

Oh, Do you eat



your vegetables



vegetables



vegetables?



Oh, Do you eat



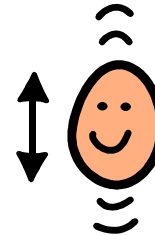
your vegetables



Each and every
day?



Oh yes



we eat



our vegetables



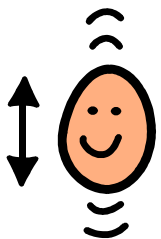
vegetables



vegetables?



Oh yes



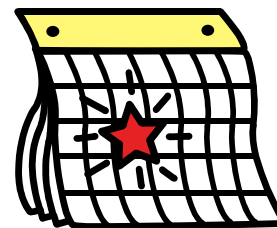
we eat



our vegetables



Each and every
day?



Lyrics:

Oh do you eat your vegetables, vegetables, vegetables
Do you eat your vegetables, each and every day?

Oh yes, we eat our vegetables, vegeteables, vegetables.
Oh yes we eat our vegetables each and every day.

(To continue the song, ask each child in turn to name a vegetable.
Substitute the child's name and their vegetable choice and have everyone
sing the new words. For example:

Lauren eats green beans, green beans, grean beans.
Oh, Lauren eats green beans each and every day.

Sung to: "Muffin Man"

Do you eat your
vegetables?



<-- Song Icon

Note to the person assembling the board:
You may want to make this board by making a circle
for a food plate and putting the big veggies on top of it
Then the First verse can go above the plate and
the second verse below. Enjoy!

Oh, Do you eat your Vegetables?