



Wilson Daily Bulletin

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Wilson High School
1151 SW Vermont St, Portland 97239
Office: (503) 916-5280; Attendance (503) 916-5294

Monday, November 23, 2015 B, Periods 5-8

click [here](#) for Bell Schedules

SCHEDULE FOR NOVEMBER 23 – 27

Monday, November 23: B
Tuesday, November 24: A
Wednesday, November 25: B
Thursday, November 26: No School,
Thanksgiving Holiday
Friday, November 27: No School

SCHEDULE FOR NOVEMBER 30 – DECEMBER 4

Monday, November 30: A
Tuesday, December 1: B
Wednesday, December 2: A/Assembly
Thursday, December 3: B/Tutor Time
Friday, December 4: A

ATHLETICS

- Winter sports (basketball, wrestling, swimming) start November 16. Registration is open now at <https://www.familyid.com/organizations/wilson-hs>.

EVENTS

TUESDAY, NOVEMBER 24

ASIAN PACIFIC ISLANDER STUDENT UNION MEETS AT LUNCH IN ROOM 129

WEDNESDAY, NOVEMBER 25

MODEL UN REMINDERS

The first position paper is due today (or ASAP after that). Model UN meets **every Wednesday** at lunch. The only exception is if you are absent from school. The next payment of \$100 is due by December 9. Questions or concerns, contact Lwalker@pps.net.

NEWS

WILSON COMMUNITY COMES THROUGH FOR STUDENT ARTISTS!

Wilson ceramics teacher Andrew Butterfield posted a Donors Choose fundraiser this week to raise money for a new pottery wheel. Our amazing community raised \$1600 in just four days, and a new wheel has been ordered. Mr. Butterfield says, "Thank you Wilson parents for supporting our students to create great work!"

TWO WILSON ATHLETES WIN SCHOLARSHIPS, SIGN LETTERS OF INTENT FOR COLLEGE



Rachel Koch (left), Athletic Director Mike Easton (center), Sierra Sexton (right)

Wilson senior **Sierra Sexton** will swim next year for the University of Vermont, where she has received a full-ride scholarship. UV is a NCAA Division I Women's Swimming and Diving Team.

The first time she visited UV, Sierra says she just loved it—the school was gorgeous, the coach was nice, and it seemed like a great place. On later visits she was able to meet the other swimmers, and felt at home right away. Eventually she narrowed her choices down to three colleges, but was already in love with Vermont. She realizes how important it is for the two pieces, academic and athletic, to fit together and feels that UV has it all.

Sierra has been swimming for 8 years, four of those at Wilson. In addition, she swims for the Lacamas Headhunters, a year-round club team located in Camas, WA. Mia, Sierra's mom, says that while club teams are important because of the year-round training opportunities they offer, the high school swim team experience is just as important because of the team spirit and camaraderie they offer.

The combination of high school and club swimming (and hard work) is working for Sierra—in addition to earning a scholarship at a prestigious swimming school, Sierra has qualified for the upcoming Winter Nationals in Federal Way, Washington, where she could win a spot at the US Olympic Swim Team qualifying trials. Sierra's time for the 50 Free was 26.34 last year, and this year's qualifying time is 26.19.

What's after college for Sierra? Her current plan is to become an orthodontist, possibly attending dental school at OHSU.

Sierra has some advice for her Wilson peers, based on hard-won experience. First, she says, you may not have a dream or goal in front of you, but if you experience enough things, you will. Be willing to go out and experience new things that could very well affect what you do with the rest of your life. Second, Sierra says, "Attitude is everything!" You have to believe in yourself before anyone else will.

Wilson senior **Rachel Koch** will attend California Baptist University next year where she will receive an athletic scholarship to compete with the Cheer Team that has won the National Championship in their division each of the past three years.

Rachel is a great competitor and tumbler who found Cheer as a 4th-grader after having been in gymnastics since the age of 5. For several years she cheered with a traveling competitive team, then joined the Wilson Cheer Team as a freshman. She's been on the varsity cheer squad all four years, including in 2014 when they won the State Championship. This year, as a co-captain of the Cheer Team, she coaches Trojan Junior Cheer. Rachel has been to All-State every year, where this year she was just one of 20 out of 120 girls to qualify for the All-State Team.

Some of the tricks and stunts performed in cheer can be scary, and Rachel says sometimes learning new skills can be intimidating. Most of her fear has gone away by now, proving the value of the advice she has for her fellow stu-

dents. Rachel says she has learned “that you only get as much as you put in. If you want to play a sport in college you have to juggle things and work hard. Then you will succeed.”

Rachel hopes to return to Portland for graduate school at OHSU to train for a career in health sciences, perhaps as a pathologist, dentist, or surgeon.

As a small child Rachel hoped she would someday cheer at the college level and compete in the national championships. She applied to other schools but really wanted to go to Cal Baptist, where the cheerleaders are well-rounded students who train and study together in a family-like atmosphere. It sounds like a perfect fit and looks like Rachel is well on her way to achieving her dream!

ANNOUNCEMENTS

NEW: WILSON COUNSELING DEPARTMENT NOW INCLUDES IN-HOUSE SOCIAL WORKER

Welcome to Maureen Brennan, LCSW, Wilson’s newly hired full-time social worker. In this new position at our school, Maureen will work with counselors and other Wilson staff to improve student attendance and provide additional mental health, alcohol and drug recovery support to students as needed. Another part of her job is to connect students and families with community services and resources such as drug and alcohol abuse counseling, mental health services, as well as medical, food and housing assistance, among others. Maureen looks forward to helping students achieve academic success and self sufficiency.

Maureen grew up in Beaverton and graduated from Portland State University with a BS in Social Work. She went on to receive her MSW from Portland State University. Maureen has worked with young children in day treatment, was a child and family therapist and a protective services worker for DHS in Washington County. For over 17 years, Maureen was a program manager for Outside In and supervised their Street Youth Program. Community services and resource development are Maureen’s passions and areas of interest, linking students and families to services to meet their many physical, social and emotional needs. Most recently, Maureen was a case manager with Clackamas County Behavioral Health. When not working, Maureen enjoys travel, movies, art and eating out.

NEW: COUNSELOR’S CORNER

Wilson’s counseling team hopes to provide parents with helpful information pertinent to your student’s educational success and emotional well-being (as well as your own!) We look forward to sharing with you tools that researchers and/or parents of successful and happy students have found to be most helpful in guiding student to reach their potential. Now that it’s November, first quarter report cards are home. Your student’s report card could serve as a sign that study/homework habits may need reviewing, revamping, or in many cases—rewarding! To see a checklist of things to do or keep in mind to support your high school student, click [here](#).

NEW: PARENT/STUDENT/TEACHER CONFERENCES [ONLINE SURVEY](#)

Student conferences held last month constitute a significant effort of time and resources designed to support student achievement and effective home/school communication. At Wilson HS we strive to use the conference time to its fullest extent to support all of our students and for conferences to be convenient and accessible to as many different family situations as possible. This year, we added the online sign-up program (myconferencetime.com) to simplify the scheduling of conferences and again we offered multiple formats of conferences that were available both in the morning and the evening. We are seeking feedback and suggestions that will inform our work and potentially guide future efforts to improve the process for our families. Please take a few minutes and complete the online survey [here](#). Thank you!

NEW: DRIVER’S ED REGISTRATION OPEN NOW

PPC offers Driver’s Ed courses on the Wilson campus. Winter session starts January 7th. Get more info [here](#).

WILSON LEADERSHIP WINTER FUNDRAISING CAMPAIGN

Each year, Leadership students partner with the Multnomah County Sheriff’s Department to raise money for the Community Transition School (CTS) and to hold a holiday party for the CTS students. A private school dedicated to the needs

of children whose families are homeless, in transition or experiencing chronic poverty-related crises, CTS provides a stable, supportive environment that promotes their students' personal and academic growth. Your contributions will support teaching materials and gifts for all of the students. Donate today at www.gofundme.com/warmthewinter2015.

FALL SPORTS WRAP UP, NEW SEASON BEGINS

Fall sports have come to a close and winter sports (basketball, wrestling, swimming) have now begun. If you want to participate in winter sports but you have not signed up yet, please do so right away at the [Wilson athletics website](#) (where you will find schedules and other info as well). Athletes may not participate in practice without a current physical.

Wilson All-City Players, Fall Sports:

Football

Honorable Mention: Ben Turker, Jake Moser, Gustavo Herrera, Bennett Smith, Jack Dixon, Evan Charlone

Second Team – Offense: Michael Streinz

Second Team – Defense: Sam Katter

First Team Offense: Riley Tindell, Eddie Erickson, Emmett Burby, Graycen Kennedy

First Team Defense: Sean Haxby, Steffen Jacobsen

PIL Offensive Player of the Year (and leading rusher in the state): Riley Tindell

Volleyball (PIL champs)

Second Team: Madeline Tomastik, Breonna Keller-Robbins

First Team: Jodi Allen, Lindsay Lang, Jane Woodward, India Jones

Girls Soccer

Honorable Mention: Jamie Kresl, Eva Vlassopoulos, Talulah Beisel, Nikki Hogan

Second Team: Mackenna Clizer

First Team: Sara Trejo

Boys Soccer

Honorable Mention: Tyson Horn, Sam Nathanson, Max Lommen

Second Team: David Menashe

First Team: Alec Dunkeld

Cross Country State Qualifiers

Boys (3rd in state for 6A!): Kian Mitchell, Caleb Seeley, Alex Slenning, Nick Slenning, Chris Nussbaum, Sam Behrens, Chase Howard

Girls: Grace Heizer

Wilson Athletes' Average GPA by Sport

Football: 3.1

Volleyball: 3.3

Boys Cross Country: 3.4

Boys Soccer: 3.4 (8th in state)

Girls Soccer: 3.74 (6th in state)

Girls Cross Country 3.93 (3rd in state)

Fall Scholar-Athletes

160 (students in a fall sport who achieved a 3.5 GPA or better for Quarter 1).

SUPPORT WILSON PTA, BUY SCRIP

Scrip is an easy way to support the PTA that costs you nothing extra! This program works with local and national vendors, including most of your favorite grocers, restaurants and retailers. Buy some for your groceries, buy some for holiday gift-giving. Consider a Wilson scrip purchase for your employee gifts! Leave your order with the Wilson Bookkeeper on

Monday, pick up your scrip on Friday afternoon. Or place your order by phone, postal mail, or e-mail! Contact Martha Schulte (schulte@easystreet.net; 503-244-5072) for more information or to place an order. Download order forms [here](#).

PTA GRAD NIGHT MEETING, MONDAY, DECEMBER 7, LA COSTITA RESTAURANT, 7:00PM

All Junior and Senior parents, join us for the next Grad Night Meeting. La Costita is at 7405 SW Barbur Boulevard. www.WilsonGradNight.com.

WILSON WRESTLING LOOKING FOR STUDENT MANAGERS

The Wilson Wrestling program is in need of student managers for the Winter sports season. No athletic experience necessary. Learn something new, make new friends, support your school, and travel to meets and tournaments. See Coach Marchese in the wrestling room after school or Mr. Easton in the athletic office. GO TROJANS!

WILSON VINTAGE CAMERA T-SHIRTS



Now available for purchase! 100% of proceeds will go towards buying cameras for Wilson photography students. These will make great holiday gifts. Purchase yours for \$20 (cash or check) in the bookkeeper's office, or email Matt Carlson at mcarlson@pps.net to place an order.

ROSE COURT APPLICATIONS AVAILABLE [ONLINE](#)

Junior and Senior girls with a minimum 3.0 GPA are invited apply for this year's Rose Court. Wilson's Rose Festival Princess will receive a \$3500 scholarship, a new wardrobe, and will travel around Oregon and Washington and many networking opportunities. Applications are due by January 8, 2016.

LOOKING FOR GENTLY USED AP STUDY GUIDES

We are building our lending library of AP study guides (Princeton Review, Barrons, etc). Have you or someone in your family taken AP classes and used a study guide that is just sitting on the shelf? Please bring any guides you would like to donate, 2012 or newer please and in the [AP subjects we offer](#), to Abby in the main office. Thanks!

SEASON OF GIVING

The Key Club and WHS Counseling Department are teaming up to collect food for Wilson High families for the holidays. In addition to the food drive, we will be collecting gift cards to local grocery stores/businesses to give to our neediest Wilson families. Please consider helping in the following ways:

- Donating non-perishable food items (canned/dry goods). Collection boxes for food donations are by the WHS gym, Main Office and Library.
- Providing gift cards for holiday gift giving (Target, Amazon, Department Stores, etc.). If you are able to help, please deliver gift cards to our bookkeeper, Ana Curtis, in room 149.

Last year our community supported seven Wilson families with donated food and gift cards for the holidays. It would be wonderful to help out again this year! We will be collecting through Thursday, December 17.

PIZZICATO DOUGH FOR DOLLARS, TUESDAY, DECEMBER 1

Buy pizza, earn money for Wilson Foundation! Wilson Foundation will receive 20% of your purchase amount all day on December 1 (including gift certificates) at the Hillsdale Pizzicato, 6358 SW Capitol Highway 503-452-7166. 11am - 9pm. Holiday shopping tip: Pizzicato gift certificates make great gifts!

DO YOU PLAY A BAND INSTRUMENT?

Searching for Wilson-area musicians interested in forming a community band. The purpose of the band will be to provide a fun and enriching musical experience for members, and to partner with the Wilson band to perform. Adults and high school students are encouraged to participate.

Even if it's been years since you played, we'd love to hear from you! Please contact Kristin Rencher, k.rencher@me.com, if you're interested in joining in on the fun and supporting Wilson.

SCHOOL PHOTO RETAKES ARE IN

Students who had school photos taken (or retaken) in October may come to the main office before or after school and during lunch or tutor time to pick up their packets.

CAREER RELATED LEARNING OPPORTUNITIES

1. Are you a sophomore or junior who is passionate about biomedical science and would like an opportunity to be mentored by a researcher? Partnership for Scientific Inquiry (PSI) pairs students with a mentor to give them first hand knowledge of scientific process in a unique learning environment. Students learn how to think like a scientist and the semester culminates with each student developing a research proposal with their mentor's help. Applications are due January 3rd and acceptance is competitive! To apply and for more information visit <http://psiprogram.weebly.com> or see Ms. Morgan in room 221.

If you're interested in this opportunity please attend the information session that will be held Tuesday, December 1, 2015, 6-7 pm at the Collaborative Life Sciences Building, Room 3A003A. 2730 SW Moody Ave, Portland, OR 97201.

2. Professionals at the Howard S. Wright Company (responsible for projects like the Space Needle and Portland's own Big Pink building) are hosting a career day on Wednesday, December 9th, from 9:00am-1:30pm. This is a great opportunity for students interested in learning about information modeling, scheduling, project management, and job site management as well commercial, institutional, and industrial building. If you are interested please see Ms. Morgan in room 221 to get an application. For more information, go to www.howardswright.com.

3. Are you interested in pursuing a career in the medical field? Kaiser Permanente is hosting a career day Thursday, December 5th, from 9:30am-12:30. Students will get a behind-the-scenes look at a large Portland hospital and learn about a variety of health services careers. To register please see Ms. Morgan in room 221.

YEARBOOK SENIOR AD DEADLINE IS JANUARY 15

The deadline to buy senior ads is quickly approaching! Email troyanbizzgmail.com or go to the [yearbook website](#) for details and more information.

Prices: 1/8 of a page: \$40
 1/4 of a page: \$70
 1/2 of a page: \$130
 Full page: \$250

Make sure to buy your yearbook before Winter Break; after January 1 the price goes up from \$65 to \$75.

YEARBOOK SENIOR PORTRAITS

Deadline for Senior Portraits is December 18th. New this year : Yearbook photographers will take your Senior Portraits for \$30. Contact (503) 730-0722 if interested.

ORDER YEARBOOKS ONLINE

<http://shop.balfour.com/smi62107/catalog/category/view/s/yearbook-and-accessories/id/312795/>

SHADOW PROGRAM FOR PROSPECTIVE STUDENTS

Spend a day attending classes with a Wilson student to get an up-close and personal look at life in high school. Shadowing opportunities are offered October through April. Go to the Wilson website [About Us](#) page for more information and to sign up.

SAFE HIGH SCHOOL RIDERS

Click [here](#) for information from PPS on safe bus-riding for students: rules to follow, crossing the road after exiting the bus, emergency equipment and what to do in the event of an evacuation.

CONNECTIONS

The Wilson Daily Bulletin is an electronic newsletter full of useful information and interesting news emailed to Wilson students, parents, staff, and community members. The Bulletin is published every day. The Monday Edition has the widest distribution and includes more general announcements; Thursday-Friday the focus is on events more specific to the school and what goes on in the building during school hours. Archives can be found [online](#) at the Wilson website. If you would like to be added (specify whether you would like to be on the daily list or just the Monday list) or removed from the distribution list, send your email address to Valeurie Friedman at vfriedman@pps.net. **Have good news to share about Wilson students or alumni?** Send the details to Valeurie Friedman at vfriedman@pps.net.

ALL THINGS WILSON

Be sure to visit the Wilson website at: <http://www.pps.k12.or.us/schools/wilson/> to find many useful resources for parents and students including:

- Event, activity, and holiday listings on the Wilson calendar
- Online student research tools
- Links to the Daily Bulletin and past issues of the Wilson Spotlight
- Counseling Department
- How to get involved with PTA, Boosters, or Foundation
- How to order scrip (http://www.pps.k12.or.us/schools/wilson/files/school-wilson/scrip_4_15.pdf.)

FOLLOW WILSON LEADERSHIP ON SOCIAL MEDIA

Twitter: [@wilson_trojans](#)

Instagram: [wilson_trojans](#)

Facebook: [Wilson Leadership](#)

FOLLOW WILSON'S MAGAZINE, THE TROJAN HORSE

Twitter: [@whstrojanhorse](#)

Instagram: [@whstrojanhorse](#)

New issues: <http://issuu.com/whstrojanhorse>

Use the hashtag #whshorse and send us your pictures.

ALUMNI NEWS

Wilson High School official alumni website: <http://www.wilsonalumni.com>

ALUMNI CLASS REUNIONS

To find out about upcoming Class Reunions go to: <http://www.wilsonalumni.com/reunions.htm>

WILSON GRADUATES WHO HAVE SERVED OR ARE SERVING IN MILITARY

To add your name and information to the archive of Wilson Military Graduates, click on this link: <http://www.wilsonalumni.com/Military.html>

WILSON SPORTS SCHEDULES

<http://www.wilsonathletics.com>

FACULTY/STAFF CONTACT INFORMATION

If you would like to contact faculty or staff at Wilson go to <http://www.pps.k12.or.us/schools/wilson/>.

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. The Portland, Oregon School District is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, Telephone: 503-916-5280 email: mlamont@pps.net.school