Peninsula School News

Wednesday, Dec. 12th

PTA Dine Out Night

1st grade Writing Celebration	9:40-10:20am
Thursday, Dec. 13th	8:30am-2:00pm
5th Grade field trip to Oregon Historical Society.	
Friday, Dec. 14th	

Last day of classes before Winter Break

Winter Break:



Wednesday, Jan. 2nd First day of classes after winter break Monday, Jan. 7th First day of Winter SUN January 14th-18th Spirit Week (see website calendar for specifics) January 18th PTA Family Dance

Caldera Creative Lab

Saturday Dec. 15th, 2018

from 9:30-12:30

Kenton Historic Firehouse

8105 N Brandon Ave.

All are welcome to come and enjoy snacks, Art and Community. Contact Ms. Julie with questions. 503-260-5676

We would like to thank everyone who participated in our first ever Reunification Drill. It was great to practice what we would do if we had to evacuate the building and reunite all of our students with their families. We are planning to have an ALL SCHOOL reunification drill in the Spring. March 16th is our tentative date. An all school reunification will require more time than the one that we practiced in the fall, but will help make sure that all students, staff and families are familiar with the process.

In the meantime, we have better insight on how it will work. We have also been working to make sure that our outside emergency supplies are stocked in the unlikely case that we have an event where we need to be outside for an extended period of time. Right now we have a stock of water, blankets, ponchos and first aid supplies out in the container on the playground. Though of course, we hope we never have to use it.

Monday, December 10th, 2018

Principal's Note

Dear Peninsula Community,

I hope you and yours are looking forward to the holidays. We know that the transition to the break can bring stress for children so we are doing everything we can to continue providing students with the familiar and expected structures and routines of school while allowing time to celebrate the winter season and our students' accomplishments. When we return from vacation we will reteach routines and expectations and wrap up the first half of the school year on January 18th.

As we wrap up 2018, I am grateful to be a part of this community. The Peninsula staff and students make every day a joy to serve, work and learn. If you should have any concerns or questions, please don't hesitate to reach out by phone or email.

We'll see you in the new year,

Debbie Armendariz

Dine out with the PTA @ Por Que No

Skip planning dinner for one night and support Peninsula by dining out or carrying out from Por Que No, located at 3524 N. Mississippi, on Wednesday, December 12. From 11:00 am to 10:00 pm, a portion of all proceeds will be donated to Peninsula Elementary and will be used to support our Staff Grant funding. Mention our school when you visit that day and let them know how much we appreciate the donation!

Peninsula Safety Committee

Flu Season is Here!

Influenza (flu) is a seasonal disease that can cause mild to severe illness. Most experts think flu viruses are spread mainly by droplets when people with flu cough, sneeze or talk. Less often, a person might also get the flu by touching a surface or object that has the flu virus on it and then touching their own mouth or nose.

People can spread the flu even if they don't know they're sick. The flu can be more serious for some people, including young children, pregnant women, older people, people with certain health conditions and smokers. The best way to prevent the flu is by getting vaccinated each year.

How to Avoid the Flu

Get the seasonal flu vaccine

To find out where to get your flu vaccination, use the Flu Vaccine Finder or call 211info.org

The majority of flu is spread by young, healthy, unvaccinated children and adults. That's why vaccination is such an important part of flu prevention.

Flu vaccine is recommended for people 6 months and older. Check with a medical provider to see which vaccine is right you.

Wash your hands

- Washing your hands often helps protect you from germs.
- Use soap and warm water. Wash for 15 to 20 seconds.
- If soap and water are not available, use an alcohol-based hand sanitizer. You can find these products in most supermarkets and drugstores.
- If the hand sanitizer is a gel, rub your hands until the gel is dry. The gel doesn't need water to work; the alcohol kills the germs on your hands.

Take everyday precautions

- Cover your nose and mouth with a tissue or your arm when you cough or sneeze.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- Stay home if you get sick.
- Clean work and household surfaces often.
- Wear a mask if you have a weakened immune system.
- Ask your family, friends and health providers to get a flu vaccination.
- Practice good health habits. Get plenty of sleep and exercise, manage your stress, drink plenty of fluids, and eat healthy food.
- Manage any chronic conditions.

Quit smoking

People who smoke get the flu more easily and get sicker from the virus. This is also true of people who breathe secondhand smoke, especially children and senior citizens.

Contact the Oregon Tobacco Quit Line at 1-800-QUIT-NOW or www.quitnow.net/oregon.



2018-19 Scholarship Program

Currently Accepting Applications

UPCOMING DEADLINE FRIDAY, JANUARY 11, 2019

Camp Fire Columbia strives to be accessible by offering scholarships to our families.

Paper applications available with Camp Fire program site staff AND online by visiting www.campfirecolumbia.org/ programs/before-and-after-school/