WILSON DAILY BULLETIN

Wilson High School 1151 SW Vermont St, Portland 97219 Office: (503) 916-5280; Attendance (503) 916-5294

Visit our website, like us on Facebook, find pdf archives of the Bulletin at http://www.pps.net/Page/10118

Welcome to the Wilson Daily Bulletin Daily Newsletter! The Daily Bulletin is an excellent resource for students, parents, staff, and the community to stay informed about events and activities at Wilson. Parent and student emails are automatically added to the list based on info provided by parents/guardians on the Student Verification form. To add additional parent or student emails to the distribution list, or to be removed from the list, email Valeurie Friedman (vfriedman@pps.net). To submit news and events, email vfriedman@pps.net. Items received before noon will appear in the Bulletin for the following day. Thanks for reading!

Wednesday, February 27 A/Tutor Time, Periods 1-4

SCHEDULE FOR February 25 – March 1

Monday, February 25: A Tuesday, February 26: B Wednesday, February 27: A/Tutor Time Thursday, February 28: B/Assembly Friday, March 1: A

SCHEDULE FOR March 4 – 8

Monday, March 4: B Tuesday, March 5: A Wednesday, March 6: B/Tutor Time Thursday, March 7: A/Tutor Time Friday, March 8: B/Tutor Time

ATHLETICS

For more information on athletics at Wilson, including schedule updates and how to register for sports, go to **wilsonathletics.com**.

Wednesday, February 27

Women's Basketball @ Grants Pass, First Round State Playoffs: Bus departs at 9:00am, tip-off 6:30pm

EVENTS

Wednesday, February 27

PCC Scholarship Workshop, Room 149, 9:40am-10:30am

PCC will be in the College & Career Center in room 149 during Tutor Time to help students fill out their PCC scholarship applications. Learn more at www.pps.net/ Page/426#calendar569/20190206/event/96902

AVID Site Team Meeting, Wilson Room 145, 3:30-4:30pm

AVID Site Team Meetings are held on the last Wednesday of the month. For further information, contact Megan Jackson (mjackson1@pps.net).

Thursday, February 28

Trojan Factor Assembly, 9:40-10:30

Shut Up! Auditions, 3:30pm

Spring Sports Kick-Off/Parent Meetings, 6:00-8:00pm

Individual programs will be meeting with parents to go over the year, expectations, schedules, and any other pertinent information. This is an important night for each program to ensure proper communication and answer any questions.

Support PTA Grad Night

Fabric scraps needed for Boxer Bingo: Grad Night needs your fun fabric prints, preferably unused flannel or cotton, three-yard minimum. Drop off donations in the box in the main office before February 28.

Friday, March 1 Shut Up! Auditions, 3:30pm

News

Find more news and achievements at www.pps.net/domain/2739

New Wilson Student in the News

Senior **Ryan Bernstein**, author of *OCD to Me, an Anthology of Anxieties*, was showcased recently on Channel 6 News. Check it out here: https://www.koin.com/news/human-interest/wilson-high-senior-writes-bookto-help-others-with-ocd/1798174545.

Student-Athletes of the Week

Senior **Lyla Balthazaar,** Women's Basketball: Lyla is the prime example of all that is great in a student-athlete. She is a consummate teammate who is coachable, positive, and goes out of her way to ensure everyone on the team is valued. She is a model student who challenges herself with a rigorous course load. And she represents Wilson High School with respect in the hallways and community. She is a great kid!

Freshmen **Leo Sewell**, Men's Basketball: Excelling both in the classroom and on the hardwood, Leo Sewell is the consummate student-athlete. Leo has been the starting point guard for the Trojans varsity basketball team this winter. Last week, in a game

at Jefferson, Leo scored 12 points and handed out 10 assists against one of the top teams in the state.

Winter Sports Re-Cap from Athletic Director Mike Nolan

First off, I want to thank the Winter coaching staff for all they did this year to create positive, inclusive, and competitive programs this past winter season. The winter season is the longest season and our coaches gave a ton of time and energy to their programs and I can't thank them enough for all the work they do. Next, a huge thank you to our student-athletes for committing to their studies, their programs, and representing our school with pride. We March On!

Men's Basketball

The Men's Basketball Program was on the road for their final two games of the regular season at Jefferson and Grant, two very good ball clubs. We came up short in our efforts but all levels continued to play hard throughout. Coach Cokley and his staff did an outstanding job with a great collection of guys who are committed, worked hard, and competed on a daily basis this year. They are young group who has a bright future together and I am looking forward to watching the program grow.

Wrestling

The Wrestling Program capped off a great year with sending four wrestlers to the state meet this past weekend: Finn Whittaker, Jordan Taff, Jack Walker, Henry Williams. We didn't have any wrestlers place at the meet but the fact that they got there was an accomplishment in itself. I can't thank the wrestling coaches enough for the work that they put in creating a culture of accountability, inclusiveness, and competitiveness. They have continually improved with Coach Schmidt at the helm and I am looking forward to seeing the program grow next year with a strong group of returners. And the work that the coaches are putting in to the youth program continues to pay off as well!

Swimming

Our swimming program capped off another great year with Greta Cannon placing at the state swim meet and the program battled it out this year in league with some big wins! Our swim coaches continue to create a positive, competitive, and inclusive swim program. With a strong group of returners, they are poised to build upon their successes from this past season.

Ski/Snowboard

Both teams are gearing up for their run at the state tournament. The Ski Team will be competing March 6-8 at Mt. Bachelor and the Snowboard team will be at Mt. Hood Meadows March 12-16.

Unified Basketball

The Unified Basketball Team wrapped up an undefeated regular season with a big win at Forest Grove this past week. They will be playing at the state tournament on March 2nd in Wilsonville. Their first two opponents are Grant and Sherwood.

Women's Basketball

The women's basketball program capped off the regular season with two home games with Jefferson and Grant. The program went 1-1 for the week winning against Jefferson and battling it out with Grant. The program had an outstanding year this year finishing third in league play with an overall record of 16-8. The team finished third in the state for scoring defense as well! They will be traveling to Grants Pass on Wednesday for the first round of the state playoffs. A huge thanks to the women's basketball coaching staff for creating such a positive, inclusive, and competitive program in their first year!

Academic All-State

The OSAA recognizes team GPA's for their Academic All-State Teams. Below are our Team GPA's and the All-State Teams will be released on a later date: Men's Basketball 3.54 Women's Basketball 3.76 Men's Swimming 3.77 Women's Swimming 3.80 Wrestling 3.32

Spring Sports Parent Meetings

Mark your calendars for March 6th at 6pm for the Spring sports parent meetings. On this night, individual programs will be meeting with you, the parents, to go over the year, expectations, schedules, and any other pertinent information. This is an important night for each program to ensure proper communication and answer any questions that you might have as well. —Mike Nolan, Athletic Director

ANNOUNCEMENTS

Upcoming Dates

See the Wilson website for all the details: www.pps.net/wilson March 5: College Night March 6: Spring Sports Parent Meetings

Flu is Here; Info to Help Everyone Stay Healthy

We have had lots of students at Wilson with flu symptoms this week and last, so our school nurse, Shaleem Dzon, wants everyone to wash their hands a lot and drink extra fluids! You can find more info on flu prevention at www.cdc.gov/flu/prevent/

New Wilson HS March Career Happenings

Click here to see the many new events from the Career Center.

Be A Hero For Wilson!

Wilson High School 2019 Auction PDX Sports Center Saturday, April 27, doors open at 5:00pm

This is your chance to be a hero for Wilson by supporting our programs, athletic groups, clubs, PTA, Boosters and Foundation. Enjoy time with other Wilson

parents and staff, drinks and dinner, and dancing to end the evening! Pick up a cool deal, gift card, sign up for a party or two. Buy your tickets now for early bird pricing—buy a table and sit with your buddies! Only two more weeks for Early Bird pricing, so get your tickets today at **wilson.schoolauction.net/auction2019**/ **homepages/show**.

Tickets for auction volunteers are available at a discounted price. If you have already signed up to volunteer, or are planning to volunteer, please contact Deb Cox (debcox33@gmail.com) for your superhero discount code to be applied at checkout when you purchase your auction ticket.

Hey Seniors!

Remember **OSAC**, the common application for Oregonians to apply to up to 30 scholarships at once? It's due on March 1st! Apply today—the CCC in room 149 has cheat sheets if you need help. **http://www.oregonstudentaid.gov**

Also, if you are applying to **PCC** there are three scholarship applications to know about:

Oregon Promise pays for 12 credits of college per term up to 90 credits if you graduate from high school with a 2.5 GPA. **www.oregonstudentaid.gov**

PCC Foundation Scholarship has a lot of money and not enough applicants, so you are likely to get some money if you apply. Deadline is March 1st. www.pcc.edu/enroll/paying-for-college/scholarships/apply.html

Future Connect is for low-income or first-generation college students. Future Connect provides:

- Extra money to attend PCC
- A college coach to help you navigate the college system and support your studies starting in high school
- Study abroad opportunities while at PCC

• Full tuition two-year scholarships complete your bachelor's degree at PSU, Lewis and Clark, Linfield, and Pacific University. Deadline is March 1st.

PCC will be in the College & Career Center in room 149 during Tutor Time on Wednesday, February 27, to help students fill out their applications.

Spring Sports Season Has Begun; NOW Is the Time to Register

Register now for Baseball, Softball, Tennis, Golf, Track and Field and Men's and Women's Club Lacrosse. Registration is a two-step process:

- 1. Register on FamilyID at www.familyid.com/organizations/wilson-hs
- 2. Pay the Required PIL Fee (Baseball, Softball, Tennis, Golf, Track). Pay online at **www.schoolpay.com** or by check, cash or card in the bookkeepers office. For all non-cut sports, please pay this fee before the first day of practice. For cut sports, you can pay after teams have been announced. Lacrosse teams have separate pay systems.

Athletes must have a valid physical on file in order to participate. Beginning in the Fall of 2018, we are required by OSAA to accept only this form: cdn1.sportngin.com/attachments/document/0080/1649/ New_Physcial_Form.pdf? _ga=2.227672925.1183883448.1548264970-1050092692.1548264970

You can find more information regarding registration and Spring Sports: on the Wilson athletics website at **www.wilsonathletics.com**; by phone at (503) 916-5280 ext 75236 (Mike Nolan, Athletic Director) or ext 75318 (Leanne Van Horn, Athletic Department Assistant); or stop by Room 121!

Teacher Appreciation—It's as Easy as Pi

Being rational is hard, so on 3.14 the Wilson staff gets Pi instead! Help us appreciate our WHS teachers by signing up to contribute here: https://volunteersignup.org/ TWTQ4

Grad Night Boxer Bingo Volunteers Needed!

Boxer Bingo is a Grad Night tradition where kids play games and win boxer shorts. Each pair is lovingly handmade by a parent, friend or neighbor in our Wilson Community. If you are interested in helping cut out or sew boxer shorts, please contact Danni McLaughlin at **danni.mclaughlin@gmail.com**. You can sew at home or come to one of several group sewing nights, whatever you prefer. Your help is greatly appreciated, however works best for you. Fabric donations are also needed: cottons, flannels, linen, unused and a minimum of three yards. Fabric donations can be dropped off in the box in the Wilson Office. Please mark bag with "Boxer Bingo." Donations and sewing volunteers are needed asap so fabric can be cut and dispersed to volunteer sewers quickly. Many thanks!

Attention Senior Parents

From Tiffany Jeffords: "Thank you to the many who have already sent pictures of their kids to me for the senior slideshow. I am trying to respond to each and every one of you so you know I got your email but I have some catching up to do! For those of you who have not sent your photos, it is not too late. Please send me photos of your senior—four max. Photos should be sent to **wilsontrojans2019@gmail.com** and if you have any questions, please reach out to me. Deadline is April 1st."

News from the College & Career Center

Learn more about CCC events at www.pps.net/Page/10263.

<u>College</u>

Save the Date: Wilson's College Night, Tuesday March 5, 6:30-8:30pm

Overview of the College Application Process followed by breakout sessions (choose three):

- College Essay Writing
- Private College Applications and the Common App
- Oregon Public University Applications
- Paying for College
- Oregon Community Colleges and the Oregon Promise
- Finding Scholarships
- Choosing a College That's Right For You
- Using Naviance

Also: "Preparing for College in 9th and 10th Grades" double session

<u>Career</u>

Legacy Health Career Day, Wednesday, February 27, 9:00am-12:00pm

Join the experts and professionals at Legacy Health for a behind-the-scenes look into the world of health care. Visit the nursing simulation lab and participate in a hands-on simulation with mannequins to learn life-saving skills. Learn about the skills, education, and experience needed to be successful in a variety of health care careers. This is a first-come, first-served, two-part registration. Register online at **http://bit.ly/LegacyCD2019** and then pick up and return a paper application to the College & Career Center, Room 149.

New events

Happening this Week:

Trades Career Fair: Friday, March 1, 10:00am-1:00pm, PCC Swan Island Trades Center, 6400 N Cutter Circle, Portland

Seniors: Are you Interested in a career in a high-paying and high-demand industry? Come meet with employers in the trades who are hiring, learn about career opportunities, and network with industry experts. Employers include NW Line JATC, IBEW, Oregon Tradeswomen, PNW Regional Council of Carpenters, Columbia Steel, Madden, Gunderson, Hunter-Davisson, HW Metals and many more. Transportation not provided. For more information, please call PCC Career Pathways (971-722-6128) or email **cp@pcc.edu**.

March Career Opportunities

Providence Career Highlights, Registration Opens Friday, March 1, 9:00am for the April 2019 Providence Career Highlights.

Events include:

Monday, April 15: Advanced Nursing, 9:00am-12:00pm at Providence Portland Monday, April 22: Physician, 9:00am-12:00pm at Providence St. Vincent Thursday, April 25: Nurse Practitioner/Physician Assistant, 1:00pm-4:00pm at Providence St. Vincent.

Please see information and registration at: https://oregon.providence.org/ourservices/c/career-highlights/

Enterprise Academy, March 8-10

Registration extended to Friday, March 1

Are you interested in a career in business? Enterprise Academy, sponsored by Portland Rotary Club, is a free innovative weekend retreat that allows students to interact with successful business people and to participate in a highly informative and enjoyable team project. This opportunity is open to mature high school students who maintain a 2.5 GPA. The program begins on Friday, March 8, at 3:00pm and continues through Sunday, March 10, at 4:00pm Location: Camp Kuratli, 24751 SE Hwy 224, Boring, OR 97009 Register by March 1st: https://ekkodesigns.wufoo.com/forms/enterpriseacademy-2019/

Northwest Youth Careers Expo, Tuesday, March 19, 9:30am-Noon

All Wilson Sophomores enrolled in US History will attend the NW Youth Careers Expo at the Oregon Convention Center. Transportation is provided by district buses. Permission slips have been sent home with students via their teachers. For specific questions, please contact Ms. Morgan or Ms. Wade in the College and Career Center, Room 149 or **whscareer@pps.net**.

Seniors Get it Done! Thursday, March 21, Tutor Time, Room 149

Not sure if you finished those CRLE Reflections? Still need to turn in your resume? Is your My Plan essay checked off in order for you to graduate? Come to the College & Career Center during tutor time for assistance.

PCC Rock Creek STEM Camp for Seniors, March 22, 23, 25, 26

This free spring break STEM camp is for Seniors who have a very strong interest in joining a career technical program at PCC in the summer or fall of 2019 or soon thereafter. The main goal of each camp activity is to have all of the participants explore and start studying for a career in Microelectronics Technology (MT), the art of making microprocessors. Selected participants will receive a \$500 scholarship to apply toward the MT program! Location: PCC Rock Creek STEAM Lab 2/102 Preregistration required; email Dorina Cornea (dcorneah@pcc.edu) before March

15.

Apply Now for Summer Opportunities!

PSU Invention Bootcamp Free Invention Camp for High School Students, Apply by Friday, March 1

Have you ever wanted to learn more about careers in science, technology, engineering and math? Want to work on a team of high school students to invent the solutions to our community's problems? Apply now for Invention Bootcamp 2019, a four-week invention experience hosted at the Portland State University College of Engineering and Computer Science. Tentative program dates are June 24-July 19, Monday-Friday, 10am-3:30pm. Students who are underrepresented are especially encouraged to apply. No experience necessary. There is no cost to students and lunch is provided daily. Apply by Friday, March 1, at www.pdx.edu/ cecs/invention-bootcamp. For more information, contact Kelly Cousineau (cousin2@pdx.edu, 503-725-4267).

POWGirls Now Recruiting for Spring Break and Summer Workshops

POWGirls, a program of the Portland Oregon Women's Film Festival, offers workshops in video production, cinematography, audio recording, set lighting, digital editing and media literacy for girls and non-binary youth ages 15-19. Our instructors are working media producers who inspire girls to be creative, tech-savvy leaders who will help realize gender equity in the film industry. All films produced during POWGirls workshops are screened at the Portland Oregon Women's Film Festival (POW Film Fest). Scholarships are available. To learn more about upcoming workshops and to register, go to www.powgirls.com/upcomingworkshops.html

Transportation Summer Camps, Apply by April 1

Are you curious about urban planning, engineering, STEM or transportation policy careers? Check out these free transportation summer camps:

Transportation Camp for High Schoolers (Coed), June 23-29, Portland State Transportation Camp for High School Girls, June 23-29, Oregon Tech in Klamath Falls

GIS Day Camp for High School Girls, July 8-12, Portland State University Transportation Camp for High School Girls, July 14-20 at Portland State University Eligible high school students must reside in Oregon and be entering grade 9-12 in the 2019/20 school year with at least a 2.0 GPA.

The camps are free, but capacity is limited. Enrollment is through a scholarship application due April 1. Learn more and apply at https://bit.ly/2IAmM0R

Portland Parks & Recreation is Now Recruiting for Paid and Volunteer Summer Positions

Aquatics Program positions: Training and application information in Room 149 Youth Conservation Crew: www.portlandoregon.gov/parks/ycc Community Center Summer Camp Counselors and more: https://bit.ly/2Xzi5YS Greenspaces Restoration and Urban Naturalist Team (GRUNT): www.portlandoregon.gov/parks/grunt

Scholarships

Find more scholarships at www.pps.net/Page/7697#scholarships

Oregon Scholarships

Click here for a link to many Oregon scholarships: https://www.scholarships.com/ financial-aid/college-scholarships/scholarship-directory/residence-state/ oregon?sortOrder=duedate&sortDirection=asc

CONNECTIONS

The Wilson Daily Bulletin is an electronic newsletter full of useful information and interesting news emailed to Wilson students, parents, staff, and community members. The Bulletin is published every day. The Monday Edition has the widest distribution and includes more general announcements; Thursday-Friday the focus is on events more specific to the school and what goes on in the building during school hours. Archives can be found **online** at the Wilson website. If you would like to be added (specify whether you would like to be on the daily list or just the Monday list) or removed from the distribution list, send your email address to Valeurie Friedman at **vfriedman@pps.net**. Have good news to share about Wilson students or alumni? Send the details to Valeurie Friedman at **vfriedman@pps.net**.

Wilson Calendar:

www.pps.net/Page/426

A/B Calendar

Find a calendar with just A/B schedule designations at https:// calendar.google.com/calendar/embed? src=apps4pps.net_ca4371c15j8lc945s3721oao10%40group.calendar.google.com
&ctz=America%2FLos_Angeles

PPS Calendar for 2018-19:

Find it online at www.pps.net/cms/lib/OR01913224/Centricity/Domain/ 4/2018-19-School-District-Calendar.pdf.

Reporting Sexual Violence or Discrimination

https://www.pps.net/Page/13048

ALL THINGS WILSON

Be sure to visit the Wilson website at **www.pps.net/wilson** to find many useful resources for parents and students including:

- Event, activity, and holiday listings on the Wilson calendar
- Online student research tools
- Links to current and past issues of the Daily Bulletin
- Counseling Department
- How to get involved with PTA, Boosters, or Foundation
- How to order scrip (https://www.pps.net/Page/3714)

Student/Parent Handbook

Learn about Wilson policies and procedures, including discipline and behavior expectations, campus rules, where to go with questions or problems, and more. Find the Handbook here: www.pps.net/domain/759.

Attendance

When a student has been absent from school, a parent or guardian must contact the attendance office within three days to excuse an absence. Here's how: Bring a note from a parent/guardian to the attendance office, located in Wilson's main office; call the attendance office at (503) 916-5294 and leave a message; or email Sara Mattheisen, Attendance Secretary, at **smatthei@pps.net**. For a complete description

of Wilson attendance policies, procedures and supports, go to www.pps.net/Page/ 10116.

Make Payments Online

schoolpay.com

Driver's Ed

Go to **www.pps.net/domain/1487** for information on the driver's ed programs that offer classes after school at Wilson.

Stay in Touch with the Wilson Counseling Department

Follow **#wilsoncounseling** on Instagram for scholarship, college, and special events!

Wilson College & Career Center, room 149 (across from the main office)

Sign up for Remind messages to get college and career info sent in a short text right to your phone. Text @19trojan to 81010 to get connected. Parents can sign up too.

Follow Wilson Leadership

Twitter: @wilson_trojans Instagram: wilson_trojans Facebook: Wilson Leadership

Wilson Boosters Club

Facebook: www.facebook.com/Wilson-Booster-Club-Wilson-High-School-Portland-1877529725698854/ Website: www.wilsonboosterclub.com

Follow Wilson Yearbook

Instagram: @wilson.yearbook

Twitter: @WilsonTroyan

Follow SouthWest StageWorks, the Wilson High School Theatre Company

Website: southweststageworks.com Facebook: SouthWest StageWorks/Wilson High School Drama Announcements Twitter/Instagram/Snapchat: @SW2Official

Alumni News

Wilson High School official alumni website: http://www.wilsonalumni.com.

Alumni Class Reunions

To find out about upcoming Class Reunions go to:_http://www.wilsonalumni.com/ reunions.htm.

Wilson Graduates Who Have Served or Are Serving in the Military

To add your name and information to the archive of Wilson Military Graduates, click on this link: http://www.wilsonalumni.com/Military.html

Wilson Athletics Information

wilsonathletics.com

Faculty/Staff Contact Information

If you would like to contact faculty or staff at Wilson go to https://www.pps.net/ domain/805.

SafeOregon Tip Line

SafeOregon, funded by the Oregon Legislature as part of a statewide effort to improve school safety, provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm. Anyone, from students to parents to community members, can access the system in a variety of ways:

- Click the "Report unsafe behavior" button found on every PPS school's website
- Go to www.safeoregon.com
- Call or text 844-472-3367
- Email tip@safeoregon.com
- Use the SafeOregon mobile app (download via iTunes or Google Play)

Trained staff are available to respond 24 hours a day, 365 days a year. Share this information with your friends and family and remind students: If you see or hear something, say something—immediately.

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. The Portland, Oregon School District is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, Telephone: 503-916-5280 email: mlamont@pps.net.

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