

# Bridlemile Friday Flyer



3/15/2019

## IMPORTANT DATES:

Mar 19 <sup>th</sup> -22 <sup>nd</sup>	Passport Club, grades 1-5, Library, Lunch Recess
Mar 25 <sup>th</sup> -29 <sup>th</sup>	NO SCHOOL – SPRING BREAK
Apr 8 <sup>th</sup>	NO SCHOOL – Teacher Planning Day
Apr 9 <sup>th</sup>	PTA Board Meeting, 6:30pm, Library
Apr 11 <sup>th</sup>	K, 1, 2 Music Program (K: at 6:00pm, 1 & 2: at 6:45pm)
Apr 18 <sup>th</sup>	Run For The Arts

## Inside This Issue- New News at a Glance

- Congratulations to Ms. Barlow and the Music Program
- Counselor's Weekly Newsletter
- OBOB Winners!!!
- Passport Club- Next week
- Two silent auction items left for purchase. See the Message from the Foundation below for details

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## FROM THE OFFICE

### SPRINGTIME REMINDERS:

- If you are visiting/volunteering, please make sure you are first signing in at the front office and then wearing your volunteer/visitor badge at all times while in the building. Also, we must have a Confidentiality Agreement on file if you are volunteering or helping out anywhere in the building. If you have not done so already, please come to the office to sign one. There are blank copies in the office next to the sign-in laptop. Thank you!
- Congratulations to Becca Barlow and the Bridlemile music program on being invited to represent PPS music education at the district-wide arts showcase at the **Portland Art Museum on Tuesday, April 16th at 6:30pm**. Superintendent Guerrero will open the show and the Bridlemile strings will be included on an exclusive set list of performers. Please see the attached letter for details.

### TRAFFIC SAFETY REMINDER

*Please refer to the attached Traffic document regarding traffic safety and policies. The safety of our students is our number #1 priority! We also must be respectful of our surrounding neighbors.*

## Drop-Off and Parking

- **Grades 3-5 Drop off: Please DO NOT PARK east of the cones on 47<sup>th</sup> between 7:45am-8:15am. This is a DROP OFF ONLY Zone.**
- The parking lot is for **staff parking only**. Please use the street parking if you would like to escort your child to the school grounds.
- Please do not park on the corners of the streets at intersections.

## COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 3/18/19: **Theme – Knowledge/Mindfulness**

**Activities** – This week we are continuing our conversations around *Knowledge: Information, Understanding, or Skill*, and

*Mindfulness: Bringing One's Attention to the Present Moment*. We are also checking in with our classroom communities to

delve deeper into kindness, caring, and inclusivity in our community groups.

**Books** we are reading:

- [Weird](#) (Frankel)
- [Dare](#) (Frankel)
- [Rosa](#) (Giovanni)
- [The Color Monster](#) (Llenas)
- [Ouch! Moments: When Words are Used in Hurtful Ways](#) (Genhart)

**Professional Development** we are doing:

- [Reading Queen Bees and Wannabes](#) (Wiseman) and [Enough As She Is](#) (Simmons)
- Check out our [website](#)! It is under construction

**Resources** to explore:

- [“20 chores older elementary-aged kids should be able to do”](#)
- [25 Parenting Books about Raising Mighty Girls](#)
- [“Stop, Breathe, Think”](#) app
- [Raising Humans in a Digital World](#) (Graber)
- [Camp Erin](#) - A free, weekend-long overnight Summer camp for children and teens who are grieving the death of someone close to them
- [Awakening Joy for Kids](#) - A hands-on guide for grown-ups to nourish themselves and raise happy, mindful children

## Up-Coming Community Events:

- "Ripple Play Therapy" - A therapeutic after-school program coupling group therapy, play, and skill building for children ages 5-12; Mondays and Wednesdays (3-6p). Contact [katie@rippletherapy.org](mailto:katie@rippletherapy.org) or [nate@rippletherapy.org](mailto:nate@rippletherapy.org) for more information.
- [The International Dyslexia Association Conference](#) is coming to Portland! November 7-10th, 2019

## Have a wonderful weekend!

Rachel Reich  
[reich@pps.net](mailto:reich@pps.net)  
503-916-6292 x70212

Emily Sallee  
[esallee@pps.net](mailto:esallee@pps.net)  
503-916-6292 x70213

## How to nurture a child's mental health



## MESSAGE FROM YAN

### 2019 Chinese Speech and Talent Contest (\*see attached flyer)

Next month we are hosting the annual Chinese language, arts, and talents competition, sponsored by Hanban/Confucius Institute. Everyone is encouraged to participate!

**Date:** Saturday, April 6

**Time:** 9:00 a.m.–12:00 p.m.

**Location:** KMC, rooms 285 and 295  
615 SW Harrison Street

**Off-Site Contests:**

- Photography and Short Film
- Calligraphy with Writing Brush
- Calligraphy with Pen or Pencil
- Chinese Painting or Drawing

**How to submit:**

To enter the Photography and Short Film contest, please send your materials to Xin Mao at [xmao@pdx.edu](mailto:xmao@pdx.edu).

To enter the contests for Calligraphy with Writing Brush, Calligraphy with Pen or Pencil, and Chinese Painting or Drawing, please submit to KMC 660-T (615 SW Harrison St, Portland, OR 97201).

**Submission deadline:** Friday, March 29 by 5:00 p.m.

**On-Site Contests:**

- **Speech Contest:** A three-minute Chinese speech will be given based on the participant's self-selected theme.
- **Talent Show:** All talents are welcome, including singing, dancing, tongue twisters, and drama. Please bring your own instruments or other necessary materials. Both individual and group performances are welcome. Please send your background music or video to [xmao@pdx.edu](mailto:xmao@pdx.edu) before March 31.
- **Mandarin Bee:** The examiner will give the English vocabulary/phrase/sentence and the contestant will answer with the corresponding Chinese vocabulary/phrase/sentence. Each contestant will have ten seconds to provide a response.

**Registration deadline:** Friday, March 29 by 5:00 p.m.

Online registration only. Please register through the [Chinese Skills and Talents Contest form](#). (You can choose either the Mandarin Bee **or** the Speech & Talent contest.)

More information about the contests can be found on [2019 Confucius Institute Chinese Skills & Talents Contests page](#)

Thank you. Have a great day.

Yan

*Xiaoyan Zhou*

Mandarin Teacher

Bridlemile Elementary School

## MESSAGE FROM TAG

Dear Bridlemile Families,

This past November, I had the opportunity to attend a presentation given by Dr. RubyDawn Lyman surrounding heightened sensitivities within talented and gifted learners. At this presentation, I learned a great deal about the areas of heightened sensitivity: psychomotor, sensory, imaginal, intellectual and emotional. The overarching messages of the presentation were powerful ones: What can we do to help students manage heightened sensitivities? How can we shift our collective paradigm to view heightened sensitivities as strengths as opposed to hindrances? This presentation provided valuable points to ponder and a gentle reminder to avoid viewing differences within learners through the deficit lens.

Because each and every child possesses a unique talent and gift, it stands to reason that this presentation pertains to everyone. Please find more information about a series of presentations given by Dr. Lyman in the central TAG office communication below. Please also note the attachment, as it places many of these heightened sensitivities in context.

Best regards,  
Tom Finch  
Third Grade Teacher and Building TAG Facilitator

Good morning TAG Families,

We are excited to host a TAG Parent Series focused on what it means to be gifted. The series will be facilitated by Dr. RubyDawn Lyman, Coordinator of Pacific University's Talented and Gifted Specialization Program and teacher in Hillsboro School District. The first parent presentation will take place on Tuesday, March 12th at 6:30 – 7:30 p.m. with 7:30 – 8:00 pm. for questions and social time at 501 N. Dixon in the WyEast conference room on Lower Level 2. The session is for adults only as there will be no childcare at this meeting. The first topic will be Characteristics of Giftedness. We will survey parents at this session to find out what additional topics would be of the most interest for future sessions. The remaining sessions will be held on April 9th, and May 7th. As of now these sessions will also be held in WyEast at the BESC.

This is a wonderful opportunity to interact and meet other parents of TAG students in PPS. We appreciate the opportunity to bring Dr. Lyman to PPS with such short notice, and look forward to her sharing valuable information to our PPS TAG community.

Sincerely,  
Portland Public Schools  
Department of Talented and Gifted

## FROM THE LIBRARY

OBOB WINNERS-CONGRATULATIONS TO THE BOOK WORMS ON A JOB WELL DONE!!! WE ARE SO PROUD OF YOU!!!



## FROM THE PTA

### Passport Club

Hello Passport Club fans,

The last week of March is SPRING BREAK, so Passport Club is NEXT WEEK **March 3/19-22**. We have 6 spots still available: 2 on Tuesday & 4 on Friday.

Please use this link <http://signup.com/go/e5n5fh> to sign up to help our kiddos learn geography.

**THANK YOU** to those of you who have signed up to volunteer! You can also email or text Riikka & Brynn to volunteer.

Please note 1st graders will continue to come with their class only (Tue - McClincy, Wed - Miner, Thu - Leckie).

Hope to see you at PPC!

Best,  
Riikka and Brynn

Riikka: 503 860 5517, or [riikka.marr@gmail.com](mailto:riikka.marr@gmail.com)  
Brynn: 503 577 4410, or [brynnkblack@gmail.com](mailto:brynnkblack@gmail.com)

## FROM THE FOUNDATION

- We have two silent auction items left that we would love to get to our families for a small donation to the school :). First one to email me at [kcornuelle@orrick.com](mailto:kcornuelle@orrick.com) gets them for the prices below:

**\$40 – Columbia rain jacket** (Men’s Large), Color: white - Waterproof, breathable, and fully seam sealed, the OutDry™ Extreme Eco Jacket is the ultimate earth-smart raingear. Dye-free fabric saves over 13 gallons of water per jacket in the manufacturing process while the 100% recycled fabric is made from 21 recycled plastic bottles.

**\$150 - \$500 off orthodontic treatment.** Celebrate your smile with \$500 off orthodontic treatment (braces or Invisalign) from Dr. Delplanche at Raleigh Hills Orthodontics. Good for new patients only.

## WHAT’S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

### **Robert Gray Middle School Tour**

May 1, 3:00 PM

**\*\*See attached Flyer for RGMS Transition Dates**

## WINTER AFTER SCHOOL ACTIVITIES

### **Monday**

- Soccer by Soccer Shots- Outside field  
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable (ends 3/18)  
<http://www.yogaplaygrounds.com/>

### **Tuesday**

- Chess Wizards, Faculty Lounge outside Portable (ends 3/19)  
<https://chesswizards.com/>

### **Wednesday**

- Spanish by Kids Like Languages, Faculty Lounge outside Portable (ends 3/20)  
[Kids Like Languages](#)

## UPCOMING SPRING AFTER SCHOOL ACTIVITIES

### **Monday**

- Soccer by Soccer Shots- Outside field (Starts 4/1)  
<https://www.soccershots.org/pdx/>

### **Tuesday**

- Math Gamers, Faculty Lounge outside Portable (Starts 4/16) *\*Flyer attached*  
[www.mathgamers.net](http://www.mathgamers.net)

### **Wednesday**

- Spanish by Kids Like Languages, Faculty Lounge outside Portable (Starts 4/17)  
[Kids Like Languages](#)

SPRING SESSION SPANISH begins 4/17. Direct enrollment link: <https://kids-like-languages.myshopify.com/products/spanish-after-school-program-at-bridlemile>

Enroll before March 29, 2019, get \$10 off- Promo-code: SPRING19

**Thursday**

- My Masterpiece Art Faculty Lounge outside Portable (Starts 4/4) \*Flyer attached  
<http://www.mymasterpieceartstudio.com/education-contact/>

**Attachments:**

*Bridlemile Music Letter of Congratulations*

*Kids Like Languages-Spring Spanish Flyer*

*Robert Gray School Transition Dates Flyer*

*My Masterpiece Art Spring Flyer*

*Math Gamers Spring Flyer*

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[School Website](#)

503-916-6292

[Archived Friday Flyer Newsletters](#)

[PTA/Foundation website](#)

