

WILSON GIRLS LACROSSE CAMP

Join **Wilson HS Women's Lacrosse Coach Catherine Davidson**, her staff and current players for a 4-day instructional youth lacrosse camp. This is open to new and current players within the Wilson cluster and other neighborhoods.

The goals of the camp are to provide youth players with skills to be a better lacrosse player; to introduce new/beginning players to the fast paced game of lacrosse; to help experienced players improve their skills and learn the Wilson High School lacrosse system(s).

Daily skills covered include stick handling/cradling, passing, catching, shooting, offensive and defensive skills, plus modified game play and fun GAMES!

DATES: Monday - Thursday, June 15 to 18, 2015

TIME: 7-9 PM

AGES: Incoming 3rd grade girls through incoming freshman girls

COST: \$50 (Non-Wilson-cluster residents add \$10)

LOCATION: Wilson High School – Main Turf Field

REGISTER online at www.wilsonlax.com or mail in the form, below.

WHAT TO BRING: Mouth guard, LAX stick, cleats, eye goggles and lots of water!

Detach & Return to Wilson High School 1151 Vermont Street – Portland, Or. 97219

Student Name: _____

Grade in Fall: _____

Address: _____

Phone: _____

T-Shirt Size (youth sizing): XL L M S XS

Parent/Guardian E-mail: _____

Emergency Contact #s: _____

Mail Checks To: **Wilson Women's Lacrosse Program:** WHS, 1151 SW Vermont Avenue, Portland, OR 97219

My signature indicates recognition of risks involved, consent for participation and permission for instructors to secure emergency medical treatment in the event the parent(s) and/or guardian(s) cannot be reached.

Signature (Parent/Guardian)

Date