

Name: \_\_\_\_\_

Due Every Monday

To receive credit a parent signature is required and entries must be legible.

Follow example and fill in each day you practice.

Goals for the Week:

1.	3.
2.	4.

Date	1. Long Tones <input type="checkbox"/> Lip Slurs <input type="checkbox"/> Rudiments <input type="checkbox"/> Speed Drills <input type="checkbox"/>
	2. Method Book pgs _____ Exercises _____
	3. Literature _____

What did you work on?	What did you improve?	What still needs work?

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Parent Signature: \_\_\_\_\_ Student Signature: \_\_\_\_\_

**Practice Tips:**

- Try to practice in the same place, at the same time each day. (A place without distractions).
- Have a chair that promotes good posture and a music stand when practicing (not on your bed!).
- Develop a routine: warm up with breathing exercises; long tones; lip slurs or slurs over the break; scales in all keys, ranges, and tonalities; etudes or exercises; performance pieces.
- Focus at all times on the quality of your tone. Beginning, middle, and end of each note. Craft your sound.
- Practice with a small mirror on your stand to watch your embouchure.
- Record yourself using your cell phone, a freeware program, or any portable recorder.
- Practice with a tuner.
- Always practice with a metronome.
- Have a pencil on your stand.
- If you can't play it slow, you can't play it fast.
- Break down hard passages into smaller parts and repeat them slow to fast, never going faster until competent at slower tempo.
- Create exercises out of difficult passages and play them in different styles, rhythms, articulations, etc. Then go back and play as written.
- Never cultivate a bad sound or reinforce incorrect notes, rhythms, or articulations.
- Take a time out and listen to solo literature for your instrument on Grooveshark, Spotify, YouTube, etc. (Or a recording of the music you are learning)
- Make the focus of your practice time the things you need the most work on. Then reward yourself with the music you have fun with at the end.
- Practice makes better. No practice makes no better.