# Bridlemile Friday Flyer

#### 12/13/2019

#### **IMPORTANT DATES:**

Dec 23 <sup>rd</sup> -Jan 5 <sup>th</sup>	NO SCHOOL- WINTER BREAK
Jan 6 <sup>th</sup>	Welcome Back!!
Jan 14 <sup>th</sup>	PTA Board Meeting, 8:05am
Jan 20 <sup>th</sup>	NO SCHOOL- MLK Day

### Inside This Issue- New news at a Glance

- From the Office- Reminder: You can also access the weekly Friday Flyers on our website
- From the Nurse-Immunization Exclusion Day
- Counselor's Corner
- What's happening in our Cluster- Robert Gray Pizzicato Fundraiser

# FROM THE OFFICE

Just a reminder that the weekly Friday Flyer is also posted on our school website- to access it, go to the 'Friday Flyer Newsletter' Tab on the homepage or simply click here: <u>Friday Flyer Archives</u>. The current week's flyer will be posted to the website by 4pm every Friday.

#### From the Equity Committee:

During the month of December, the Bridlemile Equity Committee is focusing on friendship with people who are different from you. We hope you will check out our bulletin board that is in front of the office. You will learn about being friends with a variety of people. How are you friends with someone who is different than you? You are invited to submit examples of this to Mrs. Whitaker or Peter Puvhel's mailbox (please don't use your friend's name). We will add them to our bulletin board. Your submission might look like this: "My name is Mrs. Whitaker, and I have a friend who has a cochlear implant because she is deaf in one ear. She is an amazing singer and I love to spend time with her. I show her friendship by making sure I speak clearly and toward her stronger hearing ear." We can't wait to learn all the ways our amazing Bridlemile students show friendship to those who are differently abled!

#### FROM THE NURSE

If your child is still incomplete in their immunizations, please make arrangements to obtain vaccinations and to provide this information to the school. Exclusion Day for state required vaccinations is Wednesday February 19<sup>th</sup>, 2020. Students who are not current will not be able to attend school until current immunization records are provided to school staff.

#### **COUNSELOR'S CORNER**



Welcome to the Counselor Corner! Week of 12/13/19: **Theme –** Diversity

Activities - We are continuing to explore the second Bridlemile value, *Diversity*, for the rest of the month. Now that our students have been introduced to the word and its meaning within the Community, our lessons and conversations are encouraging them to incorporate Kindness into the equation. Instead of simply *tolerating* or *respecting* people different than ourselves, we are promoting the *celebration* of differences within our Communities! Our language around this topic is -- "Our differences make our Community **awesome**!" How are you continuing these conversations at home?

#### Books We're Using This month --

Thank You, Mr. Falkner The way I feel F is for Feelings Mrs. Gorski, I think I have the Wiggle Fidgets Red, A Crayon Story The Family Book Stella Brings The Family

#### Videos We're Using This Month --

<u>Kid President: How to Make a Friend</u> <u>Kid President: Make Everyday A Holiday Feel Good</u> <u>Seasame Street: What Makes You Special?</u> <u>Kid President: 25 Reasons to be Thankful</u>

#### Curriculum We Are Using Right Now --

- Superflex, A Superhero Social Thinking Curriculum
- Zones of Regulation
- Teaching Tolerance / GLSEN
- Breathe, Chill: introducing breathing, meditation and relaxation to kids and teens

#### Events –

The Bridlemile 5th Grade Leadership Annual food Drive collected **298 pounds of food** which is the equivalent of providing **224 meals** to people experiencing hunger. Thank you Bridlemile Community!

#### Holiday Resources:

- 211.org
- <u>Salvation Army</u> (food, gifts)
- Conexiones/Latino Network
- Toy and Joy Makers
- St. Vincent dePaul (food, gifts, rent assistance)

#### Have a wonderful weekend! - Rachel & Stephanie

# **MESSAGE FROM OUTREACH**

Winter break is fast approaching! It is our hope that every family at our school spends the break with full stomachs and having fun together. In order to increase the positive impact for our community, we have replaced the annual request for presents with a gift card drive.

Monetary donations of any amount can be made online at <u>CheddarUp</u> (<u>https://community-outreach.cheddarup.com</u>) or you can deliver a \$25 gift card from Fred Meyer, Target, or Albertsons to the school office **ON OR BEFORE DECEMBER 18**. All funds will be used to purchase gift cards that will be distributed confidentially by the school counselor to families that have requested assistance.

Your contributions are so appreciated! Bridlemile Community Outreach

## **PTA NEWS**

#### Trail Blazer Fundraiser!!

Cheer on the Trail Blazers while supporting our PTA!

Bridlemile is participating in the Trail Blazers School Fundraising Nights on <u>December 20th</u> (vs. Orlando Magic) and January 26th (vs. Indiana Pacers). Every ticket purchased through Bridlemile gives back a portion of the funds to our school. Visit: <u>https://groupmatics.events/group/abschoolfundraising20</u> to secure your seats today!

20 kids from the school that sells the most tickets will get to high five the Trail Blazers as they enter the court. Please join us for an exciting family night at the game.

# WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

Robert Gray invites you to join us at Pizzicato on December 17th for a fundraiser! Pizzicato will generously donate a portion of all profits brought in on December 17th to Robert Gray Middle School! Please mention Robert Gray when placing your order! Your support is greatly appreciated!

#### **Robert Gray Drama Presents:**

Tickets on sale NOW! Reserve your tickets for the play **"Welcome Back"**. A compendium of only the very best bits from a decade of RGMS Drama. Dracula, Fearsome Pirate Frank, Alice @ Wonderland, and many more characters will share the stage. Performances are at Robert Gray Middle School. Premium Seating \$15 General admission \$10 for adults and \$5 for students. This is our tenth year of Drama at Robert Gray! Come help us celebrate and watch the history of our stage unfold. Online tickets are reserved and door sales are general admission. Shows Run December 6th, 7th, 13th and 14th 7:00pm and Sunday December 15th 2:00pm.

https://app.arts-people.com/index.php?show=109709

#### **RGMS Drama Presents...**



#### Hello Lincoln Youth Baseball Families!

We are excited to announce that Registration for Spring Baseball is officially OPEN! Coaches can register now too.

Please register your player at: www.LincolnYouthBaseball.com T-ball- Pre-k and Kindergarten A-ball- 1st grade AA-ball- 2nd grade AAA/Minor's- 3/4th grade Major's- 5/6th grade Seniors- 7/8th grade Please email us with questions: lincolnyouthbaseballsoftball@gmail.com GO CARDS!

#### West Sylvan Drama Presents:



## FALL AFTER SCHOOL ACTIVITIES

#### <u>Monday</u>

- Yoga Playgrounds, Faculty Lounge outside Portable (last class 12/16)
- <u>http://www.yogaplaygrounds.com/registration/</u>

#### **Thursday**

 Chess Wizards, Faculty Lounge outside Portable (last class 12/19) <u>https://chesswizards.com/</u>

<u>School Website</u> 503-916-6292 Friday Flyer Archives: <u>School Website</u>



Attachments: Trailblazer School Fundraising Flyer