

Bridlemile Friday Flyer



Martin Luther King Jr. Day
Monday January 18th, 2021

1/15/2021

IMPORTANT DATES:

Jan 18th	NO SCHOOL - MLK Jr.Day
Jan 27th	Equity Chat-TED Talk, 7:00PM
Jan 28th	Community Meeting, Students: 6:00-6:30PM, Parents: 6:30-7:00PM
Jan 29th	NO SCHOOL - Teacher Planning Day
Feb 9th	PTA General Public Meeting, 6:00PM, google meet link to follow

WHAT'S NEW INSIDE THIS ISSUE

- Nutrition Services- January Meal Service
- From the Office- 5th Grade Science Fair Judges Needed, Next School Community Meeting 1/28
- Counselor's Corner- [1-15-21 Counselor Newsletter](#)
- Music News from Ms. Barlow- Some Songs in Honor of MLK
- Racial Equity and Social Justice Team Check-In; Community Equity Group-1/27 Zoom Discussion
- PTA/Foundation - [PTA newsletter](#)

DISTRICT NEWS

For the latest district news click here: [PPS District Homepage](#)
At home strategies for families for Distance Learning [resources for P-12 strategies](#)

From Nutrition Services

JANUARY MEAL SERVICES

Due to Martin Luther King Jr.'s Day falling on a meal service day, the Nutrition Services department will be providing extra meals on Friday, January 15 and Wednesday, January 20 in order to continue to cover meals for all 7 days. On Friday, January 29 (a teacher planning day), meal services will continue as scheduled.

For PPS families not near a meal pickup location or who need assistance accessing meals and would like to request home meal delivery, please contact nutritionservices@pps.net with:

- Family name
- Address (where meals should be delivered)
- Contact phone number
- Number of children in the household
- School(s) attended

Please feel free to visit our [website](#) or contact us at nutritionservices@pps.net with any questions.

FOOD AND NUTRITION BENEFITS THROUGH FEDERAL RELIEF

Nutrition Services wanted to share this information from Partners for Hunger Free Oregon to help explain some of the new and upcoming food and nutrition benefits that will come via the federal relief package.

The federal economic relief package passed late last month included **a temporary increase of approximately 15% in SNAP benefits**. These benefits **are planned to be distributed this month in Oregon**. To see the details please read this [news release](#).

SNAP Emergency Allotments will continue for January as well, meaning families will still receive their maximum household allotment of SNAP benefits. Please see these [FAQs](#) for more information and feel free to share the news with partners and clients.

Please click [here](#) for more information.

FROM THE OFFICE

Looking for 5th Grade Science Fair Judges!

Each year our 5th grade students work collaboratively with their teachers and community partner, Dr. Larry Sherman, on Science Fair projects to submit for competition. We are asking for parent volunteers to help judge the projects.

Students will submit their science projects on January 21st and Dr. Sherman will email all the presentations to our volunteer judges. Judges will then have three days to review the projects. Dr. Sherman will then set up a Zoom meeting with our judges to pick the winners.

If you are interested, please contact one of the 5th grade teachers:

Ms. Sumner vsumner@pps.net

Mr. Black tblack@pps.net

Mr Beebe abeebe@pps.net

Upcoming Community Meeting- Mark your calendars! This month's Community Meeting is scheduled for Jan 28th (a little later in the month to adjust for the return from the break and MLK Jr. holiday). Our meeting will follow the same format as our last. Students will meet at 6 PM and parents will meet at 6:30 PM. Meeting link and meeting agenda to come in next week's Friday Flyer!

COUNSELORS CORNER

This week's counselor Newsletter: [1-15-21 Counselor Newsletter](#)

MUSIC NEWS FROM MS. BARLOW

Happy Martin Luther King Jr. Birthday Weekend! Here are some songs to honor MLK:

Lift Every Voice and Sing: <https://video.link/w/NNVFb>

We Shall Overcome: <https://video.link/w/QIVFb>

Sing About Martin: <https://video.link/w/8WcDb>

Louis Armstrong: We Shall Overcome with Lyrics: <https://video.link/w/gQVFb>

This Little Light of Mine! <https://video.link/w/8WVFb>

LIBRARY NEWS FROM MS. DAHINDEN

BOOK RETURN TIMES: On school days: Wednesdays 12 noon to 3 pm, Thursdays and Fridays 8:30 to 3:00 pm.

BOOK CHECK OUT: Use the link below to request library books. Please be logged into your student's PPS account before trying to access the link.

[Library Book Check-Out Request Form](#)

SCHOOL RACIAL EQUITY AND SOCIAL JUSTICE TEAM CHECK-IN

CONVERSATION STARTERS-

Dr. Martin Luther King's birthday is this Friday and celebrated on Monday. It can be hard to know how to talk about his legacy in a way that does justice to his evolving beliefs and honors its relevance to current times.

Here is an excerpt from a Scholastic article, ["Kids Are Missing a Crucial Piece of History": How to Talk About Martin Luther King Jr. With Your Children](#) that may help families with these conversations.

"Helping our children remember Dr. King's legacy — and, as Burke points out, the critical role teens and young adults played in the Civil Rights Movement — also assists us parents in shining a light on what's right and good about the centerpiece of his tenets: that we treat our fellow man equally, judge people "by the content of their character, not the color of their skin," and have enough decency and respect for ourselves to lift our voices and seek what we think is rightfully ours without resorting to violence to get it."

COMMUNITY ACTION

Here are some quotes from Dr. King to inspire your community action in honor of him over this three day weekend. Send us a picture of your community service (jcovingtonbrehm@pps.net)!

“Everybody can be great because everybody can serve.”

"Life's most persistent and urgent question is: 'What are you doing for others?'"

Service-Learning Activities during COVID

- Clean or repair books for The Children’s Book Bank at home.
- Send a letter or drawing to, or call a neighbor, friend, or family member who may not be able to interact with many people due to COVID.
- Read or watch a movie about civic leaders.
- For more volunteer opportunities: [Hands On Greater Portland](#)

PPS HATE SPEECH RESPONSE FORM

To ensure a learning environment of safety, security and belonging for every student, PPS does not tolerate hate speech nor acts of discrimination. If you experience or witness hate speech, please fill out this [Hate Speech Response Form](#).

Bridlemile Community Equity Group- [Upcoming Event](#)

Equity Chat - How to Overcome Our Biases
Wednesday Jan. 27 at 7 p.m.

Join members of Bridlemile’s Community Equity Team for a conversation about unconscious bias and racial justice.

We’ll use Verna Myers excellent TEDx talk as a jumping off point. If you can, please watch (https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_them) before the chat. Approximately 18 minutes.

Come to the chat with thoughts, questions, insights and observations. We'll talk about the TED Talk in an open, safe and brave environment. All welcome.

This is the first in a series of short community conversations designed to challenge, awaken and uplift the Bridlemile community as we work together on anti-racism in our school.

[PTA/FOUNDATION NEWS](#)

[PTA newsletter](#)

COMMUNITY NEWS

West Sylvan M.S



SAVE
the
DATE

**WEST SYLVAN
MIDDLE SCHOOL**

**5TH GRADE (VIRTUAL)
OPEN HOUSE**

01.21.21
6:00 - 8:00PM

**code:meet.google.com/n
os-yuqd-wkj**

**one computer per
family please**



[School Website](#)

503-916-6292

Friday Flyer Archives: [School Website](#)

PTA/Foundation: [Parent Resources / Bridlemile](#)

PTA Website: <https://bridlemileschool.org/>