



The Sabin Sentinel

Volume 3 – Issue 9, January 31, 2019



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Dear Sabin Families,

As I write this, the weather forecast predicts snow with certainty over the next week. If you have lived in Portland long enough, you know that this could mean anything from wet snow to a rare Pacific NW blizzard. In the week ahead, we have Kindergarten Connect, our annual orientation to the Kindergarten at Sabin program scheduled on Tuesday, February 12th at 9 a.m. and on Wednesday, February 13th at 6 p.m. If necessary, we will try to reschedule for a later time this month.



Our staff and students have recently finished winter benchmark testing in Reading and Math. They are assessed in Fall, Winter and Spring to monitor their progress providing additional support when they are struggling to learn as well as extending their learning when they are meeting or exceeding benchmarks. I invite you to make literacy a cornerstone of learning by encouraging your children to read every night and by joining them in reading. Learning is lifelong and happens in our everyday experiences. When you're grocery shopping with your children, use the opportunity to talk about produce that may be unfamiliar. Have them notice the cost of items, how fractions are used to weigh bulk items, and talk to them about the ingredients used in processed foods. Our daily activities involve infinite opportunities for teaching and learning. Should we have days off because of snow, encourage your children to write or to create art projects. Yes, much of our children's learning takes place at school; however, you are your child's first and most important teacher and you have a profound impact on cultivating who they are going to become!

IB Update

Happy New Year!

Most classes are starting new IB units this week or next week (with the start of a new quarter). With a new unit starting, students will be exploring new ideas and concepts for the next 6-8 weeks.

One question I sometimes get from parents is when is IB taught in the classroom. In most classrooms you will



not see a time on the board that says, "IB time." The belief of IB is that the concepts and ideas should be seen across the day.

For example, when I taught at previous schools, during science time I might be discussing electricity, during social studies time I might be addressing geography and during reading we might be working on character development. What happened during science time was unrelated to reading, writing and social studies. This is still how most subjects are taught in elementary schools in Portland Public Schools.

With IB, we try to connect what is happening in science, social studies, reading and writing time, as well as with health and wellness. For example, if a class is learning about energy during science time, they will also be reading about energy during their reading time and writing or creating powerpoints related to the same concepts at another time during the day. The students are still learning the required standards, but are not learning each standard in isolation.

This means that all of the units our students learn have to be written and developed by our teachers at the school. While IB teaches people how to develop units, the actual units are developed by teachers here at Sabin.

Next month I'll talk more about how our IB units are developed.

From Ms. Moller

MAKE TODAY
RIDICULOUSLY
AMAZING



Great Kindness Challenge: January 28-February 1st

The Great Kindness Challenge is one week dedicated to creating a culture of kindness and compassion at schools worldwide.

Sabin is proudly participating in this proactive and positive kindness initiative.

All students will receive the Great Kindness Challenge checklist, which has numerous kindness deeds for them to complete. Please encourage your child to complete as many acts of kindness as possible, and ask them how it is going!

We are very excited for the week. KINDNESS MATTERS!!!!

For more details you may visit <http://thegreatkindnesschallenge.com>. If you have any questions please contact Ms. Moller.

Impact NW Community for Safe Kids will be at Sabin!

Sabin School is hosting Impact NW's Communities for Safe Kids program during the months of February, March, April and May.

Communities for Safe Kids will present a series of prevention workshops at Sabin focusing on:

- Helping students have better relationships with each other through **mindfulness**, appreciation of **diversity**, and an understanding of **bullying, bystander, and friendship behaviors**;
- Helping adults inside and outside of school create a warm, caring environment, **where students feel like they're heard and can seek help when needed**;
- Promoting healthy societal norms and **promoting supportive and help-seeking behaviors**.

Teachers from Communities for safe kids will visit classes weekly. After each workshop, your child will be provided with a take-home sheet that includes all of the messages, terms, and ideas we discussed during the workshop that day.

Workshops for grades K to 1 include:

- Understanding Feelings & Mindfulness
- Appreciating Diversity

- Personal Safety (Child Abuse Prevention)
- Healthy Friendships and Bullying

Workshops for grades 2 to 3 include:

- Understanding Feelings & Mindfulness
- Healthy Friendships and Bullying
- Personal Safety (Child Abuse Prevention)
- Appreciating Diversity
- Families and Feelings (Domestic Violence Prevention)
- Healthy Friendships

Workshops for grades 4 to 5 include:

- Understanding Feelings & Mindfulness
- Bullying & Cyberbullying
- Personal Safety (Child Abuse Prevention)
- Appreciating Diversity
- Families and Feelings (Domestic Violence Prevention)
- Healthy Friendships

Please contact Ms. Moller if you have any questions.

Parent Information Session: Communities for Safe Kids on February 6th from 5:00 to 5:30 at Sabin. Please come and learn more about the program. Childcare will be provided.



Nurse Tony & Bilingual “Freedom” Songs @ the Portland Children’s Museum

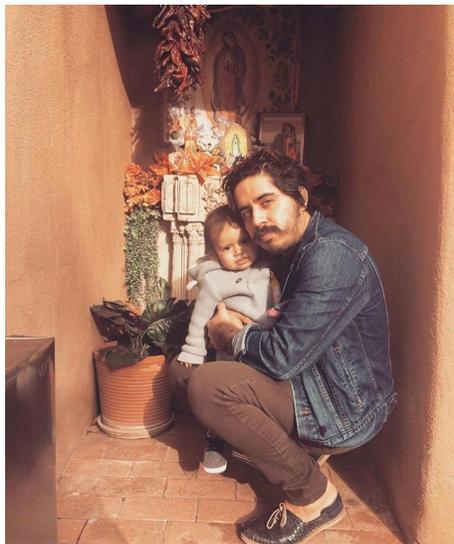


"First generation artist from South Central Los Angeles and now Portland, Oregon, **Eagle Sun King/Tony Ramirez** (Sabin Nurse!!) ties in his inspiration from the folkloric roots of Latin America and his inner-city upbringing together through sound. Sounds like traveling from the rivers, beaches, to the mountains all over the Americas. Eagle Sun King is also a part of Portland’s very own "Orquesta Pacifico Tropical" known for their modern approach to the dance and sound of Cumbia music in the Pacific Northwest.

portland
children's
Museum

Please join us as he helps us celebrate **Black History, Peace and Friendship** through sharing “Freedom” songs from the Americas. Bilingual Spanish/English

Second Sunday Savings offers reduced admission to the Museum \$3 per person between 9 a.m.–noon every second Sunday of the month. Once you’re here, stay to play all day!
Music is from 11am-12pm



If you haven’t met Nurse Tony, stop by to say, “hi” on your way into or out of school!

MLK Day School Wide Assembly



As part of Sabin’s ongoing mission towards educating and practicing Social Justice and Peace, all Sabin students and teachers, participated in a day of giving back and celebrating Diversity, Authenticity, Inclusion, Self Awareness, and Activism on Martin Luther King Jr. Day!

It’s exciting to hold events like these, as they are often the launching point for deeper and more meaningful discussions about how we can work together as people to uplift, inspire, hear, and truly see one another! We’ll continue our journey towards honoring the amazingly impactful and influential Black people who have graced our planet, as we enter into Black History Month! Stay tuned for more information and pictures about what we are doing!!



A Little Restorative Justice Peace

Have you checked out these books?! If not, indulge yourself!



Little Man, Little Man: A Story of Childhood: Of special note is the reissue, James Baldwin’s only children’s book, which has been out of print since 1975. Four-year-old TJ spends his days on his lively Harlem block playing with his best friends WT and Blinky and running errands for neighbors. As he comes of age as a “Little Man” with big dreams, TJ faces a world of grown-up adventures and realities. **Author - James Baldwin, Illustrator - Yorin Cazac**

We Rise, We Resist, We Raise Our Voices: Fifty of the foremost diverse children’s authors and illustrators—including Jason Reynolds, Jacqueline Woodson, and Kwame Alexander—share answers to the question, “In this divisive world, what shall we tell our children?,” in this beautiful, full-color keepsake collection. What do we tell our children when the world seems bleak, and prejudice and racism run rampant? With ninety-six lavishly designed pages of original art and prose, fifty diverse creators lend voice to young activists.

Authors - Cheryl Willis Hudson & Wade Hudson, Illustrator - Ashley Bryan

Mommy’s Khimar: A khimar is a flowing scarf that my mommy wears. Before she walks out the door each day, she wraps one around her head. A young girl plays dress up with her mother’s headscarves, feeling her mother’s love with every one she tries on. Charming and vibrant illustrations showcase the beauty of the diverse and welcoming community in this portrait of a young Muslim American girl’s life.

Author - Jamilah Thompkins-Bigelow, Illustrator - Eboby Glenn

No Water No Bread: Two groups of people live on either side of a barbed wire fence. One side has water. One side has bread. The children gather at the fence and trade bread and water, wondering, “Why are our parents like this?” They play ball over the fence, knowing that life would be much better “without the fence.” Simple art and simple words deliver a powerful message that children will understand. Let’s hope that the adults do, too.

Author - Luis Amavisca, Illustrator - Guridi

MT READMORE



Tell us about your favorite children's book!

Everyone who posts with the tag [#mtreadmore](#) [#favoritebook](#) is entered to win a raffle for a prize at Rose City Book Pub! The post could have a photo of your kiddo(s), a photo of their favorite book, or a video with a short interview.

No matter what the format, the post should answer these 3 questions:

- What's your name?
- What grade are you in and who is your teacher?
- What is your favorite book and why do you like it?

Looking forward to seeing what books our kids love!

Snack Program Discontinued

Talk to your teachers about how to donate healthy snacks to the CLASSROOMS

Snacks from the front office will no longer be offered. If you have any questions, please connect with Ms. Lori for a time to speak with Ms. Williams!



Feb 2019

Communities for Safe Kids Parent information night, Wednesday, 6th 5:00pm - 5:30pm

PTA Meeting, Wednesday, 6th 5:30pm - 7:00pm

Kindergarten Connect, Tue/Wed, 12th + 13th

- **Harriet Tubman Middle School - 5th Grade Info Night** Tuesday, 12th **information below

Black Family Night II, Thursday, 21st 6:00pm - 7:30pm

* Harriet Tubman MS will have a 5th Grade Parent Meeting & Information Night on **Tuesday, February 12th from 6 – 7 pm in the Cafeteria**. Parents of grade 5 students are welcome to attend; we will reach out again when a student-focused event is planned. Parents of students in the **Mandarin program** at Martin Luther King Jr. school will have a meeting in the Library from 7 – 7:30 pm.