



Symptom Screening and Flu Vaccine

October 16, 2020

Dear Colleagues,

The winter months are fast approaching. Along with the cooling weather and shorter days, winter also brings cold and flu season. This year it is more important than ever to protect yourself, your family and your community from illness. The best way to prevent illness is to avoid exposure, which can be done through:

- Washing your hands often for 20 seconds or longer
- Avoiding close contact (6 feet distance or more)
- Covering your mouth and nose with a cloth face covering when around others
- Covering coughs and sneezes
- Routinely cleaning and disinfecting frequently touched surfaces

Getting a [flu vaccine](#) is more important than ever during 2020-21 to protect against the flu. A flu vaccine can also help reduce the burden on our healthcare systems responding to the COVID-19 pandemic and save medical resources for care of COVID-19 patients. Please check with your health plan on flu vaccine options and coverage. Phone numbers are located on your health insurance ID card. To find where to get a flu vaccine you can use the [flu vaccine finder](#) or call 211 ([211info.org](#)).

In addition to these personal preventative measures, we have updated the [Daily Illness Self-Screening Checklist](#) to continue to minimize the exposure and spread of illness on PPS campuses. Staff, students, and anyone else entering a PPS site are asked to self-screen daily using the checklist prior to entering district property.

If you have any health and safety questions or concerns, please contact us at staysafe@pps.net. We will answer questions as quickly and directly as possible.

Please see the [COVID-19 Employee Support webpage](#) for more information.

Thank you,
PPS Health and Safety Team