



Bridlemile Friday Flyer

1/4/2019

IMPORTANT DATES:

Jan 8 th	PTA Board Meeting 6:30pm, Library
Jan 21 st	NO SCHOOL – MLK Holiday
Jan 22 nd	NO SCHOOL – Teacher Planning Day
Jan 23 rd	See's Candies Fundraiser Begins
Jan 24 th	5 th Grade Science Fair
Jan 29 th – Feb 1 st	Passport Club

Inside This Issue- New News at a Glance

- Staff Parking Lot Reminder/ Lost & Found Reminder
- Counselor's Weekly Newsletter
- Book Battles (OBOB) news
- 5th Grade Science Fair Judges Needed
- Middle School Open House Dates
- Winter Session Afterschool Classes Starting; Soccer Shots- spots still available-register today

FROM THE OFFICE

Important Reminders:

- The parking lot is reserved for staff only. In the mornings when dropping off your kids, we ask that you please park on the street or use the drive through drop-off lane. Thanks!
- Lost & Found- Remember to LABEL your child's belongings, and don't forget about those small cold weather items like gloves, hats, and scarves that tend to be left behind. Please remember to check lost and found, and encourage your child to be responsible for their belongings. We would like to keep the lost & found from becoming too large and unmanageable. Thanks!

COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 1/2/19: Theme – *Integrity: The quality of being honest and fair.*

Activities – We are starting off the New Year by exploring the third Bridlemile value, *Integrity*. Integrity is doing the right thing, even when no one is watching! Our lessons and conversations will continue to include our first two Bridlemile values as well as continue to encourage them to incorporate Kindness into their actions with each other. Our language around this topic is -- "We are students who have integrity and value our community. Our Integrity helps our Community stay **strong!**" How are you continuing these conversations at home?

Books we have read this year:

[Tale of Two Beasts](#) (Robertson)
[Officer Buckle and Gloria](#) (Rathmann)
[If Everybody Did](#) (Stover)
[Mole Music](#) (McPhail)
[F is for Feelings](#) (Millar & Berger)
[A Tale of Two Beasts](#) (Robertson)
[Know and Follow Rules](#) (Meiners)
[The Little Red Fort](#) (Maier)
[Try a Little Kindness](#) (Cole)

[How Full is Your Bucket](#) (Rath & Reckmeyer)
[Hooray for Diffendoofer Day](#) (Seuss)
[Can I Join Your Club?](#) (Kelly & Laberis)
[Personal Space Camp](#) (Cook)
[Feelings Book](#) (Parr)
[Ruby the CopyCat](#) (Rathmann)
[Jamie is Jamie](#) (Moradian)
[Talk and Work it Out](#) (Meiners)
[Today I Feel Silly...](#) (Curtis)

Videos we have watched this year:

["Color Your World With Kindness"](#)
["Pete the Cat and the New Guy"](#)
["5 Minute Body Scan Meditation"](#)
["Ruby the Copycat: A good reads video"](#)
["Kid President: The Scariest Thing in the World"](#)
["Kid President's 25 Reasons To Be Thankful!"](#)
["Color Your World with Kindness"](#)
["How to Change the World"](#)
["For the Birds"](#)
["What Makes a Community"](#)
["Mr. Manners Matters"](#)
["An Awesome Book of Thanks"](#)
["Sesame Street: Robin Williams -- Conflict"](#)

Resources to explore:

- ["Resilient Kids Come from Parents Who do These 8 Things"](#)
- [Making Mindfulness Stick with Kids and Teens: A Workshop for Parents and Professionals](#)

Announcement -- Our "[Counselor Corner](#)" website is now LIVE and can be found under the Quick Links tab on the left hand side of the [Bridlemile website](#). This will be an on-going work-in-progress as we continue to add over time. Enjoy!

Have a wonderful weekend!

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FROM THE LIBRARY

OBOB News

Another opportunity for students to practice book battles will be at the Hillsdale Public Library Jan. 29th and Feb. 10th after school. This is a highly recommended opportunity if teams wish to see how they do against students in other schools. Please see the attached flyer.

Author Visit for K,1,2 : **Book orders due Jan. 18th.** Order a book to have signed by Jessie for your child. Fantastic author visit with [Jessie Sima](#) on Jan. 28th. Order form attached.

Judges Needed for the Fifth Grade Science Fair!

The fifth graders have been busy doing their science projects for the past few months. Some of them will be competing to attend the Intel Northwest Science Expo later this year.

We need judges, preferably with some science or engineering background in any field (but ok if you don't have this), to assess the projects on the evening of January 24. We are looking for about 15 volunteers.

Judge orientation/training will occur from 6:00-6:30 pm in the staff lounge, then judges will interview students from 6:30-8:45 pm. Deliberations should be done by 9:15 pm.

Dinner will be provided. It is ok to be a judge if you have a student who is competing, you just can't judge your own child.

If you are available, please contact Dr. Larry Sherman directly (shermanl@ohsu.edu).
Thanks!

Judging Details:

Thursday January 24th - 6-9:00pm

6-6:30	Orientation/ training – Dinner provided
6:30-8:45	Student interviews
8:45-9:00	Deliberations

Larry

Larry S. Sherman, Ph.D.

Professor

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Girls on the Run

Bridlemile will have two Girls on the Run (GOTR) teams this spring and we are in need of a few more volunteer coaches to make the season successful. Lottery registration will open Thursday, January 10th at 9AM (it is a lottery this year, not first come, first served) for girls to sign up. Interested in coaching? Visit www.girlsontherunpdx.org/coach to learn more. You can also check out this short video: https://www.youtube.com/watch?v=T9_PC-fvdXA.

If you have questions, contact the Bridlemile Girls on the Run Site Coordinator, Jennifer Whitten @ jennifer.ann.whitten@gmail.com

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

5th Grade Open Houses:

5TH Grade Open House@ West Sylvan

January 9th at 6:00 pm

<https://www.pps.net/westsylvan>

5TH Grade Coffee Talk @ West Sylvan

January 22nd at 9:30 am

Meet the West Sylvan Admin team and learn about the forecasting process.

(This is a non-school day -all children are welcome)

<https://www.pps.net/westsylvan>

School Information Night RGMS

Mar. 6, 2019

6:30 PM - 8:00 PM

<https://www.pps.net/Domain/120>

UPCOMING WINTER AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field (*Begins Monday 1/7*) ***There are spots still available register now!***
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable (*Begins Monday 1/7*)
<http://www.yogaplaygrounds.com/>

Tuesday

- Chess Wizards, Faculty Lounge outside Portable – (*Begins Tuesday 1/8*)
<https://chesswizards.com/>

Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable (*Begins 1/23*)
[Kids Like Languages](#)

Thursday

- My Masterpiece Art, Faculty Lounge outside Portable (*Begins 1/17*)
<http://www.mymasterpieceartstudio.com/education-contact/>

[School Website](#)

503-916-6292

[Archived Friday Flyer Newsletters](#)

[PTA/Foundation website](#)

