers and empty squeeze pouches for collection in our bins. Also, please encourage your children to put any wrappers or pouches from their lunch, into the bins in the cafeteria after eating. Thank you!

Collection boxes will be located in the lunchroom and in different spots around the school. Thank you for helping the 5th Grade Leadership in their 'Up-Cycling' efforts!

See what trash and wrappers Bridlemile is currently collecting:



Bring it on Beagles!

The Bridlemile
Sustainability Committee
Needs YOUR Help!

We want your empty foil-lined wrappers!

Turn this... ... into this... ...instead of this.



**Bring your
wrappers to the
blue bin in the
cafeteria all year!**

RECYCLE ENERGY BAR WRAPPERS!

Every year, billions of energy bar wrappers end up in dumpsters and landfills across America. We are working with TerraCycle® to put an end to this enormous loss of resources.

The Energy Bar Wrapper Recycling Program allows us to recycle these wrappers and prevent them from ending up in landfills.

And not only are you helping the environment, but the wrappers you recycle with us have the potential to earn funding for our school or organization.



Drop off your
waste at:

**Bridlemile
Cafeteria**
in the marked blue bin



Your collection
leadership:

**Marcia Frost &
Olivia Bass**
mmfrost7070@gmail.com



The more you
recycle, the more
we'll earn!

livjeanne@gmail.com

Learn more at www.terracycle.com.

TerraCycle is the world's largest "zero-waste" recycling company. We partner with leading brands and organizations to create innovative recycling solutions. For more information, visit www.terracycle.com. ©2013 TerraCycle Inc. All rights reserved.

Bring it on Beagles!

The Bridlemile
Sustainability Committee
Needs YOUR Help!

We want your empty pouches & lids!

Turn this... ... into this... ...instead of this.



**Bring your
pouches & lids to
the blue bin in the
cafeteria all year!**

RECYCLE GOGO SQUEEZ® POUCHES!

Every year, countless healthy, squeezable pouches end up in dumpsters and landfills across America. We are working with TerraCycle® to put an end to this enormous loss of resources.

The GoGo SQUEEZ Recycling Program allows us to recycle these pouches and prevent them from ending up in landfills.

And not only are you helping the environment, but the pouches you recycle with us have the potential to earn funding for our school or organization.



Drop off your
waste at...

**Bridlemile
Cafeteria**
in the marked blue bin



Your collection
leader is...

**Marcia Frost &
Olivia Bass**
mmfrost7070@gmail.com



The more you
recycle, the more
we'll earn!

livjeanne@gmail.com

Learn more at www.terracycle.com.

How does Terra Cycle Work? Check out these links below:

Videos: <https://www.youtube.com/watch?v=-D5zxRsjTRM>



TerraCycle - What is Garbage?

www.youtube.com

www.youtube.com/TerraCycleVideos

<https://www.youtube.com/watch?v=Mmh-MRLc2zo>

FROM THE KITCHEN

Please take a look at our upcoming menus! The holidays offer lots of variety in seasonal fruits and vegetables that will be featured in the kitchen. As well as some delicious and nutritious treats! Right now we have rainbow cauliflower! Soon will be all sorts of root vegetables such as squash, parsnips, Brussel sprouts, kale and much more! We also have local pears, apples, bananas and grapes for our fruit selections!

Have a great Weekend!!!

Myrryah Kibbons

PTA NEWS

Please visit www.Bridlemileschool.com for all the latest information for PTA/Foundation.

Passport Club

Hello Bridlemile Parents,

We start our first Passport Club of the year NEXT WEEK.

Thank you to those of you who have signed up to volunteer! If you haven't yet, and would like to come, please go to [Passport Club Sign Up](#) (email or txt works too).

Here is the roster currently:

Tuesday 10/23 - need one more volunteer

Wednesday 10/24 - full

Thursday 10/25 - need one more volunteer

Friday 10/26 - need 4 more volunteers

Hope you are enjoying the sunshine of these glorious fall days! And hope to see you next week!

Best,
Riikka and Brynn

Riikka: 503 860 5517, or riikka.marr@gmail.com

Brynn: 503 577 4410, or brynnkblack@gmail.com

Restaurant Fundraiser

Click on the link below and come eat at FIVE GUYS next Thursday, October 25th on Cedar Hills!

Five Guys is hosting a Bridlemile Restaurant Night on 10/25. Bridlemile will get 15% of all sales that happen between 3pm - 9pm on Thursday. Please spread the word! And visit this link to RSVP - we need at least 30 RSVPs in order for this to happen: <https://www.groupraise.com/events/73018>



FIVE GUYS®

BURGERS and FRIES



MARSHALL CLOTHES CLOSET: 5 VOLUNTEERS NEEDED

The PTA Clothing Center serves over 1700 PPS Students each year, providing free clothes and shoes to PPS families in need. Bridlemile is assigned to provide 5 volunteers to help at the Clothing Center twice a year. Our first spot is **THURSDAY, NOVEMBER 29TH from 9:30am - 1:30pm at MARSHALL (FRANKLIN HS) Campus / 3905 SE 91st, Room C-60, Portland, OR 97226.** PLEASE SIGN UP AT THE LINK BELOW:

MARSHALL CLOTHES CLOSET SIGN-UP <http://signup.com/login/entry/637020303853926053>

Thank you from the Bridlemile Clothing Closet team.

Garden Committee

This year's first Bridlemile Garden Work Party is scheduled for Saturday, November 3rd from 9:00 a.m. – 1:00 p.m. Come help make the garden plan our community has envisioned come to fruition. Bring your gloves and tools, and help us plant natives in the swale and prepare some new beds for growing food. Our work on the garden helps create practical and educational experiences for all students at Bridlemile! All neighbors, family and friends of all ages and skill sets are welcome! Hope to see you there!

School Halloween Dance

The Bridlemile Monster Mash is on October 26th and we are looking for volunteers and party decorations. Please take a moment to look at the Sign-Up link below. This is an easy event for folks to volunteer for because our biggest requirement is to keep an eye on the doors (as this is a drop-off event for the kiddos). So come grab a cup of punch, blow up a balloon, bob to the tunes and watch our little monsters party!

<http://signup.com/go/XPPrZiy>

FROM THE FOUNDATION

October's Bridlemile Auction Update

Hello Bridlemile Parents! This year's auction, Tall Trees & Big Dreams, will be held on March 9, 2019 at the World Forestry Center! Check the Friday Flyer for more updates, but in the meantime, please save the date in your calendars!

What is the Auction? The Auction is the biggest fundraiser held annually to support the Bridlemile Foundation. The Bridlemile Foundation raises money to support staff and teaching positions at Bridlemile. A

percentage of the money raised also goes to other schools in the Portland Public School District who are unable to secure community funding.

What happens at the Auction? There is a cocktail hour and silent auction where you can make mobile bids through your smartphone for various items like gift baskets, outings, gift certificates and more – all donated from your local community and businesses. Following the silent auction, there will be a mini “live” art auction, showcasing the classroom art projects our students and parent volunteers have created for your homes. Next will be the live auction, where you can bid on accommodations, sporting events, dinners and more! You will also have an opportunity to bid online before and during the auction on “teacher features” – special outings or experiences for your student with their teacher – and “easel parties” – community events like movie nights and tacos & tequila, which bring us together for fun and fundraising.

Why should I attend? The Auction is a great way to network with other families and enjoy a fun night to support our school and build our community.

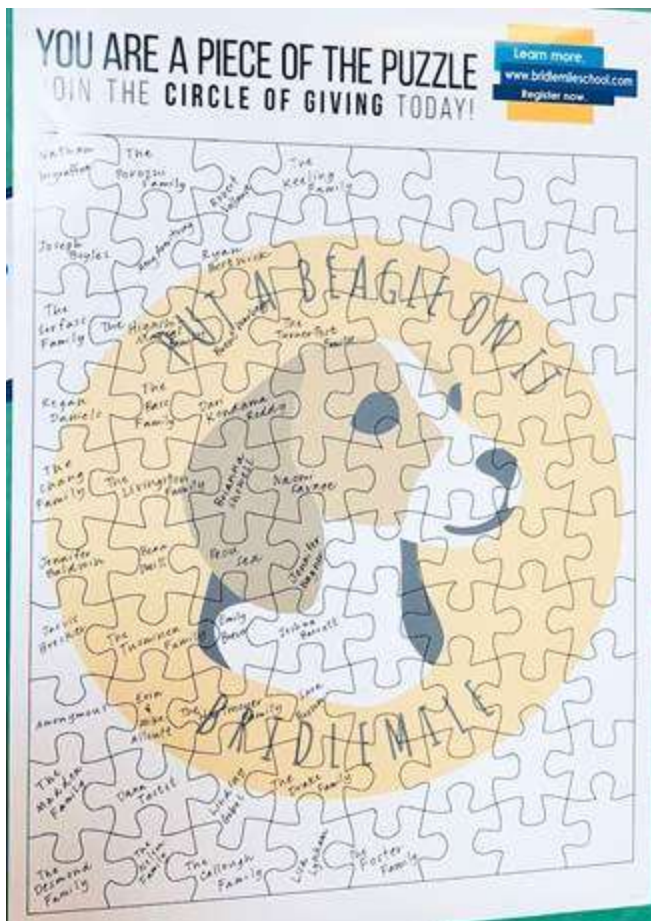
What if I have more questions or want to help with auction planning? Contact Kristin Cornuelle at kcornuelle@orrick.com!



Circle of Giving Progress

Thank you to the 41 donors who joined the Circle of Giving as of the end of September. Help us close out October strong and join today - we are more than half way to our goal of 75 recurring monthly contributions! A suggested donation of \$40 a month is encouraged, but every donation is appreciated. Next time you're at Bridlemile check out the Foundation Board and the attached poster that recognizes this important support - as you'll see we have puzzle pieces to fill and would love to add your name! To join please visit:

<https://www.bridlemileschool.com/foundation-donation-page>



Calling All Small Businesses!

If you work for a small business in our community, please consider supporting the Bridlemile auction with an event sponsorship. Sponsorships begin at just \$250 and your support will help the Bridlemile Foundation meet its goal of maintaining staffing for the special programs our children love. Please see the attached sponsorship proposal and contact Carynne Drake at carynneo@gmail.com to join us!

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylan/Lincoln)

Lincoln Drama Presents Children's Theater Day-Camp

Monday, October 29th, 9am-4pm

Grades 3-7

Cost: \$50

Lincoln HS Drama Department will be holding a fantasy-inspired day camp in which high school drama students will teach classes on four different aspects of theatre: stage combat, improvisation, musical theatre, and technical theatre. It will be a fun learning experience planned and taught by Lincoln High School Drama students.

Register online now through this link: <https://goo.gl/forms/rfkTzN8DCyquw8X52>

All information about payment, times, and more can be found in the document attached. Questions: benhanf1@gmail.com

Thank you!
The LHS Drama Cabinet



Lincoln High School Dance Team Clinic

Please support the Lincoln High School Dance Team in their annual Dance Clinic fundraiser.

- The dance clinic will be held at West Sylvan Middle School during the November conferences on Monday, November 19th and Tuesday, November 20th.
- The clinic is from 9am to 4pm both days with a Routine Showcase at 3:15 on Tuesday. Friends and Family are invited to watch the showcase.
- The clinic is open to grades K-8 and the participants will be divided by age and/or ability.
- Lunch is required both days, but snacks will be provided.
- Dancers should wear athletic attire that allows freedom of movement.
- To register, please fill out this google form: <https://goo.gl/forms/UQQ4Ix0W0TvG1xNH3>
- Feel free to spread the word to others in your community. Fundraiser cost is \$100 per dancer.
- If you have questions, please contact Colleen Huard at cfhuard@comcast.net.

BRIDLEMILE YOUTH BASKETBALL

All 3rd through 5th grade boys and girls interested in playing basketball this Winter are encouraged to sign-up using the Bridlemile Youth Basketball Sign-Up Form attached to this Friday Flyer. A paper copy of the Sign-Up Form also was provided to the classes for distribution to each 3rd through 5th grade student. Please see the Sign-Up Form for the details. Deadline to return the Sign-Up Form to the office is Friday, October 26th. If you have questions, please email Jim Phillipi at jphillipi@hotmail.com.

FALL AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable
<http://www.yogaplaygrounds.com/>

Tuesday

- Chess Wizards, Faculty Lounge outside Portable
<https://chesswizards.com/>

Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable
[Kids Like Languages](#)

Thursday

- My Masterpiece Art, Faculty Lounge outside Portable
<http://www.mymasterpieceartstudio.com/education-contact/>