

Bridlemile Friday Flyer

10/18/2019

IMPORTANT DATES:

Oct 26 th	Halloween Dance
Oct 31 st	Halloween Parade; Grades K-2; 12:50pm-1:10pm
Nov 1 st	NO SCHOOL , Teacher Planning Day
Nov 5 th	Picture Re-Takes
Nov 11 th	NO SCHOOL , Veteran's Day
Nov 12 th	PTA Board Meeting, 8:05am
Nov 19 th	Fall Book Fair Begins
Nov 25 th & 26 th	NO SCHOOL , Fall Conferences
Nov 27 th – 29 th	NO SCHOOL - Thanksgiving Holiday

Inside This Issue- New News at a Glance

- Counselor's Weekly Newsletter
 - Bridlemile 2nd Grade Girl Scout Brownie Troop Forming
 - Reminder- Safe Routes to School Survey- Open Until Nov 8th
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FROM THE OFFICE

Hello All,

PPS installed the new RAPTOR volunteer/visitor sign in system at Bridlemile. This new system greatly improves the security of our students and building with a government registry check on each visitor and volunteer sign in!

What parents and friends need to know:

- All persons with a current background check have been uploaded into the RAPTOR system.
- All cleared volunteers will need to **register** on your next visit.
- To **register** with RAPTOR, provide your driver's license/ID card to the office staff for scanning. This takes about 30 seconds.
- Once registered its business as usual. You'll receive a printed ID Sticker with your name, photo and destination (wear this throughout your visit) and you'll sign out when you're finished for the day.
 - *Sign in and out will not require ID each time. Once you're registered, you'll simply sign in and out on the office laptop like you used to.*

To help expedite the registration process please have your driver's license/ID card ready when you check in to the office. And thank you in advance for your patience while we transition!

If you are new to volunteering and would like to submit a background check please go to <https://www.pps.net/volunteer>.

Thank you!
Bridlemile Office Staff

FROM THE NURSE

Please take a few moments to review the following with your child:

1. Cover your cough!

- ◆ Use tissue instead of hankies when ill, coughing or sneezing.
- ◆ Cough or sneeze into the elbow bend of the arm if possible, or into the hands and tissue, then... **Wash those hands effectively!**

2. Effective hand washing is the number one way to keep germs from entering our bodies. Use plenty of soap and water, scrubbing palms of hands, fingernails, around wrists and in between fingers and under rings for **20-30 seconds**, then rinse and dry.

- ◆ Wash hands after recess or gym, before eating or preparing food, after using the restroom or blowing a nose, coughing or sneezing and after handling pets.
- ◆ Do not share food, drinks or utensils; hats, combs, coats or clothing; make-up, lip balm or other personal items.
- ◆ Do not touch the blood or body fluids of another person. Ask an adult for help.

Parent, please review:

You will be asked to take your child home if there is:

- ◆ Rash, **with or without fever**
- ◆ Skin lesions or sores that are "wet" or pus filled
- ◆ Fever of 100.5 degrees or higher
- ◆ Vomiting
- ◆ Diarrhea
- ◆ Colored (yellow/green) drainage from eyes, ears or nose
- ◆ Coughing: deep, barking, congested, or with colored mucous

Call your health care provider for:

- ◆ Stiff neck or headache with fever
- ◆ Behavior changes of irritability, sleepiness, fatigue or complaints of illness with inability to participate in school activities
- ◆ Prolonged diarrhea (three watery or loose stools per day or that last more than three days).
- ◆ Breathing difficulties
- ◆ Yellow color to skin or eyes (jaundice)

Please keep your child home until symptom-free for 24 hours.

FROM MR. STENGER-TECHNOLOGY

Dear Bridlemile Parents and Families,

We hope that you will consider making a contribution of **\$10 per student** to Bridlemile to support math practice software and other tech needs for this coming school year.

This year, we will be using [Zearn.com](https://www.zearn.org/) as our math support software building-wide. Zearn is very effective (and fun!) and aligns with both Common Core Standards and with the Engage NY math curriculum which is being used in 4th and 5th grade classrooms. Be on the lookout for student login information coming home soon!

Contributions along with other school funds may be made on the Bridlemile www.schoolpay.com site as well as by dropping off a check into Mr. Stenger's mailbox (payable to Bridlemile Elementary) in the school office. You can get directly to SchoolPay by clicking here:

<https://www.schoolpay.com/pay/for/Technology-Contribution/ScGcWOy>

We recognize that the \$10 amount may not work for all families. If this is the case, please feel free to give an amount that better fits your family's budget.

A huge thank you to those families who have already contributed!

Thank you,

Bridlemile S.T.E.A.M. Committee
(Science Technology Engineering Arts & Math)

COUNSELOR'S CORNER



Welcome to the Counselor Corner!
Week of 10/18/19: **Theme** – Community

Activities – As part of our Comprehensive School Counseling Program, based on the [Oregon Framework](#) and the [ASCA National Model](#), we provide individual, small group, and larger group student support in a variety of ways. This month we are focusing on:

- Bi-weekly classroom lessons in K-5 classrooms (Stephanie: K-1, Rachel: 2-5)
- Weekly self-regulation small groups with Kinder and 1st graders
- Individual check-ins and response as needed

Books We're Using This month --

- [How Full is Your Bucket](#)
- [Today I feel Silly](#)
- [Feelings](#)

Videos We're Using This Month --

- ["Pete the Cat and the New Guy"](#)
- [Kid President: How to Change the World](#)

SEL Tools we are using this month--

- [Conversation Cubes](#)
- [Choices in a Jar](#)
- [Space Invader Game](#)

Curriculum We Are Using Right Now --

- [Superflex, A Superhero Social Thinking Curriculum](#)
- [Zones of Regulation](#)
- [Teaching Tolerance](#) / [GLSEN](#)

Events – Here are events coming up in the next few weeks:

- [Dyslexia Family Day at the IDA Conference in Portland](#)
- [FALL SESSION - "Me, Too - Supporting Children and Families in Grief"](#)
- [Mix-It-Up](#) at Lunch Day: Tuesday, October 22nd, 2019
- Bridlemile 5th Grade Leadership [Food Drive](#): November 11th - November 25th, 2019
- [worksheet to prepare for parent-teacher conferences](#)
- For students who are biking to school, families can stock up on helmets and much more at: [OHSU Doernbecker Tom Sargent Safety Center](#)

Have a wonderful weekend!

Rachel Reich
rreich@pps.net
503-916-6292 x70212

Stephanie Cox
scox@pps.net
503-916-6292 x70213



PTA NEWS



Dear Bridlemile Families,

Every year the PTA partners with Bridlemile school to support our students with safety preparedness. One way the PTA helps is by asking parents/guardians to build a child safety preparedness kit for extra care in case of an emergency. The Child Safety Preparedness Kits are optional.

This year we ask parents to provide their child's kit by November 5th, 2019. Possible recommended items (found at www.preporegon.org) for your student's kit include:

- Water bottle
- Non-perishable food (ex: energy bar, dried fruit, etc.)
- Personal item (small stuffed animal)
- Family photo

All items must be able to fit into a gallon size sealable bag labeled with your child's name. The safety kit MUST be able to close and seal due to storage capacity. Please send kits to school with your children. The kits will be placed in a box outside the classroom, then later stored in an emergency box in the classroom. At the end of the school year, parents will collect unused kits.

If you have any questions regarding Child Safety Preparedness Kits, please contact Minh Ferris at minhferris503@gmail.com.

Thank you,
Bridlemile Safety Preparedness



BRIDLEMILE MONSTER MASH HALLOWEEN DANCE

DJ, Snacks, Costume Contest and FUN!

Volunteers Needed!: <https://signup.com/go/VypYSrC>

The Bridlemile Monster Mash Halloween Dance is on **October 26th**. Come show off your costume and have a howling good time with your friends while enjoying a DJ, Snacks and a Costume Contest! This is a drop-off event for the kiddos, but all are welcome to stay (if you do, please volunteer!)

Saturday, October 26th

Grades K-2: 4:00PM - 5:00PM

Grades 3-5: 5:30PM - 7:00PM

Location: Bridlemile Cafeteria

Cost: \$10 (ticket sales at the door / no advance ticket sales)

WE NEED YOUR HELP!

Volunteers

This is an easy event for folks to volunteer for because our biggest requirement is to keep an eye on the doors (as this is a drop-off event for the kiddos). So if you are planning to stay with your kids at the dance, please volunteer and watch our little monsters party!

Decorations

This is an easy one! Donate (or let us borrow) some of your Halloween decorations for the dance. This is an easy Dollar Store run-and-done! Simply drop donations off in the box outside the school office (please label anything you want returned).

Box Tops for Education

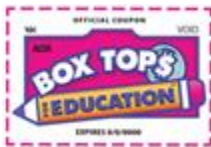


The Box Tops program has gone mobile! You can now simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to our school's earnings online. Click [HERE](#) to see how it works.

DOWNLOAD THE NEW APP -OR- UPDATE YOUR EXISTING APP:

[> Click here for Apple](#)

[> Click here for Android](#)



You can still clip the traditional Box Tops and send them to school. Physical Box Top clips are being phased out of production, but we will still earn cash for them until they expire.

Better yet, you can "double dip" during the packaging transition by clipping traditional Box Tops AND scanning your store receipt containing participating products.

Finally, share our school's fundraising efforts with family and friends by emailing the attached flyers. Anyone is welcome to participate. Simply enter **Bridlemile Elementary** as your recipient school.

Thank you from the PTA!

From The Sustainability Team

[Community Help Needed @ Bridlemile Elementary School](#)

Bridlemile now composts and we need your help to maintain the program in the school's cafeteria. This is an easy volunteer opportunity which will directly benefit local sustainability efforts while supporting our students. Thank you sincerely for your kind consideration. For a description of duties and to volunteer, please click this link: <https://signup.com/go/fYfUgji>

New Volunteers: For the safety of our school and students, a background check is required of ALL volunteers. Please click the following link to start the free background check process: <http://www.pps.net/Page/149>.

Finally, you are invited to stay after your shift to enjoy a **FREE HOT LUNCH** as a thank you for your gracious contribution of time and help.

Gratefully yours, The Bridlemile Elementary School Sustainability Team



NEWS FROM THE SUSTAINABILITY COMMITTEE:

Check out Bridlemile's all new **Recycling Station & Resource Center** compliments of the Sustainability Team! It is located directly to your right as you enter the school's main front doors. Here you'll be able to drop off those hard to recycle items, which are NOT accepted at residential curbside. We've also provided a resource list of where in our community you may recycle even more!

Recyclable Items at Bridlemile:

- **Plastic Film & Bags:** Grocery & Produce bags, Bread bags, Cereal bags, Ziploc & all other reclosable food storage bags, Saran & all other stretch food wrap, Ice & Salt bags, Case overwrap, Pallet wrap & stretch film, Wood pellet bags, Dry cleaning bags, Newspaper sleeves, Plastic sleeve shipping envelopes, Bubble wrap & Air-pillow packing fillers, Bubble shipping envelopes including Amazon mailers, plus anything with #2 or #4 on it.
- **Batteries:** AAA, AA, C, D, 9V, Lithium coin (watch) batteries
- **Crayola ColorCycle:** Any brand color markers, Highlighters, Sharpies, Dry erase markers, etc.
- **Terra-cycle:** Protein and granola bar (silver-lined) wrappers

***Plastic Film & Bags:** Bridlemile Elementary is registered as a participant of the Trex Recycling Challenge. The challenge runs from November 15 to April 15. We'll be competing against other schools of similar size to recycle the most plastic film. The winning school is awarded a Trex bench. To learn more, click [NexTrex](#)

***Keep an eye out for....** Informational reminder magnets, which are going home via backpack express!

*Be the change you wish to see in the world,
Gandhi, and the Bridlemile Sustainability Committee*



JOIN BRIDLEMILE'S CIRCLE OF GIVING

BRIDLEMILE YOUTH BASKETBALL

All 3rd through 5th grade boys and girls interested in playing basketball this Winter are encouraged to sign-up using the Bridlemile Youth Basketball Sign-Up Form attached to this Friday Flyer. A paper copy of the Sign-Up Form also was provided to the classes for distribution to each 3rd through 5th grade student. Please see the Sign-Up Form for the details. Deadline to return the Sign-Up Form to the office is Friday, October 25th. If you have questions, please email Jim Phillipi at jphillipi@hotmail.com.

Girl Scouts

A Bridlemile 2nd grade Girl Scout Brownie troop is coming together. If your daughter is interested in joining or if you have any questions please contact Jean (jeaniecarlos@gmail.com or [714-305-9691](tel:714-305-9691)) or Rebecca (rebeccaduncan@gmail.com)

FOUNDATION NEWS

AUCTION Sponsorship Opportunity

Your Bridlemile Auction Committee is hard at work getting ready for this year's auction on February 22, 2020 and we need your help! Our success is due in part to the great sponsors and volunteers in our community who make the event possible, so we can raise funds to support staff and teacher positions at Bridlemile. If you know of a company that you would like to contact to sponsor this year's event, please let us know and feel free to use the sponsorship flyer available here: <https://bridlemileschool.org/auction>. We are happy to help you track and follow up with sponsors, but we would appreciate your contacts! In addition, if you would like to help us plan and manage this year's auction, please reach out to us and we would love your assistance as well, especially if you have any video, multimedia or graphic design experience.

Thank you in advance! Kristin (auction chair) at kcornuelle@orrick.com and Emily (sponsorship chair) at emilybreuer@gmail.com.

JOIN THE CIRCLE OF GIVING TO BE ENTERED INTO A DRAWING FOR PRIZES

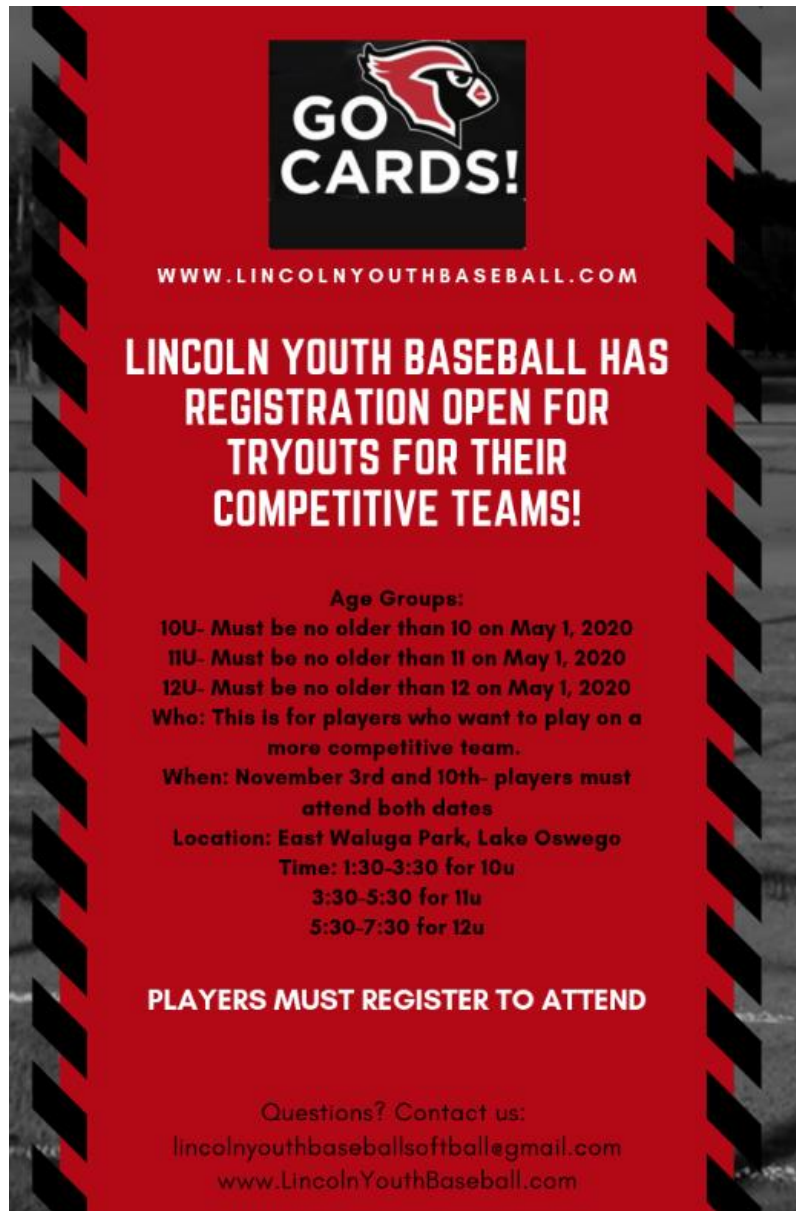
The Bridlemile Foundation is dedicated to providing funding to the school to supplement staffing through its Circle of Giving campaign. We've pledged \$200,000 for this school year, which comes out to nearly \$400 for each of our students. By [joining the Circle of Giving](#), your monthly contribution helps us meet our goal and ensure a great learning experience for all Bridlemile children.

Update your membership or join the Circle of Giving before Thanksgiving and you will be entered into a drawing for one of three prizes:

- One tree from our holiday tree sale
- Four tickets to our pancake breakfast
- Two tickets to the foundation benefit auction

You can [join the Circle of Giving](#) or make a one-time gift online: bridlemileschool.org/donate

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln



The flyer is a vertical rectangle with a red background and black and white diagonal stripes on the left and right sides. At the top center is a black square with the text "GO CARDS!" in white, next to a red and white cardinal head logo. Below this is the website "WWW.LINCOLNYOUTHBASEBALL.COM" in white. The main text in the center is "LINCOLN YOUTH BASEBALL HAS REGISTRATION OPEN FOR TRYOUTS FOR THEIR COMPETITIVE TEAMS!" in white. Below this, the text "Age Groups:" is followed by three lines: "10U- Must be no older than 10 on May 1, 2020", "11U- Must be no older than 11 on May 1, 2020", and "12U- Must be no older than 12 on May 1, 2020". Then, "Who: This is for players who want to play on a more competitive team." is followed by "When: November 3rd and 10th- players must attend both dates". The location is "East Waluga Park, Lake Oswego". The times are listed as "1:30-3:30 for 10u", "3:30-5:30 for 11u", and "5:30-7:30 for 12u". Below this, it says "PLAYERS MUST REGISTER TO ATTEND". At the bottom, it says "Questions? Contact us:" followed by "lincolnyouthbaseballsoftball@gmail.com" and "www.LincolnYouthBaseball.com".

GO CARDS!

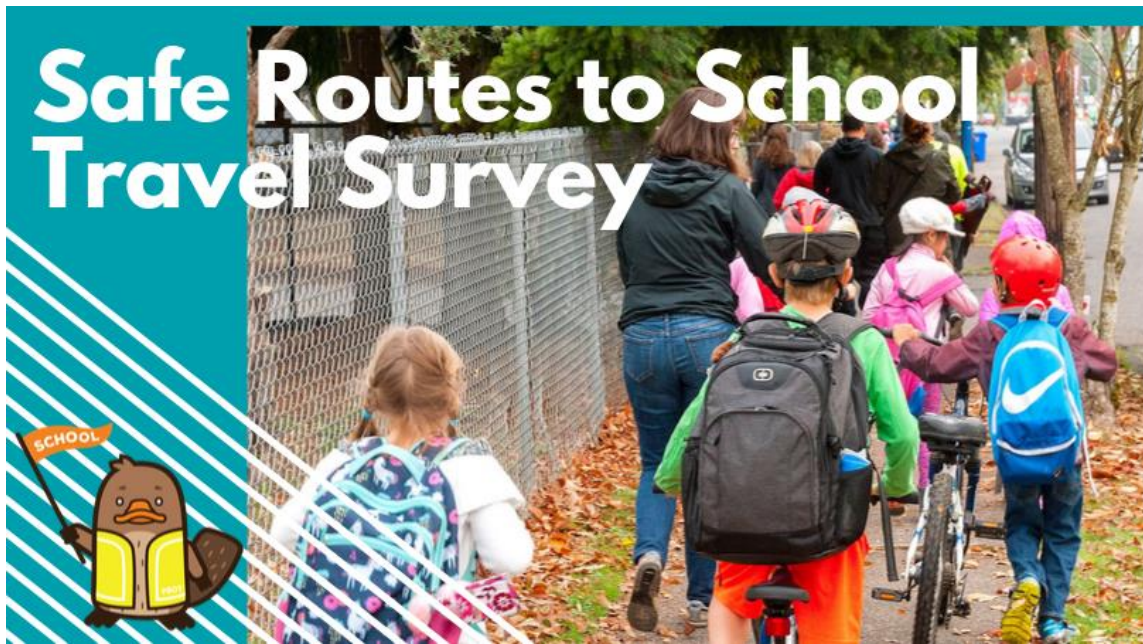
WWW.LINCOLNYOUTHBASEBALL.COM

**LINCOLN YOUTH BASEBALL HAS
REGISTRATION OPEN FOR
TRYOUTS FOR THEIR
COMPETITIVE TEAMS!**

Age Groups:
10U- Must be no older than 10 on May 1, 2020
11U- Must be no older than 11 on May 1, 2020
12U- Must be no older than 12 on May 1, 2020
Who: This is for players who want to play on a
more competitive team.
When: November 3rd and 10th- players must
attend both dates
Location: East Waluga Park, Lake Oswego
Time: 1:30-3:30 for 10u
3:30-5:30 for 11u
5:30-7:30 for 12u

PLAYERS MUST REGISTER TO ATTEND

Questions? Contact us:
lincolnyouthbaseballsoftball@gmail.com
www.LincolnYouthBaseball.com



The Safe Routes to School travel survey is now open!

Complete the survey today and help your school! Schools with 20% participation or more will receive a **\$100 gift card** for supplies. The survey is open until **November 8th**.

saferoutesportland.org/survey

This fall there are some changes - the survey is online only now. **Why?** It will save the Safe Routes to School team a lot of time, paper and money.

The travel survey helps the Portland Bureau of Transportation (PBOT) improve its Safe Routes to School program and helps prioritize safety projects when funding is available. Additionally, the data collected through this survey is key for Safe Routes to School to secure grant funding for safety programming and infrastructure throughout the city.

Complete the Safe Routes to School Travel Survey by November 8th!

Help our school reach our participation goal of 20%.

www.saferoutesportland.org/survey

Encuesta de viajar del programa Rutas Seguras a la Escuela



¡La encuesta de Rutas Seguras a la Escuela está disponible - completela hoy y ayude su escuela!

Toda las escuelas que obtengan al menos de 20% de participación (o más) recibirán una tarjeta de regalo de \$100!

La encuesta está abierta hasta el **8 de noviembre**.

saferoutesportland.org/survey

La encuesta solo toma aproximadamente 4 minutos para completarla.

Este otoño hay cambios – ahora es solo en internet. ¿**Por qué?** El equipo de Rutas Seguras a la Escuela ahorrará mucho dinero, papel y tiempo.

La encuesta ayuda a la Ciudad de Portland (PBOT) a mejorar el programa y ayuda a priorizar los proyectos de seguridad cuando hay fondos disponibles. Además, los datos recopilados a través de esta encuesta son importantes para que Rutas Seguras asegure la financiación de subvenciones para los programas de seguridad y la infraestructura en toda la ciudad.

¡Complete la encuesta de viajes del programa Rutas Seguras a la Escuela antes de 8 de noviembre!

Ayúdanos a alcanzar nuestra meta de participación del 20%.

www.saferoutesportland.org/survey

Thank you! If you have any questions, please contact us at saferoutes@portlandoregon.gov.

FALL AFTER SCHOOL ACTIVITIES

Monday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable
- <http://www.yogaplaygrounds.com/registration/>

Tuesday

- Watercolor Art by Erin Duke, Faculty Lounge outside Portable

Wednesday

- Spanish by Kids Like Languages, Faculty Lounge outside Portable
[Kids Like Languages](#)

Thursday

- Chess Wizards, Faculty Lounge outside Portable
<https://chesswizards.com/>

[School Website](#)

503-916-6292



Attachments:

Bridlemile Basketball Sign up Form

Circle of Giving Form

Box Tops for Education Overview

Box Tops for Education Family Letter