























March 2019 - Abernethy

Eat Local Oregon Berries — March 7 & 21

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sustainably Sourced Fish Tacos with Salsa
4 Turkey, Mashed Potatoes, Gravy and a Wheat Roll Hummus and Pita Bread 	5 Teriyaki Chicken with Brown Rice	6 Grilled Cheese Sandwich with Tomato Soup 	7 Pizzeria Day Cheese  Pepperoni  Pepperoni, Sausage and Black Olives  Turkey Ham Deli Sandwich	8 Hand Rolled Beef, Bean and Cheese Burrito Confetti Corn Salad 
11 Carnitas Soft Tacos  Pinto Beans  Hummus and Pita Bread 	12 Turkey Hot Dog Broccoli Slaw 	13 Cheese Ravioli  Garbanzo Bean Salad 	14 Pizzeria Day Cheese  Pepperoni  Pepperoni, Peppers, Onions and Mushrooms  Italian Deli Sandwich	15 Cheese Enchiladas 
18 Three Bean Chili with Tortilla Chips  Hummus and Pita Bread 	19 Mozzarella Breadsticks 	20 Hamburger or Cheeseburger on a Whole Wheat Bun	21 Pizzeria Day Cheese  Pepperoni  Basil, Garlic and Chicken Italian Deli Sandwich	22 Chicken Sandwich Coleslaw 
25 Spring Break Schools Closed	26 Spring Break Schools Closed	27 Spring Break Schools Closed	28 Spring Break Schools Closed	29 Spring Break Schools Closed

 Vegetarian option, may contain cheese &/or egg |  Pork | **PB&J served Tuesday-Friday and yogurt served every day** 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.