
























November 2018 - Abernethy

Eat Local Squash — November 1 & 15

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| | | | 1 Pizzeria Day Cheese  Pepperoni  Pepperoni, Sausage and Black Olives  Turkey Ham Deli Sandwich | 2 Hand Rolled Beef, Bean and Cheese Burrito Confetti Corn Salad  |
| 5 Carnitas Soft Tacos  Pinto Beans  Hummus and Pita Bread  | 6 Turkey Hot Dog Broccoli Slaw  | 7 Homemade Lasagna  | 8 Pizzeria Day Cheese  Pepperoni  Margherita  Italian Deli Sandwich | 9 Sustainably Sourced Wild Alaskan Cod |
| 12 Veterans Day Schools Closed | 13 Mozzarella Breadsticks  | 14 Hamburger or Cheeseburger on a Whole Wheat Bun | 15 OSU/UO Promotion Cheese Pizza  Pepperoni Pizza  Game Time Treat | 16 Roast Turkey, Mashed Potatoes, Gravy Pumpkin Parfait  |
| 19 AM/PM Conferences No Classes for Students | 20 AM/PM Conferences No Classes for Students | 21 No Class for Students | 22 Happy Thanksgiving Schools Closed | 23 No Class for Students |
| 26 Three Bean Chili with Tortilla Chips  Hummus and Pita Bread  | 27 Teriyaki chicken with Brown Rice | 28 Hamburger or Cheeseburger on a Whole Wheat Bun | 29 Pizzeria Day Cheese  Pepperoni  Pepperoni, Peppers, Onions and Mushrooms  Italian Deli Sandwich | 30 Hand Rolled Bean and Cheese Burrito  Chili Lime Corn Salad  |

 Vegetarian option, may contain cheese &/or egg |  Pork | **PB&J served Tuesday-Friday and yogurt served every day** 

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.