

Bridlemile Friday Flyer

10/4/2019

IMPORTANT DATES:

Oct 4 th	Harvest Party, TONIGHT! 5:00pm-7:00pm, Parking Lot
Oct 7 th	Charleston Wrap Marble Run Game- during lunch, Cafeteria
Oct 8 th	PTA General Meeting, Open to All, 6:30pm, Cafeteria
Oct 11 th	NO SCHOOL-In-Service Day
Oct 26 th	Halloween Dance

Inside This Issue- New News at a Glance

- Message From the Nurse
 - Message from Technology
 - Counselor's Weekly Newsletter
 - PTA- Box Tops for Education! New Recycling Station & Resource Center!
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FROM THE OFFICE

Hello All,

PPS installed the new RAPTOR volunteer/visitor sign in system at Bridlemile. This new system greatly improves the security of our students and building with a government registry check on each visitor and volunteer sign in!

What parents and friends need to know:

- All persons with a current background check have been uploaded into the RAPTOR system.
- All cleared volunteers will need to **register** on your next visit.
- To **register** with RAPTOR, provide your driver's license/ID card to the office staff for scanning. This takes about 30 seconds.
- Once registered its business as usual. You'll receive a printed ID Sticker with your name, photo and destination (wear this throughout your visit) and you'll sign out when you're finished for the day.
 - *Sign in and out will not require ID each time. Once you're registered, you'll simply sign in and out on the office laptop like you used to.*

To help expedite the registration process please have your driver's license/ID card ready when you check in to the office. And thank you in advance for your patience while we transition!

If you are new to volunteering and would like to submit a background check please go to <https://www.pps.net/volunteer>.

Thank you!

Bridlemile Office Staff

Last Year's Passport Club Participants: Kids who participated in passport club last year can pick up their passports in the Library during their class's library time. Kids should search for their passport by their grade/class last year.

FROM THE NURSE

Please take a few moments to review the following with your child:

1. Cover your cough!

- ◆ Use tissue instead of hankies when ill, coughing or sneezing.
- ◆ Cough or sneeze into the elbow bend of the arm if possible, or into the hands and tissue, then... **Wash those hands effectively!**

2. Effective hand washing is the number one way to keep germs from entering our bodies.

Use plenty of soap and water, scrubbing palms of hands, fingernails, around wrists and in between fingers and under rings for **20-30 seconds**, then rinse and dry.

- ◆ Wash hands after recess or gym, before eating or preparing food, after using the restroom or blowing a nose, coughing or sneezing and after handling pets.
- ◆ Do not share food, drinks or utensils; hats, combs, coats or clothing; make-up, lip balm or other personal items.
- ◆ Do not touch the blood or body fluids of another person. Ask an adult for help.

Parent, please review:

You will be asked to take your child home if there is:

- ◆ Rash, **with or without fever**
- ◆ Skin lesions or sores that are "wet" or pus filled
- ◆ Fever of 100.5 degrees or higher
- ◆ Vomiting
- ◆ Diarrhea
- ◆ Colored (yellow/green) drainage from eyes, ears or nose
- ◆ Coughing: deep, barking, congested, or with colored mucous

Call your health care provider for:

- ◆ Stiff neck or headache with fever
- ◆ Behavior changes of irritability, sleepiness, fatigue or complaints of illness with inability to participate in school activities
- ◆ Prolonged diarrhea (three watery or loose stools per day or that last more than three days).
- ◆ Breathing difficulties
- ◆ Yellow color to skin or eyes (jaundice)

Please keep your child home until symptom-free for 24 hours.

FROM MR. STENGER-TECHNOLOGY

Dear Bridlemile Parents and Families,

We hope that you will consider making a contribution of **\$10 per student** to Bridlemile to support math practice software and other tech needs for this coming school year.

This year, we will be using [Zearn.com](https://www.zearn.org) as our math support software building-wide. Zearn is very effective (and fun!) and aligns with both Common Core Standards and with the Engage NY math curriculum which is being used in 4th and 5th grade classrooms. Be on the lookout for student login information coming home soon!

Contributions may be made on the Bridlemile www.schoolpay.com site along with other school funds as well as by dropping off a check into Mr. Stenger's mailbox (payable to Bridlemile Elementary) in the school office. We recognize that the \$10 amount may not work for all families. If this is the case, please feel free to give an amount that better fits your family's budget.

A huge thank you to those families who have already contributed!

Thank you,

Bridlemile S.T.E.A.M. Committee

(Science Technology Engineering Arts & Math)

FROM THE CAFETERIA

We have our own custom blended salad dressings made by a local Portland company. We are often asked for our 'Dragon Sauce' recipe so here you go:

Dragon Sauce

Yield: 2 quarts

.25 ounce ground ginger

2 cloves garlic- chopped

4 ounces Dijon mustard (by measure)

8 ounces apple cider vinegar

12 ounces low sodium soy sauce

9.5 ounces brown sugar (by weight)

24 ounces canola/vegetable oil

Garnish: ½ ounce sesame seeds, toasted

Method:

Whisk all the ingredients together, except vegetable oil. (You can also use a blender or food processor.) Slowly add oil in a thin stream as you whisk or blend. Garnish with sesame seeds.

Serve with salad.

Enjoy!

Myrryah

COUNSELOR'S CORNER



Welcome to the Counselor Corner!

Week of 09/30/19: **Theme** – Community

Activities – As part of our Comprehensive School Counseling Program, based on the [Oregon Framework](#) and the [ASCA National Model](#), we provide individual, small group, and larger group student support in a

variety of ways. This month we are focusing on:

- Bi-weekly classroom lessons in K-5 classrooms (Stephanie: K-1, Rachel: 2-5)
- Weekly self-regulation small groups with Kinder and 1st graders
- Individual check-ins and response as needed

Books We're Using This month --

- [How Full is Your Bucket](#)
- [Hooray for Diffendoofer Day](#)
- [Can I Join Your Club?](#)
- [Personal Space Camp](#)
- [F is for Feelings](#)
- [Feelings Book](#)
- [A Tale of Two Beasts](#)

Videos We're Using This Month --

- ["Pete the Cat and the New Guy"](#)
- ["How to Change the World"](#)
- ["For the Birds"](#)
- ["5 Minute Bodyscan Meditation"](#)
- ["What Makes a Community"](#)

Curriculum We Are Using This Year --

- Kelso's Wheel
- Zones of Regulation
- MindUP
- The Ophelia Project
- Teaching Tolerance / GLSEN
- Random Acts of Kindness

Events – Here are events coming up in the next few weeks:

- Monday, October 7th: 5th Grade Leadership students meet in the Library at 11:40 AM
- [Mix-It-Up](#) at Lunch Day
- Food Drive

Have a wonderful weekend!

Rachel Reich

rreich@pps.net

503-916-6292 x70212

Stephanie Cox

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503-916-6292 x70213



LIBRARY NEWS

Volunteering in the Bridlemile Library

The Bridlemile Library relies on volunteers like you to help keep our library running smoothly and in tip top shape! There are a variety of jobs to choose from. Please see the list below and email Leslie Gillis at rezrie@gmail.com to express interest or ask questions. Thanks!

- Class Helper - If you know your child's library time and would like to volunteer with their class, let me know. If you do not know the schedule, email Leslie for class schedule and to sign up.
- Shelving/Shelf Reading

- Book processing/Repair
- Bulletin Boards
- Prep Work - pencil sharpening, copies, etc.
- Graphic Artist - book bins, small projects

Math Support Volunteers

- The Math Support program at Bridlemile is seeking volunteers for the 2019-2020 school year. If you are interested in supporting our young learners in math, come join us! You will receive training to give you a better understanding of the common core standards in mathematics and approaches to math instruction that will help you while working with students at school and even with your own kids at home! One of our main goals is to create a math positive community in which there is a belief that everyone can grow and succeed in math. If you are interested in becoming a part of this community, please join us! Email Leslie Gillis at rezrie@gmail.com to sign up.

PTA NEWS



BRIDLEMILE MONSTER MASH HALLOWEEN DANCE

DJ, Snacks, Costume Contest and FUN!

Volunteers Needed! <https://signup.com/go/VypYSrC>

The Bridlemile Monster Mash Halloween Dance is on **October 26th**. Come show off your costume and have a howling good time with your friends while enjoying a DJ, Snacks and a Costume Contest! This is a drop-off event for the kiddos, but all are welcome to stay (if you do, please volunteer!)

Saturday, October 26th

Grades K-2: 4:00PM - 5:00PM

Grades 3-5: 5:30PM - 7:00PM

Location: Bridlemile Cafeteria

Cost: \$10 (ticket sales at the door / no advance ticket sales)

WE NEED YOUR HELP!

Volunteers

This is an easy event for folks to volunteer for because our biggest requirement is to keep an eye on the doors (as this is a drop-off event for the kiddos). So if you are planning to stay with your kids at the dance, please volunteer and watch our little monsters party!

Decorations

This is an easy one! Donate (or let us borrow) some of your Halloween decorations for the dance. This is an easy Dollar Store run-and-done! Simply drop donations off in the box outside the school office (please label anything you want returned).

Box Tops for Education

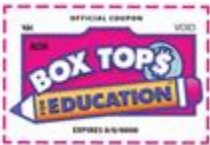


The Box Tops program has gone mobile! You can now simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to our school's earnings online. Click [HERE](#) to see how it works.

DOWNLOAD THE NEW APP -OR- UPDATE YOUR EXISTING APP:

[> Click here for Apple](#)

[> Click here for Android](#)



You can still clip the traditional Box Tops and send them to school. Physical Box Top clips are being phased out of production, but we will still earn cash for them until they expire.

Better yet, you can "double dip" during the packaging transition by clipping traditional Box Tops AND scanning your store receipt containing participating products.

Finally, share our school's fundraising efforts with family and friends by emailing the attached flyers. Anyone is welcome to participate. Simply enter **Bridlemile Elementary** as your recipient school.

Thank you from the PTA!

Walk & Roll to School

We did it! There were so many kids, parents, and siblings who were able to walk and roll to school this past Wednesday. Over 50 kids participated in the walking school bus and/or made it to the picnic tables next to the bike racks and claimed prizes ranging from sunglasses to reflective shoelaces, pencils, and more. Bicycles without lights received a special surprise as well.

Thank you to everyone who participated this time around. In May there will be plenty more fun with Walk and Roll to School month and Bike Fest (May 22nd). So mark your calendars for some good times toward the end of the school year. Happy walking and rolling! See the attached picture😊

Charleston Wrap Fundraiser

The contestants for the Marble Run Game will be chosen by raffle from the sales coupons. Each lunch period will have 10 contestants. Contestants will receive a Marble Run Racer Medal next week, and the winner from each lunch period wins a class popsicle party. The Marble Run Game will be held during each lunch period on Monday, October 7th.

Thanks for supporting your PTA!!

From The Sustainability Team

Community Help Needed @ Bridlemile Elementary School

Bridlemile now composts and we need your help to maintain the program in the school's cafeteria. This is an easy volunteer opportunity which will directly benefit local sustainability efforts while supporting our students. Thank you sincerely for your kind consideration. For a description of duties and to volunteer, please click this link:

<https://signup.com/go/fYfUgji>

New Volunteers: For the safety of our school and students, a background check is required of ALL volunteers. Please click the following link to start the free background check process: <http://www.pps.net/Page/149>.

Finally, you are invited to stay after your shift to enjoy a **FREE HOT LUNCH** as a thank you for your gracious contribution of time and help.

Gratefully yours, The Bridlemile Elementary School Sustainability Team



NEWS FROM THE SUSTAINABILITY COMMITTEE:

Check out Bridlemile's all new **Recycling Station & Resource Center** compliments of the Sustainability Team! It is located directly to your right as you enter the school's main front doors. Here you'll be able to drop off those hard to recycle items, which are NOT accepted at residential curbside. We've also provided a resource list of where in our community you may recycle even more!

Recyclable Items at Bridlemile:

- **Plastic Film & Bags:** Grocery & Produce bags, Bread bags, Cereal bags, Ziploc & all other reclosable food storage bags, Saran & all other stretch food wrap, Ice & Salt bags, Case overwrap, Pallet wrap & stretch film, Wood pellet bags, Dry cleaning bags, Newspaper sleeves, Plastic sleeve shipping envelopes, Bubble wrap & Air-pillow packing fillers, Bubble shipping envelopes including Amazon mailers, plus anything with #2 or #4 on it.
- **Batteries:** AAA, AA, C, D, 9V, Lithium coin (watch) batteries
- **Crayola ColorCycle:** Any brand color markers, Highlighters, Sharpies, Dry erase markers, etc.
- **Terra-cycle:** Protein and granola bar (silver-lined) wrappers

***Plastic Film & Bags:** Bridlemile Elementary is registered as a participant of the Trex Recycling Challenge. The challenge runs from November 15 to April 15. We'll be competing against other schools of similar size to recycle the most plastic film. The winning school is awarded a Trex bench. To learn more, click [NexTrex](#)

***Keep an eye out for....** Informational reminder magnets, which are going home via backpack express!

*Be the change you wish to see in the world,
Gandhi, and the Bridlemile Sustainability Committee*

Fall Harvest Festival

We are looking forward to seeing everyone at the Harvest Festival! You will find all of the details below, including a sign up link to volunteer! We need your help to make the festival a fun and successful event!

Don't forget to sign up for the pie baking contest! The winner will receive \$50!

If you have any questions about the event, please contact:

Robin Watt (robin.sessums@gmail.com) or Lindsay Warner (lindsaymariewarner@gmail.com)

<https://signup.com/login/entry/387012254028926068>



Mazama Lodge

- Come for an unforgettable night away at the Mazama Lodge nestled in the woods at the base of Mt. Hood. Join friends and your family at an exclusive bunk-style get away with drinks, games, food and fun. Dinner and breakfast provided, as well as sack lunches to go. \$40 per person. Saturday, October 12th, 2019. All \$ raised for this event goes directly to our Bridlemile PTA! Go to our cheddar up link and sign up!!

<https://mazama-lodge-81296.cheddarup.com/>

SCHOOL DIRECTORY

If you want to be part of the directory please go to the following link to input your information. You may have to reset your password even if you've done this in the past.

<https://bridlemileschoolpta.membershiptoolkit.com/>

If you want to purchase a directory, turn in the form from the blue packet or go online to the Bridlemile website and purchase one. www.bridlemileschool.org

If you are looking to advertise your business....we can help. All are welcome to submit advertisements in our school directory. It is with the community all year long so it is all year long advertising! Go to www.bridlemileschool.org or see the attached sheet, fill in the blanks and put it in the office via PTA basket! It's that easy!

Thank you!

Jen

BRIDLEMILE YOUTH BASKETBALL

All 3rd through 5th grade boys and girls interested in playing basketball this Winter are encouraged to sign-up using the Bridlemile Youth Basketball Sign-Up Form attached to this Friday Flyer. A paper copy of the Sign-Up Form also was provided to the classes for distribution to each 3rd through 5th grade student. Please see the Sign-Up Form for the details. Deadline to return the Sign-Up Form to the office is Friday, October 25th. If you have questions, please email Jim Phillipi at jphillipi@hotmail.com.



Hello Parents,

With last year being such a great success, we are continuing our after-school strings program for violin. It's designed for 3rd graders as a feeder to the in-school program which accepts 4th and 5th graders but we will consider applications from any grade, space permitting.

The class will be led by Brian Bennett who has been helping with the orchestra class for a few years. Brian is a Suzuki-trained teacher with thirty years of teaching experience and performs with a few groups in town, Portland Chamber Orchestra, Portland Columbia Symphony Orchestra, and Bravo! Northwest. We can provide free tickets for many of their performances.

The instrument rental fee will be \$25 per month. The first lesson will include getting sized for the right violin. If you have a violin please bring it in and we'll see if its size and setup will work. Common sizes for grade-schoolers are 1/8 and 1/4, and for big kids, 1/2. Full-size instruments would be too big to make work.

The cost for the class will be \$100.00 per term. Please make checks payable to **Brian Bennett Music** or you may use zellepay.com with the phone number **503 319 4379**. The class will be held on Tuesdays from 2:30 to 3:15 in room 15 at Bridlemile. The dates for the first term of classes are: Oct. 15, 22, 29, Nov. 5, 12, 22, Dec. 3, and 10, January 8th and 15th.

Please return the attached form to Ms. Barlow in the Music Room as soon as possible to secure your spot.

FOUNDATION NEWS

BRIDLEMILE GARDEN WORK PARTY – OCTOBER 18th – ALL DAY!

Come support the Bridlemile Garden! We are hosting an all-day volunteer work party in our school garden to harvest and winterize the garden on October 18th, 8:00 a.m. – 4:30 p.m.

If we have a sufficient number of volunteers – both students and adults – we will be able to earn Disneyland tickets to auction at our annual Bridlemile fundraiser benefit! Please come join us after drop off or at pick up, on a lunch break or before work – or anything in between – to assist us with the garden! Even a half hour or an hour is meaningful!

You can sign up here: <https://www.allforgood.org/projects/VQg6Mw8y>. Please email Kristin at kcornuelle@orrick.com or Deedra at deedra0330@gmail.com if you have any questions or need more information. Thank you in advance!

Holiday Tree Sale, Pancake Breakfast and Bazaar

Attention Artists and Makers:

We are now accepting applications from local artists and makers to be vendors at the Dec. 7 Bridlemile Holiday Bazaar. This event is in conjunction with our popular pancake breakfast and tree sale, a Bridlemile tradition. The deadline to apply is Oct. 18. [Download the flyer](#) or [apply now](#).

The tree sale will be held from 9 a.m. to 3 p.m. on Dec. 7 and Dec. 8, and the pancake breakfast will be from 9 a.m. to noon on Dec. 7 and Dec. 8.

All proceeds will benefit the Bridlemile Foundation, which raises money to increase staffing and bridge the gap between what public funding provides and the comprehensive educational experience all our children deserve. For 2019-2020, we have committed to funding 5 educational assistants and a 0.5 technology teacher. Help us meet our \$200,000 fundraising goal!

AUCTION Sponsorship Opportunity

Your Bridlemile Auction Committee is hard at work getting ready for this year's auction on February 22, 2020 and we need your help! Our success is due in part to the great sponsors and volunteers in our community who make the event possible, so we can raise funds to support staff and teacher positions at Bridlemile. If you know of a company that you would like to contact to sponsor this year's event, please let us know and feel free to use the sponsorship flyer available here: <https://bridlemileschool.org/auction>. We are happy to help you track and follow up with sponsors, but we would appreciate your contacts! In addition, if you would like to help us plan and manage this year's auction, please reach out to us and we would love your assistance as well, especially if you have any video, multimedia or graphic design experience.

Thank you in advance! Kristin (auction chair) at kcornuelle@orrick.com and Emily (sponsorship chair) at emilybreuer@gmail.com.



JOIN BRIDLEMILE'S CIRCLE OF GIVING

JOIN THE CIRCLE OF GIVING TO BE ENTERED INTO A DRAWING FOR PRIZES

The Bridlemile Foundation is dedicated to providing funding to the school to supplement staffing through its Circle of Giving campaign. We've pledged \$200,000 for this school year, which comes out to nearly \$400 for each of our students. By [joining the Circle of Giving](#), your monthly contribution helps us meet our goal and ensure a great learning experience for all Bridlemile children.

Update your membership or join the Circle of Giving before Thanksgiving and you will be entered into a drawing for one of three prizes:

- One tree from our holiday tree sale
- Four tickets to our pancake breakfast
- Two tickets to the foundation benefit auction

You can [join the Circle of Giving](#) or make a one-time gift online: bridlemileschool.org/donate

Help Us Bridge the Gap

The Bridlemile Foundation is a not-for-profit dedicated to ensuring a high-quality education for all Bridlemile children. We raise money to increase staffing and bridge the gap between what public funding provides and the comprehensive educational experience all our children deserve.

Ensure that our children enjoy a great education despite shortfalls in public funding by supporting the Bridlemile Foundation:

- Set up a monthly donation through the Circle of Giving
- Make a one-time gift
- Join us at our annual fundraising benefit auction

Learn more at bridlemileschool.org

Bridlemile Foundation Address

4300 SW 47th Ave
Portland, OR 97221

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln Wilson H.S.)

Dear Wilson High School Community,

In addition to the significant 2017 school improvement work now underway across the District, the 2017 Health Safety and Modernization Bond includes funding for the development of Conceptual Master Plans for Wilson, Cleveland and Jefferson High Schools. PPS is seeking community involvement to help create the Conceptual Master Plans for these schools.

The first step in planning a modernized Wilson High School

This conceptual master planning process will determine each school's overall program needs, site layout, and estimated costs for historic modernization vs. new construction. The early planning effort will help us more accurately determine the cost estimates for the modernization or the rebuilding of that school. This information will help PPS in the planning of future capital improvement bonds. The schedule for the full modernization or rebuild of these schools has not been determined at this time. It would be contingent on the passage of a future school improvement bond. At that point, PPS will move forward with full master plans to provide timely and relevant guidance for the design and construction that will immediately follow.

Conceptual Master Planning Committee for Wilson

PPS is seeking a diverse range of engaged citizens who can positively contribute to the process of creating next generation high schools in their area by joining the Wilson Conceptual Master Planning Committee (CMPC).

The CMPC will consist of parents, teachers, students, and community stakeholders who will work together to help provide feedback for the development of the conceptual master plans. CMPC members synthesize community-wide input and share the evolving details of the project to others in the community. While CMPC members do not make decisions, their input is crucial in creating a design that the entire community can be proud of. CMPC members will be expected to serve for two to three months throughout the process.

People who are interested may download an application here: <https://www.pps.net/wilsonbond>. If they are unable to join the CMPC, they will still have an opportunity to make their voice heard at an upcoming Wilson Public Design Workshop. For more information, they can visit the project website <https://www.pps.net/wilsonbond>. Thank you for helping us create a new Wilson High School for the 21st century.

Filip Hristić, Principal
Wilson High School
Portland Public Schools

FALL AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable
- <http://www.yogaplaygrounds.com/registration/>

Tuesday

- Watercolor Art by Erin Duke, Faculty Lounge outside Portable

Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable
[Kids Like Languages](#)

Thursday

- Chess Wizards, Faculty Lounge outside Portable
<https://chesswizards.com/>

[School Website](#)

503-916-6292



Attachments:

Bridlemile Directory Add Form

Bridlemile Basketball Sign up Form

Circle of Giving Form

Box Tops for Education Overview

Box Tops for Education Family Letter

Walk N Roll to School Picture