



## Bridlemile Friday Flyer

10/25/2019

### IMPORTANT DATES:

Oct 26 <sup>th</sup>	Halloween Dance; Cafeteria; Grades K-2: 4:00pm - 5:00pm Grades 3-5: 5:30pm - 7:00pm
Oct 31 <sup>st</sup>	Halloween Parade; Grades K-2; 12:50pm-1:10pm
Nov 1 <sup>st</sup>	<b>NO SCHOOL</b> , Teacher Planning Day
Nov 5 <sup>th</sup>	<b>Picture Re-Takes</b>
Nov 11 <sup>th</sup>	<b>NO SCHOOL</b> , Veteran's Day
Nov 12 <sup>th</sup>	PTA Board Meeting, 8:05am
Nov 19 <sup>th</sup>	Fall Book Fair Begins
Nov 25 <sup>th</sup> & 26 <sup>th</sup>	<b>NO SCHOOL</b> , Fall Conferences
Nov 27 <sup>th</sup> – 29 <sup>th</sup>	<b>NO SCHOOL</b> - Thanksgiving Holiday

### Inside This Issue- New News at a Glance

- From the District- Safe Oregon Information
  - Counselor's Weekly Newsletter
  - Library News
  - Charleston Wrap Orders Coming Nov 7<sup>th</sup>
  - 5<sup>th</sup> Grade Yearbooks
  - Lincoln/Wilson Modernization Projects
-

## FROM THE DISTRICT



The SafeOregon Tipline aims to increase student safety.

Keeping with our commitment to student safety, PPS joined school districts across the state a couple years ago in using the SafeOregon Tip Line. We want to remind you about this important resource.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. **It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm.**

Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- The “Report unsafe behavior” button found on every PPS school’s website
- The [SafeOregon website](#)
- A live call/text (844-472-3367)
- An email to [tip@safeoregon.com](mailto:tip@safeoregon.com)
- The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play

Trained staff are available 24 hours a day, 365 days a year, to respond.

Please be sure to share this information with your friends and family. Remind your students: **If you see or hear something, say something - immediately.**

Let’s work together to keep our community safe.

## FROM THE OFFICE

Hello All,

PPS installed the new RAPTOR volunteer/visitor sign in system at Bridlemile. This new system greatly improves the security of our students and building with a government registry check on each visitor and volunteer sign in!

### **What parents and friends need to know:**

- All persons with a current background check have been uploaded into the RAPTOR system.
- All cleared volunteers will need to **register** on your next visit.
- To **register** with RAPTOR, provide your driver's license/ID card to the office staff for scanning. This takes about 30 seconds.
- Once registered it's business as usual. You'll receive a printed ID Sticker with your name, photo and destination (wear this throughout your visit) and you'll sign out when you're finished for the day.
  - *Sign in and out will not require ID each time. Once you're registered, you'll simply sign in and out on the office laptop like you used to.*

To help expedite the registration process please have your driver's license/ID card ready when you check in to the office. And thank you in advance for your patience while we transition!

If you are new to volunteering and would like to submit a background check please go to

<https://www.pps.net/volunteer>.

Thank you!

Bridlemile Office Staff

## FROM THE NURSE

Please take a few moments to review the following **with your child**:

1. **Cover your cough!**
  - ♦ Use tissue instead of hankies when ill, coughing or sneezing.
  - ♦ Cough or sneeze into the elbow bend of the arm if possible, or into the hands and tissue, then... **Wash those hands effectively!**
2. **Effective hand washing** is the number one way to keep germs from entering our bodies. Use plenty of soap and water, scrubbing palms of hands, fingernails, around wrists and in between fingers and under rings for **20-30 seconds**, then rinse and dry.
  - ♦ Wash hands after recess or gym, before eating or preparing food, after using the restroom or blowing a nose, coughing or sneezing and after handling pets.
  - ♦ Do not share food, drinks or utensils; hats, combs, coats or clothing; make-up, lip balm or other personal items.
  - ♦ Do not touch the blood or body fluids of another person. Ask an adult for help.

### **Parent, please review:**

You will be asked to take your child home if there is:

- ♦ Rash, **with or without fever**
- ♦ Skin lesions or sores that are "wet" or pus filled
- ♦ Fever of 100.5 degrees or higher
- ♦ Vomiting
- ♦ Diarrhea
- ♦ Colored (yellow/green) drainage from eyes, ears or nose
- ♦ Coughing: deep, barking, congested, or with colored mucous

Call your health care provider for:

- ♦ Stiff neck or headache with fever
- ♦ Behavior changes of irritability, sleepiness, fatigue or complaints of illness with inability to participate in school activities
- ♦ Prolonged diarrhea (three watery or loose stools per day or that last more than three days).
- ♦ Breathing difficulties
- ♦ Yellow color to skin or eyes (jaundice)

Please keep your child home until symptom-free for 24 hours.

## **FROM MR. STENGER-TECHNOLOGY**

Dear Bridlemile Parents and Families,

We hope that you will consider making a contribution of **\$10 per student** to Bridlemile to support math practice software and other tech needs for this coming school year.

This year, we will be using [Zearn.com](https://www.zearn.com) as our math support software building-wide. Zearn is very effective (and fun!) and aligns with both Common Core Standards and with the Engage NY math curriculum which is being used in 4th and 5th grade classrooms. Be on the lookout for student login information coming home soon!

Contributions along with other school funds may be made on the Bridlemile [www.schoolpay.com](https://www.schoolpay.com) site as well as by dropping off a check into Mr. Stenger's mailbox (payable to Bridlemile Elementary) in the school office. You can get directly to SchoolPay by clicking here:

<https://www.schoolpay.com/pay/for/Technology-Contribution/ScGeWOy>

We recognize that the \$10 amount may not work for all families. If this is the case, please feel free to give an amount that better fits your family's budget.

A huge thank you to those families who have already contributed!

Thank you,

**Bridlemile S.T.E.A.M. Committee**

(Science Technology Engineering Arts & Math)

## COUNSELOR'S CORNER



Welcome to the Counselor Corner!  
Week of 10/25/19: **Theme** – Community

**Activities** – As part of our Comprehensive School Counseling Program, based on the [Oregon Framework](#) and the [ASCA National Model](#), we provide individual, small group, and larger group student support in a variety of ways. This month we are focusing on:

- Bi-weekly classroom lessons in K-5 classrooms (Stephanie: K-1, Rachel: 2-5)
- Weekly self-regulation small groups with Kinder and 1<sup>st</sup> graders
- Individual check-ins and response as needed

### **Books We're Using This month --**

- [How Full is Your Bucket](#)
- [Today I feel Silly](#)
- [Feelings](#)
- [You're A Crab! A Moody Day Book](#)

### **Videos We're Using This Month --**

- ["Pete the Cat and the New Guy"](#)
- [Kid President: How to Change the World](#)

### **SEL Tools we are using this month—**

[Conversation Cubes](#)  
[Choices in a Jar](#)  
[Space Invader Game](#)

### **Curriculum We Are Using Right Now --**

- [Superflex, A Superhero Social Thinking Curriculum](#)
- [Zones of Regulation](#)
- [Teaching Tolerance](#) / [GLSEN](#)

**Events** – Here are events coming up in the next few weeks:

- [Dyslexia Family Day at the IDA Conference in Portland](#)
- [FALL SESSION - "Me, Too - Supporting Children and Families in Grief"](#)
- Bridlemile 5th Grade Leadership [Food Drive](#): November 11th - November 25th, 2019
- [worksheet to prepare for parent-teacher conferences](#)
- [OHSU Doernbecker Tom Sargent Safety Center](#) - For students who are biking to school, families can stock up on helmets and much more!

### [Collaborative Problem Solving Fall Parent Classes](#)

Have a wonderful weekend!

Rachel Reich  
[rreich@pps.net](mailto:rreich@pps.net)  
503-916-6292 x70212

Stephanie Cox  
[scox@pps.net](mailto:scox@pps.net)  
503-916-6292 x70213



## **MESSAGE FROM THE LIBRARY**

### **Volunteer in the Bridlemile Library!**

The Bridlemile Library is still in need of some volunteers and would love your help! Please see the list of needs below and email Leslie Gillis at [rezrie@gmail.com](mailto:rezrie@gmail.com) if you would like to sign up!

\* **General Helper** - shelving, checking in, etc. We need someone on M, Tu, W, and F from 11-12 (or longer if you have time).

\* **Class Helper** - The following classes still need of a volunteer:

Koning (Monday 10-10:30)

Rischiotto (Tuesday 8:15-8:45)

Beebe (Tuesday 8:45-9:15)

Hansen (Wednesday 12:15-1:00)

Black (Friday 8:45-9:15)

Gayler (Friday 9:15-9:45)

\* **Graphic Artist** - occasional help with projects.

## **PTA NEWS**

Bridlemile Families,

Charleston Wrap orders will be distributed on Thursday, November 7<sup>th</sup>. The orders will be delivered to the classrooms, and most children will be able to bring their order home via backpack express. If you know your child has a very large order, please consider making arrangements to pick them up.

Thanks for supporting our Charleston Wrap fundraiser and the Bridlemile PTA!

Sincerely,

Alice Fung

Charleston Wrap Fundraiser Coordinator

[fung\\_al@yahoo.com](mailto:fung_al@yahoo.com)

### **5<sup>th</sup> Grade Yearbooks**

Hello 5th grade parents! 5th Graders get a yearbook! We'll be compiling photos throughout the year of your kiddos. Please send photos of your kids playing sports with their friends (team pics especially!) playing an instrument, dance, chess club, underwater basket weaving, whatever they are into. A common complaint about yearbooks is that not everyone is equally represented - but you can change that by providing pictures of your kids! Please send photos to our shared google drive: [5th Grade Yearbook](#). We only have 25 pages, so photos with multiple kids represented are much appreciated! [Order your book here](#) and enter code 3964620.

Please contact Brynn Black and Riikka Marr ([brynnkblack@gmail.com](mailto:brynnkblack@gmail.com), [riikka.marr@gmail.com](mailto:riikka.marr@gmail.com)) with any questions.

\$22.00

**Yearbook Includes:**

- Sturdy soft cover with protective coating
- All-color pages that vibrantly capture your memories throughout the school year
- Durable binding that keeps the yearbook intact through wear and tear

***El anuario incluye:***

- *Cubierta blanda resistente con revestimiento protector*
- *Todas las páginas a color, que captan de manera vibrante tus recuerdos durante el año escolar*
- *Encuadración cosida a caballete duradera, que mantiene el anuario intacto contra el desgaste natural*



Dear Bridlemile Families,

Every year the PTA partners with Bridlemile school to support our students with safety preparedness. One way the PTA helps is by asking parents/guardians to build a child safety preparedness kit for extra care in case of an emergency. The Child Safety Preparedness Kits are optional.

This year we ask parents to provide their child's kit by November 5<sup>th</sup>, 2019. Possible recommended items (found at [www.preporegon.org](http://www.preporegon.org)) for your student's kit include:

- Water bottle
- Non-perishable food (ex: energy bar, dried fruit, etc.)
- Personal item (small stuffed animal)
- Family photo

All items must be able to fit into a gallon size sealable bag labeled with your child's name. The safety kit **MUST** be able to close and seal due to storage capacity. Please send kits to school with your children. The kits will be placed in a box outside the classroom, then later stored in an emergency box in the classroom. At the end of the school year, parents will collect unused kits.

If you have any questions regarding Child Safety Preparedness Kits, please contact Minh Ferris at [minhferris503@gmail.com](mailto:minhferris503@gmail.com).

Thank you,  
Bridlemile Safety Preparedness



## **BRIDLEMILE MONSTER MASH HALLOWEEN DANCE**

DJ, Snacks, Costume Contest and FUN!

**Volunteers Needed!:** <https://signup.com/go/VypYSrC>

The Bridlemile Monster Mash Halloween Dance is on **October 26th**. Come show off your costume and have a howling good time with your friends while enjoying a DJ, Snacks and a Costume Contest! This is a drop-off event for the kiddos, but all are welcome to stay (if you do, please volunteer!)

### **Saturday, October 26th**

Grades K-2: 4:00PM - 5:00PM

Grades 3-5: 5:30PM - 7:00PM

Location: Bridlemile Cafeteria

Cost: \$10 (ticket sales at the door / no advance ticket sales)

## **WE NEED YOUR HELP!**

### **Volunteers**

This is an easy event for folks to volunteer for because our biggest requirement is to keep an eye on the doors (as this is a drop-off event for the kiddos). So if you are planning to stay with your kids at the dance, please volunteer and watch our little monsters party!

### **Decorations**

This is an easy one! Donate (or let us borrow) some of your Halloween decorations for the dance. This is an easy Dollar Store run-and-done! Simply drop donations off in the box outside the school office (please label anything you want returned).

### **Box Tops for Education**



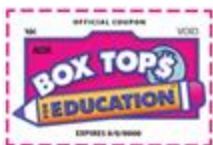
The Box Tops program has gone mobile! You can now simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to our school's earnings online. Click [HERE](#) to see how it works.

DOWNLOAD THE NEW APP -OR- UPDATE YOUR EXISTING APP:

[> Click here for Apple](#)

[> Click here for Android](#)





**You can still clip the traditional Box Tops and send them to school.** Physical Box Top clips are being phased out of production, but we will still earn cash for them until they expire.

Better yet, you can "double dip" during the packaging transition by clipping traditional Box Tops AND scanning your store receipt containing participating products.

Finally, share our school's fundraising efforts with family and friends by emailing the attached flyers. Anyone is welcome to participate. Simply enter **Bridlemile Elementary** as your recipient school.

**Thank you from the PTA!**

### From The Sustainability Team

#### [Community Help Needed @ Bridlemile Elementary School](#)

Bridlemile now composts and we need your help to maintain the program in the school's cafeteria. This is an easy volunteer opportunity which will directly benefit local sustainability efforts while supporting our students. Thank you sincerely for your kind consideration. For a description of duties and to volunteer, please click this link:

<https://signup.com/go/fYfUgji>

New Volunteers: For the safety of our school and students, a background check is required of ALL volunteers. Please click the following link to start the free background check process: <http://www.pps.net/Page/149>.

*Finally, you are invited to stay after your shift to enjoy a **FREE HOT LUNCH** as a thank you for your gracious contribution of time and help.*

Gratefully yours, The Bridlemile Elementary School Sustainability Team



### NEWS FROM THE SUSTAINABILITY COMMITTEE:

Check out Bridlemile's all new **Recycling Station & Resource Center** compliments of the Sustainability Team! It is located directly to your right as you enter the school's main front doors. Here you'll be able to drop off those hard to recycle items, which are NOT accepted at residential curbside. We've also provided a resource list of where in our community you may recycle even more!

#### Recyclable Items at Bridlemile:

- **Plastic Film & Bags:** Grocery & Produce bags, Bread bags, Cereal bags, Ziploc & all other reclosable food storage bags, Saran & all other stretch food wrap, Ice & Salt bags, Case overwrap, Pallet wrap & stretch film, Wood pellet bags, Dry cleaning bags, Newspaper sleeves, Plastic sleeve shipping envelopes, Bubble wrap & Air-pillow packing fillers, Bubble shipping envelopes including Amazon mailers, plus anything with #2 or #4 on it.
- **Batteries:** AAA, AA, C, D, 9V, Lithium coin (watch) batteries
- **Crayola ColorCycle:** Any brand color markers, Highlighters, Sharpies, Dry erase markers, etc.
- **Terra-cycle:** Protein and granola bar (silver-lined) wrappers



## JOIN BRIDLEMILE'S CIRCLE OF GIVING

**\*Plastic Film & Bags:** Bridlemile Elementary is registered as a participant of the [Trex Recycling Challenge](#). The challenge runs from November 15 to April 15. We'll be competing against other schools of similar size to recycle the most plastic film. [The winning school is awarded a Trex bench](#). To learn more, click [NexTrex](#)

*Be the change you wish to see in the world,  
Gandhi, and the Bridlemile Sustainability Committee*

## FOUNDATION NEWS



## JOIN THE CIRCLE OF GIVING TO BE ENTERED INTO A DRAWING FOR PRIZES

The Bridlemile Foundation is dedicated to providing funding to the school to supplement staffing through its Circle of Giving campaign. We've pledged \$200,000 for this school year, which comes out to nearly \$400 for each of our students. By [joining the Circle of Giving](#), your monthly contribution helps us meet our goal and ensure a great learning experience for all Bridlemile children.

Update your membership or join the Circle of Giving before Thanksgiving and you will be entered into a drawing for one of three prizes:

- One tree from our holiday tree sale
- Four tickets to our pancake breakfast
- Two tickets to the foundation benefit auction

You can [join the Circle of Giving](#) or make a one-time gift online: [bridlemileschool.org/donate](https://bridlemileschool.org/donate)

## **WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)**



### **Lincoln Modernization Project**

In just a few months, construction will begin on the new Lincoln High School building. Students and staff will continue using the current Lincoln building until the new facility is completed in the fall of 2022. With the start of construction, change is continuing in the neighborhood.

If you live near Lincoln or are interested in learning more about the project and construction activities in the neighborhood, you are invited to attend the Lincoln Neighborhood Open House on Tuesday, November 5 from 6:00 p.m. – 8:00 p.m. in the Lincoln Library, 1600 SW Salmon St. [Click here to view more information about the upcoming meeting](#) | [Español](#) | [中文](#)

A light meal will be available at 5:30 p.m. with the presentation starting at 6:00 p.m. Childcare will be provided and interpretation in Spanish and Chinese will be available.

### **Come meet the Lincoln design team and general contractor**

Come meet the Lincoln design team and general contractor as they provide updates on design features and upcoming construction including:

- How Lincoln will become a revitalized 21st century learning campus.
- Construction activities over the next three years.
- Student engagement in the project through curriculum and CRLE opportunities.

### **Construction overview**

In the fall of 2022, the new Lincoln High School building will open on the west side of the existing campus. In 2023, the new track and field will open on the site currently occupied by the existing school. During construction of the new building, students will continue using the same Lincoln building. Construction activities will be separated by fencing providing a safe environment for students and staff.

### **Lincoln rebuild summary**

The Lincoln rebuild includes a new multi-story building with performing arts spaces, a student commons, an expanded gymnasium facility and state of the art classrooms. There will be a plaza adjacent to the student commons for outdoor activities and to connect the campus to the surrounding neighborhood through pedestrian-friendly design.

For ongoing project updates, please visit the Lincoln Modernization website at

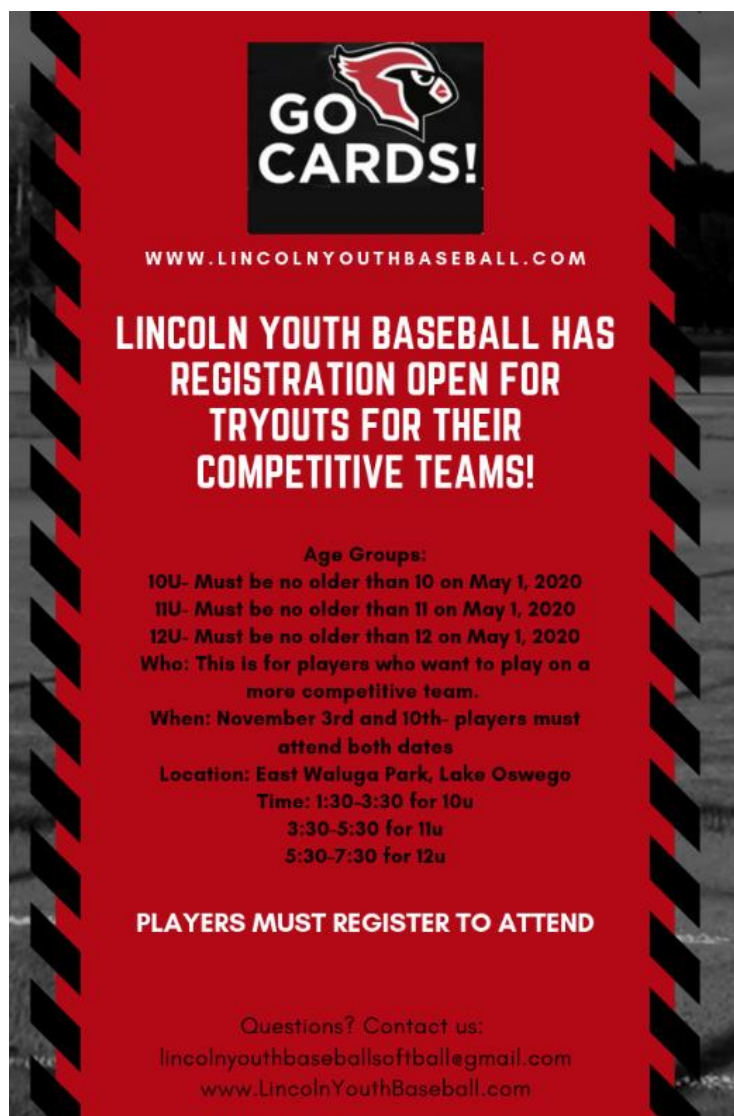
<http://LincolnBond.pps.net>. [Click here to view a fact sheet about the Lincoln modernization project](#) | [Español](#) | [中文](#). Join the mailing list by e-mailing [LHSMod@pps.net](mailto:LHSMod@pps.net).

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## **Help Create A Modernized Wilson High School**

The 2017 Health Safety and Modernization Bond includes funding for the development of Conceptual Master Plans for Wilson, Cleveland and Jefferson High Schools. Learn more about modernization, upcoming public design workshops, or download an application to join the team at <https://www.pps.net/wilsonbond>. Thank you for helping us create a new Wilson High School for the 21st century!

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A red flyer with black and white diagonal stripes on the left and right sides. At the top center is a black square with a red cardinal head logo and the text "GO CARDS!" in white. Below this is the website "WWW.LINCOLNYOUTHBASEBALL.COM" in white. The main text in white reads "LINCOLN YOUTH BASEBALL HAS REGISTRATION OPEN FOR TRYOUTS FOR THEIR COMPETITIVE TEAMS!". Below this, in smaller white text, are the age groups: "10U- Must be no older than 10 on May 1, 2020", "11U- Must be no older than 11 on May 1, 2020", and "12U- Must be no older than 12 on May 1, 2020". Then, "Who: This is for players who want to play on a more competitive team.", "When: November 3rd and 10th- players must attend both dates", "Location: East Waluga Park, Lake Oswego", and "Time: 1:30-3:30 for 10u", "3:30-5:30 for 11u", and "5:30-7:30 for 12u". At the bottom, in white, is "PLAYERS MUST REGISTER TO ATTEND". At the very bottom, in smaller white text, is "Questions? Contact us:", "lincolnyouthbaseballsoftball@gmail.com", and "www.LincolnYouthBaseball.com".

**GO CARDS!**

WWW.LINCOLNYOUTHBASEBALL.COM

**LINCOLN YOUTH BASEBALL HAS  
REGISTRATION OPEN FOR  
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COMPETITIVE TEAMS!**

**Age Groups:**  
10U- Must be no older than 10 on May 1, 2020  
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**Who:** This is for players who want to play on a more competitive team.

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**Location:** East Waluga Park, Lake Oswego

**Time:** 1:30-3:30 for 10u  
3:30-5:30 for 11u  
5:30-7:30 for 12u

**PLAYERS MUST REGISTER TO ATTEND**

Questions? Contact us:  
lincolnyouthbaseballsoftball@gmail.com  
www.LincolnYouthBaseball.com





The Safe Routes to School travel survey is now open!

Complete the survey today and help your school! Schools with 20% participation or more will receive a **\$100 gift card** for supplies. The survey is open until **November 8<sup>th</sup>**.

[saferoutesportland.org/survey](http://saferoutesportland.org/survey)

This fall there are some changes - the survey is online only now. **Why?** It will save the Safe Routes to School team a lot of time, paper and money.

The travel survey helps the Portland Bureau of Transportation (PBOT) improve its Safe Routes to School program and helps prioritize safety projects when funding is available. Additionally, the data collected through this survey is key for Safe Routes to School to secure grant funding for safety programming and infrastructure throughout the city.

## Complete the Safe Routes to School Travel Survey by November 8th!

Help our school reach our participation goal of 20%.

[www.saferoutesportland.org/survey](http://www.saferoutesportland.org/survey)

# Encuesta de viajar del programa Rutas Seguras a la Escuela



¡La encuesta de Rutas Seguras a la Escuela está disponible - completela hoy y ayude su escuela!

Toda las escuelas que obtengan al menos de 20% de participación (o más) recibirán una tarjeta de regalo de \$100!

La encuesta está abierta hasta el **8 de noviembre**.

**[saferoutesportland.org/survey](http://saferoutesportland.org/survey)**

La encuesta solo toma aproximadamente 4 minutos para completarla.

Este otoño hay cambios – ahora es solo en internet. ¿**Por qué?** El equipo de Rutas Seguras a la Escuela ahorrará mucho dinero, papel y tiempo.

La encuesta ayuda a la Ciudad de Portland (PBOT) a mejorar el programa y ayuda a priorizar los proyectos de seguridad cuando hay fondos disponibles. Además, los datos recopilados a través de esta encuesta son importantes para que Rutas Seguras asegure la financiación de subvenciones para los programas de seguridad y la infraestructura en toda la ciudad.

## ¡Complete la encuesta de viajes del programa Rutas Seguras a la Escuela antes de 8 de noviembre!

Ayúdanos a alcanzar nuestra meta de participación del 20%.

**[www.saferoutesportland.org/survey](http://www.saferoutesportland.org/survey)**

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Thank you! If you have any questions, please contact us at [saferoutes@portlandoregon.gov](mailto:saferoutes@portlandoregon.gov).

## **FALL AFTER SCHOOL ACTIVITIES**

### **Monday**

- Soccer by Soccer Shots- Outside field  
<https://www.soccershots.org/pdx/>
- Yoga Playgrounds, Faculty Lounge outside Portable
- <http://www.yogaplaygrounds.com/registration/>

### **Tuesday**

- Watercolor Art by Erin Duke, Faculty Lounge outside Portable

### **Wednesday**

- Spanish by Kids Like Languages, Faculty Lounge outside Portable  
[Kids Like Languages](#)

### **Thursday**

- Chess Wizards, Faculty Lounge outside Portable  
<https://chesswizards.com/>

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[School Website](#)

503-916-6292

Friday Flyer Archives: [School Website](#)



### **Attachments:**

*Circle of Giving Form*

*Box Tops for Education Overview*

*Box Tops for Education Family Letter*