



Peer counseling is a recently established program here at Wilson. It is designed to bridge the gap between the counseling team and students. Peer counselors are available as a resource to students who are need of a little guidance in a hectic high school atmosphere. Students can talk to peer counselors about anything from conflicts with friends, to decisions they are facing in life. Interactions between peers and students are 100% confidential, which make them an astounding resource to have at Wilson. Aside from working with individual students, the Peer counseling program holds many outreach events.

Below are just a handful of events and outreach projects we have hosted in the last two years.

New Student Lunch:

Transferring from another school can be a tough experience. We at the peer counseling class decided to a host a lunch with all the new students, so that they can get to know some friendly faces, and build new relationships.

New Student Brochure:

To help new students in adjusting to Wilson, we have put together a pamphlet that contains basically everything you need to know. Usually when you are new, you receive many packets and papers with various information regarding the school on it, and it can

be difficult to comb through. We decided to make the process simpler, by creating a pamphlet that contains helpful information, from staff members, to graduation requirements.

ELL Lunch:

It can be especially difficult to make friends when there is a language barrier between you and your peers. We, at the peer counseling program, reached at to kids in the ELL class and hosted them for lunch. It was an amazing experience for both our peer counseling team, and the ELL students.

Waffle Days:

Waffle days are days where we get to know the student body, over waffles. We hosted four Waffle days this year, one for each grade. It's a chance to get to know and meet new people, and advertise the peer counseling program as a resource.

These are just a handful of the events and outreach projects we have hosted. We plan to host many more in the coming months, but we need your help. We have expenses that go along the training of our peers, and our outreach projects.

Below are the expenses we plan to incur for the 2015-16 school year, and a short explanation of them:

Synergo Training (retreat): \$700-\$1000

In the fall, peer counselors go on a one-day retreat. The retreats purpose is not only to develop the strong bonds necessary in a productive team, but to also teach many of the skills needed in being a peer counselor. The training is hosted by Synergo.

Synergo Outreach Activities training (NEW!): \$700

This coming year, we would like to undergo another training session with Synergo. This training would focus on activities and facilitation skills needed in many of our outreach projects.

Shirts: \$300

Shirts serve as a way of advertising the program, and identifying peer counselors. We wear them at our events, such as Waffle Days.

Our goal for the 2015-2016 school year is \$2,000. Ambitious, we know, but with your help we think it is achievable. Help us make Wilson a better, more accepting environment for all students. Donate today!

For more information, you can visit our website @ www.wilsonpeers.com.

To help fund our peer counseling program visit <http://www.gofundme.com/r542x3k>.

Thank you! -Peer Counseling team