



Bridlemile Friday Flyer

3/6/2020

IMPORTANT DATES:

Mar 11 th	PTA Board Meeting; 8:05am
Mar 11 th	Veggie Grill- Fundraiser
Mar 13 th	K/1 MESD Hearing/Vision Testing; 3 rd grade Vision Testing
Mar 23 rd – 27 th	NO SCHOOL- SPRING BREAK

Inside This Issue- New news at a Glance

- From the District- Census 2020
 - From the Office- **IMPORTANT!!!! Successful Schools Family Survey closes TONIGHT!**
Afternoon Dismissal & Climbing on the Trees; Volunteer Code of Conduct; Champions Enrollment Info for 20-21
 - Counselor's Corner
-

FROM THE DISTRICT

Census 2020- Please refer to the attached flyer for information.

FROM THE OFFICE

LAST DAY!!!! Please be sure to take the Successful Schools Survey!!

If you have not done so already, please be sure to take the Successful Schools Survey!! **The information you provide is very important to our school** and we value your feedback! Your responses will help Bridlemile understand your experiences and use them to set goals and plan for next year. The survey will cover topics on school safety, school climate, barriers to family engagement, and how well your school fits your student's needs.

Please be honest and thoughtful, and take your time to read and respond to the questions.

<http://surveys.panoramaed.com/portlandor/ppsfamily>

Thank you!

IMPORTANT REMINDER: Afternoon Dismissal in the front of the Building

Dear families, for the safety of your children and the health of our trees, please remind your kiddos to not climb the trees at the front entrance. Thank you!

Champions

Enrollment for Champions After School Care for S.Y. 2020-2021 will open March 10 at 9am. If you are interested in enrolling your child/children please visit discoverchampions.com to enroll! If you have any questions please feel free to reach out to Melodee Andrada. Spots fill in quickly so mark your calendars! We hope to see you soon.

email: bridlemileschool@discoverchampions.com

phone: 503-927-4165

We greatly appreciate all our parent and family member volunteers! We are grateful for your valuable time to support Bridlemile in so many ways! Please be aware that when you are here we ask that you follow the district guidelines below-

Volunteer Code of Conduct

In order to volunteer in Portland Public Schools, applicants are required to complete a background screening and agree to the following Volunteer Code of Conduct:

1. I will sign in at the school's main office immediately upon arrival.
2. I will wear or show volunteer identification whenever I am volunteering in a school.
3. I will follow the directions of the building administrators, teachers, and/or appropriate staff members.
4. I agree to conduct myself in a professional, respectful manner at all times. I understand that the volunteers are role models for students, and will conduct myself accordingly.
5. I understand that I am responsible for following the policies and procedures of Portland Public Schools. I understand that PPS has a strong commitment to diversity and inclusion of all students. I will uphold those policies and values while volunteering. I will not share my personal or political views with students while volunteering. If I have any questions about this, I will ask the teacher or principal.
6. I will share with teachers and/or school administrators any concerns that I may have related to student welfare and/or safety.
7. I will use only adult bathroom facilities.
8. I will not possess weapons of any type while on school property or during school events off premises.
9. I will not possess or use tobacco or any nicotine-related products and will not possess or be under the influence of alcohol, marijuana, or illegal drugs on school property or during school events off premises.
10. I understand that in the course of volunteering, I may learn private or sensitive information about students, families, or staff. I agree to maintain confidentiality outside

of school. I will not share information that I learn about students or staff with anyone except to carry out my volunteer duties and as outlined in this code of conduct.

11. I agree to avoid exploiting or unduly influencing a student into engaging in an illegal or immoral act or any other behavior that would subject the student to discipline for misconduct, whether or not the student actually engages in the behavior.
12. I agree not to engage in sexual harassment of students, other volunteers, or school employees. I will avoid having inappropriate contact with any student, whether or not on school property, which includes all forms of sexual touching, sexual relations, or romantic relations, any touching which is unwelcome by the student or inappropriate given the age, sex, and maturity of the student. I will refrain from touching or hugging students, even if the student instigates the physical contact.
13. I agree to notify immediately the Security Services Department if I am arrested for a misdemeanor or felony sex, drug, assault, or weapon related offense.

Agreement: I agree to follow this code of conduct, the general standards of professional conduct, and maintain confidentiality. I understand that volunteering is a privilege, not a right. I understand that failure to comply is grounds for immediate suspension or permanent revocation of my volunteer privileges.

***** Reminder: Bridlemile School Community Latex Allergy Information*****

Dear Bridlemile Community, this year we have students in our building who have a severe allergy to latex (natural rubber). Children with latex allergies can have life-threatening reactions with some exposures to even tiny amounts of allergen. There are certain things that can be done to reduce the risk of exposure and decrease their chance of allergic reaction.

While the district cannot ensure a latex free environment due to the ubiquity of latex in common products, because of the seriousness of this allergy, we are asking the Bridlemile community to make their best effort to minimize the introduction of common items that may contain Latex. Common Latex items may include, but are not limited to **Latex Balloons, Rubber-Bands, Latex Gloves and Latex Band-Aids.**

Our goal is to make school a safer place for all of our students. Thank you for your support and understanding

For more information on Latex Allergies, please see the provided latex allergy information links listed below:

<https://www.cdc.gov/niosh/docs/98-113/>

<https://www.aafa.org/latex-allergy/>

COUNSELOR'S CORNER

Welcome to the Counselor Corner!

Week of 2/21/20: **Theme – Kindness**

Activities - Kindness: the quality of being friendly, generous, and considerate.

Our lessons and conversations will continue to include our first three Bridlemile values and we now encourage students to incorporate Kindness into their actions with each other. Our language around this topic is -- “We are students who show kindness to others and to our community. Our Kindness helps our community **grow strong!**” How are you continuing these conversations at home?

Books We’re Using This month --

[The Terrible Things](#)

[Luther King](#)

[Trouble Talk](#)

[Today I Feel Silly & Other Moods That Make My Day](#)

[F is for Feelings](#)

[You're a Crab! A Moody Day Book by Jenny Whitehead](#)

Videos We’re Using This Month --

[Kind President-The story of Martin](#)

[Kid President has a Dream](#)

[The Terrible Things](#)

[Inside Out: Guessing the Feelings](#)

Curriculum We Are Using Right Now --

- [Superflex, A Superhero Social Thinking Curriculum](#)
- [Zones of Regulation](#)
- [Teaching Tolerance / GLSEN](#)
- [Breathe, Chill: introducing breathing, meditation and relaxation to kids and teens](#)
- [Kelso’s Choices](#)

The district has a live website to provide Coronavirus Updates that can be found at pps.net/coronavirus. Please share and visit to receive timely updates. Also, please use the County’s website for timely information: <https://multco.us/health-officer/novel-coronavirus-covid-19>

Suggested resources and articles for talking to students who are experiencing anxiety related to the Coronavirus:

- o [Just For Kids: A Comic Exploring The New Coronavirus](#)
- o [How to Talk to Kids About Coronavirus](#)
- o [Talking to Teens and Tweens About Coronavirus](#)
- o [How to Talk to Your Anxious Child About the Coronavirus](#)

Upcoming Parent Training and Classes: Click [here](#) to see resources. *

* [A Day of Love and Logic for Educators & Parents](#), March 12, 2020

Have a wonderful weekend ~ Rachel & Stephanie

PTA NEWS

Veggie Grill Fundraiser March 11th!

Come join us for a delicious vegetarian dinner at Veggie Grill on Wednesday March 11th! Veggie Grill is willing to support our school by giving back 33% of the proceeds for any meal purchased between 5pm-9pm on this night. All you have to do is show up, purchase a meal and mention Bridlemile PTA. Veggie Grill is located at Cedar Hills Crossing (3435 SW Cedar Hills Blvd., #D, Beaverton, OR 97005).

If you're interested at all, please visit this website to RSVP your possible attendance so the restaurant has a heads up. <https://www.groupraise.com/events/136555>
But please attend if you're able, an RSVP is not required. It is more of a fast food style grill so there should not be long wait times for seated service.

Thank you!!
Bridlemile PTA

Food Pantry

Dear families,

Our Bridlemile Food Pantry is in need of items in order to make the weekly pantry bags complete. Please consider donating some of the items listed below. You can drop off donation bags in RM #16 (next to the front office) anytime when the school doors are open.

Food Pantry **CAN** accept:

- Peanut Butter and Almond Butter (low or no sugar)
- Rice
- Tuna
- Beans (canned or dried)
- Pasta
- Whole Grain Cereal
- Shelf-stable Milk
- Cooking Oil
- Canned Tomatoes
- Other Nutritious Foods (whole grain, low-fat, low-sodium and low-sugar products)

Food Pantry **CANNOT** accept:

- Rusty or unlabeled cans
- Frozen or refrigerated items (including turkeys or hams) from individual donors
- Homemade items
- Non-commercial canned or packaged items
- Alcoholic beverages
- Open or used items
- Expired items

Got questions? Email Minh Ferris minhferris503@gmail.com or Michelle Doherty mchll_doherty@yahoo.com

Thank you kindly, The Bridlemile Food Pantry Team

Trail Blazer Fundraiser - Part 2!

The school fundraising nights were such a success, the Trail Blazers are offering two more games as part of this program!

Join us in cheering on the Trail Blazers while supporting our PTA! Every ticket purchased through Bridlemile gives back a portion of the funds to our school. Visit: <https://groupmatics.events/group/abschoolfundraising20> to secure your seats today!

March 19th vs. Dallas Mavericks

Purchase Link: <http://groups.trailblazers.com/group/abschoolfundraising20>

20 kids from the school that sells the most tickets will get to high five the Trail Blazers as they enter the court. Please join us for an exciting family night at the game.

WHAT'S HAPPENING IN OUR SCHOOL CLUSTER (Gray/Wilson & West Sylvan/Lincoln)



<https://rgms.schoolauction.net/auction2020/>



**We are less than a month away
from the start of
T-ball/Baseball Season!**



T-ball: PreK and Kindergarteners. Perfect for the 1st time player. One game and one practice per week.

A-ball: 1st graders, one practice and 2 games per week. Coach pitch and T used when needed.

AA-ball: 2nd graders, one practice and 2 games per week. Pitching machine

AAA-Ball: 3rd-4th graders, one practice and 2 games per week, Kids are pitching at this level

Juniors: 5th graders, two practices and two games per week

**Register your player now:
www.LincolnYouthBaseball.com**

- **Free Softball Clinics for girls 1st to 3rd grade:** SW Portland Little League is hosting free softball clinics for our community. Does your daughter want to try softball but not quite ready to commit to the spring season? This is a great chance to try out the game. This is a casual opportunity for girls to learn and practice basic fundamentals. We will play catch, take some grounders and above all else....have some fun!! Please have your player bring a glove. If you don't have one, please let us know. Parents are encouraged to stay and help. Join us at Stephenson Elementary Feb 18, Feb 25 and March 3rd. 6:30-7:30. Sign up here: <http://signup.com/go/hxoqjJY>
- **SW Portland Little League spring registration is open through March!** We offer tee ball, baseball and softball for players 5 to 13. <https://swpll.org/program/26851/spring-baseballsoftball-spring-2020>

Wilson Youth Lacrosse- Spring rec League open- Click [here](#) for flyer information.

Wilson Youth Football- Click [here](#) for flyer information.

WINTER AFTER SCHOOL ACTIVITIES

Tuesday

- Soccer by Soccer Shots- Outside field
<https://www.soccershots.org/pdx/>

[School Website](#)

503-916-6292

Friday Flyer Archives: [School Website](#)

