

Teacher Workshop



Sponsored in partnership with OHSU's Office of Science Education Opportunities, The Moore Institute for Nutrition & Wellness and the OHSU Brain Institute, the annual Teacher Workshop is a unique opportunity designed to give teachers an

insight into what role neuroscience and early life nutrition and wellness play in the classroom.

This event is free, but registration is required: shorturl.at/afvHO

Teaching in the Age of Social Media

Alan Teo, M.D., M.S., will discuss his work on the potent influence of social contact and relationships on our mental health. He will identify links between social media use and psychological well-being, and explore the perils and promise of social media as it relates to suicide and suicide prevention in young people.

Dr. Teo is an Associate Professor at OHSU, with dual appointments in the Department of Psychiatry and School of Public Health.

Be Physically Active 2Day

Kathy Gunter, Ph.D., will outline the development of and resources available to implement BEPA 2.0. BEPA 2.0 is a classroom-based physical activity program aligned to K-5 state and national health and physical education standards.

Dr. Gunter is Professor and Extension Physical Activity Specialist in the College of Public Health and Human Sciences at Oregon State University.

If you have a disability and need an accommodation to attend or participate in this event please contact Kate Stout, stoutk@ohsu.edu at least five business days prior to the event.

April 25, 2020

7:30 a.m. Breakfast and networking

8 a.m. Social Media Impacts

10:30 a.m. Classroom Exercise Program

12:30 p.m. Adjourn

OHSU Auditorium
3286 SW Research
Dr., Portland, OR

