

OPEN
2021



HERE
FOR
YOUTH

STUDENT HEALTH CENTERS

Our Services

- Sports physical
- Regular exams
- Immunizations
- Illness or injury
- Flu shots
- COVID-19 testing
- Reproductive health
- Prescriptions
- Lab tests
- Dental hygiene
- Mental health counseling

Call to Schedule

8:45 am – 4:45 pm

Centennial | 503-988-5488

Mon-Tues & Thu-Fri: In-person, phone & video

Wed: Phone & video only

3505 SE 182nd Ave, Gresham

David Douglas | 503-988-3554

Mon-Fri: In-person, phone & video

1034 SE 130th Ave, Portland

Parkrose | 503-988-3392

Tue-Fri: In-person, phone & video

Mon: Phone & video only

12003 NE Shaver St, Portland

Reynolds | 503-988-3340

Mon-Wed & Fri: In-person, phone & video

Thu: Phone & video only

1698 SW Cherry Park Rd, Troutdale

Roosevelt | 503-988-3909

Mon-Thu: In-person, phone & video

Fri: Phone & video only

6941 N Central St, Portland

Serving all Multnomah County students ages 5-18 with or without insurance.
Never an out-of-pocket cost.



PORTLAND PUBLIC SCHOOLS



Your Benson Wellness Center is OPEN

I need a medical appointment

Step 1: Register if you are a first time patient at 503-494-8505.

Step 2: Call to schedule an appointment in person or virtually at 503-418-0409.

I need to talk to:

My School Nurse

Patty Locke
e: plocke@mesd.k12.or.us

My School Therapist

Martha Ochoa p: 503-310-0015
Call or text in English or Español

My School Social Worker

Caroline Bleckmann
e: cbleckmann@pps.net
p: 503-729-3486

OHSU Hours:

In person appointment:

Tuesday & Thursday: 1-5 p.m.
Wednesday: 8 a.m. - 12 p.m.
Virtual appointment
Monday-Friday 8 a.m. - 5 p.m.

We see all students, regardless of ability to pay. We accept all insurance plans and uninsured students.

Health Services:

- Regular Check-up
- Sports physical
- Primary Care
- Immunizations
- Injury evaluation
- Evaluation & treatment of mental health and substance use disorders

Masks are required for any in person appointment.

Health Services continued:

- Sexual health and education
STI & pregnancy testing and contraception
- Questions about your body

Masks are required for any in person appointment.



Meet your
team providers:
Nancy Zink, MD,
Valerie Cecil, FNP
Fran Biagoli, MD
Reva Hollingsworth, RMA

Directions:

- **Benson High School:** 546 NE 12th, Portland, OR 97232
- Entrance is in the back of the building off NE 15th Ave. & Irving St.
- Follow directions into the parking lot to the back of the school.
- Ring the middle doorbell for staff to let you in if you have an appointment.

Things to know

Q: What is the Benson Wellness Center?

A: It is a regular doctor's office located inside the school serving students ages 7-21.

Q: Can students still see their regular primary care physician?

A: Yes! Providers can fill in gaps when it is difficult for students to obtain a service with their primary care provider. Examples include confidential services and sports physical.

Q: Does it matter what insurance my student has?

A: We see all students regardless of insurance status.

Q: Why should my teen register at the Benson Wellness Center?

A: When students are already registered it can facilitate prompt medical care if they are injured or ill.



Benson High School

546 NE 12th
Portland, OR 97232



**Benson Polytechnic
High School**

