

## **The Owl Post**

#### Vernon's Weekly Newsletter

Friday, March 6, 2020



#### Upcoming Events and Important Dates

Monday, March 9: Familias of Hispanic Students Parent Meeting -5:45-7:00pm ~ Rm 107 Families Of Black Students Parent Meeting- 5:45-7:00pm ~ MPR Wednesday, March 11: PTA Meeting ~ 5:45-7:00pm ~MPR Thursday, March 12: MYP Poetry Night – 5:30-7:00 ~ MPR Saturday, March 14: Garden Work Party – 9:00-12:00 Monday, March 16: SUN School Enrollment Week Tuesday, March 17: Site Council - 5:45 – 7:30pm ~ MPR Friday, March 20: Vernon Talent Show - Afternoon Shows ~ MPR Monday, March 23 – Friday, March 27: SPRING BREAK – NO SCHOOL Tuesday, March 31 – WOMEN IN STEAM DAY – 9:00-12:00 ~ MPR



#### LOST and FOUND

With early Spring weather happening, we are seeing more coats, hoodies and jackets left on the playground! Thanks to our amazing parent, Pam Snortum, they are collected, washed and hung in the hallway ready to be returned to students. Currently we have about 100 items. Please check out the rack and bins for any items your student may have lost. And please mark all belongings with your students name. Thank-you!



#### Vernon Talent Show 2020!

The Vernon Talent Show is just around the corner on Friday, March 20th with two afternoon performances! Please mark your calendars so you can join us to cheer on our amazing Vernon talent!





#### **VERNON PTA**

The Vernon Neurodiversity Advocacy Group is hosting the March 11th PTA meeting. There will be a panel discussion to learn what neurodiversity means, the challenges at school, and how the school is supporting them. The panel members include Ben Keefer, Tina Bruce, Michele Juon, and Dan Wilson. There will be a Q&A session following the panel discussion. We hope to see you there starting at 5:45pm.



#### Night Out for Owls Sign Up Events Still Available -Sign Up Here

Parents, staff and community members graciously offer to host a variety of cool events and experiences with proceeds supporting our Night Out for the Owls. Sign up yourself, children, spouse, family or friend for an event today!



The Vernon PTA STEAM Committee'sThird Annual Women in STEAM Career Day is being rescheduled to Tuesday, March 3, 2019, from 9 - 12:30. This is a celebration to honor Women's History Month and all of the amazing women currently working in the field of STEAM. We believe this event is very important for young women and girls to see what they can achieve and become in the profession of STEAM. And research shows that confidence, participation and interest can wane as girls enter middle and high school. So, the more exposure to STEAM careers, and impressive women in the field, the better. On the flip side, it is also great for our boys/young men to experience women in these fields and to just learn about the careers in general that they might also wish to pursue. So, a win win for all! The format will be the same this year: set up in Vernon's MPR, at table stations, with classes rotating throughout the morning for a set period of time. We will also provide brief prompts to teachers for students to assist in generating questions. And the PTA will once again provide a delicious brunch of homemade items and tea and coffee to thank participants for their time and efforts. We are looking for participants. Would you, or anyone you know of be interested in participating? If yes, please contact Jen Hulford Odell at jhodell2@yahoo.com

Thank you, and we hope you can join us as a participant!



# VERNON PROUD





### Shape our children's future. Start with the 2020 Census.

Young children experience new adventures each day, and little ones need all of the support they can get during these early years.

Responding to the 2020 Census is an easy, safe, and important way to help provide resources for children and their communities for the next 10 years.

Everyone living in the United States is asked to complete a simple questionnaire every ten years that asks for basic information about the people who live or sleep in their home. Children under the age of five, however, are often missed.

Young children who are missed in the census tend to live with large, extended families or with multiple families living under one roof. When newborn babies and children are not counted, support for programs such as health insurance, hospitals, childcare, food assistance, schools, and early childhood development is impacted.

Responding to the census is easier than ever. You can complete the census questionnaire online, by phone, or by mail.

And remember, just as you protect the children in your care, the U.S. Census Bureau protects your information. The Census Bureau is required by law to protect any personal information collected and keep it strictly confidential. All Census Bureau staff take a lifetime oath to protect your personal information and any violation of this oath comes with a penalty of up to \$250,000 and/or up to five years in prison.

Start shaping their future by going to 2020CENSUS.GOV.

Shape your future START HERE >





# If you have children in your home, make sure they are counted in the right place.

Young children experience new adventures each day, and little ones need all of the support they can get during these early years.



Count children in the home where they live and sleep most of the time, even if their parents don't live there.



If a child's time is divided between more than one home, count them where they stay most often. If their time is evenly divided, or you don't know where they stay most often, count them where they are staying on Census Day—April 1,2020.



If a child's family (or guardian) is moving during March or April 2020, count them at the address where they are living on April 1,2020.



Count children in your home if they don't have a permanent place to live and are staying in your home on April 1,2020, even if they are only staying with you temporarily.



Count newborn babies at the home where they will live and sleep most of the time, even if they are still in the hospital on April 1,2020.

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## Dale forma al futuro de nuestros niños. Empieza con el Censo del 2020.





#### ¿Qué es el censo y cuándo se lleva a cabo?

Cada 10 años, se pide a todas las personas que viven en los Estados Unidos que realicen una tarca constitucional simple, pero muy importante: responder al censo. El Censo del 2020 es un formulario que hace algunas preguntas básicas como la edad, el sexo y la cantidad de personas que viven o se quedan en su hogar, incluyendo niños pequeños y bebés recién nacidos. El próximo censo decenal comienza en marzo del 2020 y responder es fácil, seguro e importante.



#### ¿Por qué es importante contar a los niños pequeños?

Con frecuencia, se olvida incluir en el censo a los bebés recién nacidos y a los niños pequeños. El Censo del 2020 ayuda a determinar qué areas reunen los requisitos para recibir los recursos críticos que los niños y las familias necesitan durante los próximos 10 años. Básicamente, itoda la niñoz! Entre los ejemplos de los recursos que pueden ser impactados están la asistencia alimentaria, Head Start, guarderías, apoyo para la vivienda, escuelas públicas, servicios de intervención temprana para niños con necesidades especiales, seguro de salud para niños y más. Saber cuántos niños hay y dónde viven es esencial para recibir estos servicios y programas. Por eso es tan importante contar a todos los niños, incluso a los bebés reción nacidos,

#### Para más información, visita 2020CENSUS.GOV/ES

Dale forma a tu futuro EMPIEZA AQUÍ > Census 2020





#### ¿Por qué se olvida incluir a los niños pequeños en el censo?

Hay muchas razones por las que se puede olvidar incluir a los niños pequeños en el censo. Los niños pequeños que se olvidan incluir suelen vivir con familias grandes o con familias múltiples que viven bajo el mismo techo. Estos niños quizá se quedan en más de un hogar y es posible que no sean parientes de la persona que llena el formulario o responde las preguntas del censista.

Es importante recordar que todas las personas que viven en el hogar, de forma temporal o permanente, parientes o amigos, deben incluirse en el Censo del 2020.



#### ¿Cómo cuenta la Oficina del Censo a las personas sin una dirección permanente?

Los empleados de la Oficina del Censo hacen el conteo en persona de la gente que vive en alojamientos de grupo, como dormitorios universitarios, barracas militares, hogar de ancianos y refugios, así como de las personas sin hogar o de quienes fueron desplazados por desastres naturales. Los niños y las familias sin una dirección permanente que se quedan de forma temporal con un amigo o familiar el 1 de abril del 2020 deben ser contados en esa dirección.



#### ¿Las respuestas del censo son confidenciales?

La ley exige que la Oficina del Censo mantenga toda la información confidencial y use las respuestas solo para generar estadísticas. Sus respuestas están protegidas y no se pueden usar en su contra. Los empleados de la Oficina del Censo juraron proteger su información personal de por vida y cualquier violación a la ley se paga con una multa de hasta \$250,000 y/o hasta cinco años de cárcel.



#### ¿Cómo puedo ayudar?

Existen muchas maneras en las que usted puede ayudar. Motive a los adultos con niños pequeños y bebés recién nacidos en el hogar a que respondan al Censo del 2020. Colabore con la Oficina del Censo para ayudar a asegurar que todos los niños sean contados. Explique a los demás que un conteo exacto puede llevar recursos y programas útiles a su comunidad, sobre todo los servicios que apoyan a los niños. Llenar el Censo del 2020 es una manera fácil, segura e importante de ayudar a darle forma al futuro de los niños.

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# Vernon Recycles

Vernon School is launching a school-wide program to recycle #6 plastics. What are #6 plastics? They are:

- GPPS (aka crystal-clear polystyrene): plastic silverware; food containers; CD cases, plastic cups
- EPS (aka expanded polystyrene): foam coolers; molded plastic for shipping
- HIPS (aka high impact polystyrene): coffee cup lids; creamers; plastic cold cups; plastic veggie bag clips
- XPS (aka extruded polystyrene): leftover containers; meat trays; egg cartons; foam cups

We'll be collecting the polystyrene at Vernon School, then it will be taken to Agilyx in Tigard. Agilyx collects the plastic, returns it to its original state (crude oil), then sends it to locations that re-purpose it. This way, it doesn't keep going to the landfills. We need a large box for collection purposes. If you have one, please contact Connie in the Vernon Office.

There is a consumer guide to recycling codes on the next page. Thanks in advance for helping to reduce, reuse, and recycle at Vernon!

#### CONSUMERS' GUIDE TO RESIN/RECYCLING CODES

The number-and-chasing-arrows symbol on the bottom of most plastic containers is a "resin code" that identifies the type of plastic used in a product. Consumers typically think of this as a recycling code. The following chart describes the general characteristics of these different plastic resins and the everyday products that typically carry these codes. Not all plastics are collected for recycling. Consumers should check with local authorities to determine what type of plastics recycling is available in their community.

Code	Chemical Name & Properties	Typical Consumer Home Use
	Polyethylene Terephthalate – PET, PETE PET is clear, strong and lightweight, with an optically smooth surface. Shatter-resistant. Provides an excellent barrier to oxygen, moisture and carbon dioxide. Good chemical resistance Also known as polyester.	Convenience-sized bottles for sodas, water, juice, sports drinks. Also used in bottles for shampoo, personal care products, salad dressing, etc., and jars for peanut butter and condiments. Some deli containers and microwavable food trays.
HDPE	High Density Polyethylene (HDPE) HDPE can be either unpigmented or pigmented. Excellent chemical resistance, high tensile strength, relatively stiff. Unpigmented HDPE bottles are translucent	Jugs for milk, cider and water (unpigmented HDPE). Bottles for liquid laundry detergent, fabric softener, bleach, household chemicals. (pigmented HDPE)
C PVC	<b>Polyvinyl Chloride (PVC, Vinyl)</b> PVC has good chemical resistance, weatherability; high impact strength; brilliant clarity. Vinyl products can be rigid or flexible.	Rigid packaging uses include blister packs and clamshells; bottles for salad dressing, vegetable oil and mouthwash. Flexible packaging includes shrink wrap, deli and meat wrap.
LDPE	Low Density Polyethylene (LDPE) LDPE is often used as a film, but also flexible packaging. It is tough, relatively transparent and flexible, with good acid/base resistance.	Dry cleaning bags, trash bags, produce and bread bags; shrink wrap Squeezable bottles; six-pack soda can rings.
25 PP	Polypropylene (PP) PP is strong, with excellent optical clarity, good chemical resistance, low moisture-vapor transmission and a high melting point . Used both as a film or in molded containers	Yogurt and margarine containers; takeout meals/deli foods; drinking straws; bottle caps and closures
<u>کو</u> PS	Polystyrene (PS) PS is a stiff plastic that can be rigid or foamed. General purpose polystyrene is clear, hard and brittle, with a relatively low melting point. Foamed applications are low density and have good moisture barrier and insulation properties.	Disposable cutlery, CD and DVD cases. Packaging peanuts, meat trays, cups, packaging for furniture and electronics. (foamed applications)
OTHER	Other Other plastics or products made with a combination of different plastic resins. Includes polycarbonate and bioplastics.	Various, depending on resin/resins used.