



Stacey Lovett <slovett1@pps.net>

Llewellyn Friday Family Announcements 12/18

1 message

Mark Robb <mrobb@pps.net>

Fri, Dec 18, 2020 at 5:01 PM

Reply-To: noreply@pps.net

To: slovett1@pps.net

Dear Llewellyn AISTAR families,

Thinking of Winter Break memories and excitement for our first edition of the Star Flier coming out today, I thought I'd share a piece I put in the Star Flier last year. I hope you enjoy it and can share it with your children.

Winter Break has always been an especially fun time for me. As a child, the two week vacation meant that I didn't have any homework and that my family would head to my grandparents house here in the Portland area. When all my cousins arrived, there was noise, fun, and lots of love. We would spend hours playing games like Win, Lose, or Draw with the entire family, doing jigsaw puzzles, and chasing each other around until my grandma said to stop.

With my own family, we have made it a tradition to go to Hoo Doo to go inner tubing in the snow. One year the snow was especially perfect for tubing. It was late in the evening and about to get dark. The people who were in charge said that my family and I could make one last run. Since many people had left, they allowed my whole family to connect our inner tubes together. There were eight of us. We each grabbed another person's rope handle on their inner tube, creating a conga line of sorts, and counted down, 5...4...3...2..1! Because there were so many of us we went the fastest I've ever been down the hill and instead of stopping at the bottom, we flew over the berm that should have stopped us and landed at the front door of the inner tube shop (a yurt). It was hard to stop laughing. I can't wait for the next time we are able to do this again!

While I know this Winter Break will be different than those in the past, I would like to wish everyone a safe and enjoyable Winter Break. May your time away from work and school allow you to follow traditions or to create some new ones; share caring and kindness with others, and to have some fun away from computer screens while still following COVID protocols! I am lucky to receive the greatest gift of all...and that is the opportunity to be a part of the Llewellyn community!

Be Well! Be Safe!

Principal Pam

STAR FLIER, Digital Edition 1:

Hurray! It is finally here! Our first Star Flier of the 2020-2021 school year! I want to thank all the students who submitted stories and articles for this edition. We had so many submissions we didn't have enough room. Please don't worry if you don't see your story in this edition, it will be in the next edition in January.

[December 18.pdf](#)

Shop Local to support our community!

The Sellwood-Moreland Business Alliance is launching a **Shop Local** campaign to support our neighborhood businesses in this challenging COVID economy. They are asking neighbors to take the pledge to shop and dine locally this holiday season.

Need ideas? [Here's a list](#) of local shops, restaurants, wellness and community services to get you started. You can help us get the "shop local" word out by buying and displaying a "Shop Local" lawn sign. [Purchase one online](#) or at Oodles 4 Kids, Milieu, and the Bull and the Bee.

Let's show our local small businesses that we want to keep them in the neighborhood -- pledge to shop local!

From our Counselors:

Happy Winter Break, Llewellyn community -

The counseling team, Ms. Brittany and Ms. Allie, wanted to remind you of some information before we go a few weeks without seeing everyone!:

- In lieu of office hours we are happy to meet by appointment, in order to ensure confidentiality of students and families. KG - 2nd grade families can reach Ms. Allie at apenix@pps.net, and 3rd - 5th grade families can reach Ms. Brittany at bsill@pps.net
- **Weekly lunch bunch groups** as well as a **weekly mindfulness group** will start the week after we return from winter break! **All groups will be held from 11:30 am - 12 pm, starting on Monday January 11th.**
 - Ms. Allie Lunch Bunch: KG - Tuesday; 1st - Wednesday; 2nd - Thursday
 - Ms. Brittany Lunch Bunch: 5th Grade - Tuesday; 4th Grade - Wednesday; 3rd Grade - Thursday.
 - Mindful Mondays: KG - 2nd grade with Ms. Allie; and 3rd - 5th grade with Ms. Brittany
 - We will re-share this information with our GoogleMeet codes when we return from Winter Break!
- Other links we have shared before, but might be helpful to return to while we are on break: [Mental wellness resources handout](#), [Llewellyn Zones Sensory Break Virtual Classroom](#), and PPS's [At Home Strategies for Distance Learning website](#)

We hope that everyone has a wonderful winter break, and we can't to see you all when we return!,

Ms. Allie and Miss Brittany

From our School Nurse

Please note that Parkrose Student Health Center (SHC) will be closed over break, but the David Douglas SHC will be open in its place.

Have a great break!!

-LeAnn Teixeira RN

From a former Llewellyn Student

My name is Klara Kjome Fischer and I am a junior at Cleveland High School. I also went to Llewellyn Elementary School several years ago, and still love the community! I am a part of a group out of the Multnomah County Emergency Operations Center, alongside Emma Kogut, a fellow Cleveland student, that has put together a COVID-19 toolkit for youth and families focused on taking care of ourselves and others. I would like you to share this toolkit with your students and their families. The guide is available in both English and Spanish at this time, and is accessible and continually updated on the Multnomah County webpage.

The toolkit can be found at this link: multco.us/covidyouthandfamilies

This guide is unique because it was put together by both youth and county officials which allows the guide to highlight the needs of youth during the COVID-19 pandemic. In this guide, there are;

- Basics about COVID-19 and how it spreads
- Where to get tested, resources for staying home, and tips on caring for someone with COVID-19
- General prevention guidelines along with strategies for safer socializing, what to do if a family member isn't taking precautions, and dealing with peer pressure
- Maintaining mental and physical health and coping with loss and grief
- Resources to stay informed, access health care, mental health resources, culturally-specific support, LGBTQ+ and Gender resources and ways to get involved

Please feel free to contact me if you have any feedback, questions, suggestions, or need more information.
Thank you,
Klara

From PPS

DECEMBER MEAL SERVICES

On Friday, December 18, we will be handing out food boxes with seven days' worth of meals. Families who are signed up for meal delivery will also receive the food boxes. Most items in the food box will be safe to store at room temperature ([see food storage guide](#)).

This will happen during our regular food distribution window, from 3 to 4:30 p.m., at the 35 schools sites we use for food service while we are in distance learning ([see sites and map](#)). We ask that you practice social distancing and wear a face mask.

Our meal service will pause while schools are closed during the winter break, from December 21 to January 1. Meal service will resume Monday, January 4.

If families need further assistance in obtaining meals while school is out, please visit www.pps.net/nutrition and click on the "Resources for Locating Food" and "Food Benefits for Families" tabs.

Whitney Ellersick, Senior Director, Nutrition Services, wellersi@pps.net

Child Care Openings at Winterhaven

My name is Sierra Warren, I support Nancy Hauth as the Child Care Coordinator. Our contracted child care programs are currently operating in 9 schools and many of them are under-enrolled. One of the programs, Art4Life would love to enroll more families at Winterhaven. Because child care is a much needed resource for our PPS families, it is crucial that we spread the word about availability.

Child care programs are a wonderful resource for families, and a great support for students during distance learning, especially for new Kinder families and students with lower attendance rates.

- Now that Employment Related Day Care (ERDC) has increased income limits to 250% of the poverty rate, many more families are financially supported with most or all child care costs. It is important to note that eligible families must be employed to receive benefits. Refer to this [link](#) to access more information.
- And, please view the [PPS Child Care website](#) to find the [child care flyer](#) and the '[Family and Navigator Resources](#)' tab.
- Lastly, here is the [Release of Information](#). This document helps families who are in need of a representative to assist in the process.
- Please encourage your counselors, social workers, QMHPs, and other supportive staff to share this information with your school community. PPS staff are welcome to enroll their children as well, even if their children do not attend PPS.

I have copied Erin O'Regan to this email. She will be happy to take any of your questions about this program. If you have any general child care questions, feel free to email me or direct families to our child care team at: childcareservices@pps.net.

Thank you,
Sierra Warren

Important Dates:

December 21-Jan 1 Winter Break
January 4 First Day Back

January 18	Martin Luther King Day-No School
January 28	End of Quarter 2
January 29	Teacher Planning Day-No School

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