DAILY ILLNESS SELF-SCREENING CHECKLIST

Employees and parents/guardians of students will be required to self-screen daily for symptoms of illness before entering district property or using district transportation. If an employee or student has any of the following symptoms or COVID-19 exposure within the past 14 days, they should stay home and report their absence and symptoms to the school or appropriate supervisor, and contact their healthcare provider as necessary.

COVID-19 Diagnosis / Close Contact / Potential Exposure (within the past 14 days)

- Employee, student, or someone in their household has been diagnosed with COVID-19
- Employee or student has had close contact (within 6 feet) with a person who has COVID-19 for at least 15 cumulative minutes in a day.
- Employee or student has been asked to isolate or quarantine at home by a medical professional or a local public health department
- Employee or student has a household member who has been in close contact (within 6ft of an infected person for at least 15 minutes) with a person diagnosed with COVID-19, and the household member now has symptoms of illness

Primary Symptoms of COVID-19

- Fever (temperature of 100.4°F or higher) or chills
- A new cough that has not been diagnosed or cleared by a healthcare provider
- Unexplained shortness of breath or difficulty breathing
- New loss of taste or smell

Additional Excludable Symptoms of illness

- **✓** Vomiting
- ✓ Diarrhea
- ✓ Undiagnosed rash or sores

Back-to-School: Information for Hybrid Students



PORTLAND PUBLIC SCHOOLS

