

# *West Sylvan Middle School*

## *6<sup>th</sup> Grade Elective Options 2021-22*

### **Physical Education Choices**

*Students are required to take one quarter of a Physical Education course and one quarter health that is grade level specific.*

#### **Standard P.E. - 1 Quarter**

This course offers an introduction to a range of individual, dual, and team activities such as flag football, basketball, golf, hockey, pickle ball, and volleyball. Many of these activities teach lifetime skills and team cooperation.

#### **Ripped and Fit – 1 Quarter**

You will be introduced to a variety of fitness and conditioning styles: yoga, Pilates, weight training, dance, aerobics, kickboxing and circuit training. You will learn in a comfortable, fun and challenging atmosphere. This class will encourage development of self-discipline, physical flexibility and endurance as well as self-confidence. Students may use this course to fulfill their P.E. requirement and may be repeated in future semesters.

### **Electives in ‘DESIGN’**

*Students will need to take at least one class from this category during the course of the year.*

#### **S.T.E.A.M. (Science, Technology, Engineering, Art, and Math) (AKA- “makerspace”)**

Students will tinker, create, craft, code and more while they learn to invent and invent to learn. This is a self-directed project based elective where students will learn skills that develop creative problem solving and collaboration. Students can choose from a variety of projects from a menu of themes that will have them creating objects and gaining skills from knitting to soldering.

#### **Board Games and Logic**

Students will play a variety of “Euro-style” strategy games, become familiar with different types of game mechanics, rate and review games, learn about some of the more well-known board game designers, and teach board games to other people. Students will possibly visit a board game store, meet game designers here in Portland, and create a board game of their own.

#### **Computer Technology**

Computer skills along with exploring the use of the computer as a creative tool. Sample projects include keyboarding, PowerPoint presentations, word processing, and excel charts, to creating computer animation, music, art, and coding.

### **Electives in ‘ART’**

*Students will need to take at least one class from this category during the course of the year.*

#### **Beginning Art**

Students will explore art in the studio through a variety of projects that teach the elements of art and design. Media may include ink, graphite, charcoal, pastel, watercolor, acrylics, metals, papier mache, and clay. Within the context of our studio work, students will analyze and interpret works of art and learn to critique their own work and the work of peers. Students will incorporate techniques and ideas based on the work of seminal artists and movements, while developing their own originality and creativity. Studio

projects may also incorporate culture studies of historical traditions of both the ancient and modern world, such as ancient Mesopotamia and China, Europe in the Middle Age, and Colonial America(s).

**No prerequisite required.** \$25.00 materials fee

### **Introduction to Public Speaking**

Public speaking is the number one fear of most people, but it doesn't need to be! In this sixth grade Introduction to Speech class, students will begin to develop skills in oral communication which are fundamental to interacting with others. This semester class is designed to acquaint students with the basic principles of public speaking such as focusing on content and organization as well as delivery, including eye contact, voice inflection and volume. In addition to presenting speeches, students will learn other communication skills including but not limited to: how to email your teacher to ask for help, how to accept constructive feedback, and how to apologize, all skills necessary in order to be able to communicate effectively.

### **Creative Writing**

Enjoy a creative writing class which will include: narrative and imaginative writing, as well as poetry and possibly playwriting. Student will work on using figurative language and literary devices to enhance their written expression.

### **6<sup>th</sup> Grade Band**

**For all 6th grade band members regardless of experience.**

This class is designed to:

- develop individual & group skills in playing band instruments
- explore band music from a variety of musical styles & eras
- develop each student's overall musicianship.

As a performance class, Concert Band members can expect to be involved in 2-3 evening performances throughout the year plus possible performance oriented field trips.

Students with no experience with band instruments are welcome to join, but should come to the first class with an idea of what instruments they would like to play.

Instruments in 6 grade band are flute, clarinet, alto saxophone, trumpet, trombone and baritone.

6th grade band members, with prior experience will also be encouraged to participate in the PPS Middle School Solo and Small Ensemble Festival during the year.

2019-20 Elective Video Link

[https://youtu.be/n\\_fwLEUQFE](https://youtu.be/n_fwLEUQFE)