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OUT AND ABOUT This month, Kathy and Jane visit Northeast Portland's Roseway neighborhood, where they find Bryan and Kayla Husen, behind the counter at the newly-opened Roseway Play Cafe, with their son Keith. **PAGE 26**



BEAUMONT BIPEDS 30-year fitness regimen for neighborhood walking group stands test of time. PAGE 13



WILSHIRE WINNERS Local Little League team wins state and heads to Arizona for regionals. PAGE 8



FABULOUS FAUBION Partnering with Concordia University, new school will open in fall of 2017. PAGE 18



LOMBARD LOVE The staff at Lombard animal Hospital specialize in traditional veterinary medicine and alternative options, including acupunture. PAGE 20

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PRESORTED



HOLLYWOOD MAKEOVER The Hollywood Theatre has launched a major renovation project. PAGE 2



PINATA PALACE Jamie and Erik Sandoval have opened Calaverasy Diablitos in Beaumont Village.

PAGE 8

THE HOLLYWOOD STAR NEWS 2000 NE 42ND AVENUE PMB 142 2000 NE 42ND AVENUE PMB 142 PORTLAND, OREGON 97213

STAR DEVELOPMENT NEWS

Hollywood Theatre \$265,000 facade and roof restoration underway

By mid-July, there had been no rain for 39 days, but, at the Hollywood Theatre, an overnight cloudburst forced enough water through cracked ceilings and walls to make a floor mat outside the east exit door squish underfoot. That same morning, July 13, the Theatre got a little bit noisier, but film sound tracks weren't the source of the din. A major restoration to repair and preserve the façade and roof of the historic 89-year-old theatre began.

Theatre Executive Director Doug Whyte and Kristy Conrad, development & marketing director, pointed out some of the more sorely hit parts of the structure built in 1926 by Portland architects Bennes & Herzog at 4122 N.E. Sandy Blvd. The Hollywood Theatre originally staged vaudeville acts and was a silentmovie palace. The Spanish Colonial Revival-style edifice became such a popular destination and city landmark, that residents and visitors began to call the surrounding neighborhood the Hollywood District.

Through decades of multiple ownership, the Theatre remained an important cultural site. Many of Portland's most famous residents, including Ken Kesey (One Flew over the Cuckoo's Nest) and Matt Groening (The Simpsons) went to the movies there, but the Theatre saw hard times by 1983, when it was placed on the National Register of Historic Places.

Film Action Oregon (the nonprofit organization now known simply as the Hollywood Theatre) bought the building in 1997. Since then, the 501(c)(3)'s mission has been to restore the Theatre to its full glory. Installation of a new marquee replicating the 1926 original preceded the current construction along with installation of new, comfortable theater seats and technology improvements, including DCP, 70mm and new sound systems. The main roof was replaced in 2006.

Those were projects Whyte characterized as "sexy," but he told the Hollywood Star News, "This restoration project is work that has been needed before the Theatre went non-profit." Conrad and Whyte pointed out vegetation growing from the façade above the marquee and indicated where water had stained the wall under the overhang. "The ticket booth window to the west of the front door also leaks when it rains," added Conrad. Whyte said he doubted private ownership could bear the \$2.2-million



phillcolombo@star-news.info

annual fiscal burden of operating such a historic landmark.

Continuing through the summer, work by D&R Masonry and Anderson Roofing of Portland will include in-depth cleaning and restoration of the Theatre's façade, retiling of the Theatre's period clay roof and water leak repair throughout the building. Conrad and Whyte lauded Theatre contributors to the \$265,000 restoration, for one of the Theatre's largest projects yet: the Kinsman Foundation, Jackson Foundation, Pacific Power Foundation, ESCO Foundation, Oregon Community Foundation Community Grant Program and Collins Foundation.

"These grants and donations complement ongoing support of the Hollywood Theatre's board of directors, members, and donors. The Hollywood Theatre now has 1,500 members, double what we had last year," said Whyte. He noted that three new staffers would be added to assist with the Theatre's education program in Grant High and Open Meadow Middle schools. In all, the Theatre employs 15 and relies on the volunteer time of a couple of hundred volunteers.

More project information is available at www.hollywoodtheatre.org/facade-roof-restoration.

Wine Bar first tenant to sign with Lyon Court

William Elliott of Elliott Associates has announced finalization of lease negotiations with J. Mikey Lynch to operate a wine bar at Lyon Court, a building completed earlier this year at 2393 N.E. Fremont St. in the Alameda Neighborhood. Lynch will be working over the next several months with Elliot to develop the 1,726-square-foot space into a community meeting venue.

At a March open house for businesses and neighbors, Lynch said he looked forward to opening a wine bar and that he might hire up to ten full-time and part-time employees. Lynch is a graduate of Texas A&M. He said he was planning on featuring international and local wines. "I've been in and around wine bars, and I know what I like, and I really want to own my own place," he said.

Elliott told the Hollywood Star News that, in July, he had two other interested parties: one was in the lease review stage, the other was submitting a letter of intent. Elliot believes a fitness facility or small market would be good uses of the space still available, and he is still seeking an interested bar/restaurant tenant. There are three more units available at Lyon Court.

Living Cully Plaza begins development of former strip club site

A coalition of three non-profits will host a community celebration on Neighbors Night Out, Tuesday August 6, to mark the purchase of a blighted triangle located between Northeast Cully Boulevard, Portland Highway and Killingsworth Street. The celebration at the site will follow completion of the July sale of the 2.18-acre property and 26,000-squarefoot building valued at more than \$3 million for \$2.365 million and follows property securing, landscaping and clean-up in mid-July. Funds raised for the sale are a combination of loans, grants and donations, according to Living Cully executive director, Tony de Falco. Partners in the investment funding include Craft3, Portland Development Commission, Oregon Community Foundation and Meyer Memorial Trust.

De Falco told the Hollywood Star News that, during the next six months, Living Cully would be assessing community needs and how the non-profit can develop the property to meet them. Living Cully is a coalition of Hacienda, Habitat for Humanity and Verde that came together over the past ten months, as de Falco put it, "to respond to a 20-year community call for renovation of this part of the neighborhood. Having an adult business operate in plain sight of so many families who lived right across the street was not good for the community."

When asked about negative aspects of gentrification, de Falco responded, "Gentrification is not bad when improvements meet community needs and do not displace residents or businesses...that's what we're looking - CONTINUED ON PAGE 4



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TAR DEVELOPMENT NEWS

for here: to get community-serving retail businesses in place and to begin siting some affordable housing nearby." He said there used to be a gasoline station on the eastern tip of the property and that the land has been tested and is clean, an ideal spot to build a new fuel facility.

De Falco pointed across Killingsworth Street to the south where the Housing Authority of Portland will provide more affordable housing in addition to office space for Hacienda and 2,000 square feet of retail space. To the east, Thomas Cully Park is under construction, and the area in between is ripe for more affordable housing.

Archbishop Howard School to restore name as St. Rose School

Roman Catholic Archbishop Alexander Sample has given St. Rose of Lima Parish and Archbishop Howard School permission to restore the primary parish outreach ministry to its original name, St. Rose School. The pre-K-to-eighthgrade school will open its 30th year as Archbishop Howard School on September 2 and its 104th year in 2016 once again as St. Rose School.

Sisters of the Holy Child founded St. Rose School in 1913. In 1986, parishioners at St. Rose and those at neighboring St.

Marketing Kristy Conrad and Executive Director Doug Whyte have worked for a year applying for grants and raising fund to make a \$265,000 capital project happen. The most extensive renovation in the building's 89-year history will correct wall and roof leaks and restore the building's facade. (Phill Colombo)

Hollywood Theatre Directo of Development and

Charles Parish determined that operating both parish schools would be fiscally impossible. The solution: merge both schools under the new name, Archbishop Howard School (AHS), with primary grades at St. Rose and middle grades at St. Charles. Several years later, all grades were moved to the St. Rose campus.

In a mid-July announcement, Rev. Matthew Libra, St. Rose parish administrator, and Karen Asbury, AHS principal for the past 20 years, spoke with parishioners after Saturday and Sunday Masses and sent notices via email and social media. Libra said it was clear to those who helped develop school recognition over the past year that there was something missing, "One consistent item that came up was our lack of recognition outside the St. Rose/AHS community. Many people don't even know we exist; others think the AHS Hawks are from Washington or Eugene. The reports recommended making name recognition a high priority."

Asbury said original name restoration for the school grew out of many meetings and consultations with parish and school leaders over the past year. "Restoring the school to its former name has purpose and makes sense now. Restoring the name is a clear and visible sign of unity with St. Rose Parish which we have been trying to do with our added tagline-at St. Rose." AHS Development Director Gina



HOLLYWOOD LIBRARY will be closed August 10–30 for updates and new carpet. Please use nearby Albina, Belmont and Gregory Heights libraries during this time.

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STAR DEVELOPMENT NEWS



St. Rose of Lima Parish at 2727 N.E. 54th nue has received permission to restore he name of Archbishop Howard School, the 103-year old parish elementary school, to its original name, St. Rose School. (Phill Colombo)

Amato Yazzolino said during the next year the school will work with families to ensure that the name restoration has the least possible financial impact. More information is available at the school web site: http://archbishophoward.org/

Portland seeking citizens for zoning code panel

The City of Portland Bureau of Planning and Sustainability, in what neighborhood leaders see as a response to calls from the two-year-old United Neighborhoods for Reform (UNR) and other neighborhood groups, is creating a work group to examine the city's current zoning code.

UNR, in its 2014 resolution endorsed by 44 Portland neighborhoods, called for a review of the size and character of replacement houses, lot splitting and lot confirmations, claiming that many

neighborhoods were being severely impacted by the increase in house demolitions and replacements with one or more very large, expensive houses.

"It is crucial that our neighborhoods are well represented on this work group to prevent our voices being drowned out by the construction, real estate and development interests who will also be represented, said Barbara Strunk, speaking for UNR. Strunk is urging residents to work with neighborhood associations to find people who are committed to this important task and can serve on this group.

Those interested are asked to contact Morgan Tracy (Morgan.Tracy@ PortlandOregon.gov) or Sandra Wood (Sandra.Wood@PortlandOregon.gov) with suggestions/questions about the process of choosing neighborhood representatives.

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X STAR BUSINESS BUZZ

Pizza Jerk's arrival means closure for Magoo's Bar on Northeast 42nd Ave. in Cully

At press time, Magoo's Bar & Grill, a well-established neighborhood institution at 5028 N.E. 42nd Ave. in the Cully neighborhood, was slated to close its doors for the last time on Friday. July 17.

The business has been sold to make way for the opening of a new restaurant, Pizza Jerk, the latest offering from Bunk Sandwich's Tommy Habetz, an established player in Portland's burgeoning food scene.

Many neighbors were disappointed to be losing the longtime gathering place, and there are concerns within the business community about competition with existing businesses. 42nd Avenue has long been anchored by Roses Ice Cream and Rocket Pizza, which sit directly across the street.

On Tuesday, July 14, Michael DeMarco, district manager of Our 42nd Avenue, convened a discussion group at the Magoo's site to listen to community concerns and to discuss desired outcomes. More than 35 people attended the afternoon session and many were unhappy with the news of Magoo's closing.

Magoo's has been a neighborhood trouble spot in the past, but Gina Landtiser, the bar's manager, has worked hard to improve the establishment's image and has engaged the community in her efforts. "I've wanted to be a part of this community ever since I started here," she said. "And that's what I've done."

"We've worked to build this, to make it inclusive and to make it special," said Myo DeMayo, the Cully Farmers Market manager who had collaborated with Landtiser to secure additional space for the market in Magoo's parking lot. "I don't like that this is happening without our consent."

Landtiser had plans in the works to make an offer to buy the business herself. Many in the room expressed an interest in helping her to do that, including some who offered financial backing. Although the bar's closure seems inevitable, Landtiser is keeping her options open, including the possibility of re-opening the business in another location.

"Our mission is to find ways to help this community grow that won't push people out," DeMarco said. "We want to make sure that all the members of our community have a place. No matter what happens here."

"We always have an opportunity to change what's in front of us, if we work together," said Tony DeFalco, Living Cully coordinator. "This happened in



tedperkins@star-news.info

Mississippi. It happened in Alberta. Now it's happening here. It's heartbreaking. We can preserve diversity. We can have a thriving business district. This is a prized neighborhood and I'm proud to live here."

"I don't think anyone should be forced out," said Clarence Larkins, Straight Path president. "That's why we're here."

Roseway Barbershop keeps clippers humming in neighborhood for 100 years

The Roseway Barbershop, 7220 N.E. Sandy Boulevard, will be celebrating 100 years of haircuts on Saturday, August 15 from 10 a.m. to 2 p.m. with free hot dogs, chips and water for customers and neighbors. During the anniversary party, information about the barbershop and its owners over the years will be on display, trinkets will be given away and Roseway Barbershop T-shirts will be on sale.

According to Marty Pinz, the shop's owner, the building, which is also home to Fairley's Pharmacy, was constructed in 1914 and Pinz's space was first listed with the city as a barbershop in 1915. As far as anyone can tell, it's been a barbershop ever since.

Pinz's father, Joe Pinz, first purchased the shop in 1956, sold it in 1960 and bought it back again in 1980. Joe Pinz passed away in October of 2007. He was 83 years old and continued to work three days a week up until a few months before he passed away.

"I figure I will retire July, 2040," said Marty Pinz. "I will be 81 and have barbered for 50 years."

Marty Pinz started working with his Dad in July of 1990. He graduated from Madison High in 1977 and has been enshrined as a member of the Portland Interscholastic League Hall of Fame. He's seen some changes over the years.

"A lot has changed," he said. "Not everything. Businesses have come and gone, but some are still here: the



More than 35 people attended a discussion group at the Magoo's site on Tuesday, July 14, to listen to community concerns and to discuss desired outcomes. Many were unhappy with the news of Magoo's closing. (Ted Perkins)

THE HOLLYWOOD STAR NEWS 7

K STAR BUSINESS BUZZ



Roseway Barber Shop owner Marty Pinz, left, and Roby Hunt offer traditional crew cuts and flattop styles. Marty's father, Joe Pinz first purchased the shop in 1956. (Jane Perkins)

barbershop, Fairley's Pharmacy, the Roseway Theater."

"I've been proud to sponsor Rose City Little League since 1998," Pinz said. "My dad sponsored the league back in the 1960s. I have lived in the neighborhood since I was born. I played sports here, helped coach baseball here, sponsored teams here and I've organized a golf tournament fundraiser for Madison High School sports for 13 years. I really enjoy giving back to the programs that helped mold me."

For more information on the barbershop, check out the barbershop's Facebook page or call (503) 282-9894. The shop is open Tuesday through Friday from 8:30 a.m. to 5:30 p.m. and on Saturdays from 8:00 a.m. to 4:00 p.m. "Come on down and be a part of

history," said Pinz.

Lloyd neighbors petition to keep movie theater

Steve Unger, owner of the Lion and the Rose Bed & Breakfast at 1810 N.E. 15th Ave. in Irvington, was concerned when he learned that Cypress Equities, the new owner of the Lloyd Center Mall, announced plans to sell the adjacent land containing the Regal Lloyd Center 10 and IMAX theaters. The buildings are slated to be demolished to allow for the construction of 900 apartment units.

"If that happens, and the theater is removed, there will be no multiplex movie theater on the East Side of Portland." Unger said. "We and our guests love being able to walk to the movies rather than going downtown."

Mr. Unger wrote to the CEO of Cypress Equities and has launched an online petition at www.LloydCenterMovies.com.

"We generated over 100 signatures in the first three days" said Unger. "Our goal is to get 1,000 signatures."

There have been two Regal Multiplex Theaters at Lloyd Center for many years, the Regal Lloyd Mall 8 inside, near the food court, and the Regal Lloyd Center 10 and IMAX across the street. In January, Cypress Equities closed the Regal Lloyd Mall 8 Theaters to make way for new office space.

"There are currently over 2,500 apartment units either under construction or planned in the Lloyd Center area," said Unger. "A movie theater is an amenity that serves residents, helps generate beneficial night time activity and supports the nearby eateries. Portland's East Side needs at least one megaplex theater."

Wilshire team on path to national championship

The Wilshire-Riverside Little League Intermediate 50/70 All-Star team won the Oregon state championship in mid-July and qualified for the Intermediate West Regional Tournament in Nogales, Arizona. They could use a little help in covering their travel expenses.

This is the first time that a Wilshire-Riverside team has won the state tournament – and qualified to compete for a national championship. The tournament will be held from July 20 to 30. Each player

- CONTINUED ON PAGE 8



This photo was taken outside of the Roseway Barber Shop's building in 1915 or 1916. The space has operated as a barber shop for 100 years and will be celebrating a centennial anniversary this month. (Roseway Neighborhood Association/Thomas Robinson Collection)

Mark Holzmann



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The Wilshire-Riverside Little League Intermediate 50/70 All-Star team won the Oregon state championship in mid-July and qualified for the Intermediate West Regional Tournament in Nogales, Arizona. (Wilshire-Riverside Little League)

(and coach) needs to raise approximately \$1,700 in airfare, accommodations and tournament expenses.

The team is managed by Gus Farah with coaches Dave Rush and Wade Siegel. The twelve players on the team, ages 11-13, are Jack Bennison, Peter Carroll, Andrew Dailey, Luke Farah, Aiden Gabriel, Carter Johnson, Will Koenig, Spencer McKelligon, Caden Patterson, Boone Rush, Spencer Siegel and Zak Yudishthu.

The players, coaches and families are justifiably proud of the young men's achievement and have launched a GoFundMe page at gofund.me/z3h7fbk to help these kids chase their baseball dreams and experience a once-in-alifetime opportunity.

"I am proud to coach these great young men. They are one of the greatest group of kids I have coached," said Farah. "They have created a life experience that is once in a lifetime. This opportunity cannot be planned and our families could use your generosity. Thanks, in advance, for your support and I promise Portland and Oregon will be well represented by these fine young men."

Also, congratulations are in order for Wilshire-Riverside's 11-12 team, who won the District One tournament and move on to state bracket in Klamath Falls.

Custom pinata store opens in Beaumont Village

Jamie and Erik Sandoval opened Calaverasy Diablitos at 4605 N.E. Fremont St., next-door to the Pinball Outreach Project, in Beaumont Village in April. The custom piñata shop, offers paper-

mâché art, mixed media sculptures and more. "We are local, Portland artists that

create one of a kind custom piñatas," said Jamie Sandoval. "Most everything in our store is handmade by us. We make special-order piñatas of any design people are looking for ... for birthday parties or special occasions."

"We used to own a food cart in Northwest Portland, and decided to open a custom piñata shop and art gallery," she added. "We started making piñatas for our daughter's first birthday and she's seven now. She also makes piñatas and paints."

The store also offers prints, jewelry and some imported art from Mexico. Erik Sandoval is from Tijuana and often travels there to procure unique items.

"We like the Beaumont area because it is close to our home and our daughter's school. It's a family friendly area and is really starting to grow," said Jamie Sandoval. "We will have a booth at Fremont Fest for the first time this year. Erik just came back from Mexico with a lot of new items and we are working on new paper-mâché too."

The Sandovals will host an art opening in their shop on August 13 from 5:30 to 8:00 p.m. for Jessie Fox-Nystrom. The event is open to the public and all ages.

For more information, visit www. calaverasydiablitos.com or call the Sandovals at (503) 724-2421.

Run, walk, volunteer or donate to the MLK Dream Run

The MLK Dream Run returns for its fourth consecutive year on Sunday, August 2.

Last year's event attracted more than 1,500 participants, spectators and volunteers. The event is sponsored by the N/NE Business Association (NNEBA) in collaboration with Flossin Media and AV Rentals. All proceeds go to the NNEBA Fellows youth entrepreneur career leadership program.

The event will kick off on Saturday, August 1, at 5125 N.E. MLK Jr. Blvd., with a showcase featuring kids entertainment, musicians dance performances and a tribute to Dr. Martin Luther King's "I Have a Dream" speech. There will be food, a beer garden and raffle prizes. The event is free, but donations are accepted at the gate.

On Sunday, there will be three USTAFsanctioned, chip-timed races: a 5K, a 10K and a 15K. The races start at 7 a.m. and post-race festivities continue through 3 p.m. All runners will receive a swag bag, a grilled cheese sandwich provided by Dave's Killer Bread and Tillamook Cheese, a Widmer Brothers beer and a raffle ticket to win prizes from local businesses. Runners are encouraged to wear red, white and blue colors, displayed in creative ways, to symbolize what the American dream means to them.

For more information, visit www. mlkdreamrun.org or call the NNEBA at (503) 841-5032.

Theatre celebrates with Vertigo Effect brew

This summer, the Hollywood Theatre is partnering with Fort George Brewery in Astoria to produce a specially crafted beer called The Vertigo Effect, in celebration of

STAR BUSINESS BUZZ



Jamie and Erik Sandoval, here with their daughter Sofia and her recentlycrafted hat, opened Calaverasy Diablitos at 4605 N.E. Fremont St., next-door to the Pinball Outreach Project, in Beaumont Village in April. (Jane Perkins)

the Theatre's 89th birthday on July 17.

The historic theater first opened to the public on July 17, 1926, in the middle of prohibition. To create the special birthday beer, Fort George brewers borrowed inspiration from prohibition-era beer styles. The resulting brew is a light American pale ale. It has been christened The Vertigo Effect, because it will make its debut during the theatre's screening of Alfred Hitchcock's 1958 classic thriller *Vertigo* in 70mm.

Tickets to the Hollywood Theatre's July 17-19 screenings of *Vertigo* on 70mm are still available at hollywoodtheatre.org.

Local agent honored

Neighborhood insurance agent Kimberly Wuepper Rudick has been named a member of the 2015 Executive Council of New York Life Insurance Company. Members of the council are among the most successful of New York Life's 12,000 licensed agents.

Wuepper Rudick has been a New York Life agent since 2002, and is associated with the firm's Oregon office in Portland. She works with individuals and small business owners to build, protect, and preserve assets, specializing in retirement planning, saving, and personal insurance.

Wuepper Rudick is active in the local business community, as a member of in the Northeast Broadway Business Association and Women in Insurance and Financial Services.

She is the 2015 Community Impact Grant winner for Schoolhouse Supplies, granting \$25,000 to the Tools for Schools program and is a volunteer at Alameda Elementary School in Northeast Portland.

When not serving clients and her community partnerships, Wuepper Rudick enjoys time outside with her husband and two children.

For Alberta's Mimosa, there's no place like gnome

Alberta Art's Mimosa Studios, 1718 N.E. Alberta St., is hosting its third annual Gnome Adoption Fundraiser for the Oregon Humane Society.

The family-owned "paint your own pottery" shop offers eight gnomes to select from and painters can pick the gnome that best fits their needs, like traveling with their new companion or installing a new piece of garden art. New gnome owners will receive a gnome "adoption certificate" to commemorate their figurine and are encouraged to send photographs of their gnomes participating in fun summer events. Prizes will be awarded in four categories: farthest from Portland, highest above sea level, best summer activity and best famous landmark. Ten percent of all gnome proceeds will go to the Oregon Humane Society at summer's end.

The shop is also offering a free drawing for Portland Thorn's tickets and partnering with Multnomah County Library to offer prizes for the Summer Reading program.

Mimosa Studios is open every day, Monday through Friday from 11 a.m. to 6 p.m., Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m. For more information, visit www.mimosa-studios. com or call the shop at (503) 288-0770.

Shining Star school adopts five-day program

This fall, the Shining Star Waldorf School, at 2120 N.E. Tillamook St. in the Irvington neighborhood, will begin offering a five-day program.

The school began as a home-school enrichment program 12 years ago, and has been offering three- and four-day-per-week classes for several years. The school has an enrollment of about 60 children in first through eighth grades, and about 20 children in kindergarten and preschool programs.

Shining Star will begin providing a mix of indoor classes on Mondays through Thursdays, with an outdoor class on Fridays, directed by ReWild Portland, where students will spend the day outdoors in urban areas that feature unstructured wilderness, including various parks and public lands. The blend of indoor and outdoor education is designed to develop students who connect to nature and seasonal rhythms – and strengthen learning capacities and environmental awareness.

The Waldorf school emphasizes collaborative and cooperative learning, with a single teacher taking the classes from first through eighth grade. The curriculum is embedded in an artistic approach with lessons recorded in blank books that contain drawing, handwritten summaries and illustrations. For more information about the program, or to schedule a tour, visit www.shiningstarschool.com or call the office at (503) 753-4459.

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Hollywood Farmers Market is one of 8,000 markets across the country that help to preserve rural livelihood and farmland, support local economies and increase access to fresh nutritious food. (Jane Perkins)

HOLLYWOOD FARMERS MARKET **Market celebrates National Farmers Market** Week on Sat. August 8

By Suzanne Briggs Hollywood Farmers Market board member

The first week of August is National Farmers Market Week. On Saturday, August 8 at 11 a.m., Hollywood Farmers Market (HFM) will hold a short ceremony to highlight the achievements that have contributed to a local food movement here in Oregon and across the country.

HFM is one of 8,000 farmers markets across the country that help to preserve rural livelihood and farmland, support local economies and increase access to fresh nutritious food for all citizens. There were only 35 farmers markets in Oregon when Hollywood Farmers Market rang its first opening bell in 1997. Now there are more than 120.

Over time, the number of farmers in Oregon has decreased, due to farmland being sold for development and being consolidated into larger parcels. To try to reverse this trend, Oregon State University (OSU) held its first annual Small Farms Conference at Lane County Community College in 2000. About 125 farmers, farmers market managers and OSU extension staff attended that year to explore how to successfully build a farm direct sector of agriculture. Those efforts led to the establishment of the OSU Center for Small Farms and Community Food Systems. Now in its 15th year, the Small Farms Conference attracts more than 900 attendees, mainly young farmers, and celebrates their expanding network of providing local food. The challenge now is to find land for all those new farmers.

HFM takes pride in the fact that more than 85 percent of its vendors return each year. Seven farmers were founding vendors and have participated in the market since 1997, when the HFM was located in the former Washington Mutual Bank parking lot (now the location of Whole Foods). Over the years, market vendors have established a loyal customer base in the neighborhood, and the market is teeming with shoppers every Saturday.

According to the national Farmers Market Coalition, 25 percent of farmers market vendors receive their sole source of income from their markets. Some farmers also generate additional revenues from their CSAs (Community Supported Agriculture), U-Picks and farm stands as well as

selling directly to schools and health care institutions. USDA, Oregon Department of Agriculture, and foundations such as New Seasons Market and Providence Health Care are providing an increasing amount of funding to support the growing number of farm direct venues.

In an effort to make nutritious local food available for low-income shoppers, HFM began accepting SNAP (the program formerly known as food stamps) cards in 2004. Since then, more SNAP recipients have begun to shop at the market, and last year's SNAP sales topped \$22,000. (This trend is mirrored nationally, where SNAP sales at farmers markets have increased by 600 percent in the past decade). To further support this goal, HFM introduced its Fresh Funds SNAP matching program in 2010. That program provides SNAP shoppers an additional \$5 a week to purchase fresh products. Thanks to New Seasons Market and the HFM Board efforts, that program generated another \$10,000 for HFM farmers, and helped hundreds of low-income families purchase fresh, local produce. Similar successful SNAP matching programs in other states have now led to federal funding of these programs, through the Food Insecurity Nutrition Incentive (FINI) program. Through a FINI grant secured by the Portland-based Farmers Market Fund, HFM (along with other Oregon farmers markets) will receive additional funds to double their SNAP match program in 2016, a \$10 weekly match for each SNAP customer.

Come celebrate all of these milestones and more as part of National Farmers Market Week on Saturday, August 8 at 11 a.m. Raise your morning coffee at Hollywood Farmers Market and help us thank the farmers, staff and volunteers for their contribution to our market's success.

The Hollywood Farmers Market is located on Northeast Hancock Street between 44th Avenue and 45th avenues, one block south of Sandy Boulevard. It is open every Saturday from April through Thanksgiving and the first and third Saturdays of the month from December through March. Market hours are 8 a.m.-1 p.m. from April to September and 9 a.m.-1 p.m. from October to April. Dogs are welcome in the Market after 10 a.m. For more information, visit hollywoodfarmersmarket.org.



The Northeast Community Center is a non-profit that serves kids, families, and individuals, young and old, who live, work and play in Hollywood and surrounding neighborhoods. (Northeast Community Center)

NORTHEAST COMMUNITY CENTER

Northeast Community Center continues to grow, plans for annex

By Northeast Community Center staff For the Holywood Star News

"Coming together is a beginning; keeping together is progress; working together is a success." – **Henry Ford**

There is a lively buzz at the Northeast Community Center (NECC) - an undercurrent of excitement and anticipation. In the 10 years since it was founded by a dedicated group of community volunteers, the NECC has grown by leaps and bounds, serving the fitness, wellness, sports, recreational and enrichment needs of all ages in our community. In recent months, the "fit" in the NECC's historic building has felt a bit snug, and the NECC is thrilled to announce the opening of an additional 4,500-square-foot space. Dubbed "the Annex," this new space is located at 1606 N.E. 37th Ave., adjacent to the current NECC parking lot in the space that formerly housed the Portland Adventure Boot Camp. The Annex is scheduled to open August 24.

Kim Montagriff, NECC Executive Director, explains that "The Annex will allow the NECC to offer expanded and diversified fitness classes, programs, workshops, and community events in a large and centrally-located multiuse space. It will also relieve some of the pressure in our current building, and we will be able to expand some of the programs for which there is high community demand, such as our winter basketball league."

Although the NECC will continue to provide women's boot camp classes to serve the community that formerly utilized that space, the NECC has added to the current mix of functional fitness training equipment, creating a robust fitness and training center. Beginning in September, the NECC is adding Cardio Kickboxing, Tabata, Barre-Fusion, and Yo-Lates (Yoga and Pilates) classes to its already diverse adult fitness schedule. Similarly, the Annex will provide training space for young athletes, and will provide a veritable playground for those working with NECC's certified personal trainers in small group or personal training sessions.

The Annex will also be put to use as a special-events center and space for youth classes. The NECC has long supported other community organizations by sharing our space, hosting workshops, or participating in collaborative community projects, and this expansion nearly doubles the space available for this support. In September the NECC will host a music class, Music & Move with Micah & Me, along with other youth classes and activities.

The Annex is located next door to another local non-profit organization, Dress for Success. When Montagriff heard about the availability of the space, she immediately contacted the landlord, David Pietka. "David has been very active in our community, and he was excited about developing a cooperative relationship between the Mountain Shop, which is located in the same building, and the NECC. We are looking for opportunities to work together in providing workshops, fitness classes, and special events."

What else could possibly happen in the space? We are buzzing with ideas - a bouldering wall? Youth birthday parties? Yoga conferences? Unlike most fitness centers, the NECC is a non-profit and receives no money from the city, county, or Portland Parks and Recreation – it is about the kids, families, and individuals, young and old, who live, work and play in the Hollywood and surrounding neighborhoods. So, is there fitness, wellness, recreational, learning or cultural class or programming you would like to see at your neighborhood non-profit community center? Drop us a line and let us know - we would like to hear from you and can be reached at info@ necommunitycenter.org.





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STAR BUSINESS NEWS

Health care clinic marks **20** years in Beaumont Village

The Beaumont Health Care Clinic, offering several types of therapies, is celebrating its 20th year at 4445 N.E. Fremont St.

Dr. Lori von der Heydt, a naturopathic physician, began her practice shortly after graduating from the National College of Natural Medicine.

Today, the clinic offers acupuncture, massage, counseling and an art therapist in addition to naturopathic medicine. Once referred to as "alternative medicine," these disciplines are becoming accepted in integrated health care systems, said Dr. von der Hevdt.

The independent practitioners working at Beaumont Health Care include Andrine de la Rocha, a licensed massage therapist who joined the clinic 16 years ago. Carla Welker a licensed social worker, arrived more than 10 years ago.

Jen Conjerti, a licensed acupuncturist, and Kyra Plume, a licensed massage therapist, each have been at the clinic for three years. Sally Giles, an art therapist who offers services one day each week, arrived earlier this year.

The clinic's clients often tell her they appreciate the accessibility to their practitioner and the individualized care provided, said Dr. von der Heydt. For instance, patients are greeted by the practitioner because the clinic doesn't have a receptionist. Dr. von der Heydt and de la Rocha do home visits when necessary.

"Being a multi-disciplinary clinic," the doctor said, "collaboration is fostered, especially for complicated cases where many skills are necessary."

In addition to patient care, Dr. von der Heydt and other practitioners have helped build community in the Beaumont-Wilshire area and they encourage reading.

The literary support comes from a pie safe in the clinic's waiting area. The pie safe was built by von der Heydt's father, but it doesn't have dessert. It has free books of all varieties for the taking.

To support the community, Dr. von der Heydt was an early member of the Beaumont Business Association, and other clinic practitioners joined her and others in developing Fremont Fest.

"And we infused more life into the whole day by bringing in the first stages for local musicians and performers," Dr. von der Heydt said.

Brokers spruce up NE school

Real estate brokers and staff from Windermere Stellar's Northeast Portland



The Beaumont Health Care Clinic is celebrating two decades of practice in Beaumont-Wilshire. (Beaumont Health Care Clinic)

office climbed into work clothes and pulled on heavy gloves to spruce up St. Andrew's Nativity School, both inside and outside.

The recent Windermere projects included cleaning, painting and landscaping work at the Jesuit-run middle school at 4925 N.E. 9th Ave.

The entire Windermere Stellar company takes a break from showing houses annually for a community service day, said spokeswoman Amy Rosenberg. The company also supports other projects that aid local families.

Brothers merge stamp companies

A-Z Stamp and Engraving, which has been in the Hollywood District for 22 years, merged with Rose City Stamp Inc. on August 1.

With the merger, Larry Beaudoin, who operated A-Z with his wife, Jan, will be working once again with his brother, Ron, to provide an array of pre-inked and self-inking rubber stamps and other marking supplies.

Ron and another brother, Jeff, had an unrelated third partner in 1988 when they started Rose City Stamp, 335 S.E. 99th Ave. A few years later, Larry joined them. After a few more years, he left to open A-Z, which has been at 3331-A N.E. Sandy Blvd. The merger of A-Z and Rose City

came about for several reasons, said Jan Beaudoin, but the clincher was the sale of the Sandy Boulevard building and the new owner's rent increase.

Both companies supply the specialty stamps used on official documents by engineers, architects and notaries public. They also have supplies for other commercial and personal uses, said Jan Beaudoin.

The Beaudoin brothers started making stamps when type was set by hand. Then they went to computer-generated typesetting. Now, high-power laser engraving is part of the industry.

Online orders, with customers from virtually anywhere in the world, make up a growing part of the business, said Jan Beaudoin. The Rose City website is www. rosecitystamp.com.

Mobile barbershop makes haircut convenient

Justin King, owner of Rooks Traditional barbershop, 2935 N.E. Broadway, has introduced a two-chair, fully equipped mobile barbershop to make a haircut and hot towel shave convenient and accessible.

Customers may call or text to schedule an appointment at (503) 816-7357 or rooksbarberbus@gmail.com.

King, who opened the Broadway shop in 2009, has a second Rooks Traditional at 3580 S.E. Division St. He plans to introduce a second bus as demand develops, he said.

In addition to the barbershops, King owns Rosewater Tattoo with his wife, Lynn, next to the Broadway shop.

Explaining the mobile barbershop,



CELEBRATING 125 YEARS

Windermere Stellar real estate brokers from Northeast Portland, Sal Koeller, left, and Lisa Stevens took the day off from showing houses and got busy donating their time to charity at Northeast Portland's St. Andrew's Nativity School during Windermere's company-wide Community Service Day. (Windermere Stellar)





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he said, "We don't want an enjoyable experience, like a haircut or relaxing, hot towel shave, to be an inconvenience for our customers. It should be accessible, efficient and high quality. It doesn't get any more accessible than this."

Pediatrician joins Broadway clinic

Dr. Michael G. Mazzotta, board certified in pediatrics and internal medicine, will begin seeing patients in September at the Broadway Medical Clinic, 4212 N.E. Broadway.

Dr. Mazzotta and his wife have two children. He enjoys family time and is interested in sports and outdoor activities. He also is an avid runner.

He will focus on pediatric care at the clinic, which is open six days a week. The hours are 9 a.m. to 5 p.m. Monday to Friday and 9 a.m. to noon Saturday. The telephone is (503) 249-8787. The website is www.broadwaymedicalclinic.com.

Albina Bank names new market manager

Deanna Allred has been named vice president and market manager for Albina Community Bank's Beaumont/Rose City market. She will be responsible for business development and customer relationship management in the area covering the two Albina branch locations at 4020 B N.E. Fremont St. and 5636 N.E. Sandy Blvd. Allred also will represent the bank in the community.

Albina is a local, full-service, independent community bank that invests in individuals, families, businesses and local neighborhoods. Its mission is to promote jobs, growth of small businesses and wealth in local neighborhoods. - Janet Goetze

K STAR CELEBRATES FREMONT FEST ON AUGUST FIRST



By Ted Perkins tedperkins@star-news.info

f you've traveled the mean streets of Beaumont Village at dawn, you may have seen them. In the winter, they're easy to spot. Optic-yellow vests, decked out with flashing lights from the Bike Gallery, cut a swath through the morning gloom. In the summer they're harder to see, but you can still hear them coming, chatting happily over the din of the morning birds.

They're the Ladies Who Walk. They've been treading the same 3.5-mile route, rain or shine, sleet or snow, (no ice

Above: The Beaumont Ladies Walking Group, decked out for winter, includes, from left, Isabelle Zifcak, Carol Turner, Karyl Whelan, Ann LaBray, Anne Kelly Feeney, Karen LaCrosse and Judy Thodos. (Ted Perkins)

or extreme wind), every Monday, Wednesday and Friday morning for 30 years. Maybe more.

The group doesn't have an official moniker. Some call them the Walking Ladies. Others call them the Ladies Who Know Everything.

They start at 6:15 a.m. Their route includes a series of hills and the three sets of public stairs that cut through the massive blocks that bolster the Alameda Ridge. The route is plotted along a path that passes the homes of four walkers. Most of the walkers meet at one spot and others join along the way. The long-standing route and regular time make it easy for stragglers and late-sleepers to rendezvous with the pack as they progress through the neighborhood. By 7:40 a.m. they're back home and ready to proceed with the routines of the day.

The women have been friends for many years, but their fitness regimen has added an element of reliability



and familiarity to their relationship that nurtures and fortifies enduring bonds.

"They're all great women, so for me it's been terrific," said Karen LaCrosse, one of the group's founding

members. "If it weren't for the walking group, I wouldn't have met any of them. They've enriched my life in so many ways."

LaCrosse and Anne Kelly Feeney, the group's nominal leader, began walking together in the early 1980s. They met, as young mothers, on LaCrosse's doorstep, when Feeney was canvassing for a campaign that neither can now remember. With children the same age, their families grew close and they vacation together every summer.

They're both retired now. LaCrosse was once the business manager for the Madeleine Parish in Irvington. Feeney was an auditor for Multnomah County and served as director of the Loaves and Fishes program in Hollywood.

Feeney had met a group of walkers while visiting in Sacramento, and copied their model for the group that she and LaCrosse began. Some members have come and gone over the years, but the core of the group has been walking together for at least 20 years.

"Some of us met when our children were toddlers," said Feeney. "Now we have grandchildren who are older than our children were then."

Four of the walkers are still working. Ann Labray is a psychologist in private practice. Carol Turner is a facilitator

- CONTINUED ON PAGE 16



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THE WALKING LADIES MIGHT **KNOW EVERTHING**

- CONTINUED FROM PAGE 1.3

and organization development consultant. Karyl Whelan is the charitable campaign manager for the City of Portland. Isabelle Zifcak is the owner of Mt. Tabor Realty in Southeast Portland. The "newest" member of the group, Judy Thodos, used to manage her husband's architecture firm and was a broker at Paulsen Investment. (Her daughter, Jackie, owned the Bagel Land bakery in the neighborhood for many years.) The women walk together three times

a week. Every week. If it's a holiday, they start a little later. At 7:15 a.m.

"The size of the group is partly about safety, but it's also about accountability," said Feeney. "It gives you some incentive to get out of bed. You know that there will always be someone out there to walk with you."

There have been scrapes over the years. Both Zifcak and Whelan fell and broke wrists (Whelan twice) when they had gotten a late start and were hightailing to catch up.

The women are not fans of poorlymaintained sidewalks or overgrown shrubbery. They've been known, on occasion, to bring along a pair of garden shears to improve landscaping or remove an errant twig that could take out an eye.

The women are advocates for safety and encourage a commitment to visibility for fellow walkers. The flashing lights aren't just for show. They've consulted a walking coach, Judy Heller, to improve their gait and stride and have modified their route over the years, based on her advice.

The walkers and their families enjoy travel. Between the seven of them, they've been all over the globe.

The days you really don't want to miss are the days when someone is coming home from a trip," said Whelan. "Those days the stories are especially good."

On a recent Wednesday, Turner had photos to pass around. She and her husband had returned from three weeks in Malawi, building Habitat for Humanity housing for



Ann Labray, left, and Judy Thodos enjoy an after-walk coffee at Jim and Patty's Coffee on Northeast Fremont Street.

orphans and vulnerable children. 'One of the real joys of the group is the

sharing of stories," said Thodos.

"Sharing stories while you walk lends itself to the longer version," added LaCrosse. "You tend to share more details then you would when you just meet someone in passing."

"I have to admit that many a morning on my way to work, I experience a smug, little smile, said LaBray. "While others are just getting going with their day, I've already had 90 minutes of stimulating conversation, very special friendship and a credible round of exercise. It's a fabulous way to start the day!'

"We live in the highest-voting zip code in Oregon," added Turner. "We go over all the local elections. State, city, school board. We all have our opinions.'

As they've grown older together and raised their families together, the women have developed something of a reputation for knowing just about everything that there is to know.

When Zifcak was helping to plan her daughter Sophie's wedding some years ago, she found herself frequently referring back to one bit of wisdom or another imparted by the walkers over the years.

"Mom," said her exasperated daughter, according to Zifcak. "The Walking Ladies don't know everything."

But, what if, just maybe, they do? For more information, or to start your own walking group (that might last for thirty years) visit www.oregonwalks.org.





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STAR DINING



Faubion students, staff will use Tubman building until new, bigger school completed

By Janet Goetze For the Hollywood Star News

Ten yellow school buses will head to Tubman Middle School August 27-28 when Portland Public Schools classes begin, but they won't be filled with middle school students. The buses will carry the "Faubion Family" of kindergarten through eighth grade students.

Demolition of the 1950 Faubion Elementary School, built for 350 students and recently filled with about 525, is planned for October. Groundbreaking for a larger school is scheduled for February, 2016, with completion by fall, 2017, at 3039 N.E. Rosa Parks Way.

During construction, Faubion students and staff will use the two-story Tubman building, nearly 4 miles away at 2231 N. Flint Ave. That building has a bigger gymnasium, library and cafeteria with play equipment in the adjacent Albina-Lillis Park.

The move won't be an abrupt one for Faubion's students, said Pamela Dye, whose daughter, Jasmine, will be in third grade. Instead, Dye said, the staff has talked to students about the move and answered their concerns about leaving one building for another.

"We're moving as a school," she said Jasmine was told. "We're still the Faubion family. We'll be in Tubman until we get a new, rebuilt school."

Gloria Fluker, a grandmother who served on the design committee for the new building, said school personnel "have kept people involved and have been answering all our questions."

She picks up her granddaughter, Nevaeh Dwan-Fluker, an incoming eighth grader, after school because of her parents' work schedule. Fluker said her granddaughter seems excited by the move.

The only complaint she's heard from Nevaeh and her friends is the August start date. Portland schools traditionally have started after Labor Day, but this year the holiday is September 7, which would have cut a week off an already short school year.

In addition to retaining their friends and teachers, Faubion students will see Concordia students who have been volunteering in classrooms or completing



Chinwe Davis, seven, left, and her sister, lfetayo, five, will be among the Faubion School students attending classes in the Tubman Middle School building for the next two years. A new Faubion is scheduled to open in fall 2017 with space for Concordia University's School of Education, a partner in the 3 to PhD program, for "Pursue Highest Dreams." (Janet Goetze)

student teaching requirements at Faubion.

The private university, across Northeast 29th Avenue from the public school, has been in a cooperative arrangement with Faubion for nearly eight years. The goal is to improve the education of students on both sides of the street.

They call the program 3 to PhD, which is shorthand for quality early education and helping students to Pursue Highest Dreams. The hope is that the program can be replicated at other schools and that teachers will be trained to work in diverse urban settings, said Gary Withers, Concordia's executive vice president for external affairs.

Concordia students will travel from the campus to assignments at Tubman via vans, said Jason Hagen, the university's director of operations who is coordinating transportation and schedules.

Concordia is committed to maintaining continuity of services during the time at Tubman, said Withers. Since Concordia

began working with Faubion, test scores have risen in reading, science and math. University students and staff also have provided art, music, physical education, a nutrition program and visits from Concordia's student nurses.

The nutrition and health programs are especially important in a school where a majority of students come from lowincome families and an estimated 20 percent are without secure housing. The enrollment, said Principal LaShawn Lee, is nearly evenly split among white, Latino and African-American students with some Asian American students.

Trillium Family Services has another two-year grant to provide Faubion with a licensed clinical social worker who is bi-lingual and can work with families, students and groups of students on a variety of issues.

In addition to academic assistance, Concordia is continuing efforts to raise \$15.51 million for the new Faubion, which will include space for Concordia's College of Education.

The school district has set aside \$29 million from a bond measure for the new building. The Oregon Legislature, after hearing testimony from Lee, agreed to commit \$785,000 for construction. The City of Portland has agreed to provide \$500,000.

Meanwhile, Concordia freshmen will help Faubion teachers unpack boxes and prepare their Tubman classrooms on August 24. An open house is scheduled August 26. "Tea with Principal Lee" will be served from 9-10 a.m. August 27, then half the students will have a building orientation before beginning classes. The schedule will repeat August 28 for the other half of students.

And, if they need help with reading or math, the younger students will have a Concordia buddy to help them through the rough spots, Lee said. That's one of the expanded programs the students will have in the Tubman building, she said.



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STAR PEOPLE



Grant High graduating senior Caroline Walter, right, receives the 2015 Mattress Lot Dream Big \$1,000 Scholarship. Grant teacher Dan Anderson presented the award to Caroline. (Mattress Lot)

Grant High School senior earns \$1,000 Mattress Lot Dream Big Scholarship

Grant High School graduate Caroline Walter has earned the 2015 Mattress Lot Dream Big Scholarship. She plans to use the scholarship to help her attend Seattle Pacific University this fall.

The scholarship is awarded to seniors in Grant, Cleveland and Madison high schools. The winners must be ranked near the top of their class, attain strong scores on college entrance exams and write an essay about the dreams they've accomplished. Caroline inspired the scholarship committee with her essay about her mother's struggle with cancer. Caroline is a National Honors Society member. She was active in Grant cross country, track/field and tennis. She's a Young Life member and she mentors middle-school girls through her church.

Mattress Lot owners Michael and Mary Ruth award \$1,000 scholarships to top eastside graduates each year. The scholarships are a way to give back to the community that's supported the Ruth's family business for many years.

Four young neighbors trim, weed Wisteria traffic triangle

Four young men spent three days cleaning up an overgrown traffic triangle at Northeast 41st Avenue and Wistaria Drive. Now they are thinking about flowers to plant in the future.

The project started one day when Ryan Mealy, 21, a University of Portland student, called the city to see about getting a crew to weed and trim shrubbery in the triangle. After several days, no one from the city showed up, so Mealy enlisted the help of his brothers, Logan, 20, another U of P student, and Kevin, 14, who will be a Grant High School freshman. Ben Constantino, his friend from the university, joined the group.

After they began trimming and weeding, Ryan Mealy made another call to the city,



Kevin Mealy cleans up a corner of Northeast Portland.

which sent a crew with equipment to haul away debris. The city also sent over bags of mulch, which the Mealys and Constantino spread in the triangle.

At one time, they were told, a neighbor had taken care of the triangle but no longer was available for the upkeep. To maintain their handiwork, Ryan Mealy arranged a watering system for the triangle, said his mother, Diane Mealy. Another neighbor asked her if she had encouraged the young men to clean up the triangle.

"No, I didn't," she said. "They did it on their own. I think it's really cool, coming home from work and seeing an improvement every day." – *Janet Goetze*



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Lombard Animal Hospital offers integrative medicine program to boost your pet's health

By Ted Perkins

tedperkins@star-news.info

If traditional Western, veterinary medicine isn't providing the Fluffy or Fido in your life with the relief they seek, you might want to look into the integrative medicine program offered at Lombard Animal Hospital, 607 N.E. Lombard St., in the Woodlawn neighborhood.

Husband-and-wife team, Preston Turano and Nell Ostermeier (who go by Dr. Preston and Dr. Nell) assumed ownership of the veterinary practice in November of 2007 and have been in business for almost eight years. Turano, together with Associate Veterinarian Misty Doornek, focuses on traditional, veterinary medicine, while Ostermeier is an integrative medicine specialist who combines alternative, natural options - such as acupuncture, herbs, and food therapy.

During a recent visit to the clinic, Ostermeier used veterinary acupuncture techniques to treat two cats. Nelson was treated for prevention of feline asthma and some anxiety and Macy was treated for allergies and prevention of ear infection. Both animals remained completely calm throughout the procedure and seemed much more relaxed when the work was completed. Both cats are regular visitors to the clinic and their owners swear by Ostermeier's natural techniques. Nelson has been weaned from a regular course of steroid injections, and the animal's health has improved immensely since coming under Ostermeier's care.



Staff member Denise Kayser appreciates the passion that Lombard Animal Hospital's Preston Turano and Nell

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During a recent visit to Lombard animal Hospital, Integrative Medicine Specialist Nell Ostermeir used acupuncture to treat Macy for allergies and prevention of ear infections. (Jane Perkins)

"I assess the patient using the principles of traditional Chinese medicine and go over alternative options that will be helpful for the pet and will likely speed up the healing process or improve the patient's comfort," she said. "Most people are familiar with acupuncture as a way to treat pain and arthritis. I also use acupuncture and herbs to treat internal problems such as asthma. allergies, urinary and kidney disease, gastrointestinal disturbances - virtually any other imbalance or inflammatory process in the body.'

Both sides of the Lombard practice focus on individualized medicine for pets and foster a holistic approach. They aim to treat the whole pet and not just the problem. All doctors practice laser therapy – a safe, natural method that decreases pain and accelerates healing processes.

"One of the main health problems we see is pet obesity and diseases that follow, such as diabetes and earlier development of arthritis," Ostermeier said. "We try to prevent this by educating our clients around calorie control and utilizing foods that contain high quality ingredients and no fillers."

"Integrative medicine and acupuncture is useful in treating a host of health conditions, alone or in combination

RBenson@realtytrust.com

with Western medicine," she said. "Often times, if a patient is experiencing a chronic problem or is not responding to the Western options, the other doctors will refer the patient to me."

When we purchased the hospital, there was no integrative medicine and I was practicing Western medicine only," Ostermeier said. "I was getting frustrated with the limitations, especially with senior or debilitated pets who could not tolerate pain medications. I was looking for a way to provide additional comfort without additional stress on the body.'

Turano and Ostermeier live in Rose City Park, near the Hollywood district, and most of their staff live in North and Northeast Portland.

Staff member Denise Kayser appreciates the passion that Turano and Ostermeier have brought to the neighborhood.

"Having grown up and lived in

Lombard Animal Hospital Address: 607 Northeast. Lombard Street

Phone: 503-285-2337 Web: www.lombardaninalhospital.com

North Portland, I developed a deep attachment, love and respect for the area, our community and the diversity of its people. I have witnessed and seen first-hand the challenges and problems our community faces," she said. "I have also witnessed and seen its progress, potential and promise. Lombard Animal Hospital is definitely part of that promise. Dr. Nell and Dr. Preston have built a solid reputation within our community through their dedication and commitment."

"I love that the hospital is owned by a husband-and-wife team that are dedicated to providing a whole-pet approach to each patient's health, the value the team places on the humananimal bond, the partnership between client and veterinarian and the hospital's commitment to exceptional quality veterinary services," she said.

"It has been very interesting and exciting to see the Woodlawn neighborhood begin to thrive over the past eight years," Ostermeier said. "There is a steady influx of healthy new businesses, increasing what our little pocket of the city has to offer.'

"We saw a lot of potential in Lombard Animal Hospital and felt it could provide the starting point for building the practice we had been brainstorming about for years," she added. "A place where we could share our ideal that healthy, happy pets make healthy, happy people." In addition to treating dogs and cats, the

hospital provides health care for rabbits, small mammals, birds and reptiles.

For more information on treatment or to make an appointment, you can contact the clinic at (503) 285-2337 or visit the website at www.lombardanimalhospital.com.



ntegrative Medicine Specialist Nell Ostermeier performs regular accupuncture on her own pet, and Lombard Animal Hospital mascot, Vinnie, a chiuahua/pomeranian mix. (Jane Perkins)

Ostermeier have brought to the neighborhood. (Jane Perkins)

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HOLLYWOOD LIBRARY

Summertime crossword puzzle fun from the library

By Christoper Cuttone, Hollywood Library asistant



- 1, 510 section at the library 5. Jeweler's tool
- 9. Spill the beans
- 13. A friend, to Colette
- 14. Book club guru
- 16. Casanova-type
- 17. Cologne, to Heidi 18. Friend of Ramona
- 19. Upset
- 20. Remarkable person
- 21. Central Library architect
- 23. Torah pointer
- 26. St. Vincent Millay
- 27. Remember the
- 29. Holder of precious liquid
- 30. The Velvet Fog, familiarly
- 33. Herman and Dewey
- 35. Japanese PM
- 36. Half a pirate's reply
- 37. Pasture ____for that!
- 38. There's an 41. Presently

- 42. Merry pals of Robin Hood
- 43. Best library branch in
- Multnomah County :-)
- 46. Before, in verse
- 47. Nape-baring hairstyle
- 49. Library worker 50. Charlotte and Dawn
- 51. French pronoun 52. Hundred Acre Wood
- 56. Day-end tune
- 60. Strove

- 67
- 70. Nephew of Donald
- 71. Yang counterparts

- Chong
- creator

- 61. Mystery book award
- 65. (In) place of 66. Grad student's grilling
- Canine skin condition
- 68. Managed, barely
- 69. The Librarians star

- 58. One end of a hammer 59. Lather

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55.

62. Bearded ungulate 63. Gilded or Iron, for

Testify

Inactive

53. Spacious 54. Repast

- example 64. Curious George writer or illustrator

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- Children series 12. Venerable monk
- 15. Laughing carnivore
- 22. Dried pulse 24. Indigo dye source
- 25. Proofreader's mark
- 26. The night prior
- 27. Portland's famous Fred
- 28. Coeur d'_ 30. To the Born
- 31. Digital format you can
- borrow from the library Salacious
- 33. Auntie of page, stage,
- and screen
- 34. Hoity-toity (var.)
- 39. Certain UK corporations 40. WWII hero Ernie
- River of Baden-Baden 44.
- 45. "As you wish" speaker 47. Web address
- 48. The Hunger Games site

57. Martial arts principle

The Star Calendar is posted online every month. Check out our website at: www.star-news.info.

Events are listed in the order in which they will take place, followed by ongoing and upcoming events. To be considered for inclusion, entries must be submitted by e-mail to **editorial@star-news.info** by the 15th of the prior month. If possible, follow the format used in the calendar. Calendar copiled by Janet Goetze

Pacific Islands influence art

Aug. 1. 11 a.m. to 6 p.m. Michelle Gallagher's clay sculptures show her attraction to Asia and the Pacific Islands. Diane Archer works with paper, maps, mixed media. Amy Ruedinger hammers copper into threedimensional forms. Margaret Van Patten shows uniquely personal prints. To Aug. 23. Hours: 11 a.m. to 5 p.m. Tuesday; 11 a.m. to 6 p.m. Wednesday to Saturday; 11 a.m. to 5 p.m. Sunday. www.guardinogallery.com. (503) 281-9048. Guardino Gallery, 2939 N.E. Alberta St.

UGUST 2

Dream Run events planned

Aug. 1. Noon to 10 p.m. The fourth annual MLK Dream Run starts with entertainment: Noon to 4 p.m. children's events; 4-6 p.m. youth to young adult entertainment; 6-9 p.m. speeches, dance performances, music. Aug. 2. 6:45 a.m. opening ceremony and staggered races begin at 7 a.m. Race fees: \$40, \$55, \$60. (503) 841-5032. www.mlkdreamrun.org. Sponsored by N/NE Business Association. Events at Martin Luther King Jr. Boulevard and Alberta Street.

Poets to begin 'Peace' education

Aug. 1. 3-5 p.m. "Poets Respond to the Nuclear Age 70 Years after Hiroshima and Nagasaki," including Oregon poet laureate Peter Sears. The first in a series of events in "Educating for Peace," continuing into September. Free. www.cu-portland.edu/academics/library/library-events. Concordia University, 2811 N.E. Holman St.

Symphony to play at Laurelhurst

Aug. 1. 6 p.m. The Portland Festival Symphony, directed by Lajos Balogh, celebrates its 35th year of live classical music in Portland parks. Free. www.portlandfestivalsymphony. org. Laurelhurst Park, Southeast Caesar Chavez Boulevard, between Stark and Ankeny streets.

Speaker to back global justice

Aug. 1. 6 p.m. The Rev. Dr. Mel White is keynote speaker for an event, "Awaken: Let Global Justice Roll," a fundraiser for the world's Gay, Lesbian, Bi-Sexual, Transgender, Queer (GLBTQQI) community.Tickets \$75 each online www. brownpapertickets.com/event/1714231 or Metropolitan Community Church office: (503) 281-8868. Information: Kelly McFarland, musikel@gmail.com.

Montavilla plans street fair

Aug. 2. 11 a.m. to 6 p.m. Montavilla Street Fair opens with music, street performers, a kids' area, farmers market, vendors and food. Southeast Stark Street between 76th and 82nd avenues.

Book recalls two years in tree

Aug. 2. 11 a.m. Author-illustrator Jenny Sue Kostecki-Shaw will read "Luna and Me: The True Story of a Girl Who Lived in a Tree to Save a Forest." It's about environmental activist Julia Butterfly Hill's two-year tree-sit in a redwood tree. Children may paint an animal rock after the reading. Free. Signed copies of the book will be available for purchase after the reading and craft. www.greenbeanbookspdx.com Green Bean Books, 1600 N.E. Alberta St.

Hear Second Wind Jazz Band

Aug. 2. 3-5 p.m. Hear the Second Wind Jazz Band, a 20-piece big band formed in 1998. www.secondwindjazz. com/ . Free. Information: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Music set for Peninsula Park

Aug. 2. 6 p.m. The Portland Festival Symphony, directed by Lajos Balogh, celebrates its 35th year of live classical music in Portland parks. Free. www. portlandfestivalsymphony.org. Peninsula Park, North Albina Avenue and Ainsworth Street.

Teens learn to create games

Aug. 3-7. 1-3 p.m. Teens may join Pixel Arts for a week to create tabletop and video games. Use cards, paper, tiles, dice and tokens. Use Twine, a game-making software, and Scratch, visual programming software. Learn about game developer careers. Plan to attend all five sessions. Free. Registration required in library or (503) 988-5234. Gregory Heights library, 7921 N.E. Sandy Blvd.



Swim free at Montavilla pool

Aug. 4. 1-4 p.m. Free swimming continues Tuesdays to Aug. 28. Tri-Met buses #72 and #19. Montavilla Park pool, 8219 N.E. Glisan St.

Practice jazz singing

Aug. 4. 1:30-2:30 p.m. "Let's Be Singers" workshop. Learn the basics of jazz singing and vocal technique to free your voice with musicians Willis Miller and Wade Kirtley. Free. Information: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Learn to hula with family

Aug. 4. 3:30-4:30 p.m. Hula for the family includes Hawaiian language, songs, basic hula steps and hand motions. Free. (503) 988-5370. Kenton library, 8226 N. Denver Ave.

Hollywood plans 'Night Out'

Aug. 4. 4-8 p.m. National Night Out event features food, games, karaoke, prizes and opportunity to meet neighbors. Free. Hosted by Hollywood East and Hollywood Neighborhood Association. 4400 N.E. Broadway.

Learn to design flyers

Aug. 4 and 11. 5:30-7:30 p.m. Introduction to Microsoft Publisher to design a flyer, brochure or newsletter. Create master pages, create a flyer or newsletter and use templates to make the job easier. Free. Registration required in the library or (503) 988-5234. North Portland library, 512 N. Killingsworth St.

Kerns plans annual picnic

Aug. 4. 6 p.m. to dark. Kerns Neighborhood Association's annual picnic and National Night Out. Free hot dogs, live music, kids' activity table, raffle, silent auction, local business support. Information: www.kernspdx.org. Oregon Park, Northeast 30th Avenue and Oregon Street.

Prevent lead exposure

Aug. 4. 6-7:30 p.m. A workshop gives information about preventing lead exposure in homes, especially those with children or pregnant women in housing built before 1978. Free. Registration: (503) 284-6827 ext. 109 or www.communityenergyproject.org. Community Energy Project, 2900 S.E. Stark St., Suite A.

Swim free at Grant pool

Aug. 5. 1:15 to 3:15 p.m. Continues Wednesdays to Aug. 28. Tri-Met bus #70. Free open swim at Grant Park pool, 2300 N.E. 33rd Ave.

Free swims at Columbia pool

Aug. 5. 2-3:50 p.m. Continues Wednesdays to Aug. 28. Tri-Met bus #75. Free open swim at Columbia Pool, 7701 N. Chautauqua Blvd.

Computer tutor sets times

Aug. 6, 13, 27. 9:30 a.m. to 12:30 p.m. Computer tutor John Lucas teaches you how to operate your electronic device. Free but donations appreciated. Call for 45-minute appointment at 9:30, 10:30 or 11:30 a.m. (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Swim free at Peninsula pool

Aug. 6. 1-2:55 p.m. Continues Thursdays to Aug. 27. Tri-Met buses #44 and #4. Peninsula Park pool, 700 N. Rosa Parks Way.

Author to read new kids' book

Aug. 6. 3:30 p.m. Author/artist Claudia McGehee reads her new picture book, "My Wilderness: An Alaskan Adventure," featuring an imaginative boy in an adventure inspired by real events. After reading, kids may craft fox masks. Free. Signed copies of the book available for purchase. www.greenbeanbookspdx.com. Green Bean Books, 1600 N.E. Alberta St.

Babysitter training offered

Aug. 7. 5-9 p.m. and Aug. 8. 1-4:30 p.m. Red Cross babysitter training for students ages 10-15. Learn to care for children and infants, make good decisions, solve problems and handle emergencies. NE Community Center members \$88, non-members \$110. Scholarships available. Pre-registration required: (503) 284-3377 or www.necommunitycenter.org. NE Community Center, 1630 N.E. 38th Ave.

Milepost 5 plans First Friday

Aug. 7. 6-11 p.m. First Friday at Art Haus. Visit artists' studios, including collage at Denizen Gallery, a group show celebrating tattoo art and culture at The Lofts Gallery. Aerial performance with Blair Crissman in the courtyard and music in the chapel. Milepost 5, 850 N.E. 81st Ave.; enter on Oregon Street.

'101 Dalmations' set for in park

Aug. 7. 6:30 p.m. Music by Michele D'Amour and the Love Dealers. At dusk, watch the film "101 Dalmatians." Free. Alberta Park, Northeast 19th Avenue and Ainsworth Street.

LA music documentary slated

Aug. 7 and 8. 7:30 p.m. Director Penelope Spheeris will answer questions following showings of the digitally restored documentary, "Decline of Western

Jeff Bales' garden is just one of the private gardens featured in the August 15 Green on Green Portland Garden Tour to benefit Albertina Kerr. (Albertina Kerr)

Civilization," which captures the Los Angeles music scenes of 1970s-90s. Part 2, the metal years, shows Aug. 7. Part 1, punk bands, and Part 3, lifestyles and backgrounds of fans, will show Aug. 8. Tickets \$8 each. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

Vegetarian clown offers fun

Aug. 8. 10:30-11:30 a.m. A little singing, a little dancing and a lot of fun with Portland's first female, African-American, Muslim, mostly vegetarian clown. (503) 988-5362. Albina library, 3605 N.E. 15th Ave.

Film features Holocaust survivors

Aug. 8. 2:30 p.m. A documentary, "Oma & Bella," part of the Movies for Grownups series, features two elderly Jewish women in Berlin who survived the Holocaust. They answer questions of heritage, memory and identity through recreation of the sumptuous foods from childhood. Information: www.hollywoodtheatre.org or (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

Kids to explore tastes

Aug. 8. 3-3:30 p.m. Joanna Sooper, of Turnip the Heat cooking programs, will lead children ages 3-5 in an exploration of the five tastes - sweet, salty, bitter, sour and umami. Then they will make a snack. Limited to 10 children. Fee: \$12. (503) 284-2276. Www.smallfrypdx.com. Smallfry Children's Resale Shop, 4107 N.E. Tillamook St.

Symphony to play at Grant Park

Aug. 8. 6 p.m. The Portland Festival Symphony, directed by Lajos Balogh, celebrates its 35th year of live classical music in Portland parks. Free. www. portlandfestivalsymphony.org. U.S. Grant Park, Northeast 33rd Avenue and U.S. Grant Place.

Will the monster share cake?

Aug. 9. 11 a.m. Author Jory John will read his new picture book, "I Will Chomp You," illustrated by Bob Shea. A blue monster doesn't want to share his delicious cakes. Free. Signed copies of books available for sale after the reading. www.greenbeanbookspdx.com. Green Bean Books, 1600 N.E. Alberta St.

Film 'Happy Gilmore' slated

Aug. 9. 6:30 p.m. Music by POPgoji. At dusk, view film "Happy Gilmore," a Portland Park Bureau program. Free. Colwood Golf Course. 7313 N.E. Columbia Blvd.

Campers learn transit system

Aug. 10-14. 9 a.m. to 4 p.m. Campers ages 8-12 learn the layout of Portland's mass transit system, explore

AUGUST 2015

downtown fountains, walk a Southwest trail and ride on the aerial tram. Each day ends with a swim. NE Community Center members \$236, non-members \$295. Scholarships available. Pre-registration required: (503) 284-3377 or www.necommunitycenter.org. NE Community Center, 1630 N.E. 38th Ave.

Hollywood library renovates

Aug. 10-30. Hollywood library closes for renovations. 4040 N.E. Tillamook St.

Help tots sleep, share

Aug. 10. 11:15-11:45 a.m. Fill your parenting toolbox with Tracey Biebel Johnson, LCSW, who has strategies for helping children with eating, sleeping, handling transitions, sharing, waiting their turn. (503) 284-2276. www.smallfrypdx.com. Smallfry Children's Resale Shop, 4107 N.E. Tillamook St.

Kayak to wildlife refuge

Aug. 12. 9 a.m. to 5 p.m. Adventure Without Limits: kayak trip to the Ridgefield Wildlife Refuge. All equipment, clothing and transportation provided. View birds and river otters as you paddle along the banks of Sauvie Island with trained staff. \$60. Registration required with Adventures Without Limits: (503) 784-9354. Meet at Hollywood Senior Center, 1820 N.E. 40th Ave.

View Pee-Wee film

Aug. 13. 6:30 p.m. Music by The Sale. At dusk, view film "Pee-Wee's Big Adventure." Free. Oregon Park. Northeast 29th Avenue and Oregon Street.

Learn sign language for baby

Aug. 14. 11-11:30 a.m. Introduction to sign language for baby with Christina Schabow of Portland Early Learning Project. Through songs, play and games, families learn about benefits of signing with a baby or toddler. Suggested age range: 6-20 months. (503) 284-2276. Www.smallfrypdx.com. Small Fry Children's Resale Shop, 4107 N.E. Tillamook St.

See 'Marigold Hotel' film

Aug. 14. 1 p.m. View "The Second Best Exotic Marigold Hotel," starring Judi Dench and Maggie Smith. Free. Information or register with North Portland Senior Services: (971) 285-6939. Trenton Terrace, 4720 N. Trenton St.

Film 'Woman in Gold' slated

Aug. 14. 1 p.m. View "The Woman in Gold" film. An aging Jewish refugee takes on the Austrian government to recover family art. Stars Helen Mirren and Ryan Reynolds. Free but \$1 donation suggested. Pizza lunch available for \$2. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

See 'Captain America' film

Aug. 14. 6:30 p.m. Music by Echoes of Yasgurs. At dusk, view film "Captain America: The Winter Soldier." Free. Irving Park, Northeast 10th Avenue and Fremont Street.

Holocaust Memorial tour set

Aug. 15. 10-10:45 a.m. Holocaust Memorial tour led by Jill Slansky, past president of the Oregon Holocaust Resource Center. Free. Part of the Concordia University series, "Never Again: Educating for Peace," in August and September. www.cu-portland.edu/academics/library/ library-events. Registration required for tour: lchurch@ cu-portland.edu.

Learn crazy camp songs

Aug. 15. 10:30-11:30 a.m. Sing crazy camp songs for all ages with Greta Pedersen, with accompaniment on guitar and lap dulcimer. Songs perfect for the campfire, family car and the library. Free. (503) 988-5362. Albina library, 3605 N.E. 15th Ave.

Garden tour to aid Albertina's

Aug. 15. 11 a.m. to 4 p.m. Self-guided Green on Green garden tour to benefit the Albertina Kerr services for children, adults and families with developmental disabilities and mental health challenges. \$20. 9:15-10:30 a.m. Pre-event container planting demonstration with continental breakfast. \$20. Limit 15 attendees. Tickets www.albertinakerr.org. (503) 239-8101. Albertina's Place, 424 N.E. 22nd Ave.

Book reveals truths in chickens

Aug. 15. 2 p.m. Phoebe Wahl shares her new picture book, "Sonya's Chickens," which offers important truths about the interconnectedness of nature and the joys and sorrows of caring for another creature. Free. Signed copies of the book available for sale after the reading. www.greenbeanbookspdx. com. Green Bean Books. 1600 N.E. Alberta St.

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'Paddington' film scheduled

Aug. 15. 6:30 p.m. Music by The Sale. At dusk, view the family movie, "Paddington," in cooperation with the Portland Parks Bureau. Free. www.cu-portland.edu/ about/events/campus-calendar. On the green in front of the library. Concordia University, 2811 N.E. Holman St.

Prevent injury with foam roller

Aug. 16. 1-3:15 p.m. A workshop to increase flexibility, prevent injury and increase blood flow using a foam roller. For ages 13 and older. NE Community Center members \$20, non-members \$25. Scholarships available. Foam roller not provided but available for purchase. Preregistration required: (503) 284-3377 or www.necommunitycenter.org. NE Community Center, 1630 N.E. 38th Ave.

'Mary Poppins' due in park

Aug. 16. 6:30 p.m. Music by Michele D'Amour and the Love Dealers. At dusk, view "Mary Poppins" film. Free. Arbor Lodge Park, North Delaware Avenue and Bryant Street.

Film shows loss of arts classes

Aug. 16. 7 p.m. "Arts Exit: Saving the Creative Kid" is a documentary about the reduction of the arts in Portland Public Schools and the quest to bring them back through the city arts tax. A question and answer session will follow with the filmmakers. Tickets: \$10. www.hollywoodtheatre.org. (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

Bug Chicks teach about insects

Aug. 18. 3:30-4:30 p.m. The Bug Chicks help kids explore the biology and importance of insects, spiders and their relatives. Free. (503) 988-5370. Kenton library, 8226 N. Denver Ave.

Learn about oral health

Aug. 19. 2 p.m. "Tooth Wisdom: Get Smart about Your Mouth" with dental hygienists providing information and materials for oral health. Free. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Writer to discuss new youth book

Aug. 19. 3:30 p.m. Will Ritter, who writes for middlegrade readers, will visit the Family Book Club to discuss his gripping, paranormal mystery, "Jackaby." He also will talk about the sequel, "Beastly Bones," due in September. Free. www.greenbeanbookspdx.com. Green Bean Books, 1600 N.E. Alberta St.

Film 'E.T.' scheduled in park

Aug. 19. 6:30 p.m. Music by Echoes of Yasgurs. At dusk, view film "E.T. the Extra-Terrestrial." Free. Wellington Park, Northeast 66th Avenue and Skidmore Street.

Computer tutor sets times

Aug. 20. 9:30 a.m. to 12:30 p.m. Computer tutor shows how to use a phone, tablet or laptop, PC or Apple. Make a 45-minute appointment for 9:30, 10:30 or 11:30 a.m. Register at Hollywood Senior Center (503) 288-8303. Class at Charles Jordan Community Center in the computer lab, 9009 N. Foss St.

'Cinderella' film scheduled

Aug. 21. 6:30 p.m. Music by Michele D'Amour and the Love Dealers. At dusk, see 1950 animated film "Cinderella." Free. Laurelhurst Park, Southeast 37th Avenue and Oak Street.

Learn to make cool dessert

Aug. 22. 3-4:30 p.m. Teens in grades 6-12 learn to make Nam Vanh, mixed fruits with tapioca pearls in sweet coconut milk. A perfect dessert for a hot summer day. Free. (503) 988-5370. Kenton library, 8226 N. Denver Ave.

Birthday party planned

Aug. 25. Noon. Birthday celebration for those born in August. Lunch is free for celebrants. Suggested donation of \$3 for those over 60, \$6.80 for those under 60. Cake for everyone. Entertainment by Wee Works Daycare. Information: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Plan meals for one or two

Aug. 27. 2 p.m. New Seasons staff member demonstrates how to create tasty meals for one or two people using seasonal ingredients from the deli department. Free but donations appreciated. Registration: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

See 'Marigold' movie

Aug. 28. 1 p.m. View "The Second Best Exotic Marigold Hotel," starring Judi Dench and Maggie Smith. Free but \$1 donation suggested. Information: (503) 288-8303. Hollwood Senior Center, 1820 N.E. 40th Ave.

'Labyrinth' film slated in park

Aug. 28. 6:30 p.m. Music by The Terry Robb Trio. At dusk, view film "Labyrinth." Free. Dawson Park, North Williams Avenue and Stanton Street.

Movie 'Home' planned in park

Aug. 28. 6:30 p.m. Music by The Knotty Pines. At dusk, view film "Home." Free. Montavilla Park, Northeast 82nd Avenue and Glisan Street.

Search African-American roots

Aug. 29. 10:30 a.m. to 1 p.m. Get started or continue a search into African-American genealogy. Free. Registration required in the library or call (503) 988-5234. North Portland library, 512 N. Killingsworth St.

Kids' book offers inspiration

Aug. 29. 2 p.m. A release party for Emily Winfield Martin's newest picture book, "The Wonderful Things You Will Be." It's a celebration of possibilities. Cupcakes will be served. Free. Signed copies available for sale after the reading. www.greenbeanbookspdx.com. Green Bean Books, 1600 N.E. Alberta St.

Blues fest slated on The Green

Aug. 29. Noon to 8 p.m. Blues Festival, in partnership with The Original Halibuts, featuring local and national blues artists plus local food vendors. www.cu-portland.edu/ about/events/campus-calendar. Free. On the green in front of the library. Concordia University, 2811 N.E. Holman St.

Joe Gibbons film slated

Aug. 30. 7 p.m. Benefit screening of "Confessions of a Sociopath" by filmmaker Joe Gibbons. He was arrested for robbing a Northeastern bank with only a camera in hand. Advance tickets, \$8, www.prod3.agileticketing.net . (503) 281-1142. Hollywood Theatre, 4122 N.E. Sandy Blvd.

Ongoing

Exercise with Hi-Steppers

Aug. 3 and 5. 8:45-9:45 a.m. Continues Mondays and Wednesdays. Hi-Steppers exercise group. Drop-ins welcome. \$1 donation suggested. Information: (503) 288-8303. Hollywood Senior Center, 1820 N.E. 40th Ave.

Tai chi for good balance

Aug. 3 and 5. 10-11 a.m. Continues Mondays and Wednesdays. Tai Chi: Moving for Better Balance, developed by Oregon Research Institute researchers, progresses from easy to difficult to prevent falls. Free but donations appreciated. Information: (503) 288-8303. Bridge Meadows, 8502 N. Wayland Ave.

Chair Yoga scheduled

Aug. 3. 2:30-4 p.m. and Aug. 6. 9-10 a.m. Continues
Mondays and Thursdays. Chair Yoga designed for
individuals 55 and up to improve balance and breathing.
\$1 donation suggested. Information: (503) 288-8303.
Hollywood Senior Center, 1820 N.E. 40th Ave.

How to cope with anxiety

Aug. 4. 6:30 p.m. A depression and anxiety support group, Recovery International, is a non-profit Cognitive Behavioral Training system to help cope with symptoms of a nervous imbalance, anxiety, depression, stress, anger, sleeplessness and other mental health issues. Free-will offering. Information: (503) 810-2789, www. recoveryinternational.org or www.selfhelptools.org. St. Michael & All Angels Episcopal Church, 1704 N.E. 43rd Ave., between Broadway and Sandy Boulevard.

Play Bingo on Wednesday

Aug. 5. 9 a.m. to noon. Continues Wednesdays. Play Bingo. Free but donations appreciated. Information: (971) 285-6939. Trenton Terrace Community, 4720 N. Trenton St.

Hear stories at Children's Place

Aug. 6. 10:30 a.m. Story time continues Thursdays. www.achildrensplacebookstore.com. (503) 284-8294. A Children's Place, 1423 N.E. Fremont St.

Rollicking kids' songs slated

Aug. 7. 9:30 a.m. Micah and Me presents a program of rollicking kids' songs on Fridays. www. achildrensplacebookstore.com. (503) 284-8294. A Children's Place, 1423 N.E. Fremont St.

Group offers parental support

Aug. 28. 11 a.m. to noon. New parent support group, facilitated by Winn Asay of Artemis Lactation. For newborns to 12-month-olds. Discuss the joys and challenges of parenthood while building a sense of community. Babies may be weighed. (503) 284-2276. Www.smallfrypdx.com. Smallfry Children's Resale Shop, 4107 N.E. Tillamook St.

Upcoming

Peers aid in mental health

Sept. 5. 10 a.m. to Noon. A 10-week, Peer-to-Peer Recovery Education Program continues Saturdays, developed by the National Alliance on Mental Illness. A combination of lecture, discussion, interactive exercises and stress management techniques led by trained peer counselors. Free Location near Portland Providence Medical Center. Information and registration: (503) 228-5692 or info@namimultnomah.org.

'Toy Story' film scheduled

Sept. 6. 6:30 p.m. Music by Danny Black. At dusk, see 1995 film "Toy Story." Free. Overlook Park, North Interstate Avenue and Fremont Street. — *Janet Goetze*



Friday, Aug. 21 6 p.m. 'til dark

Overlook Park (N. Fremont and Interstate)

Music by Stumbleweed with special guest JD Kleinke

Bring a picnic and enjoy

A gift to our friends and neighbors from Portland's Eastside synagogue

Congregation Shir Tikvah www.shirtikvahpdx.org (503) 473-8227

STAR BRIEFS

Milagro gains grants for arts

The Miracle Theatre Group, also known as Milagro, the Northwest's premier Latino arts and culture organization, has received grants totaling more than \$35,250 in recent months.

The grants, said Sarah Fitzsimmons, a development associate, will support Milagro's programming and community engagement efforts.

The Thorndike Family Rogue Valley Fund, of the Oregon Community Foundation, awarded a \$750 grant to support an arts education residency of Suenos de Futbol in Jackson County. The organization, with a name loosely translated as dreams of football or soccer, leads workshops infusing theater arts with soccer activities to provide physical activity and creative pursuits.

Wells Fargo awarded \$500 for Milagro's general operating support. The grant was made in honor of Victor Merced, of Hacienda Community Development Corporation, for his service on the Wells Fargo Advisory Board.

The Kinsman Foundation, established in 1983 for John and Elizabeth T. Kinsman of Milwaukie, contributed a grant of \$17,500 to support Milagro's 2015-16 theater season. The Ventura Group provided \$1,506 to support a performance of the touring production, "Aztlan," in Selma, Ca. The play explores Chicano history from the time of the Aztecs to the present. The Shubert Foundation awarded \$15,000 for general operating support. The foundation, named for the New York theater family, supports live performing arts, especially theatre and dance.

Businesses, organizations support Grant High School graduation party

Grant High School's 2015 graduation class had a safe and successful allnight party, thanks to volunteers, other individuals, families and more than 40 local businesses and organizations, said Michelle Hill, who headed the event's procurement committee.

'Thank you for your generous contributions to our drug and alcoholfree All Night celebration," Hill said in a written message.

The supporters she listed include AAA Oregon/Idaho, Alameda Brewing Co., Alameda PTA, ASAP Logistics/SEKO, Broadway Books, Broadway Grill & Brewery, Costello's Travel Caffe, Cynthia Chase of Windermere Realtors. Others include Dugoni and Rensch Orthodontics,

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Elmer's Sanitary Service, Family Medical Group, Fleur de Lis Bakery and Cafe, Flutter, Foot Traffic, Fremont Veterinary Clinic, Grand Central Bakery.

More supporters include Grant High School Booster's Club, Grant High School PTA, Grant Park Neighborhood Association, Hollywood Baskin Robbins, Irvington Community Association, Laurelhurst Market Restaurant and Butcher Shop. Additional supporters include Legacy Health Systems, Lloyd Center, Mattress Lot, McMenamins Pubs and Breweries, Mirador, My Canh Restaurant, Oaks Park Roller Skating Rink, Oregon Screen Impressions, Papa Murphy's, Pastini Pastaria.

Other supporters include Pieology Pizzeria, Portland Chiropractic Group, Providence Health & Services, Por Que No?, Portland Rock Gym, Portland Trailblazers. Additional supporters include Random Order Pie Bar, Rose City Park Neighborhood Association, Stanich's Since 1949, Sweet Basil Thai, Twisted Yarn Shop and Wilsonville's Family Fun Center.

Grants to help protect streams

The Portland City Council has approved grants totaling \$100,000 for 13 community groups to work on projects protecting the health of streams and rivers.

Grants of up to \$10,000 were available for Community Watershed Stewardship Programs this summer in North, Northeast and Southeast Portland, according to Linc Mann, a spokesman for the Bureau of Environmental Services

The stewardship program is a partnership between the bureau and Portland State University. Since 1995, the program has granted more than \$1 million for watershed improvements and helped organize more than 40,000 volunteers to work on community projects.

One of the programs is organized by Dharma Rain Zen Center, which received \$7,448 to continue work on the Siskiyou Community Garden with Madison High School, Groundwork Portland and neighbors.

Another grant of \$8,600 went to the Columbia Slough Watershed Council to engage youth leaders from the Multnomah Youth Cooperative and North Portland students to restore three acres along the Columbia Slough. It is territory next to the Columbia Boulevard Wastewater Treatment Plant.

Habitat for Humanity received \$9,940 for the Cully Rain Gardens. Habitat partnered with Verde and Our 42nd Avenue Prosperity Initiative to identify low-income homeowners with stormwater problems. In addition, the organization





will provide leadership opportunities for vouth through its project.

A list of this year's grant recipients is at www.portlandoregon.gov/CWSP.The Bureau of Environmental Services works with residents and businesses to protect water quality, public health and the environment through wastewater collection and treatment, stormwater management and stream and watershed restoration.

Pea Pod sets toddlers playschool

The non-profit Pea Pod Family Resource Center is enrolling families with children 18 months to 3.5 years for a play-based program starting in September.

The program could be described as a prepre-school, said Tara Sawyer, an organizer of Pea Pod. The playschool will be held from 9 a.m. to 1 p.m. Monday, Wednesday and Friday. It is housed within the Portland Montessori School, 4911 N.E. Couch St.

Pea Pod is a shared support system for families, who are expected to help run the programs, Sawyer said. "This is a good fit for families that have at least one caretaker with a flexible schedule," she said.

In addition to the young children's group, Pea Pod is accepting applications for afternoon playgroups to begin in September for children 3 to 6 years old. The hours will be 1-4 p.m. Tuesday and Thursday.

Information and an application are available at www.peapodpdx.org. A visit may be arranged by calling (503) 516-4680.

Humane Society plans photo contest

The Oregon Humane Society is encouraging pet lovers to enter the Fuzzy, Furry & Feathered Friends Photo Contest.

The deadline for submitting entries online is August 16, said David Lytle, a spokesman for the Humane Society. The fee is \$10 for the first five submitted photos. Details are available at oregonhumane.org/photo

The Grand Prize winner will receive a \$500 gift card from Pro Photo Supply and a \$250 gift card from Frame Central, both sponsors of the event. Winners in each category will be featured in the society's fall 2015 magazine. The categories include Best Dog, Best Cat, Other Companion Animal, Me and My Pet (an adult with an animal), Child with Pet, Cat Couple, Funniest Photo and Editor's Choice.

In addition to cats and dogs, the contest highlights such pets as rabbits, rodents, birds and others.

All entries become the property of the Oregon Humane Society, which may, at its discretion, copy, edit, publish, use, adapt, and/or modify entries in any manner, in any and all media, without limitation. Submitter does not relinquish rights to use photo in any way.

Hollywood library to close for renovations

The Hollywood branch library will be closed for renovations August 10-30, said Shawn Cunningham, director of communications for the Multnomah County Library. The book drop will be unavailable, too, but materials may be returned to other library branches.

The Hollywood's worn, 13-year-old carpet will be replaced, public spaces will get new paint and a new information desk will be added. A new table will arrive for children's iPads. Two new storage

cabinets will be added. Shelves, tables and computers will be reconfigured.

The changes are part of a scheduled preventative maintenance plan, Cunningham said.

During the closure, patrons may use other branches, including Albina, 3605 N.E. 15th Ave.; Belmont, 1038 S.E. 39th Ave.; Gregory Heights, 7921 N.E. Sandy Blvd., and North Portland, 512 N. Killingsworth St.

Patrons may choose to update their home library online or by telephone at (503) 988-5342 to have holds delivered to another branch. Before the closure, library staff may help with patron questions and account issues.

"Hollywood library is heavily used by its community," said library manager Brvan Fearn. "Last year alone, patrons walked through our doors more than 415,000 times. These updates will ensure that the library continues to be a bright, welcoming, safe and functional public space for years to come."

Park Bureau plans activities, lunch

The Portland Bureau of Parks & Recreation has organized sports, games and crafts at playgrounds in the city until August 21. Through a federal program, lunch or dinner is served at some sites for those 18 and younger.

The North and Northeast parks with programs include Alberta Park, Northeast 22nd Avenue and Killingsworth Street. 11 a.m. to 4 p.m. weekdays with lunch at noon. Arbor Lodge Park, North Delaware Avenue and Bryant Street has events 2-5 p.m. Wednesdays with no lunch.

Charles Jordan Community Center. 9009 N. Foss Ave., 11:30 a.m. to 1:30 p.m. weekdays with lunch at noon. Columbia Park, North Woolsey Avenue and Lombard Street, 11 a.m. to 4 p.m. weekdays with lunch at noon, Fernhill Park, Northeast 37th Avenue and Ainsworth Street, 2-5 p.m. Monday with no lunch.

Grant Park, Northeast 33rd Avenue and U.S. Grant Place, 11 a.m. to 3 p.m. Monday and Wednesday with no lunch. Kenton Park, 8417 N. Brandon Ave., 11 a.m. to 4 p.m. weekdays with lunch at noon.

K'unamokwst Park, Northeast 52nd Avenue and Alberta Street, 10 a.m. to 1 p.m. Wednesday and Friday with no lunch. Matt Dishman Community Center, 77 N.E. Knott St. with lunch only at noon.

McCov Park, North Fiske Avenue and Fessenden Street, 10 a.m. to 6 p.m. weekdays to Aug. 21 with lunch at noon; 11 a.m. to 1 p.m. Aug. 24-26 with lunch at noon. Montavilla Park, Northeast 82nd Avenue and Glisan Street, 10 a.m. to 4 p.m. weekdays to Aug. 21 with lunch at noon; activities 11 a.m. to 1 p.m. Aug. 24-26 with lunch at noon.

Ortiz Community Center, 6736 N.E. Killingsworth St., 10:30 a.m. to 1:30 p.m. weekdays with lunch at noon. Peninsula Park, North Albina Avenue and Rosa Parks Way, 10 a.m. to 6 p.m. weekdays to Aug. 21 with lunch at noon; activities 11 a.m. to 1 p.m. Aug. 24-26 with lunch at noon.

Unthank Park, 510 N. Shaver St., 3-7 p.m. weekdays with dinner at 5 p.m. Wellington Park, Northeast 66th Avenue and Mason Street, 11 a.m. to 3 p.m. weekdays with lunch at noon. Woodlawn Park, Northeast 13th Avenue and Dekum Street, 10 a.m. to 2 p.m. weekdays with lunch at 11:30 a.m. – Janet Goetze

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MEDIUM

ROSEWAY

STAR OUT AND ABOUT

qoseway

Sandy, previously housed St. Germaine Cleaners. Fairley's Pharmacy, 7206 N.E. Sandy Blvd., opened in 1913 and has been locally owned and operated since. They've updated their soda fountain menu to include espresso drinks, in addition to traditional phosphate sodas. Former boxer Joe Pinz bought Roseway Barber Shop, 7220 N.E. Sandy Blvd. in 1956, and his son, Marty joined the family business in 1990. (See the Star's coverage of the 100-year anniversary of the shop on page six.) The Roseway Theater, 7229 N.E. Sandy Blvd, opened in 1924 and ownership changed over the decades until Greg Wood acquired it from Bob and Kathy Kane. While the theatrical pipe organ is long gone, the theater's been substantially renovated while preserving the historical integrity.

located next door, Pizzeria Otto, 6708 N.E.

A number of Asian markets and businesses moved into Roseway during the 1970s and 1980s, according to longtime resident Ted Carlston. The Rose City Liquor Store, 7253 N.E. Sandy Blvd., was previously an attorney's office and originally housed a cafe, according to Bonnie LaDoe.

The Portland International District formed in 2007, replacing The Upper Sandy merchants association whose legacy continues today with an international vibe, including Mama Leo's Restaurant, 6728 N.E. Sandy Blvd, featuring Venezuelan and Columbian cuisine and Bacchi's Italian Deli, 6633 N.E. Sandy Blvd. Roseway merchants from the last century might be delighted to see vintage items for sale at Dr. Tongue's I Had That Shoppe, 7129 N.E. Fremont St. and surprised to see Roseway Play Café, which recently opened at 7135-37 N.E. Fremont, serving coffee and pastry to adults while kids play in a fun environment.

Roseway residents witness history

Bonnie LaDoe grew up in Roseway and lived most of her life there before relocating to a retirement community in East Portland earlier this year. LaDoe was 10 years old when her parents moved from North Portland to Roseway in 1947. She attended Gregory Heights School and graduated from Grant High School in 1955. LaDoe began working for U.S. Bank after school during her senior year and didn't leave until she retired in 1994.

LaDoe is an avid genealogist and has catalogued a treasure trove of historical material and photos featuring Roseway. She's documented the histories of numerous businesses located in the Upper Sandy business district, including the first Safeway built in 1940 on Northeast Sandy Boulevard. LaDoe has the June 6, 1947 issue of a newspaper serving Roseway that was subsequently named "Upper Sandy News." Today, 78-years-old LaDoe recalls with clarity what it was like growing up in Roseway and has conducted a few oral history interviews to document life in a neighborhood where she lived for 58 years.

Life-long Roseway resident Ted Carlston recalls when grocer George Denfeld, who lived on Northeast 72nd Avenue, closed his last store at 6127 N.E. Fremont St. "I lived my whole life in Roseway, so I take an interest here," said Carlston. His grandmother traveled west in 1905 from the Dakotas to attend the Lewis & Clark Expo, and stayed. His grandparents lived on Northeast 76th Avenue, in the same

Stand and

History of merchants

Platted around 1911, the Roseway neighborhood is bounded on the west by Northeast 62nd Avenue, on the north by Northeast Prescott Street, on the east by 82nd Avenue, and on the south by Northeast Sacramento Street. South of Northeast Fremont Street, Roseway is bounded on the west by Northeast 65th Avenue.

In 1985, George A. Denfeld published 65 Years: Lives and Legends in Upper Sandy Boulevard (57th to 82nd), documenting Roseway's history and events from the early 1920s. In 1947, fifty-four business owners met at the Roseway Theater and formed the Upper Sandy Merchant's Association, electing Denfeld as the first president. The business group defined its boundaries from Northeast 56th to 83rd Avenues, from Northeast Sacramento to Prescott Street. Denfeld cites 25 grocery stores within the merchant's association, including George's Food Market, which he opened in 1935. Denfeld didn't begin his career in retail, however.

After receiving a bachelor's degree from the University of Wisconsin in 1917, Denfeld taught at several universities before moving to Portland in 1920. By 1925, he left academia and started working at Piggly Wiggly Market, located on Sandy Boulevard and Northeast 78th Avenue. Ten years later, Denfeld opened an independent grocery store, George's Food Market, when Herb Fairley built an addition to his drug store located at 7206 N.E. Sandy Blvd. Within six months, Piggly Wiggly closed its doors but Denfeld remained in the grocery business for 46 years until his retirement in 1981.

Denfeld, a personal friend of Fred G. Meyer, learned Meyer was evaluating a site on Northeast Sandy Boulevard near 70th Avenue to build a new Fred Meyer shopping center. In 1948, Meyer bought property from Northeast 69th to 71st Avenues and demolished several houses. When Eugene Murray refused to sell his home on Northeast 69th Avenue, Meyer built the



kathyeaton@star-news.info

Rose City Shopping Centre around Murray's house. Long-time Roseway resident Bonnie LaDoe recently recalled attending the 1949 carnival-like opening celebration and rode the iconic Ferris wheel that was set up in the parking lot. Cited as one of the largest stores with roof parking, escalator, grocery and drug sections in Portland, Rose City Fred Meyer operated for 42 years until it shuttered in 1991.

Fred Leeson, who authored the definitive biography of Fred Meyer, My-Te-Fine Merchant (Irvington Press, **Photos by Jane Perkins** Roseway Theater manager James Bonner and concessions associate Katie Lindstrom serve up popcorn to movie goers seven days a week.

2013), wrote that approximately 100 small business owners from Sandy Boulevard attended the opening ceremony of the Rose City store. "While homeowners might not want the intrusion of a big store in their neighborhoods, nearby businesses loved Fred Meyer. They fed on the traffic his one-stop shopping centers attracted," wrote Leeson. In 1991, the Rose City Fred Meyer was leveled and a new Safeway grocery store, 6901 N.E. Sandy Blvd. was built one block west. Murray's home was removed and relocated to North Portland according to LaDoe.

Roseway landmarks

Northeast Sandy Boulevard cuts diagonally through Roseway, showcasing a handful of businesses that date back to the early 20th century. An independent grocery store built by C. W. Emmrich in 1911, at 690 E. 67th St. N., is the oldest commercial building in Roseway. Today,



In business since 2012, Bacchi's Italian Deli owner Mark Caso, who lives and works in Roseway, serves customers great sandwiches and gelato. (Judy Nelson)

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THE HOLLYWOOD STAR NEWS 27

STAR OUT AND ABOUT



Fairley's pharmacy staff from left, leff Strawbridge Heather Kuhn. Tracy Saechao Bob Verzino. Aiden Fetters, Anne Fetters and owner Shawna Laxson provide friendly service to customers. Fairley's has beer locally owned and operated in Roseway since 1913.

neighborhood where Carlston was raised. "We were dirt poor," said Carlston, whose family didn't own a car, and ultimately paid \$5,000 for their family home. Carlston still has the baby photo taken in 1954 by the Gerber baby food company who paid his mom for the photos. The first record of his family's home was 1911, and the sidewalks are dated 1912.

Holly Hood, who grew up on Blue Lake in East County, moved to Roseway 21 years ago from the Hollywood District. While they enjoyed the amenities of Hollywood, at the time it lacked a grocery store, so she and her husband, Miles TeSelle moved to Roseway. The house they found "was painted Pepto Bismol pink on the outside," said Hood, "but we knew it had potential and bought it." She recently recalled visiting artist Claude Monet's home in Giverny, France, noting a similar paint color scheme. "The previous owner must have fancied herself an Impressionist," said Hood, smiling.

While researching the history of their house, Hood learned it was the original farmhouse on the property settled by Sumner and Eula Clark Newell in 1905. Hood and Teselle are the third owners of the home located in the Belle Crest addition of Roseway.

With a Bachelor of Science degree in animal science from Oregon State University, Hood worked veterinary care until she opened a garden retail store,

Hollyhocks Garden Essentials located on Southeast Belmont Street. Nine years later, in 2014, Hood found her perfect job as retail buyer of pet supplies for the Oregon Humane Society's (OHS) Best Friends Corner, located at 1067 N.E. Columbia Blvd. Hood and her husband have raised two Doberman pinschers while living in Roseway. Hijack, their 3-year-old dog, enjoys walking the perimeter of the nearby Rose City golf course with his owners. Hood owned a mare growing up in East County and worked for a horse farm prior to attending college. "It's really cheap therapy to be around horses," she said. Her passion for horses led her to volunteer for Sound Equine Options, a non-profit organization located in Eagle Creek, Oregon. The organization was initially founded to provide food for neglected horses, and they've partnered with OHS and other rescue organizations to rescue, train and re-home horses. For more information: See soundequineoptions.org.

According to Hood, Roseway is a quiet working class neighborhood. "It's a tight-knit community with three generations of families who've lived and owned homes here."

Hood was dismayed to see Rose City Nazarene Church torn down and replaced with Walgreens, 7016 N.E. Sandy Blvd. "Roseway won't become a vibrant neighborhood unless we implement new zoning laws that provide for mixed



Mark Pedersen, owner of Dr. Tongue's I Had That Shoppe on Northeast Fremont, specializes in vintage character toys and collectibles.

use," said Hood. "Walgreens is a glaring example of how a property could've been put to better use."

Roseway Neighborhood Association breaking records

Erik Carr, current chair of the Roseway Neighborhood Association (RNA) said Roseway had a record number of volunteers helping with the neighborhood clean-up event in June, and February's tree planting event at the park blocks was a huge success with 50 volunteers participating. RNA provides a forum to advocate for positive changes for residents and actively supports the business community. "Roseway has an active Tree Team and partners with Portland's Urban Forestry program to make the park blocks an amazing asset for the community," said Carr. The RNA anticipates large crowds attending upcoming summer concerts and movies in Wellington and Glenhaven parks. For more information: Visit roseway.org.

Ted Carlston, who works at a small machine shop in Northeast Portland, has served on the board of the Roseway Neighborhood Association (RNA) and is currently vice chair. He said increased traffic through Roseway represents one of the biggest changes he's seen during the past 20 years, specifically commuters from downtown Portland who discovered Northeast Sandy Boulevard as the shortest commute distance to I-205. The major arterial, particularly at the intersection of Northeast Sandy Boulevard, Northeast Fremont Street, and Northeast 72nd Avenue, causes safety concerns for residents and the intersection creates confusion for drivers.

Correction: In June's Out and About Column, the name of Portland artist Lee Hunt who created bronze life-size sculptures depicting three Beverly Cleary characters on the westside of Grant Park was inadvertently omitted.

Note: Hollywood Star News photographer Judy Nelson is currently recovering from shoulder surgery, but plans to return in September for Out and About in Laurelhurst. Special thanks to Star photographer Jane Perkins for stepping in this month to photograph Roseway.





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WASHINGTON PARK



Performances begin at 6pm in the Rose Garden Amphitheater BUS: #63, #83, plus the Washington Park shuttle

Friday, August 7

BRASS OPS: High-powered horns from Oregon's own 234th Army Band in the Oregon National Guard, bringing New Orleans style jazz, military marches and popular tunes to open the Festival with spirit and jubilation.

Saturday, August 8 🐔

PORTLAND SUMMERFEST PRESENTS: Grand & Glorious Opera's greatest arias, duets, ensembles, and choruses - starring Soprano, Angela Meade and friends, and featuring the Portland SummerFest chorus and orchestra. Maestro Keith Clark conducts.

Sunday, August 9 🕉

PORTLAND FESTIVAL SYMPHONY: Celebrating the magic and power of classical music for over 30 years under the inspired baton of Maestro Lajos Balogh, this season PFS will offer an evening of old and new favorites sure to delight music-lovers of all ages.

Monday, August 10 💰

REGGIE HOUSTON'S CRESCENT CITY CONNECTION: Put on your dancin' shoes and prepare to celebrate the free-wheeling spirit of Mardi Gras, Portland style. Inspired vocals by LaRhonda Steele and Arietta Ward add to the experience.

Tuesday, August 11 🕉

JOHNNY LIMBO & THE LUGNUTS: "Rock 'n' Roll will never die and the Lugnuts are the reason why." Their stellar stage presence and showmanship have made them one of the most popular bands to perform classic oldies hits, coast to coast.

Wednesday, August 12 🔥

THE MANY COLORS OF EDNA VAZQUEZ: This multi-faceted musician offers up an evening that spans the full breadth of her artistry. She begins solo, then is joined by other formidable musicians. Together they craft a memorable performance that includes duets, rock and Mariachi.

Thursday, August 13 5

PDX JAZZ PRESENTS: TIZER QUARTET: This world-class fusion band from LA has been a "jazz group of the year" nominee and has been called innovative and smokin' hot by the critics. Their original sound runs the gamut from jazz to rock to world music.

Friday, August 14

MOVIE: GREASE (Note: Movie starts at dusk) Come in costume, sing and dance along to this iconic 1978 musical phenomenon. Grease remains the #1 highest grossing musical film ever. Pre-movie entertainment begins at 6:30 PM featuring the Steve Bradley & Jim Mesi Band.

Accessible – Wheelchair users are invited to enter through the accessible parking area behind the stage level, but there are no paved paths, just grass.

S Bike Valet - Enjoy the convenience of a free bike valet, brought to you by Spinlister.

LAURELHURST-GREAT LIVABILITY!



Pristine and beautifully updated, this classic 1920's bungalow with 5 bedrooms and 3 baths will warm your heart! Quality updating from top to bottom while retaining it's original charm. Hardwoods, tasteful colors, light & bright interior make this a winner! Finished basement with family room & separate laundry room, fenced backyard & deck, completes this package.

\$699,900













Laurelhurst home, loved by same owners for many years. Well maintained but in need of cosmetic updating. Dramatic living room with beamed ceiling & fireplace. Step up to formal dining room with leaded built-in & mahogany woodwork. Beautiful formal staircase to upper level. 3 bedrooms, 2 full baths with mint original tile. Partial fin'd bsmt w/tuck-under garage. Amazing back yard with patio.







4274 NE Laddington Ct.

\$599,900