WOODROW WILSON HIGH SCHOOL DAILY BULLETIN

www.pps.k12.or.us/schools/wilson

Thursday, October 2, 2014 1, Tutor Time, 2, 3, 4

Bell Schedule for 29 – October 3:

Skinny Monday 9/29: 1, 2, 3, 4, 5, 6, 7, 8 Tuesday 9/30: 1, 2, 3, 4

Wednesday 10/1: 5, 6, 7, 8 Thursday 10/2: 1, Tutor Time, 2, 3, 4

Friday 10/3: 5, 6, 7, 8

Bell Schedule for October 6 - 10:

Skinny Monday 10/6: 1, 2, 3, 4, 5, 6, 7, 8 Tuesday 10/7: 1, 2, 3, 4

Wednesday 10/7: 1, 2, 3, 4 Wednesday 10/8: 5, 6, 7, 8 Thursday 10/9: 1, Assembly, 2, 3, 4

Friday 10/10: No School

<u>College Visits</u> - College Center Rm. 220

Sign up for the visits on Naviance - See Mrs. Dailey in Counseling with questions.

Whitman College - TODAY @ 9:42

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Washington University in St. Louis – Friday, October 3 @ 8:15 **University of Southern California** – Friday, October 3 @ 9:53

Spirit Week – October 6-10:

Monday: 50's Tuesday: 70's Wednesday: 80's

Thursday: Wilson Spirit + Pink out for the game!

Athletics

TODAY

Volleyball –Varsity vs. Lincoln and Benson @ Wilson, 4:00. *Release 2:40*. JV @ Benson, 5:00: *Bus 3:30, Release 3:15*. JV2 @ Lincoln, 5:00; *Bus 3:15, Release 3:00*.

Men's Soccer – Wilson vs. Benson @ Delta Park, Varsity and JV 4:00—Bus 2:15, Release 2:00.

Women's Soccer – vs. Benson at Wilson 7:00. JV 4:15 @ Gabriel; *School bus 3:00 by tennis court, Release 2:45.* Football – Freshmen @ Roosevelt, 4:00; *Bus 2:30, Release 2:10.* JV vs. Roosevelt @ Wilson Stadium, 4:30.

Friday, Oct 3, 2014

Football - Varsity @ Roosevelt, 7:00. Bus 4:30.

Saturday, Oct 4, 2014

Volleyball - JV tournament @ Lakeridge; Bus 6:30. JV2 Tournament @ Lake Oswego; Bus 7:00.

Saturday 9/27/2014:

This past Saturday, the "Long Green Line" of Wilson Cross Country participated at this year's Nike Pre-National Meet. The Pre-National Meet is one of the biggest and most prestigious races in all of the West Coast, drawing 120 schools and 4000+ athletes from eight states.

It was a full day of racing, with over 100 Wilson athletes participating in a wide variety of age-group and divisional races. Our athletes have culminated weeks of difficult training, it was a fast race course and thanks to perfect weather conditions, it turned out to be a perfect storm for great racing. Celebrate good times, come on! We had 57 Wilson athletes set personal bests (PR's) on Saturday.

The Wilson Freshman Boys finished in fifth place overall and the Freshman girls team finished in sixth place. These are both exceptional finishes considering over 50 teams participated in each race.

The Wilson JV ladies (Kate Schulte, Lilly Emerick, Caelan Murray, Adahra Poasa, Ellie Stein, Julia Coleman & Natalie McKinnon) finished ninth overall in the "Champions Division".

The JV men (Nick & Alex Slenning, Xavier Triplett, Henry Bringenberg, Gabe Kemling, Carter Crail and Nathan Rutledge-Gorman) finished a respectable tenth, again in an extremely competitive division.

The Varsity men's team (Jack & Chase Howard, Chris Nussbaum, Caleb Seeley, Jace Jacobson, Kian Mitchell and Sam Behrens) ran their hearts out. All seven varsity men runners finished the 5K race (3.1 miles) in under 18 minutes. Try that one at home!

The Varsity Lady Trojans (Olivia Stein, Sydney Brieher, Alina Nussbaum, Kendra Zimmerdahl, Dana Nathanson, Aurora Emmons and Iris Emerick) finished a respectable ninth place overall. However, the big news of the day was Sydney Brieher finished second overall, with a blazing fast time of 18:44.

Students

Wilson International Student Klub (WISK) – bring your lunch from home and experience the world from 11:51 to 12:21 every Thursday **TODAY** in Rm. 226. All interested students are welcome, especially our foreign exchange students! [Maack]

Please come and **vote for this year's Homecoming court** – outside the gym at lunch all this week! [Loveless]

French Culture Club meets Friday at lunch in 224. Dessert provided. All are welcome. [Walker] The Homecoming Dance is around the corner on Thursday, October 9th. The dance will begin approximately at 8:30pm towards the end of the football game and end promptly at 11:00pm.

The theme is "Disco Night" so students can dress accordingly. We have an awesome DJ who will be mixing that night. The dance will be in the school foyer and tickets are only \$1 and FREE with your ASB (Associated Student Body) card. Tickets go on sale during the school day next week and students can also purchase at the door. This dance is exclusive to WHS students only. All WHS students must have their ID's with them when entering the dance. We will also have concessions offered by the Boosters Club during the dance. Thank you to Mr. Loveless and Student Body Leadership for their hard work in organizing this great dance event. [Freeman]

Needing your Wilson ID? Just go to the Security Office, Rm 149 after school. If you never received an ID, there is no cost and you will get your ID with your Tri-Met sticker on it. If you received an ID this year but no longer have it, you first need to pay for it with the Bookkeeper (8am - 3:30pm). The cost is \$50 with the Tri-Met sticker or \$5 without Tri-Met. The bookkeeper will give you a receipt to take to security in Rm. 149. [Menashe]

Everyone

For those families on **Free and Reduced Meals** for the prior school year, you need to reapply for benefits <u>before</u> October 13th when your carryover approval ends. Access the online application at <u>www.pps.net/departments/nutrition</u> [Goddard]

Wilson High School is excited to offer a new Health elective course this spring. It is called **Nutrition and Wellness** and will be taught by Wilson Health teacher Josh Martin. The goal of this course is to offer students an opportunity to experience issues, information, and skills regarding the foods they eat. In addition to studying nutrition and how food choices affect our health, we will tackle topics such as food safety and food-borne illnesses resulting in students earning their Oregon Food Handler's Safety certification. To do all of these things, we need to stock our kitchen labs with

new/gently used kitchen equipment. We are in need of: pots and pans (non-stick preferred), cooking utensils (all types), dish towels, aprons, wash cloths, sponges, mixing bowls, measuring cups and spoons, dish drying racks, etc. If you or someone you know, would like to donate materials for this class, please contact Josh Martin (jmartin2@pps.net) or Kate Morgan (kmorgan@pps.net) as soon as possible. Thank you in advance for your support of this class. [Kate Morgan, Career Coordinator]

October is Breast Cancer Awareness month and Wilson Boosters is pleased to be selling t-shirts for the "Pink Out" game on Thursday, October 9th. Please show your support and team spirit by purchasing a shirt to wear to the game. All profits from these shirts will go to the Susan G. Komen Foundation. Simply fill it out the pre-order form http://www.pps.k12.or.us/schools/wilson/files/smatthei/breast_cancer_shirt.pdf and turn it in to the bookkeepers office along with payment by Friday, October 3rd. The Boosters thanks you in advance for supporting a great cause. [Stein]

Opportunities [see Kate Morgan, Career Coordinator, Rm. 221]

Wilson Girls: Do you love working with your hands? Do you like creating and building? Then **Girls Construction Club** is for you! In this carpentry based club, you will learn how to safely use hand and power tools to build a coat rack, book shelf, stool, jewelry hanger, and more! Come learn invaluable skills from two women carpenters. Girls Construction Club starts on October 21st and meets on Tuesdays from 3:30pm-5:00pm and will run for 12 weeks. Snacks will be provided! To Join: Please pick up an application from Kate Morgan in room 221. [Morgan]

Are you interested in a career in Aviation? Then, **Aviation Career Day** is for you! This career day opportunity is open to seniors and juniors. It will take place Tuesday, October 21, 2014 from 9:30am -12:15pm. This career day will fill up fast so see Kate Morgan in Rm. 221 to register as soon as possible.

Are you interested in a medical career? Do you like hands-on activities? Would you like to save lives? If so, this is for you! The American Medical Response and Providence Hospital is holding a PARAMEDIC CAREER DAY on Thursday, October 23 from 9-12! The event will highlight careers in both Emergency Medical Technicians (EMTs) and EMT- Paramedics. To register please go to http://paramedic-providence.eventbrite.com. Space is limited, so register now!

Are you interested in working for Boeing? This career day opportunity is open to seniors and juniors. It will take place SATURDAY, October 25, 2014 from 9:30am -11:00am. This career day will fill up fast so see Kate Morgan in Rm. 221 to register as soon as possible.

Students who are interested in a career working closely with animals, this is for you. The **Veterinary Career Day** is on Thursday, October 30, 2014 from 9:00-12:30. You can meet Veterinarians and Vet Technicians; learn about education requirements and salary ranges, and tour the Dove Lewis Animal Hospital! This event is available to sophomores, juniors and seniors. This career day will go quickly so please see Kate Morgan in Rm. 221 to apply.

Parents

Parent Education Night - October 20, 2014 - 6:30 – 8:00 PM - Wilson High School Library [Latendresse]

Topic: Naviance

<u>Career — Erica Meyers and Kate Morgan:</u>

Naviance Career and About Me Tab

Career Related Learning Opportunities
Enrichments and Community Service opportunities

<u>College — Julie Fleming</u>:

Naviance presentation will include:

College visits

Scattergrams – How do I compare with other students?

College Search

Scholarships

Grade level timelines

Application process

<u>Scholarships</u> Check Naviance for scholarships this year – best place to stay informed!

****Look for Scholarships in the Monday issues of the bulletin**** (others as space allows)

This issue of the Daily Bulletin is submitted by Sara Mattheisen. To have a notice printed in the Bulletin for the next school day, please leave your notice in the Main Office or email smatthei@pps.net by **Noon.** Items new today are in **bold.**

Portland Public School's Nondiscrimination and Equal Access Statements:

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. Portland Public Schools is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, at 503.916.5280 or mlamont@pps.net.