September 2021 Head Start | Eat Local Watermelons on Thursdays

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|--|--|-------------------------|--|
| | 6 | 7 | 8 | 9 | 10 |
| Breakfast | | | | Banana Bread 🕜 🍪 | Maple Mini Pancakes 🕜 🍪 |
| Lunch | Labor Day Holiday Schools Closed | No Child Day | No Child Day | Cheese Pizza 🕜 修 | Hand Rolled Bean and Cheese Burrito 🕜 🤡 |
| Snack | | | | Vegetables and Cheese 🕜 | Apple Chips and Sunflower Seeds 🕜 |
| | 13 | 14 | 15 | 16 | 17 |
| Breakfast | Cinnamon Chex Cereal 🕜 🍪 | Cinnamon Crumble Bread 🕜 🍪 | Turkey Ham and Cheese on a Hawaiian Bun 🍪 | Maple Waffles 🕜 🤔 | Blueberry Muffin 🕜 🍪 |
| Lunch | Popcorn Chicken 🍪 | Turkey Hot Dog 🍪 | Yakisoba with Chicken 🥝 | Cheese Pizza 🕜 🍪 | Alaskan Pollock 🥝 |
| Snack | Fruit and Crackers 🕜 🍪 | Cheese and Pretzels 🕜 | Vanilla Yoplait Yogurt and Granola 🕜 🌝 | Vegetables and Cheese 🕜 | Apple Chips and Sunflower Seeds 🕜 |
| | 20 | 21 | 22 | 23 | 24 |
| Breakfast | Blueberry Chex 🕜 🍪 | Banana Bread 🕜 🍪 | Egg and Cheese Breakfast Burrito 🕜 🍪 | French Toast Sticks 🕜 🍪 | Maple Mini Pancakes 🕜 🍪 |
| Lunch | Cheese Ravioli 🕜 🍪 | BBQ Chicken, Mashed Potatoes and a Wheat Roll 🤣 | Bean and Rice Bowl with Tortilla Chips 🕜 修 | Cheese Pizza 🕜 🍪 | Green Chile and Cheese Tamale 🕜 修 |
| Snack | Fruit and Crackers 🕎 🍪 | Cheese and Pretzels 🕜 | Vanilla Yoplait Yogurt and Granola 🕜 俊 | Vegetables and Cheese 🕜 | Apple Chips and Sunflower Seeds 🕜 |
| | 27 | 28 | 29 | 30 | |
| Breakfast | Cinnamon Chex Cereal 🕜 🍪 | Cinnamon Crumble Bread 🕜 🍪 | Turkey Ham and Cheese on a Hawaiian Bun 🍪 | Maple Waffles 🕜 🚱 | _ |
| Lunch | Pasta with Marinara and Mozzarella 🕜 🧐 | Teriyaki Chicken with Brown Rice 修 | Homemade Lasagna 🕜 with a Wheat Roll 🍪 | Cheese Pizza 🕜 🍪 | |
| Snack | Fruit and Crackers 🕜 🍪 | Cheese and Pretzels 🕜 | Vanilla Yoplait Yogurt and Granola 🕜 🍪 | Vegetables and Cheese 🕜 | |