

# Bridlemile Friday Flyer

5/24/2019

## IMPORTANT DATES:

May 24 <sup>th</sup>	Bike Fest <b>TODAY!</b> 2:15-4:30pm, Playground
May 27 <sup>th</sup>	NO SCHOOL-Memorial Day
May 28 <sup>th</sup> - 31 <sup>st</sup>	USED BOOK SALE, GYM
May 30 <sup>th</sup>	Passport Club End of Year Party
May 31 <sup>st</sup>	Field Day

## Inside This Issue- New News at a Glance

- Nutrition Services- Extending Calendar Art Contest
- Counselor's Weekly Newsletter
- Library News & Message from Ms. Burke
- Bridlemile Garden Needs Helpers
- Used Book Sale- Class Winner Announcement-Most Books Collected

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## MESSAGE FROM THE PRINCIPAL

Dear Bridlemile Community,

For the fifth straight year the Bridlemile Site Council (a school improvement group made up of parents and staff) has created a parent survey. The survey is designed to gather parent feedback in the areas of academics and school climate. The data collected from the survey is a valuable tool that helps us determine areas that are going well and areas where we need improvement. Last year, we received a lot of positive feedback and also were able to address some areas of concern.

**The survey closes on MONDAY May 27, 2019.** Please take the time to fill out the survey for each child you have that attends Bridlemile. Just click on the links (versions in English and Spanish) below to complete the survey. We know we have a wonderful school but there is always room for improvement. Thank you in advance for your participation in our school survey. We really do take your feedback into consideration and make adjustments to our program.

English: <https://www.surveymonkey.com/r/HVGNTZR>

Español: <https://www.surveymonkey.com/r/H82NS2B>

Sincerely,  
Brad Pearson  
Principal

## FROM THE OFFICE

- **School Supplies for 2019-20!**

On-line ordering: It's quick, convenient, and cost effective! Supplies will be delivered directly to your classrooms in the fall. No fuss no muss! Order on-line by July 10<sup>th</sup> to receive a \$5 discount. The deadline for on-line orders is August 1<sup>st</sup>.

Attached above is also the full 2019-20 school supply list.



## **ORDER YOUR SCHOOL SUPPLIES ONLINE AND GIVE BACK TO YOUR COMMUNITY**

[www.SchoolhouseSupplies.org/online](http://www.SchoolhouseSupplies.org/online)

Avoid the back-to-school rush and save time, gas and energy by shopping online. Your supplies are matched to your teacher's list and delivered to your classroom ready for the first day of school!

**Follow these easy steps to place your order online:**

1. Visit: [www.Schoolhousesupplies.org/online](http://www.Schoolhousesupplies.org/online)
2. Click "Order Now" under your school's logo.
3. Select your school and grade/s and place your order.

Proceeds support the local nonprofit Schoolhouse Supplies' programs, including Tools for Schools and the Free Store for Teachers, providing children in need throughout the Portland area with the tools they need to be successful in school.

**Order by JULY 10 and save \$5. Final order deadline is AUGUST 1st**

## FROM THE NURSE

End of year medication reminder: Medication checked in at school must be picked up by the parent or be destroyed at the end of the school year per district policy. If you have medication(s) in the office for your child that you feel are no longer needed for the remainder of the year, please stop by the office as soon as possible to pick up; this will help us greatly!

Thank you!

## FROM NUTRITION SERVICES

Hello Everyone,

We are extending the Calendar Art Contest this year to ask for more [Cauliflower](#) and [Brussels Sprouts](#) art submissions since we didn't receive very many this year!

Here is the link to the art contest form: <https://www.pps.net/Page/10638>

Thank you! 😊

**Meghan Leineweber, RDN**

Program Manager, Nutrition Services | Portland Public Schools

## COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 5/20/19: **Theme – Personal Safety**

**Activities** – This week we are in classrooms for second rounds of safety lessons, and our focus is on **consent**: to say “yes” or “no”; to be allowed to do something. Take a look at the “Consent for Kids” video we are sharing with students; it helps give us all language around that topic that can be difficult to explain! We are tying consent into our Second Step lesson components of [Safe v. Unsafe Touch](#), which includes the Touching Rule regarding “parts of our bodies covered by our swimsuit.” If you are looking for support in having these conversations at home, we are here to help!

**Videos** we are watching:

- [Eight Never-Nevers Song](#) (from Second Step curriculum)
- [Three Ways to Stay Safe](#) (from Second Step curriculum)
- [Consent for Kids](#)
- [The Present](#) -- The power of positive thoughts and changing your perspective.

**Professional Development** we are doing:

- Check out our [website](#)! It is under construction. :)
- Listening to [Educated: A Memoir](#) (Westover) on the Libby app!

**Resources** to Explore:

- [SecondStep.org](#) → Activation Key: **CPU1 FAMI LYG1**
- [Parent Toolbox](#) for starting safety conversations at home
- [K-5 Book List](#) recommendations for promoting personal safety
- Second Step alignment with [National Health Education Standards](#)

**Up-Coming Community Events:**

- [Camp Erin](#) - A free, weekend-long overnight Summer camp for children and teens who are grieving the death of someone close to them
- [The International Dyslexia Association Conference](#) is coming to Portland! Nov. 7-10th, 2019
- [Camp Yakety Yak](#) -- Special Needs Summer Day Camp in Lake Oswego, OR

**Have a wonderful weekend!**

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# CONSENT

EXPLAINED TO KIDS AND THEIR GROWNUPS

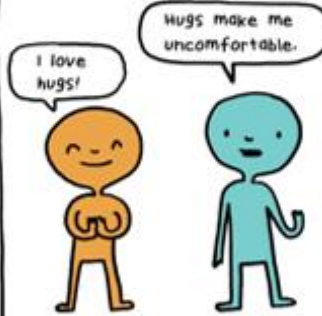


Your body belongs to YOU.  
Nobody should touch it in ways  
that you don't like.



You have a right to like hugs  
and kisses...

... or not.

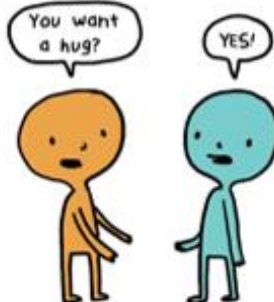


It's the same for everyone else.

You might like hugs, but that  
doesn't mean that everyone likes  
them.



Feel like hugging someone?  
Ask them first.



If the other person says no,  
don't give them a hug.



If the other person doesn't say YES,  
don't hug them. They may be too shy  
to say NO. They might think it will  
hurt your feelings or make you angry.  
It doesn't mean they WANT a hug.

NO "YES"  
=  
NO HUG.

It's pretty simple.

It's the same for:

- KISSES
- SNUGGLES
- HOLDING HANDS

And this rule also applies to

**GROWNUPS.\***

Adults shouldn't hug you or kiss  
you without your consent, either.

Your body belongs to you, and  
nobody should touch it without your  
consent. Other people's bodies  
belong to them and you shouldn't  
touch them without their consent.



## LIBRARY NEWS

### Library News

1. All books and library materials are **due next Friday - May 31, 2019**
2. Thank you to the parent volunteer shelveers (Ruth, Jessica, Christi, Grace, Kelly, Melissa) who emptied the shelves and cart yesterday. I let out a big, "yipee" when I came in the library Thursday morning. Pics attached.
3. See my letter below which you may share with your children as you wish. I have not said anything to them at school.

Dear Bridlemile School Community ,

At the PTA meeting last Tuesday many parents heard that I am retiring and will not be at Bridlemile next year. I am grateful for the opportunity to have served children, families, and fellow teachers as a teacher librarian for the past twenty years. During the past four years I have been especially privileged to be of service to the energetic Bridlemile community and its eager, capable readers.

I am sad to be leaving Bridlemile, but I look forward to continuing my services to children in new capacities. I am grateful for the generosity of the many volunteers and students whose kindness, respect, consideration, intelligence, imagination, humor, sincerity, thoughtfulness, and loving service to the Bridlemile library have been immeasurably helpful.

To end the school year on a positive and productive note, I encourage the fourth grade Future Librarians to come in during a few recesses to help shelve and clean. And I invite everyone to drop in on **Wednesday June 5<sup>th</sup> or after,** for goodbye giveaways. I will have bookmarks, plants, some books, poems, cookies, and hugs to disburse while quantities last.

Thank you for the opportunity of serving your school and community. I hope to see you about in the neighborhood, (and at our local libraries!), and will always remain your friend and colleague.

Sincerely,

*Andrea Burke*

Teacher-Librarian (Library Media Specialist K-5)

## FROM THE PTA

### **Bike Fest**

Bridlemile Bike Fest - 8th Annual

Friday May 24th - 2:15 -4:30

School Covered Area and Hamilton Park

Students and parents are invited to bring their bikes and scooters for a free after school event to celebrate Walk and Bike to School month. There will be riding courses around the school and through Hamilton park. A bike mechanic will be on hand for minor repairs. Snacks, and popsicles will be served and Raffle prizes from The Bike Gallery will be drawn at 4:00. There will be slow races to see how slow you can go and an equipment exchange/sale/swap to get those dusty wheels out of the garage and back into use.

Thanks for keeping this community event rolling,  
Your PTA health and wellness team.

## **Bridlemile Garden**

*Amazing things are happening in our Bridlemile Garden!*

Please join us in continuing to expand the outdoor space that students have been enjoying and learning in this year.

We need help moving removing grass, sheet mulching, moving and spreading soil, placing irrigation, and transplanting bulbs and seedlings.

Judy Sims, our garden educator extraordinaire, will be leading garden work times T,W,Th the last week of May and the first week of June (5/28-5/30 and 6/4-6/6) from 8-10 am. You can join for 15 minutes after drop off or stay until 10. We appreciate any time you can give!

If you can't make any of these times, but are interested in helping in the garden please email Deedra Weill at [deedra0330@gmail.com](mailto:deedra0330@gmail.com).

Thank you!



## **USED BOOK SALE**

Wow we got almost 7000 books this year for the book sale! Great work everyone! This is going to be a great book sale!

Book Sale Hours for next week are:

Tuesday 8-3

Wednesday 8-3

Thursday 8-3

Friday 8-2 with \$5 bag of books!

**Mr. Finch's class was the top collector with OVER 1000 books brought in!** We had several classes bring in 450+ books which is AMAZING! Thanks everyone! The final totals are listed below:

Gooselaw	370
Hansen	301
Whitaker	210
Leckie	322
McClincy	373
Miner	424
Welle	251
Gayler	579
Finch	1012
Collins	459
Barde	454
Koning	268
Hales	340
Rischiotto	187
Augustine	746
Selivanova	101
Dillon	512
Sumner	181
Beebe	129
Black	71

We need Volunteers- please sign up here: <https://signup.com/go/ExXNLsO>

### **WALK & ROLL TO SCHOOL**

Just one more week of May! Finish strong by walking or biking to school as many times as you can! Park nearby and walk the last few blocks to school. Join your friends! Then fill out your tracking logs and turn them in next Friday the 31st for the chance to earn prizes. The collection basket is in the office.



## WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylan/Lincoln)

### **Wilson HS**

Girls Soccer Camp

August 5<sup>th</sup> - 8<sup>th</sup>

9:00 AM - 12:00 PM

Ages: 7-13

### **Lincoln High School**

#### **Boys Basketball -**

Dates: 6/24-6/27

Time: 9 AM - 12 PM

Location: Lincoln Gym

Cost: \$180 per player (campers get a shirt)

Ages: Rising 5th through 9th grade

Link to registration: <https://squareup.com/store/lincolnbasketballclub/item/summer-youth-camp>

#### **Girls Basketball -**

Dates: 6/17-6/21

Time: 9 AM - 12 PM

Location: Lincoln Gym

Cost: \$130 per player (campers get a ball and a shirt)

Ages: Rising 3rd through 8th grade

Link to registration: <https://www.familyid.com/lincoln-high-school/2019-youth-girls-basketball-camp>

#### **Girls Soccer -**

Summer Camp 1

Dates: June 24-27

Time: 7 AM - 9 AM

Location: Lincoln turf

Cost: \$120

Ages invited: incoming 6th - 12th graders



### Summer Camp 2

Dates: July 22-25

Time: 7 AM - 9 AM

Location: Lincoln turf

Cost: \$120

Ages invited: incoming 9th - 12th graders

### Summer Camp 3

Dates: July 22-25

Time: 9 AM - 11 AM

Location: Lincoln turf

Cost: \$120

Ages: incoming 6th - 8th graders

### Fitness Camp

Dates: August 5-8

Time: 7 AM - 9 AM

Location: Lincoln turf:

Cost: \$120

Ages: incoming 9th - 12th graders

### Pre-Season Camp

Dates: August 12-15

Time: 7 AM - 9 AM

Location: Lincoln turf

Cost: \$120

Ages: incoming 9th - 12th graders

Link to register for all girls soccer camps: <https://www.familyid.com/lincoln-high-school/2019-girls-soccer-summer-camps-high-school-middle-school>

### **Boys Soccer -**

#### Summer Camp 1:

Dates: June 17-20

Time: 9 AM - 11 AM

Location: Lincoln turf

Ages: Open to incoming 6th - 12th graders

Cost: \$120

#### Summer Camp 2:

Dates: June 24-27

Time: 9 AM - 11 AM

Location: Lincoln turf

Ages: Open to incoming 6th - 12th graders

Cost: \$120

### Fitness Camp

Dates: August 5-8

Time: 9 AM - 11 AM

Location: Lincoln turf

Ages: Open to incoming 9th - 12th graders

Cost: \$120

Pre-Season Camp:

Dates: August 12-15

Time: 9 AM - 11 AM

Location: Lincoln turf

Ages: Open to incoming 6th - 12th graders

Cost: \$120

Link to all boys soccer camp registrations: <https://lincolnathletics.sportngin.com/register/form/734283528>

### **Multi-Sport Camp -**

Dates: July 8-12

Time: 9 AM - 3 PM

Drop off and pickup location: Lincoln Gymnasium

Ages: rising 4-8th grade

Cost: \$200

Link to registration & description: <https://www.familyid.com/lincoln-high-school/2019-multi-sport-youth-camp>

### **PIL Fall Sport Registration**

**Registration is open now through August 12 for cut sports or September 30 for no-cut sports**

Cut sports:

- Soccer
- Volleyball
- Dance
- Cheer

No-cut sports:

- Football
- Cross Country

### **Water Polo Registration**

Registration opens Wednesday, May 15

### **Youth Football**

**2019 registration is now open!!**

FLAG FOOTBALL: Grades K-4th

ROOKIE TACKLE: Grades 3rd-4th

TACKLE: Grades 5th-8th

For more details and to sign up early & receive a discount on registration

(\$25 discount for Flag, \$30 for Tackle) go to our website:

<https://www.lincolnyouthfootball.info>

## Join the Flock & GO CARDS!!!

### Youth Baseball

Lincoln Youth Baseball is looking for more Kids to play AA Baseball!

This is for 2nd graders OR 3rd graders who haven't played before.

In AA ball there is a mixture of pitching machines, coach pitch, and player pitch. As always, the emphasis is on fundamental skills, including pitching, and the players begin to develop the ability to hit competitive pitching from an opposing player. Typically the season begins with machine pitch with a transition to player pitch as the season progresses. The season starts in April and goes through mid-June. AA Teams usually start with 2 practices per week and then as games get into full swing, practices may be just once per week. Games are typically played 2x per week.

Register now! [www.LincolnYouthBaseball.com](http://www.LincolnYouthBaseball.com)

Questions? email: [LincolnYouthBaseballSoftball@gmail.com](mailto:LincolnYouthBaseballSoftball@gmail.com)

### SPRING AFTER SCHOOL ACTIVITIES

#### Monday

- Soccer by Soccer Shots- Outside field (ENDS June 3<sup>rd</sup>)  
<https://www.soccershots.org/pdx/>

#### Tuesday

- Math Gamers, Faculty Lounge outside Portable (ENDS May 28<sup>th</sup>)  
[www.mathgamers.net](http://www.mathgamers.net)

#### Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable (ENDS June 5<sup>th</sup>)  
[Kids Like Languages](http://KidsLikeLanguages.com)

#### Attachments:

*Walk and Roll Student Tracking Sheet*

*School Supplies List 2019-20*

*School Supplies On-Line Ordering Info*

#### School Website

503-916-6292

[Archived Friday Flyer Newsletters](#)

[PTA/Foundation website](#)

