Bridlemile Friday Flyer

2/22/2019

IMPORTANT DATES:

Feb 25th Missoula Children's Theater Week Begins

Feb 25th Raleigh Hills Pub Bridlemile Fundraiser, 5pm-11pm Feb 25th-Mar 1st Passport Club, Grades 1-5, Lunch Recess, Library

Feb 28th Link Up Concert- 3rd, 4th, 5th graders, Arlene Schnitzer Concert Hall

Mar 1st Missoula Performance, Cafeteria, 6:30pm Mar 2nd Missoula Performance-Matinee, Cafeteria, 10am

Mar 7th S.T.E.A.M Night

Mar 9th Foundation Auction, 5:30pm-9pm, World Forestry Center

Inside This Issue- New News at a Glance

- Counselor's Weekly Newsletter
- S.T.E.A.M Night March 7th
- Auction is 2 weeks away!
- 2/25 Raleigh Hills Pub Fundraiser Night



From the District

PPS Successful Schools Survey: Family Feedback

Dear Parents/Guardians,

Thank you so much for participating in our annual Successful Schools Family Survey. Your responses will help your school understand your experience and use them to set goals and plan for next year. The survey will cover topics on school safety, school climate, barriers to family engagement, and how well your school fits your student's needs. Please be honest and thoughtful, and take your time to read and respond to the questions.

Please visit the link below on a computer, tablet, or smartphone and select the school your child attends. If you do not have access to a computer or internet, please contact your school office so we can provide a way for you to take the survey. Thank you so much for your time and feedback!

**Please refer to the attached document for access to the survey in other languages.

http://surveys.panoramaed.com/portlandor/ppsfamily

FROM THE OFFICE

- Please be sure to take the Successful Schools Survey!! The information you provide is very important to the school and we value your feedback! Thank you!
- One of our Special Education Classrooms is in need of Clorox Wipes. If you are able to donate a container(s) please bring to the office. We really appreciate your help!! (3)
- AUCTION REMINDER: Bridlemile's Annual Fundraising Auction Benefit Tall Trees & Big Dreams is only TWO weeks away! Buy your tickets soon or peruse the catalog which is now
 LIVE: https://bridlemile.schoolauction.net/auction2019.

 TIMBER JOEY IS IN THE HOUSE! Timber Joey will be at the event for the silent auction taking pictures with guests, so make sure you get there on time! Bidding will go live on March 2nd so start marking your favorites! Remember bidding is online this year so ANYONE can bid from anywhere, even if they are not in Oregon or not attending the auction. See you soon!

STEAM Night!

Bring the family to STEAM Night at Bridlemile on Thursday, March 7th from 6 to 7:30 pm! Hands-on science, technology, engineering, art and math exhibits and activities including the 5th Grade Science Fair projects. Win prizes! **We still need a few more volunteers to make this an awesome event.** Sign up for half the event and join your family for the rest. http://signup.com/go/SDXGZAv

COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 2/19/19: Theme - Knowledge/Mindfulness

Activities – This week we are continuing our conversations around *Knowledge: Information, Understanding, or Skill,*

and *Mindfulness: Bringing One's Attention to the Present Moment*. We are having so much fun talking with your children

about their amazing brains and their ability to use the information coming in from their five senses to be mindful about

their thoughts and actions. Calm bodies make for calm brains!

Books we are reading:

• A Bear and His Boy (Bryan)

- Today I Feel Silly (Curtis & Cornell)
- Born Bad (Smouha)
- We're all Wonders (Palacio)
- Weird (Frankel)

Professional Development we are doing:

• "Stronger than you Know" conference (Ophelia's Place) -- Emily (Ask me about it!!!)

Resources to explore:

- Mind Yeti: Mindfulness app from Committee for Children
- Mindful Moments Cards by YogaCalm
- Mindful Kids cards (Barefoot Books)
- "See a Child Differently and You'll See a Different Child"
- "How Mindful Parenting Differs from just Being Mindful"
- "Mindful Parenting: How to Respond Instead of React"

Up-Coming Community Events:

- March 6—R.G.M.S. School Information Night, all welcome, 6:30-8:00 PM
- <u>Making Mindfulness Stick with Kids and Teens</u> A Workshop for Parents and Professionals: Saturday, Feb. 23rd (9a-12p)
- "Ripple Play Therapy" A therapeutic after-school program coupling group therapy, play, and skill building for children ages 5-12;

Mondays and Wednesdays (3-6p). Contact katie@rippletherapy.org or nate@rippletherapy.org or nate@

Have a wonderful weekend!

Rachel Reich rreich@pps.net 503-916-6292 x70212

Emily Sallee
esallee@pps.net
503-916-6292 x70213



MESSAGE FROM MS. BARLOW

Dear Parents,

The third, fourth, and fifth graders will be performing with the Oregon Symphony on Feb. 28th! We are all taking a trip to the Arlene Schnitzer Concert Hall in downtown Portland to play our recorders with about 1200 other children from the Portland area. The concert is called "Link Up" in partnership with Carnegie Hall. We will be practicing the music in music class and the students will be given a booklet with all of the information and music. The concert is called "The Orchestra Swings" and is about jazz music and improvisation.

There is a \$6.00 charge for this concert for each student. This covers the admission charge and also the busses. Students receiving free/reduced lunch can attend at no charge. You may write a check to Bridlemile for \$6.00 and your child can either drop it off in the office or give it to your child's teacher. There will also be a

link to pay through "school pay". We will be needing two chaperones per class – there is no charge for adults. **You may only attend the concert as a chaperone – each seat is already reserved**. Please email your child's teacher if you are interested in being a chaperone.

We will be leaving at 11:15 for a 12:00 concert. The concert will last until 12:45 and we will return to Bridlemile by 1:30. If you have any questions about the Link Up concert please feel free to email me. Please return the permission slip as soon as possible with the \$6.00 cost. Here is a link to pay through "school pay":

https://www.schoolpay.com/pay/for/The-Orchestra-Swings-Link-Up-Concert-Fie/SdT1Zo?p=yes

Thank you!
Becca Barlow
Bridlemile Music teacher

FROM THE PTA

2/25- Raleigh Hills Pub is hosting a fundraiser for Bridlemile PTA 5-11pm. Come celebrate a Monday or your kiddos auditioning for Missoula!



Passport Club

Hello Bridlemile!

February Passport Club dates have slightly changed. We aim to have the club Mon, Tue, Thu and Fri NEXT WEEK. (No Passport Club on Wed 2/27).

We have a few more spots open for volunteers and we'd love to have you join us.

Our volunteer spots that are still open:

Monday 2/25 - **2 volunteers needed** Tuesday 2/26 - FULL Wednesday 2/27 - CANCELLED Thursday 2/28 - FULL Friday 2/29 - **2 volunteers needed**

And just a friendly reminder, first grade students will come with their class, only one class at a time. Their dates are:

Monday - Miner Tuesday - McClincy Thursday - Leckie

Sign Up here to volunteer 11:00AM - 12:15PM or contact us directly to sign up or ask questions.

With gratitude, Riikka and Brynn

Riikka 503.860.5517 <u>riikka.marr@gmail.com</u> Brynn 503.577.4410 <u>brynnkblack@gmail.com</u>

MISSOULA CHILDREN'S THEATRE RETURNS TO BRIDLEMILE!

Mark your calendars to audition for Missoula Children's Theatre production of Blackbeard the Pirate! This year, our week-long residency begins February 25.

Auditions:

Monday, February 25, 2:30-4:20 (rehearsal following auditions, 4:30-7:00)

Showtimes:

Friday, March 1, Evening performance Saturday, March 2, Matinee

AUDITION EXPECTATIONS

Missoula Children's Theatre production of Blackbeard the Pirate **AUDITIONS** will be held on **Monday, February 25** in the Bridlemile Cafeteria, **2:30-4:20**. Any student Kindergarten-5th grade can audition. There is no cost to audition. This is a fun and interactive group audition, and no advance preparation is necessary.

REHEARSAL/PERFORMANCE EXPECTATIONS

Students need to be prepared to begin rehearsals immediately following the auditions should they be chosen for a role. Students in the play are expected to clear their schedules for the entire week of Feb 25-March 2. Participation in both performances and all rehearsals is mandatory. Rehearsals will be held between 2:30 and 7:00PM, though younger students can expect shorter rehearsals, exact times TBD. There is **no charge to audition**, but there is a \$45 expense fee for those students who do get a role in the play. **Full scholarships are available to anyone** through the school counselor.

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

School Information Night RGMS

Mar. 6, 2019 6:30 PM - 8:00 PM

RGMS School Tour

May 1, 3:00 PM

Wilson Youth Lacrosse Registration Open

www.wylax.net or on Facebook @ WYLAXBOYSPDX

*see attached flyer

Lincoln Youth Baseball Registration Open

www.lincolnyouthbaseball.com

*see attached flyer

SW Portland Little League Spring Registration

SW Portland Little League spring registration is now open! We offer programs for kids ages 5 to 14 in baseball and softball. (Tee ball is offered for 5 and 6 year old kids) Our program is both instructional and fun. Play ball!

http://swpll.org/sites/swpll/program/19070/Spring-BaseballSoftball-Spring-2019

Lincoln Girls Lacrosse

If you are on the fence because of the cost of the program or the equipment, Lincoln Girls Lacrosse has a great financial assistance program to make sure that everyone who wants to play can play. For more information please contact our youth coordinator, Kristin Walton at kkwalton1@gmail.com or (484) 354-5615. Even though the official registration deadline has passed, it's not too late to sign up!

New to lacrosse and need equipment? Returning player and looking to upgrade? You are in luck because <u>this</u> <u>weekend DICK's Sporting Goods is offering 20% off</u> throughout the store at their Washington Square store location! This includes lacrosse equipment packages for both beginning and experienced players. From sticks to goggles, balls and bags, you can find it all at DICK's - and if something is out of stock, you can order it instore and have it shipped free to your house, just ask a store attendant for assistance.

WINTER AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field https://www.soccershots.org/pdx/
- Yoga Playgrounds, Faculty Lounge outside Portable (ends 3/18) http://www.yogaplaygrounds.com/

Tuesday

 Chess Wizards, Faculty Lounge outside Portable (ends 3/19) https://chesswizards.com/

Wednesday

Spanish by Kids Like Languages, Faculty Lounge outside Portable (ends 3/20)
 <u>Kids Like Languages</u>

SPRING SESSION SPANISH begins 4/17. Direct enrollment link: https://kids-like-

 $\underline{languages.myshopify.com/products/spanish-after-school-program-at-bridle mile}$

Enroll before March 29, 2019, get \$10 off- Promo-code: SPRING19

Attachments:

Wilson Youth Lacrosse Flyer Lincoln Youth Baseball Flyer Family Access Code (multiple Languages) for District Successful School Survey Kids Like Languages-Spring Spanish Flyer

School Website
503-916-6292
Archived Friday Flyer Newsletters
PTA/Foundation website

