

Bridlemile Friday Flyer

2/8/2019

IMPORTANT DATES:

Feb 12 th	PTA General Meeting- Open to Everyone, 6:30pm, Library
Feb 18 th	<u>NO SCHOOL</u> - President's Day
Feb 25 th	Missoula Children's Theater Week Begins
Feb 26 th -Mar 1 st	Passport Club, Grades 1-5, Lunch Recess, Library
Mar 1 st	Missoula Performance, Evening
Mar 2 nd	Missoula Performance, Matinee

Inside This Issue- New News at a Glance

- District Inclement Weather Information
- Counselor's Weekly Newsletter
- Auction Update

FROM THE DISTRICT

[Inclement Weather Information](#)

For all school delay & closure information, please click here: [PPS Inclement Weather](#). Decisions are made by the district and you will be notified directly from the PPS central office of any closures/delays. The link also has information on how to sign up to receive text messages from the district.

PPS Successful Schools Survey: Family Feedback

Dear Parents/Guardians,

Thank you so much for participating in our annual Successful Schools Family Survey. Your responses will help your school understand your experience and use them to set goals and plan for next year. The survey will cover topics on school safety, school climate, barriers to family engagement, and how well your school fits your student's needs. Please be honest and thoughtful, and take your time to read and respond to the questions.

Please visit the link below on a computer, tablet, or smartphone and select the school your child attends. If you do not have access to a computer or internet, please contact your school office so we can provide a way for you to take the survey. Thank you so much for your time and feedback!

**Please refer to the attached document for access to the survey in other languages.

<http://surveys.panoramaed.com/portlandor/ppsfamily>

FROM THE OFFICE

- **LOST & FOUND** has grown again!! Please stop by to check for, and claim any of your missing items. Thanks!

COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 2/4/19 : **Theme – Knowledge/Mindfulness**

Activities – This month we are combining our Bridemile value of *Knowledge: Information, Understanding, or Skill*, with the social-emotional learning practice of *Mindfulness: Bringing One's Attention to the Present Moment*. The practice of *Mindfulness* is built on Carol Dweck's research on Growth v. Fixed Mindsets (*Mindset: The New Psychology of Success*, 2009); according to Dweck, mindset is a self-perception or "self-theory" that people hold true about themselves. We look forward to exploring these values and practices with your students this month!

Books we are reading:

- [Boy](#) (Cummings & Devries, Kane Miller Publishing)
- [Cool Down and Work Through Anger](#) (Meiners)

Videos we are watching:

- ["Inside Out: Guessing the Feelings"](#)
- ["5 Minute Bodyscan Meditation for Classrooms and Students"](#)

Resources to explore:

- [Mind Yeti](#): Mindfulness app from Committee for Children
- [Mindful Moments Cards](#) by YogaCalm
- [Mindful Kids cards](#) (Barefoot Books)
- ["Let Children Be Bored Again"](#)

Up-Coming Community Events:

- [Children's Health Fair](#): Saturday, Feb. 9th (10a-2p) at Reynolds Middle School → FREE!
- [NAMI Basics - For Parents and Caregivers of a Child or Adolescent Living with Mental Illness](#): Thursday evenings (6-8:30p) at Emanuel Hospital in North Portland → FREE!
- [Developing Our Children's Skills 2019 Parenting Class Series](#) - 6 week class for families experiencing challenging behaviors with children who have special healthcare needs, including Autism Spectrum Disorders. Classes begin Feb. 12th (Eastside) or Feb. 13th (Westside)
- [Making Mindfulness Stick with Kids and Teens - A Workshop for Parents and Professionals](#): Saturday, Feb. 23rd (9a-12p)

Have a wonderful weekend!

Rachel Reich
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503-916-6292 x70212

Emily Sallee
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MESSAGE FROM TAG

Dear Bridlemile Families,

With illness currently in circulation and the strong possibility of snow this weekend and into next week, please know that your nominated student will be tested this academic year despite circumstances. As per District guidelines, the District is required to assess all nominated students. Should your child miss a testing day due to illness or should inclement weather compromise one or more of the scheduled testing dates next week, a proctor will be returning to Bridlemile at some point in the future to finish the testing. Please rest assured that nominated students do not miss out on testing opportunities due to absences or school closures.

I am requesting an extension for Bridlemile's enrollment in the Oregon Writing Festival until **Friday, February 22nd**. Please access the following link for more information: <https://oregoncouncilofteachersofenglish.wildapricot.org/Oregon-Writing-Festival> . **The date of the festival is Saturday, May 4, 2019.** Should your child express an interest, please indicate and I will forward along the permission slip. The cost of enrollment is \$40.00. **Please have all materials to me by Friday, February 22nd.**

Scholarships remain available for students in order to remove barriers to access for all students. Please note that this experience is open to all students in grades 4-12.

Please note that building TAG plans are available to parents upon request. Should you wish to have a copy, please indicate your preference and I will forward you either a paper or electronic copy.

Best regards,

Tom Finch
Third Grade Teacher and Building TAG Facilitator

Dear Bridlemile Community,

On behalf of the PPS TAG Department, I am pleased to announce the opportunity for your fourth or fifth grade student to participate in this year's Oregon Writing Festival! Participation in the Oregon Writing Festival is open to all fourth and fifth grade students, and the event will take place at Portland State University on May 4th, 2019. The festival consists of a full day of literacy experiences for your child, beginning at 8:00 am and concluding at 3:00 pm. This year's featured author for fourth and fifth grade students is Rosanne Parry, author of Heart of a Shepherd, Second Fiddle, Written in Stone and The Turn of the Tide.

In order to participate, your child will need the following:

- \$40.00 admission fee
- a sack lunch
- one favorite writing piece of her or his personal best, along with twelve photocopies (with advance notice, I can make the photocopies at school for your child)

Please reach out to me at tfinch@pps.net by no later than Friday, February 8th, 2019. Once I receive indication of your child's interest, I will then forward along the permission slip via email. Please do consider this extended and challenging learning experience for your young author.

Please note that scholarships for this event are available in order to ensure that each and every interested fourth and fifth grade student will be able to participate. If your child is in need of a scholarship which will cover the admission fee, please reach out to our school counselor, Rachel Reich, at rreich@pps.net.

Best regards,
Tom Finch
Third Grade Teacher and Building TAG Facilitator

MESSAGE FROM MS. BARLOW

Dear Parents,

The third, fourth, and fifth graders will be performing with the Oregon Symphony on Feb. 28th! We are all taking a trip to the Arlene Schnitzer Concert Hall in downtown Portland to play our recorders with about 1200 other children from the Portland area. The concert is called "Link Up" in partnership with Carnegie Hall. We will be practicing the music in music class and the students will be given a booklet with all of the information and music. The concert is called "The Orchestra Swings" and is about jazz music and improvisation.

There is a \$6.00 charge for this concert for each student. This covers the admission charge and also the busses. Students receiving free/reduced lunch can attend at no charge. You may write a check to Bridlemile for \$6.00 and your child can either drop it off in the office or give it to your child's teacher. There will also be a link to pay through "school pay". We will be needing two chaperones per class – there is no charge for adults. **You may only attend the concert as a chaperone – each seat is already reserved.** Please email your child's teacher if you are interested in being a chaperone.

We will be leaving at 11:15 for a 12:00 concert. The concert will last until 12:45 and we will return to Bridlemile by 1:30.

If you have any questions about the Link Up concert please feel free to email me.

Please return the permission slip as soon as possible with the \$6.00 cost.

Here is a link to pay through "school pay":

<https://www.schoolpay.com/pay/for/The-Orchestra-Swings-Link-Up-Concert-Fie/SdT1Zo?p=yes>

Thank you!
Becca Barlow
Bridlemile Music teacher

FROM THE LIBRARY

Volunteers Needed for Oregon Battle of the Books (OBOB)

Volunteers are needed to help conduct book battles on **February 15, 22, and 27 from about 11:40-1:40**. Running book battles is FUN, but there are rules to follow and they must be conducted efficiently and

fairly. To help volunteers learn how to conduct battles and make it more enjoyable for everyone, we are requiring volunteers to practice with students at least once during a lunch recess or during a library class visit. This is also a **great opportunity for second grade parents** to learn how OBOB works before their kids participate. Please contact Kelly Gillespie at kelanngillespie@gmail.com if you are available on the dates in February and would like to set up a time to be trained. Thank you!

Click this link to see our Sign-Ups on SignUp.com: <http://signup.com/go/SYoUcBb>

FROM THE PTA

I ♥ BRIDLEMILE TEES



Show off your Bridlemile love and Beagle pride with these sweet baseball-style tees--just in time for Valentine's Day! Available in youth, women's and men's sizes so the whole family can rock these cute and comfy shirts.

Tees are \$18 each, and proceeds support the Bridlemile PTA. Order online at <https://my.cheddarup.com/c/bridlemile-apparel/item/1356523> or grab a paper order form in the office. Order by February 8th for delivery by Valentine's Day

(Youth sizes run a little large and adult sizes run a little small. Size up or down accordingly)

Garden Committee

It's Planting Time!!

Garden work party scheduled this Saturday 2/9 is cancelled due to weather. No one likes to garden in the snow! Work party on Sunday 2/17 from 9-1 is still on!

Bridlemile Garden Committee

Please join us in digging in the dirt and communing with neighbors to get our school garden ready for spring! Please email Deedra Weill, deedra0330@gmail.com with questions or to RSVP.

MISSOULA CHILDREN'S THEATRE RETURNS TO BRIDLEMILE!

Mark your calendars to audition for Missoula Children's Theatre production of Blackbeard the Pirate! This year, our week-long residency begins February 25.

Auditions:

Monday, February 25, 2:30-4:20 (rehearsal following auditions, 4:30-7:00)

Showtimes:

Friday, March 1, Evening performance

Saturday, March 2, Matinee

AUDITION EXPECTATIONS

Missoula Children's Theatre production of Blackbeard the Pirate **AUDITIONS** will be held on **Monday, February 25** in the Bridlemile Cafeteria, **2:30-4:20**. Any student Kindergarten-5th grade can audition. There is no cost to audition. This is a fun and interactive group audition, and no advance preparation is necessary.

REHEARSAL/PERFORMANCE EXPECTATIONS

Students need to be prepared to begin rehearsals immediately following the auditions should they be chosen for a role. Students in the play are expected to clear their schedules for the entire week of Feb 25-March 2. Participation in both performances and all rehearsals is mandatory. Rehearsals will be held between 2:30 and 7:00PM, though younger students can expect shorter rehearsals, exact times TBD. There is no charge to audition, but there is a \$45 expense fee for those students who do get a role in the play. **Full scholarships are available to anyone** through the school counselor.

A detailed info sheet and permission slip are attached. Hard copies are available in the office.

FROM THE FOUNDATION

Auction News

Our Annual Fundraising Auction Benefit is only one month away! Make sure to buy your tickets soon by clicking here: <https://bridlemile.schoolauction.net/auction2019>

Here is your weekly informational update:

- We have some AMAZING auction items this year, and we will be sharing some of them with you each week. For now, take a look at some of our favorite live auction items up for bidding this year, many of which are thousands of dollars in value!
 - **Disneyland** – Featuring 10 park-hopper tickets to Disneyland and California Adventure in Anaheim – go as a family for two full days in both parks, or grab your friends for one fun-filled day with the Mouse!
 - **Tuscan Villa** – This amazing villa in the middle of Tuscany sleeps 4 and is renovated out of ancient stone. Explore the beauty of Cortona and the gorgeous Tuscan sun, or make a short drive to Florence, or even Rome. 7 days and 7 nights in Italian bliss await you!
 - **Blazers Suite** – The big suite donated by NIKE is back! Fits 16 folks and includes 4 parking passes – go in on this with your friends and root for Rip City on April 7th against the Denver Nuggets.
 - **Weekend Wine Getaway** – Stay two nights in any Stoller Estate vineyard property, all of which sleep between 6-12 people. This amazing weekend includes tastings and tours at Stoller and

Domaine Serene, plus Priority wine passes with discounts on tastings and purchases. Whether you go couples or families, this is going to be an unforgettable weekend of wine and fun!

Remember all of the money raised goes directly to Bridlemile and also supports other Portland Public Schools. Let's help make our students' Big Dreams a reality. Can't wait to see you among the Tall Trees on March 9th!

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

School Information Night RGMS

Mar. 6, 2019

6:30 PM - 8:00 PM

<https://www.pps.net/Domain/120>

RGMS School Tours

Wednesday, February 13 & May 1, 3:00 PM

Lincoln Youth Baseball Registration Open

www.lincolnyouthbaseball.com

**see attached flyer*

Registration Open: Lincoln Girls Lacrosse

Registration for Lincoln Girls Lacrosse is now open for kids in Grades 2-8! No experience is necessary - all experience levels are welcome. **The last day to register is February 18.** For more information or to register, visit our website: www.LincolnLaxGirls.com.

If you are new to lacrosse or unsure what it is all about, there is a Try Lacrosse clinic for kids ages 6-12 years old at Wilsonville High School next Saturday, February 9, from 12:30-2pm. The registration fee for the clinic is \$35 and includes a lacrosse stick, a t-shirt and a ball (over \$100 value!). For more information about this and other upcoming clinics, or to register, visit the Oregon Girls Lacrosse Association website: www.oregongirlslax.com.

If you have any questions, please contact Ursula Lalovic at ulalovic@gmail.com.

SW Portland Little League Spring Registration

SW Portland Little League spring registration is now open! We offer programs for kids ages 5 to 14 in baseball and softball. (Tee ball is offered for 5 and 6 year old kids) Our program is both instructional and fun. Play ball!

<http://swpll.org/sites/swpll/program/19070/Spring-BaseballSoftball-Spring-2019>

WINTER AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>

- Yoga Playgrounds, Faculty Lounge outside Portable
<http://www.yogaplaygrounds.com/>

Tuesday

- Chess Wizards, Faculty Lounge outside Portable
<https://chesswizards.com/>

Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable
[Kids Like Languages](#)

Thursday

- My Masterpiece Art, Faculty Lounge outside Portable
<http://www.mymasterpieceartstudio.com/education-contact/>

Attachments:

Lincoln Youth Baseball Flyer

Link Up Permission Slip

Family Access Code (multiple Languages) for District Successful School Survey

Missoula Theater Permission Slip

[School Website](#)

503-916-6292

[Archived Friday Flyer Newsletters](#)

[PTA/Foundation website](#)

