## WILSON DAILY BULLETIN

Wilson High School 1151 SW Vermont St, Portland 97219 Office: (503) 916-5280; Attendance (503) 916-5294

Visit our website, like us on Facebook, find pdf archives of the Bulletin go to http://www.pps.net/Page/10118

Welcome to the Wilson Daily Bulletin Daily Newsletter! The Daily Bulletin is an excellent resource for students, parents, staff, and the community to stay informed about events and activities at Wilson. Parent and student emails are automatically added to the list based on info provided by parents/guardians on the Student Verification form. To add additional parent or student emails to the distribution list, or to be removed from the list, email Valeurie Friedman (vfriedman@pps.net). To submit news and events, email vfriedman@pps.net. Items received before noon will appear in the Bulletin for the following day. Thanks for reading!

# Monday, September 10 A/Periods 1-4

## SCHEDULE FOR SEPTEMBER 10-14

Monday, September 10: A Tuesday, September 11: B Wednesday, September 12: A/Tutor Time Thursday, September 13: B/Tutor Time

Friday, September 14: A

SCHEDULE FOR SEPTEMBER 17-21

Monday, September 17: B Tuesday, September 18: A Wednesday, September 19: B

Thursday, September 20: A/Tutor Time Friday, September 21: B/Tutor Time

# **COLLEGE VISITS AT WILSON**

More than 100 colleges will visit Wilson beginning in September. Log in to **Naviance** to see the complete schedule (under "What's New" on the homepage) and

sign up for visits. Colleges are still scheduling visits, so keep checking back. If you don't know your login come in to the counseling office. College visits are in Room 150 unless otherwise specified.

**Lewis & Clark College:** Monday, September 10, 9:55am **University of Portland:** Monday, September 10, 1:45pm

**Southern Oregon University:** Tuesday, September 11, 9:55am

Macalester College: Thursday, September 13, 8:15am

Portland State University: Thursday, September 13, 9:40am

## **ATHLETICS**

For more information on athletics at Wilson, including schedule updates and how to register for fall sports, go to **wilsonathletics.com**.

\*Sign up to work the Boosters concession stand at home games marked with pink asterisks and help Boosters support Wilson student activities! Go to the link to sign up to volunteer: http://signup.com/go/VJ19f3.

# Saturday, September 8

Men's Soccer @ West Albany: Bus departs at 10:30am, match time at 1pm

JV Volleyball @ Oregon City Tournament: Bus departs at 6:40am

JV2 Volleyball @ Sandy Tournament: Bus departs at 6:30am

# Monday, September 10

JV2 Men's Soccer @ Newberg: 4:30pm, early release at 2:15pm, bus departs at 2:30pm

JV2 Women's Soccer vs. Wilsonville: 4:15pm at Rieke

JV2 Football @ Cleveland: 4:00pm, early release at 2pm, bus departs at 2:30pm

## Tuesday, September 11

Men's Soccer vs. Lake Oswego: JV at 4:15pm at Rieke, early release at 3:00pm;

\*Varsity at 7:00pm, Wilson Stadium\*

Women's Soccer @ St. Mary's (Buckman Field): JV at 4:15pm, Varsity at 7:00pm, early release at 2:45pm, bus departs at 3pm

Volleyball vs Roosevelt: JV2/JV at 4:30pm, Varsity at 6:30pm; Wilson Gym

### Wednesday, September 12

JV2 Men's Soccer @ Clackamas: 6pm, bus departs at 4pm

JV2 Women's Soccer vs. OES: 4:15pm at Rieke

### Thursday, September 13

Men's Soccer @ Gresham: JV at 4:15, Varsity at 7:00pm, early release at 2:15pm, bus departs at 2:30pm

Women's Soccer vs. Barlow: JV at 4:15 at Rieke; \*Varsity at 7:00pm, Wilson Stadium\*

Volleyball @ Lincoln: JV2/JV at 4:30, Varsity at 6:30pm, early release at 2:45pm, bus departs at 3pm

### Friday, September 14

Varsity Football @ Forest Grove: 7:00pm, bus departs at 4pm

## Saturday, September 15

Cross Country @ Northwest Classic, Lane Community College: Bus departs at 8:30am

JV Volleyball @ Hillsboro Tournament: Bus departs at 6:45am

## **EVENTS**

# Monday, September 10

Booster Club Meeting, Wilson Library, 6:30pm

# **Thursday, September 13**

## Wresting Information Meeting, Wrestling Room, 9:39am

All returning and new wrestlers should attend for information about pre-season conditioning, calendar and ordering uniforms.

### **NEWS**

If you have news to share about alumni, student or staff activities over the summer, email the details to **vfriedman@pps.net**.

#### Wilson Student-Athletes of the Week

**Hannah Romeis,** Volleyball: As one of the team captains, Hannah has continued to lead by example on and off the court, leading the Trojans in kills and aces against Benson and Grant while adding digs and positive mojo. Her engine never stops and she does whatever she can to help her teammates pull out a victory.

**Erik Maack,** Cross Country: According to Coach Esbensen, Erik ran great in the first meet of the year, improving his 3000m race time by over a minute from the same race last year and over three minutes from his freshmen year. Erik ran well enough to earn himself a place on the varsity team. He has stepped up his leadership and become a vital teammate with his positivity, amazing work ethic, and confidence.

## **ANNOUNCEMENTS**

## **Upcoming Dates**

See the Wilson website for all the details: www.pps.net/wilson

September 17, 6:30-9:00pm: Back-to-School Night

September 24, 7:00pm: PTA General Meeting

September 26, 6:30pm: Financial Aid Info Night

October 27: Foundation House Parties

November 19 & 20: Parent/Teacher Conferences

# Support Wilson Drama While You Enjoy Tapas and Trivia with a Side of Improv! Saturday, September 8, 6pm

Join fellow Wilson parents this Saturday for a fun evening to benefit Wilson Drama. Come and show off how much impressive and useless stuff you know in a lively trivia competition in the back yard of a Wilson drama family. The highlight of the night will happen when we take a break from trivia while the Wilson Improv team entertains us with their comedy skills and quick wit. Dinner will be served tapasstyle with a wide variety of delicious finger foods, along with desserts and beverages. Co-hosted by drama parents at the home of the Schiefelbein family in the Bridlemile neighborhood. \$45 per person. Reserve your spot at <a href="https://www.schoolpay.com/pay/for/Sign-Up-Party--Tapas-and-Trivia-with-a-side-of-Improv/IdJcw">www.schoolpay.com/pay/for/Sign-Up-Party--Tapas-and-Trivia-with-a-side-of-Improv/IdJcw</a>.

# Please join us for Back-to-School Night on Monday, September 17!

Come early and pick up your student's school photos and hear our awesome WHS Jazz Band play from 6:00-6:30pm outside the auditorium. The official program for the evening will begin at 6:30pm. You will then have an opportunity to meet with your student's teachers in their classroom; you can find out more about programs, curriculum and the layout of Wilson High School.

After the presentation in the auditorium, Period 1 will begin promptly at 6:50 pm. Each period will be ten minutes in length, with a five-minute passing time to get to next class. Encourage your student to write down their course schedule so you will know where to go for each class period. You can also obtain your student's schedule through **ParentVUE**. If you need help logging on to ParentVUE, please see Sara Mattheisen in the main office. Counselors will be available during Back-to-School Night.

## 2018-19 Club Registration Due by September 21

All continuing and new clubs must submit a club registration application in order to be an active club at Wilson. Find the registration form and more information here.

# Juniors, Sign Up for PSAT by September 26

The PSAT will be administered to all Sophomores and registered Juniors on Wednesday, October 10, during the school day. There is no fee for Sophomores. Juniors must sign up and pay before Wednesday, September 26. Pay online (\$20) at SchoolPay at <a href="www.schoolpay.com">www.schoolpay.com</a> or at the Wilson bookkeeper's office in the main office. Fee waivers are available for those who qualify, please contact Martin Douglass at <a href="mailto:mdouglas@pps.net">mdouglas@pps.net</a>. Qualification for the National Merit Scholarship Program is based on junior-year scores, so we encourage all Juniors to plan a course of study based on their sophomore-year scores and take the test again this year. Find free test prep resources at <a href="www.pps.net/domain/4269#PSAT">www.pps.net/domain/4269#PSAT</a>.

# Wilson Golf Tournament Fundraiser, September 30

Please join us on Sunday, September 30, for a round of golf and buffet dinner. This event will support both the Men's and Women's Golf Programs. Help the Trojans march through another successful season! Register now at pps.schoolpay.com/pay/for/Wilson-Mens-and-Womens-Golf-st-Annual-Tournament-Fundraiser/IdFxG

# **Chaperones Needed for Homecoming Dance**

We are looking for parent volunteers to help out at this year's Homecoming Dance on October 6, 8-10pm, in the Wilson gym. Volunteers will be expected to arrive thirty minutes early to go over duties and must have a current background check (start the process at <a href="www.pps.net/Page/149">www.pps.net/Page/149</a>). Parent volunteers are vital to the success of our events. Email Ken Muraoka (<a href="mailto:muraoka@pps.net">muraoka@pps.net</a>) to volunteer, and thank you!

### **Volunteer Musicians Wanted**

Looking for students, parents, or community members who want to join the band for Wilson's fall musical, "Mamma Mia". We need two guitar players and one keyboard player. Must be able to read sheet music. Email Nick Caldwell (ncaldwel@pps.net) for more information.

# Pies for the Holidays! Order by November 2

Willamette Valley Pie Company makes the best pies and who doesn't need a pie or two for the holidays? And, your pie purchases support PTA's annual drug- and alcohol-free grad night party. Pies come frozen so that you can bake them when you are ready. Pies will be delivered on the afternoon of Monday, November 19. Please include your name, phone number and email on the order form and attach a check (payable to WHS PTA Grad Night) or cash and place in the Grad Night lockbox in the Wilson office. Contact Tiffany Jeffords (jeffords@ohsu.edu) with any questions. Order forms will be available in the main office and are online at www.pps.net/cms/lib/OR01913224/Centricity/Domain/792/2018Pie%20Order%20Forms.pdf.

# SafeOregon Tip Line

SafeOregon, funded by the Oregon Legislature as part of a statewide effort to improve school safety, provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations, such as threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation or self-harm. Anyone, from students to parents to community members, can access the system in a variety of ways:

- Click the "Report unsafe behavior" button found on every PPS school's website
- Go to www.safeoregon.com
- Call or text 844-472-3367
- Email tip@safeoregon.com
- Use the SafeOregon mobile app (download via iTunes or Google Play)

Trained staff are available to respond 24 hours a day, 365 days a year. Share this information with your friends and family and remind students: If you see or hear something, say something—immediately.

# **Student Parking at Wilson**

Operating a vehicle is a significant responsibility, and driving to school is a privilege. Violations to any parking and driving rule may result in a loss of parking privilege and/or school discipline. For the safety of all of our students and staff the following driving rules are in effect:

**Parking Permits:** The permit covers all 108 WHS student parking spots + 30 Rieke elementary parking spots. These spots are painted with white numbers. Student spots are for permitted vehicles on a first-come, first-served basis. We have six permits left for sale. After these six are sold, we will be done selling permits for the year.

**Staff Parking:** Staff parking spots (orange numbered spots) are assigned and staff are required to show their parking permit at all times while parking in their assigned spot.

**Parking regulations are strictly enforced.** It is a privilege to park on school grounds. Loss of permit, towing of vehicle and/or school discipline may be imposed when these rules and regulations are violated. Students are to display their permit when parking in student parking.

**Parking Tickets:** Campus Security will issue warning tickets for violations to the above rules. Drivers who receive repeated parking tickets/warnings for violations to school parking and driving rules will be subject to school discipline, loss of parking privilege and towing of vehicle at owner's expense.

## Music Mondays, Wellness Wednesdays

Wilson Senior Ryan Bernstein, and Wilson's Social Worker, Maureen Brennan, offer two resources for stressed students: **Music Mondays.** Music can have a beneficial effect on our physiological functions, slowing the pulse and heart rate, lowering blood pressure, and decreasing the levels of stress hormones. Music, in short, can act as a powerful stress management tool in our lives. If you enjoy playing or listening to music, attend Music Mondays to experience the positives that come from the ukulele. Come to listen, or come to play the ukulele, every Monday beginning September 10 at lunch in Maureen Brennan's office in room 146B

Wellness Wednesdays. Do you struggle with stress and anxiety? You are not alone. According to a recent Oregon Healthy Teens Survey, conducted by the Oregon Health Authority, more than 40% of students lack coping abilities. Join Hand in Hand, a support and coping skills group to explore and share coping techniques in a safe and supportive environment. Every Wednesday beginning September 5 at lunch in Maureen Brennan's office in room 146B.

# **News from the College & Career Center**

Learn more about the CCC at www.pps.net/Page/10263.

#### **Share Your Career Path with Wilson Students**

Throughout the year, we will host career fairs, guest speakers, mock and informational interviews, and job shadows and we need your help to provide opportunities for students to connect their classroom learning to the world of work and discover potential career fields of interest. We are looking for parents, friends, neighbors, and colleagues of Wilson families to share your professional journey and what path you took from high school to where you are now. To volunteer to be part of our Career Fairs coming up on October 23 and November 30, got to <a href="https://goo.gl/forms/98ZORIG8b0P8fS6S2">https://goo.gl/forms/98ZORIG8b0P8fS6S2</a>. To volunteer for other events throughout the year, register with PPS Partner Connect at <a href="https://www.pps.net/Page/10952">www.pps.net/Page/10952</a> and specify Wilson as your school of choice.

ACE Mentor Program Applications for the 2018-2019 School Year Due November 16

ACE gives students interested in a career in architecture, construction, engineering or related fields the opportunity to work directly with practicing professionals. This no cost after-school mentorship program meets on Tuesdays or Thursdays, 4:30-6:30pm, from January-May. Students collaborate with mentors on a building design project and then pitch their project to an audience of family, educators and ACE professionals at the conclusion of the program. Spots will fill quickly. To apply and for more information go to **acementor.org/portland-or**, and stop by the College and Career Center to complete a paper application.

Student/Parent Information Sessions AIA Portland, 403 NW 11th Ave. Wednesday, October 3, 5:00-6:30 pm Thursday, October 25, 5:00-6:30 pm

# Open for Registration: Architecture, Urban & Landscape Design, Interior Design Career Day, Thursday, September 27, 9:30am-2:00pm

ZGF Architects will host this career day that allows students to explore architectural and design career pathways. Students will tour ZGF offices, participate in a walking tour to look at various building styles in downtown Portland, and participate in a team activity to design a school. Lunch will be provided. Register online at <a href="http://bit.ly/zgfCD09\_27\_2018">http://bit.ly/zgfCD09\_27\_2018</a>.

# 2018-19 Requests from Wilson's Social Worker

- Chewy granola bars, fruit snacks, trail mix packs, juice boxes: Help provide snacks between classes and during tutor times for re-fueling and energy.
- Canned foods (peanut butter, chili, beans, soup, jams, jellies and non-perishables): Last year, thanks to parents' donations and Neighborhood House, 30 bags of food were given out to Wilson students and their families and 1,903 sandwiches were provided to Wilson students.
- New/used ukuleles or gift cards to purchase: This year we hope to obtain 10 ukuleles for Music Mondays and Wellness Wednesdays, lunch-time meetings that

- give students opportunities to share and to practice positive coping skills to reduce the stressors and anxieties in their daily lives.
- Fred Meyer and Target gift cards: Throughout the year, Wilson students and families experience crises, which may include job loss, long-term illnesses, deaths in the families, etc. If you can help, consider donating Fred Meyer and Target Gift Cards. Last year, 21 Wilson students and families were provided gift cards totaling \$4300.00.

Mark donations for Maureen Brennan (**mbrennan@pps.net**), Social Worker, and drop off in the main office from 7:30am-4:30pm, or in Maureen's office in room 144. Thank you in advance for your continued generosity.

# Boston University Reception, Monday, September 24, 7pm at OMSI

High school juniors and seniors and their families are invited to attend this opportunity to learn more about BU and the college application process. RSVP at <a href="https://www.bu.edu/admissions/visit-us/bu-in-your-area/">https://www.bu.edu/admissions/visit-us/bu-in-your-area/</a>

# **Drinking Faucets Back On**

Dear Wilson High School Community,

The district is pleased to let you know that water tests for Wilson High School have been completed. The test results show that the quality of the water coming from the drinking faucets is now better than the EPA recommendations for schools. Therefore, the district is turning the drinking faucets back on in your school's common areas (hallways, cafeteria and/or gym). . . . Read more.

## **Fees and Contributions**

If you haven't paid required or suggested fees and contributions for sports, course materials, and extracurriculars, you may do so now online at **schoolpay.com** or in the bookkeeper's office inside the main office at Wilson.

## Is Your Email Address in Naviance?

**Naviance** is one of the most important tools students use at Wilson, so be sure your email is entered into **Naviance**. Login and go to About Me/Profile to check. Don't know your Naviance login? Go to the Counseling Department in the main office for help.

# **Scholarships**

Beat the Odds Scholarship, Due: September 11, Award: \$10,000

Criteria: Must be a **junior** graduating in 2019, have at least a 3.0 GPA, demonstrates financial need, participate in volunteer and/or activities that are helpful to others, and has succeeded in spite of hardships such as poverty, disability, homelessness, or personal tragedy. For more information and to apply go to **stand.org/oregon/beat-the-odds/apply**.

**Questbridge National College Match,** Due September 27, Award: Full-Ride Questbridge matches high achieving (top 5-10% of class) and low income students to top colleges and gives them full-ride scholarships. https://www.questbridge.org/

## From the WHS Foundation

Dear Wilson Community,

Now that the school year is underway, we wanted to take the time to reach out about the importance of the Foundation at Wilson as we are always trying to add teachers, reduce class sizes and increase elective choices for every student. Although school funding has improved slightly, Oregon is still behind the curve and we need your support to continue to offer a high-quality education at Wilson. There are many ways you can show your support:

• Donate directly to the foundation at www.allhandsraised.org/donate. You can make a one-time donation or choose to spread out your giving by making a recurring monthly donation. Many local employers offer matching programs that could double your contribution.

- Support the Foundation House Parties on October 27, 2018! It is right around the corner! How can you be involved?
  - \* Host a House Party, or better yet, find a few friends to co-host with you. Hosting a party is a fun and easy. You get to decide who to invite and what to serve! We already have some great parties lined up, but a few more would be outstanding.
  - \* Attend a House Party! EVERYONE is invited. All we ask is that you have a great time and make a donation to the Foundation, big or small. Everything is appreciated. More information will come out in the next few weeks on how to attend a House Party, but save the date in your calendar.
  - \* Support a House Party. Do you have connections to food or beverage donations that party hosts could use? We would love to hook up the generous party hosts with any donations if that is how you can show your support.
- Join the Foundation Board! We are looking for new members, especially parents with Freshman and Sophomores. While this is important work, it is not a big commitment. We will be having a Foundation Board meeting on Monday, October 1, 2018. Location TBD.

For more information about hosting or supporting a house party, or joining the Foundation Board, please contact Hilary Conway at <a href="mailto:hilaryconway@comcast.net">hilaryconway@comcast.net</a>.

Very Respectfully, Hilary Conway, Foundation Chair

## **Scrip**

Scrip is an easy way to support the PTA that costs you nothing extra! This program works with local and national vendors, including most of your favorite grocers, restaurants and retailers. Leave your order with the Wilson Bookkeeper on Monday, pick up your scrip on Friday afternoon. Or place your order by phone, postal mail, or e-mail. Contact Martha Schulte (schulte@easystreet.net; 503-244-5072) for more information or to place an order. Download order forms here.

### **CONNECTIONS**

The Wilson Daily Bulletin is an electronic newsletter full of useful information and interesting news emailed to Wilson students, parents, staff, and community members. The Bulletin is published every day. The Monday Edition has the widest distribution and includes more general announcements; Thursday-Friday the focus is on events more specific to the school and what goes on in the building during school hours. Archives can be found **online** at the Wilson website. If you would like to be added (specify whether you would like to be on the daily list or just the Monday list) or removed from the distribution list, send your email address to Valeurie Friedman at **vfriedman@pps.net**. Have good news to share about Wilson students or alumni? Send the details to Valeurie Friedman at **vfriedman@pps.net**.

#### Wilson Calendar:

www.pps.net/Page/426

#### A/B Calendar

Find a calendar with just A/B schedule designations at https://
calendar.google.com/calendar/embed?
src=apps4pps.net\_ca4371c15j8lc945s3721oao10%40group.calendar.google.com
&ctz=America%2FLos\_Angeles

## PPS Calendar for 2018-19:

Find it online at www.pps.net/cms/lib/OR01913224/Centricity/Domain/4/2018-19-School-District-Calendar.pdf.

# **ALL THINGS WILSON**

Be sure to visit the Wilson website at www.pps.net/wilson to find many useful resources for parents and students including:

- Event, activity, and holiday listings on the Wilson calendar

- Online student research tools
- Links to current and past issues of the Daily Bulletin
- Counseling Department
- How to get involved with PTA, Boosters, or Foundation
- How to order scrip (https://www.pps.net/Page/3714)

## Student/Parent Handbook

Learn about Wilson policies and procedures, including discipline and behavior expectations, campus rules, where to go with questions or problems, and more. Find the Handbook here: www.pps.net/domain/759.

#### **Attendance**

When a student has been absent from school, a parent or guardian must contact the attendance office within three days to excuse an absence. Here's how: Bring a note from a parent/guardian to the attendance office, located in Wilson's main office; call the attendance office at (503) 916-5294 and leave a message; or email Sara Mattheisen, Attendance Secretary, at **smatthei@pps.net**. For a complete description of Wilson attendance policies, procedures and supports, go to **www.pps.net/Page/10116**.

## Driver's Ed

Go to www.pps.net/domain/1487 for information on the driver's ed programs that offer classes after school at Wilson.

# Stay in Touch with the Wilson Counseling Department

Follow #wilsoncounseling on Instagram for scholarship, college, and special events!

# Wilson College & Career Center, room 149 (across from the main office)

Sign up for Remind messages to get college and career info sent in a short text right to your phone. Text @19trojan to 81010 to get connected. Parents can sign up too.

# **Follow Wilson Leadership**

Twitter: @wilson\_trojans
Instagram: wilson\_trojans
Facebook: Wilson Leadership

#### Follow Wilson Yearbook

In stagram: @wilson.yearbook

Twitter: @WilsonTroyan

# Follow SouthWest StageWorks, the Wilson High School Theatre Company

Website: southweststageworks.com

Facebook: SouthWest StageWorks/Wilson High School Drama Announcements

Twitter/Instagram/Snapchat: @SW2Official

## **Alumni News**

Wilson High School official alumni website:

http://www.wilsonalumni.com.

# **Alumni Class Reunions**

To find out about upcoming Class Reunions go to:\_http://www.wilsonalumni.com/reunions.htm.

# Wilson Graduates Who Have Served or Are Serving in the Military

To add your name and information to the archive of Wilson Military Graduates, click on this link: <a href="http://www.wilsonalumni.com/Military.html">http://www.wilsonalumni.com/Military.html</a>

## **Wilson Athletics Information**

wilsonathletics.com

# **Faculty/Staff Contact Information**

If you would like to contact faculty or staff at Wilson go to https://www.pps.net/domain/805.

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. The Portland, Oregon School District is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, Telephone: 503-916-5280 email: <a href="mailto:mlamont@pps.net">mlamont@pps.net</a>.

Thank you for reading the Daily Bulletin. You are receiving this message because you are a parent or student at Wilson High School or have asked to be on the mailing list.

To unsubscribe from the Bulletin, email vfriedman@pps.net