





































August/September 2018 - Abernethy

Eat Local Melons — September 6 & 20

Monday	Tuesday	Wednesday	Thursday	Friday
August 27 Turkey Hot Dog Apple and Celery Salad  Hummus and Pita Bread 	28 Hamburger or Cheeseburger on a Whole Wheat Bun Roasted Potatoes 	29 Mozzarella Breadsticks 	30 Pizzeria Day Cheese  Pepperoni 	31 Chicken Sandwich Coleslaw
September 3 Labor Day Holiday Schools Closed	4 Mozzarella Breadsticks  Kale Salad 	5 Hamburger or Cheeseburger on a Whole Wheat Bun	6 Pizzeria Day Cheese  Pepperoni  Pepperoni and Sausage  Turkey Sandwich	7 Hand Rolled Chicken and Cheese Burrito
10 Baked Potatoes with Chili and Roasted Broccoli  Hummus and Pita Bread 	11 Macaroni and Cheese 	12 Cheese Ravioli  Garbanzo Bean Salad 	13 Pizzeria Day Cheese  Pepperoni  Pineapple and Pepperoni  Italian Deli Sandwich	14 Alaskan Pollock Roasted Potatoes and Coleslaw 
17 Bean and Rice Bowl with Tortilla Chips  Hummus and Pita Bread 	18 Oven Baked Chicken, Mashed Potatoes, and a Wheat Roll	19 Grilled Cheese Sandwich with Tomato Soup 	20 Pizzeria Day Cheese  Pepperoni  Pepperoni, Sausage and Black Olives  Turkey Ham Deli Sandwich	21 Hand Rolled Beef, Bean and Cheese Burrito Confetti Corn Salad 
24 Carnitas Soft Tacos  Pinto Beans  Hummus and Pita Bread 	25 Zenner Hot Dog Broccoli Slaw 	26 Homemade Lasagna 	27 Pizzeria Day Cheese  Pepperoni  Margherita  Italian Deli Sandwich	28 Alaskan Pollock Roasted Potatoes and Coleslaw 

 Vegetarian option, may contain cheese &/or egg |  Pork | **PB&J served Tuesday-Friday and yogurt served every day** 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.