

Help be a part of drug prevention for teens....



We need parents to help in building a community around our teens that supports their choices for staying away from drugs.

The Wilson Counseling Department and PTA are sponsoring a workshop, *“Staying Connected”*, for Wilson High parents facilitated by Maija Ryan, LCSW. She has over 15 years of experience with substance using teens and their families.

“Staying Connected” is about how parents and teens can stay connected, keep the lines of communication open, and how parents can positively influence their teen’s choices. Topics include:

Knowing the local trends of teen drug use

Clarifying family values and rules around substance use

Encouraging or maintaining a positive relationship between parents and teens

Tips for communicating with your teen/parent

Taking the time to understand one another’s viewpoints

Links to community resources

This meeting will be held at Wilson in RM 117

Saturday March 15 10-12

Participating Families will have priority for a free class being held at Wilson for students only this spring around personal choices around substance use.

RSVP to reserve your spot : Sharon 916-5280x75206