

Musical Theatre performance review

Heightened

Are you communicating loudly enough? Is your energy level matching the strength of your need? Urgency.

Sustained

Are you maintaining the level of energy needed at any given moment? Are you maintaining the choices you have made, even when not singing or at the ends of phrases?

Focused

Are you connected to your “other”—who is this song being sung to? What is your relationship with them? Are you grounded?

Economical

Are you using economy of movement? Have you found the balance between too much and too little energy for that given moment?

Relaxed

Is your instrument in a “relaxed state of readiness”? Have you removed any indicators that you are either nervous, or making choice that don’t agree with your character/performance choices?

Objective

Are you clearly communicating what you want this other person to do? Are you making it important? Have you used active verbs (chastise, abandon, avoid, bewitch, feign, forgive, spurn, threaten) to phrase this objective?

Obstacle

Have you located the obstacle in the person you are singing to? Is your obstacle easy or hard to overcome?

Tactics/Strategy

How will you overcome your obstacle? How will you win your objective?

Air

Have you located the “air” in your song? Have you made a choice of what you will be doing during each moment of air?

Lyric

Is your lyric defiant? Narrative? What is the composer’s purpose in writing this lyric?

Phrasing

Where are your breaks to catch a breath? Why do you have it there? What are you saying by the choices you’ve made with your phrasing?

Focus

Have you varied your focus? Have you started and ended at center? If not, was it a deliberate choice to vary from that rule?

****Please respond to each of these in your journal.****