

Bridlemile Friday Flyer

2/21/2020

IMPORTANT DATES:

Feb 22 nd	TOMORROW NIGHT!! Foundation <u>AUCTION</u> , 6-10pm, World Forestry Center
Feb 27	OBOB Finals (Top 16 Teams) 2:15pm - 3:30pm
Mar 5 TH	S.T.E.A.M Night; 5:30pm – 7:30pm; Cafeteria
Mar 11 th	PTA Board Meeting; 8:05am
Mar 11 th	Veggie Grill- Fundraiser

Inside This Issue- New news at a Glance

- From the Office- S.T.E.A.M Night
- Counselor's Corner- Weekly Update
- PTA- Restaurant Fundraiser- Veggie Grill; Garden Committee; Food Pantry

FROM THE PRINCIPAL

Dear Bridlemile Community,

I wanted to let you know that I will be taking a brief leave starting on February 18th with a planned return date of March 9th. During this time, Jeff Spalding, will be filling in, responding to emails and handling matters that arise in our school. Jeff is a retired administrator who has many years of experience in Portland Public Schools. Jeff is looking forward to this time at Bridlemile. I wish you all a good start to this term as we look forward to spring. I will be responding to emails upon my return starting on March 9th. If you have a matter that needs a response before then, please email Jeff at jspald@pps.net. I look forward to seeing you all on March 9th. Have a relaxing holiday weekend.

Sincerely,

Brad Pearson
Principal

FROM THE OFFICE



PPS Successful Schools Survey: Family Feedback

Dear Parents/Guardians,

Thank you so much for participating in our annual Successful Schools Family Survey. Your responses will help your school understand your experience and use them to set goals and plan for next year. The survey will cover topics on school safety, school climate, barriers to family engagement, and how well your school fits

your student's needs. Please be honest and thoughtful, and take your time to read and respond to the questions.

Please visit the link below on a computer, tablet, or smartphone and select the school your child attends. If you do not have access to a computer or internet, please contact your school office so we can provide a way for you to take the survey. Thank you so much for your time and feedback!

<http://surveys.panoramaed.com/portlandor/ppsfamily>

STEAM Night!

Bring the family to STEAM Night at Bridlemile on Thursday, March 5th from 6 to 7:30 p.m.! Hands-on science, technology, engineering, art and math activities and exhibits including the 5th Grade Science Fair projects. Win prizes! **We still need a few more volunteers to make this an awesome event.** Sign up for half the event and join your family for the rest. <https://signup.com/go/zKeDfQc>

Thank you!

Ms. Miner & Mr. Stenger

NEW! Bus Stop App!!

Bridlemile Elementary School parents, guardians, and students, if your student rides a Portland Public Schools (PPS) bus to school, this message is for you.

Last December, the PPS Transportation Department informed you that we are piloting a new "MyStop" App with your school and one other (Jason Lee Elementary School). That day has arrived! You are the first to receive and use this app before it is released to all of the other PPS schools.

So what is MyStop?

MyStop is an app you can use on your smartphone (Apple or Android), iPad or Tablet, or your laptop or desktop computer.

What does MyStop do?

With My Stop, parents, guardians and students know approximately what time their school bus will arrive at their home stop — all from a smart phone, mobile device or computer. The school bus location updates automatically and the ETA recalculates to accommodate any delays due to traffic while in route.

It can be used by both the parent/guardian and the student. You will only be able to see your student's bus info but not other students.

To learn how to download the app and login, please visit <https://www.pps.net/MyStop>

This web page also contains frequently asked questions (FAQ's).

For questions or comments, please contact the PPS Transportation Services department directly by emailing Transportation@pps.net (please indicate "My Stop" in the subject line). Alternatively, you can call Transportation Services at 503-916-6901 and choosing option 4.

Thank you!

PPS Transportation Services

COUNSELOR'S CORNER

Welcome to the Counselor Corner!



Week of 2/21/20: **Theme – Integrity**

Activities - Integrity: The quality of being honest and fair.

We are starting off the New Year by exploring the third Bridlemile value, *Integrity*. Integrity is doing the right thing, even when no one is watching! Our lessons and conversations will continue to include our first two Bridlemile values as well as continue to encourage them to incorporate *Kindness* into their actions with each other. Our language around this topic is -- “We are students who have integrity and value our community. Our Integrity helps our Community stay **strong!**” How are you continuing these conversations at home?

Books We’re Using This month --

[The Terrible Things](#)

[Trouble Talk](#)

[Today I Feel Silly & Other Moods That Make My Day](#)

[F is for Feelings](#)

Videos We’re Using This Month --

[Kind President-The story of Martin Luther King](#)

[Kid President has a Dream](#)

[The Terrible Things](#)

[Inside Out: Guessing the Feelings](#)

Curriculum We Are Using Right Now --

- [Superflex, A Superhero Social Thinking Curriculum](#)
- [Zones of Regulation](#)
- [Teaching Tolerance / GLSEN](#)
- [Breathe, Chill: introducing breathing, meditation and relaxation to kids and teens](#)
- [Kelso’s Choices](#)

Articles We Are Reading - [Black History Month: Teaching Beyond Slavery](#)

Events –

• Upcoming Parent Trainings

- **OHSU:** For more information, visit: www.ohsu.edu/cps or call: (503) 346-1490 or email: cps@ohsu.edu
- **Willamette Health & Wellness, Portland, OR:** For more information, visit: www.willamettehealthandwellness.com
- **Restore Therapy, Portland, OR:** Check on upcoming classes at www.restoretherapypdx.com
- * **Swindells Resource Center of Providence Child Center** supports parents and caregivers of children who have special needs, developmental delays or disabilities. They provide [resources](#) and many parenting class series. Click here for their [Event Website](#).
- **The Pathfinder Network** provides community based support services for justice-impacted adults and their children. Click [here](#) for more information.

- [A Day of Love and Logic for Educators & Parents](#), March 12, 2020

Have a wonderful weekend! ~ Rachel & Stephanie

PTA NEWS

Veggie Grill Fundraiser March 11th!

Come join us for a delicious vegetarian dinner at Veggie Grill on Wednesday March 11th! Veggie Grill is willing to support our school by giving back 33% of the proceeds for any meal purchased between 5pm-9pm on this night. All you have to do is show up, purchase a meal and mention Bridlemile PTA. Veggie Grill is located at Cedar Hills Crossing (3435 SW Cedar Hills Blvd., #D, Beaverton, OR 97005).

If you're interested at all, please visit this website to RSVP your possible attendance so the restaurant has a heads up. <https://www.groupraise.com/events/136555>
But please attend if you're able, an RSVP is not required. It is more of a fast food style grill so there should not be long wait times for seated service.

Thank you!!
Bridlemile PTA

Garden Committee

Join the Hemlock Removal Team! As a response to the presence of toxic hemlock in our school garden, we are forming an adult team of volunteers to routinely cut back and remove visible plants. With consistent maintenance, we can eradicate it from the garden area. But we need your help! We are holding a training on **Wednesday 2/26 at 5 pm** in the Bridlemile garden. Training will cover plant identification and safe removal techniques. Please email Deedra Weill at deedra0330@gmail.com to RSVP and with any questions.

*Not able to help this week in the garden? You have another chance! **Sunday 3/1 from 10-2**, we will there again getting the garden ready for spring. Please join us!!*

Food Pantry

Dear families,

Our Bridlemile Food Pantry is in need of items in order to make the weekly pantry bags complete. Please consider donating some of the items listed below. You can drop off donation bags in RM #16 (next to the front office) anytime when the school doors are open.

Food Pantry **CAN** accept:

- Peanut Butter and Almond Butter (low or no sugar)
- Rice
- Tuna
- Beans (canned or dried)
- Pasta
- Whole Grain Cereal
- Shelf-stable Milk
- Cooking Oil
- Canned Tomatoes
- Other Nutritious Foods (whole grain, low-fat, low-sodium and low-sugar products)

Food Pantry **CANNOT** accept:

- Rusty or unlabeled cans

- Frozen or refrigerated items (including turkeys or hams) from individual donors
- Homemade items
- Non-commercial canned or packaged items
- Alcoholic beverages
- Open or used items
- Expired items

Got questions? Email Minh Ferris minhferris503@gmail.com or Michelle Doherty mchll_doherty@yahoo.com

Thank you kindly, The Bridlemile Food Pantry Team

Trail Blazer Fundraiser - Part 2!

The school fundraising nights were such a success, the Trail Blazers are offering two more games as part of this program!

Join us in cheering on the Trail Blazers while supporting our PTA! Every ticket purchased through Bridlemile gives back a portion of the funds to our school. Visit:

<https://groupmatics.events/group/abschoolfundraising20> to secure your seats today!

February 25th vs. Boston Celtics

March 19th vs. Dallas Mavericks

Purchase Link: <http://groups.trailblazers.com/group/abschoolfundraising20>

20 kids from the school that sells the most tickets will get to high five the Trail Blazers as they enter the court. Please join us for an exciting family night at the game.

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)

- **Free Softball Clinics for girls 1st to 3rd grade:** SW Portland Little League is hosting free softball clinics for our community. Does your daughter want to try softball but not quite ready to commit to the spring season? This is a great chance to try out the game. This is a casual opportunity for girls to learn and practice basic fundamentals. We will play catch, take some grounders and above all else....have some fun!! Please have your player bring a glove. If you don't have one, please let us know. Parents are encouraged to stay and help. Join us at Stephenson Elementary Feb 18, Feb 25 and March 3rd. 6:30-7:30. Sign up here: <http://signup.com/go/hxoqjJY>
- **SW Portland Little League spring registration is open through March!** We offer tee ball, baseball and softball for players 5 to 13. <https://swpll.org/program/26851/spring-baseballsoftball-spring-2020>

Lincoln Youth Baseball -Registration is now open through

March. <https://lincolnyouthbaseball.sportngin.com/register/form/070057792>

SW Portland Little League spring registration is now open! We offer tee ball, baseball and softball for players 5 to 13.

<https://swpll.org/program/26851/spring-baseballsoftball-spring-2020>

Wilson Youth Lacrosse- Spring rec League open- Click [here](#) for flyer information.

WINTER AFTER SCHOOL ACTIVITIES

Tuesday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>

[School Website](#)

503-916-6292

Friday Flyer Archives: [School Website](#)

