



Portland Public Schools

Coronavirus Updates and Resources

Sources For Free Food and Groceries in Portland

This list was compiled by The Oregon Food Bank



Free Groceries








Free Produce



Free Meals



Other Programs

Store	Address	Hours	Phone
 PCC Rock Creek	17705 NW Springville Rd.	Mon 9am-5 pm, Tues 9 am-5 pm, Wed 9 am-5 pm, Thurs 9 am-5 pm, Fri 9 am-2 pm	971-722-7079
 Tualatin Valley Gleaners	9100 SW Wilshire Street	Sat 12 pm-3:30 p.m.	971-409-6823
 Sitton Elementary School Free Food Market	9930 N. Smith	Wed 2:30 pm-4 pm Open 1st Wednesday of the month in the school gym. Changes to schedule: January 8th, 2020. Day/time may change in summer. Please bring bags or boxes.	971-347-5725
 Salvation Army Gresham	473 SE 194th Ave	Areas Served: East of 122nd Ave. Mon 9 am-3 pm, Tues 9 am-3 pm, Wed 9 am-3 pm, Thurs 9 am-3 pm Closed for lunch noon-1. Closed 1st Wednesday of the month. Does not deliver.	971-220-9413
 Sisters of the Road Cafe	133 NW 6th Ave.	Area Served: All. Tues 10 am-3 pm, Wed 10 am-3 pm, Thurs 1 am-3pm, Fri 10 am-3 pm, Sat 10 am-3 pm	505-222-5694

	SVDP St Ignatius	3400 SE 43rd Ave	Areas Served: SE Powell - SE Holgate & SE 60th west to 22nd. By Referral only. Call first. Delivery Only, no walk-ins	503.235.8431
	C3 Church Food Pantry	6120 NE 57th Ave	Sun 12 pm-1 pm, Tues 12 am-1 pm, Sat 12 pm-1 pm Shopping style pantry	503-997-2003
	Impact NW Free Food Market	10055 E Burnside St	Areas Served: All. Fri 9 am- 4th Friday of every month. Please bring your own bags. Open to anyone in need of food assistance, no income verification required.	503-988-6300
	SVDP St Juan Diego	5995 NW 178th Ave	Areas Served: S. Cornell W. Helvetia E. Bethany N. W. WC Line. Mon 4 pm-5:30 pm, Thurs 10 am-11:30 AM, Fri 11 am-12:30 pm *Shopping style pantry.	503-985-6046
	Portland Rescue Mission	111 W Burnside	Areas Served: All. Sun 7 am-6 pm, Mon 7 am-6 pm, Tues 7 am-6 pm, Wed 7 am-6 pm, Thurs 7 am-6 pm, Fri 7 am-6 pm, Sat 7 am-6 pm Meals served at 7 am and 6 pm. Lunch at 12:30pm on Sat and Sun.	503-906-7690
	Sharon Community Services SDA	5209 NE 22nd Ave	Areas Served: N and NE Portland. Sat 2 pm-4 pm Open the last 2 Saturdays of the month. *Shopping style pantry.	503-880-3065
	St Mark's Lutheran Church	5415 SE Powell Blvd	Areas Served: 97206. Fri 3 pm-5:30pm Shopping style pantry. Serves area code 97206.	503-777-1443
	Francis Center	6535 SE 82nd Ave	Areas Served: 97206, 97215, 97266, 97290. Mon 10 am-2 pm, Tues 10 am-2 pm, Wed 10 am-2 pm, Thurs 10 am-2 pm	503-775-6784



**Clackamas
Service Center
Meals**

8800 SE 80th
Ave

Areas Served: Clackamas County.
Sun 3 pm-4 pm, Tues 1 pm-2 pm,
Wed 5 pm-6 pm, Thurs 1 pm-2 pm,
Fri 7 pm-9 pm, Sat 5 pm-7 pm

503-771-7914



**Clackamas
Service Center
Day and Night
Markets**

8800 SE 80th
Ave

Areas Served: All. Mon 4 pm-6 pm,
Wed 10 am-1 pm, Thurs 10 am-
12:30 pm Food Market & Clothing
Room visits are available once per
week, per person. Please arrive
no more than 30 minutes before
services begin.

503-771-7914



**All Saints
Episcopal**

4033 SE
Woodstock
Blvd

Sat 11 am-1 pm Every Saturday

503-705-1408



**Davis Elementary
School Free Food
Market**

19501 NE
Davis Street

Fri 3:30 pm-5 pm Open 2nd Fridays
of the month in the school cafeteria.
Day/time may change in summer.
Please bring bags/boxes.

503-701-2474



SnowCap

17805 SE Stark
St

"Areas Served: Multnomah Co. East
of 82nd Ave.. Mon 10-2, Tues 10-2,
Wed 10-2, Thurs 10-2, Fri 10-2 Also
open Mon & Wed 6-8 pm and the
2nd Thursday every month from 4-5
pm.

503-674-8785

*Shopping style pantry. SnowCap
is located behind UMC church on
Stark."



**Rock Creek
Church CMS**

4470 NW
185th Ave

Areas Served: All. Thurs 6 pm-7 pm
First Thursday of the month

503-645-2525



Rock Creek Church EFB

4470 NW
185th Ave

Areas Served: 97229, 97006, 97007, 97008, 97124, 97123. Mon 3 pm -4 pm, Tues 9 am -12 pm-and 4 pm-7 pm Appointment only on Monday. Call 503- 645-2525 after 8am, the day of, for an appointment. Space is limited. Shopping style pantry. Please note, if a holiday falls on a Monday the pantry will be closed that day and following Tuesday.



Cedar Mill Bible Church - The Jesus Table

12208 NW
Cornell Rd

Areas Served: All. Tues 6-7pm
Serves all locales.

503-644-3156



SVDP St Therese

1260 NE
132nd Ave

Areas Served: Stark north to Col. river, 122nd to 165th. By Referral only. Call for delivery options.

503-595-2286



SVDP St Pius X (Cedar Mill)

1170 NW
123rd Avenue

Areas Served: 97229. Mon 10 am-12 Noon, Wed 10 am-12 Noon, Fri 10 am-12 Noon Please call for an appointment. *Shopping style pantry

503-591-9025



Sunset Presbyterian Church - Helping Hands

14986 NW
Cornell Rd

Areas Served: All. Wed 9:30am-12 pm, Thurs 4 pm-6:30pm
Appointments are preferred but not required. Please call Care to Share (503-591-9025) for appointment. *Shopping style pantry.

503-591-9025



Wallace Medical Concern Free Food Market

124 NE 181st
Avenue

Areas Served: All. Tues 9 am-10 am
4th Tuesday of every month at 9 a.m. Please bring your own bags. Open to anyone in need of food assistance, no income verification required.

503-544-1466



Outside In

1132 SW 13th
Ave.

Meal Hours = M- F: 9-10am, 1-2pm, & 5-6pm. Sunday: 1-2pm & 5-6pm. Please note meals are for youth ages 18-25.

503-535-3800

	New Avenues for Youth Drop-In Center	314 SW 9th Ave	Mon 9 am-8 pm, Tues 9 am-8 pm, Wed 9 am-8 pm, Thurs 9 am-8 pm, Fri 9 am-8 pm, Sat 9 am-8 pm	503-517-3939
	Bridger Elementary Free Food Market	7910 SE Market Street	Areas Served: open to anyone. Fri 3 pm-5 pm 3rd Fridays of the month in the school cafeteria. June 2020 date TBD; day/time may change in summer. Please bring bags.	503-502-1485
	Clay St Table - First Christian	1314 SW Park Ave	Areas Served: Youth under 25. Tues 5pm-8pm Meals for young people age 18-30 years.	503-499-4969
	Trinity Episcopal Cathedral Meal Service	147 NW 19th Avenue	Mon 11 am-1 pm, Tues 11 am-1 pm, Wed 11 am-1 pm, Thurs 11 am-1 pm, Fri 11 am-1 pm, Sat 10 am-12 pm Community meal on Wednesdays; other days, supplemental food supply available.	503-478-1210
	Clay St Table - Pantry	1432 SW 13th Ave	Areas Served: downtown Portland. Thurs 1 pm-4:30 pm Open the 4th Thursday of the month. *Shopping style pantry.	503-449-4969
	Portland Open Bible Community Pantry	3223 SE 92nd Ave	Tues 5 pm-8 pm, Thurs 10 am-2 pm *Shopping Style Pantry	503-442-8228
	University Park ACS	4007 N Alaska St	Areas Served: All. Wed 5 pm-7 pm, Fri 11am-12pm Clothes available from 1-3 pm on Wednesdays. *Shopping style pantry.	503-397-4389
	Highland Christian Center	7600 NE Glisan St	Fri 10 am-12 pm	503-287-9567
	Linnton Community Center EFB	10614 NW St. Helens Rd	Areas Served: Linnton and Portland. Tues 10 am-12 pm Last two Tuesdays of the month open from 1 pm - 6 pm	503-286-4990



St John's Food Share

8100 N. Lombard St.

Mon 9 am-12:30 pm, Wed 9 am-12:30 pm, Fri 9 am-7 pm Call first for membership information. Clothing available.

503-286-0750



EMO NE Emergency Food Program

4800 NE 72nd Ave

Areas Served: All. Tues 1 pm-4 pm, Thurs 1 pm-4 pm, Sat 1 pm-4 pm *Shopping Style Pantry.

503-284-5470



Allen Temple Food Pantry

4214 NE 8th Ave

Areas Served: NE Broadway/ Ainsworth, NE 42nd/N. Killingsworth. Tues 5 pm-7 pm, Wed 11 am-2 pm, Sat 11 am-2 pm Closed first week of every month and 2nd Tuesday of every month.

503-284-1010



SVDP St Andrew Free Food Market

4940 NE 8th Avenue

Areas Served: All. Thurs 1:30-2:30 Holiday date change - Thursday November 21, Thursday December 19. New name - formerly Harvest Share. The 4th Thursday of every month. Please bring your own bag.

503-282-0555



Cherry Blossom Free Food Market

740 SE 106th Ave

Areas Served: All. Wed 9 am- 3rd Wednesday of the month. Please bring your own bag. Open to anyone in need of food assistance - no income verification required.

503-282-0555



University Park Seventh Day Adventist Free Food Market

4007 N Alaska Ave

Areas Served: All. Fri 11 am- 1st Friday of the month - first come first served. Please bring your own bag. 11 am until done - open to anyone in need of food assistance, no income verification required.

503-282-0555



Lift Urban Portland Free Food Market

1816 NW Irving St

Areas Served: All. Wed 9-10 2nd Wednesday of the month - first come first served(random number system). Lottery and coffee at 8:30. Distribution begins at 9. Please bring your own bag.

503-282-0555



Portland Open Bible Free Food Market

3223 SE 92nd Avenue

Areas Served: All. Wed 11 a.m.-1 p.m. 2nd Wednesday of the month from 11 a.m. - 1 p.m. Bring your own bags Open to anyone in need of food assistance, no income verification required.

503-282-0555



Rigler Elementary Free Food Market

5401 NE Prescott

Areas Served: All. Mon 3:30 pm-4 pm 2nd Monday of the month 3:30 pm - 4 pm Open to anyone in need of food assistance, no income verification required.

503-282-0555



Portland State University Free Food Market

Mon 12 pm- 2nd Monday of every month at 12pm, outside Shattuck Hall. Please bring your own bag. Open to anyone in need of food assistance, no income verification required.

503-282-0555



New Columbia Free Food Market

4625 N Trenton St

Sat 12 pm-1 pm Open 3rd Saturday of each month. 4625 N Trenton St., Portland. Open to anyone in need of food assistance, no income verification required. Please bring your own bags.

503-282-0555



Genesis Community Fellowship Food Pantry

5425 NE 27th Ave

Areas Served: 97211, 97212, 97203, 97217. Sat 1 pm-3 pm Open Saturdays from 1pm - 3 p.m. only. Closed Saturday December 28th, 2019.

503-281-9472



St Philip the Deacon Episcopal Church

120 NE Knott St

Areas Served: All. Tues 12pm-4pm, Sat 11 am-1 pm Meal served Saturdays 11am to 1pm. Pop-up pantry also available on the 1st and 3rd Tuesday of the month from 12pm to 4pm. Produce and dry goods only. Please bring shopping bags. See Hand Up Project for additional site & hours.

503-281-5802



Union Gospel Mission

15 NW 3rd Ave

Areas Served: All. M-F 6:30am Sack lunches distributed; Wed & Fri only 6:30am hot breakfast; Tues-Fri coffee & pastries served 2-4pm, hot dinner 7:10pm; Sat snacks & beverages 2-4pm

503-274-4483



Union Gospel Mission Food Pantry

15 NW 3rd Avenue

Areas Served: Portland Metro. Fri 11:30 am- Distribute boxes until they run out

503-274-4483



Crossroads Food Bank

2407 NE 102nd Ave

Areas Served: all. Thurs 9 am-12 pm, Fri 9 am-12 pm *Shopping style pantry.

503-257-9345



Potluck in the Park

Under the Hawthorne Bridge

Areas Served: All. Sun 3 pm-5 pm Sunday meal is served from 3 p.m. - 5 p.m. Site is on NW Glisan between 8th Ave and Park Ave, one block west of Broadway and one block south of the Main Post Office

503-255-7611



Parkrose United Methodist Church

11111 NE Knott St

"Tues 4-6, Fri 4-6 1st and last Tuesdays and Fridays only.

503-253-7567

*Shopping Style Pantry"



Portland Adventist Community Services

11020 NE Halsey St

Areas Served: all. Mon 9 am-11 am, Tues 9 am-11 am, Wed 9 am-11 am, Thurs 9 am-11 am, Fri 9 am-11 am *Shopping style pantry.

503-252-8500



PACS Cow

11020 NE Halsey St

This is a mobile food pantry. Please call, 503-252-8500, for changing location and times.

503-252-8500


















Hereford House Food Pantry

7704 N Hereford Ave

Areas Served: All. Fri 12 pm-2 pm, Sat 12 pm-2 pm *Shopping style pantry.

503-247-3511 x8899

	St Luke Lutheran Church EFB	4595 SW California St	Areas Served: all. Sat 3:30 pm-4:30 pm Open the last Saturday of the month only from 3:30 p.m. - 4:30 p.m.	503-246-2325
	Neighborhood House Community Services	3445 SW Moss Street	Areas Served: Call for zip codes. Mon 10 am-12-& 1:30 pm-5 pm, Wed 10 am-12 pm-& 1:30pm-5 pm, Thurs 3 pm-8 pm Serves zip codes 97005, 97034, 97035, 97201, 97204, 97205, 97219, 97221, 97239, 97209, 97210. *Shopping style pantry.	503-246-1663
	Salvation Army Portland Tabernacle Family Services	1712 NE Sandy Blvd.	Areas Served: Call to hear which zip codes served. Mon 9 am-4 pm, Wed 9 am-4 pm, Fri 9 am-4 pm Closed for lunch from 11:15 to 1pm. Please arrive at least 15 min before close. Closed every 3rd Friday.	503-239-1264
	SVDP St Joseph the Worker	2310 SE 148th Ave	Areas Served: 97233, 97236, 97216. Sat 10am-noon Walk-in pantry. Delivery by referral.	503-235-8431
	SVDP St John Fisher	7007 SW 46th Ave	By Referral only. Delivery only.	503-235-8431
	SVDP St Rose	2727 NE 54th Ave	Areas Served: 97213, 97218. By Referral only. Call SVDP 503-235-8431 for Delivery.	503-235-8431
	SVDP St Rita	10029 NE Prescott St	Areas Served: 97220, 97213. Wed 3 pm-5 pm, Sat 10 am-12 noon Referral from Portland Council is encouraged. Parish Boundaries: Columbia River to NE Halsey and 77th Ave. to 122nd Ave.	503-235-8431
	SVDP Ascension	743 SE 76th Ave	Areas Served: 97213, 97215, 97216. Wed 5 pm-6:30 pm, Thurs 2 pm-3:30 pm	503-235-8431

	SVDP Holy Redeemer	25 N Rosa Parks Way	Areas Served: 97217, 97211. Wed 2:30pm-4 pm, Sat 2:30pm-4 pm Referral is strongly encouraged. Service Boundaries are from Ainsworth North to the Columbia River and from N. Interstate Ave. to NE 18th Ave.	503-235-8431
	SVDP Immaculate Heart	2926 N Williams Ave	Areas Served: 97227, 97211, 97232, 97212. Tues 12 pm-2 pm, Thurs 3 pm-5 pm No Referrals required.	503-235-8431
	SVDP St Louise	8101 SE Cornwell	Areas Served: All. Tues 1 pm-3:30 pm, Fri 1 pm-3:30 pm St. Louise is the Emergency Food Pantry at the SVDP Portland Council building. Walk-ins are welcome. We're not able to allow early signups or serve before or after these hours.	503-235-8431
	SVDP St Charles	5310 NE 42nd Ave	Areas Served: 97211, 97218. Sat 10 am-1 pm Open on Saturdays,; other days by referral only Boundaries: Columbia River, south to NE Mason Ave. From 22nd Ave. to 82nd Ave.	503-235-8431
	SVDP St Henry	346 NW 1st St	Areas Served: 97030, 97080, 97024, 97060, 97009,97019, . Tues 10 am-12 pm, Sat 10 am-12 pm Areas Served: 97030, 97080, 97024, 97060, 97009,97019 10 a.m. until we have reached our maximum number of 35 households. Please bring bags and proof of address.	503-235-8431
	SVDP All Saints	3847 NE Glisan	Areas Served: 97213, 97214, 97215, 97232. By Referral only. Delivery	503-235-8431
	St Francis Dining Hall	330 SE 11th Ave	Areas Served: All. Sun 12 pm-5 pm, Mon 10 am-7 pm, Tues 10 am-7 pm, Wed 10 am-7 pm, Thurs 10 am-7 pm, Fri 10 am-7 pm	503-234-2028

	Mainspring Portland (formerly FISH Emergency Services)	3500 NE 82nd Avenue	Areas Served: Multnomah County to East 92nd and Clackamas. Mon 10 am-1 pm, Tues 10 am-1 pm, Wed 10 am-1 pm Thurs by appointment only and CSFP	503-233-5533
	First Baptist Church CMS	909 SW 11th Ave.	Areas Served: All. Mon 2 pm-4 pm, Thurs 2 pm-4 pm	503-228-7465
	St Andre Besette Catholic Church	601 W Burnside St	Areas Served: 97203 - 97209. Tues 1 pm-3 pm, Wed 1 pm-3 pm, Thurs 1 pm-3 pm	503-228-0746
	Blanchet House of Hospitality	310 NW Glisan St	Areas Served: All. Mon 6:30 am-6 pm, Tues 6:30 am-6 pm, Wed 6:30 am-6 pm, Thurs 6:30 am-6 pm, Fri 6:30 am-6 pm, Sat 6:30 am-6 pm Meals served from 6:30-7:30 am, 11:30-12:30 pm, and 5-6 pm. Serves all locales.	503-226-3911
	William Temple House	2023 NW Hoyt St	Areas Served: All. Tues 10 am-3 pm, Wed 10 am-3 pm, Thurs 10 am-3 pm *Shopping style pantry.	503-226-3021
	Clay St Table - St Stephen's Site	1432 SW 13th Ave	Areas Served: All. Sun 1 pm-3 pm, Mon 10:30 am-11:30 am, Tues 11:45 am-12:30 pm, Thurs 7 pm-11 pm, Fri 10:30-11:30 am-7-11 pm, Sat 7:30-10 am-7-11 pm Sun lunch served under Hawthorne Bridge 1-2pm; Tues lunch 11:45-12:30; Operation Nightwatch (sandwiches) Thurs - Sat 7pm - 11pm; Sat snacks start at 7:30am; breakfast 9am-10am	503-223-6424
	Lift Urban Portland	1808 NW Irving St	Areas Served: NW Portland and Downtown, west of SW Broadway. Tues 12 pm-2 pm, Thurs 5:30pm-7:30pm, Fri 12 pm-2 pm *Shopping style pantry. Service area map: http://lifturbanportland.org/services/map_eligibility	503-221-1224



Ortiz Center Free Food Market

6736 NE Killingsworth

Areas Served: All. Thurs 9-9:45am
Open to anyone in need of food assistance, no income verification required. The 1st Thursday of every month - random number given at start of distribution. Please bring your own bag.

503- 988-3509



SVDP St Peter

8623 SE Woodstock

Areas Served: 97266, 97236, 97216.
Wed 10 am-11 am, Sat 10 am-11 am
Walk-in hours 10-11 on Saturdays.
Call for referrals

503- 235-8431



SVDP Blessed Frederic at Holy Cross

5227 N Bowdoin St

Areas Served: Interstate to Will. Rvr., Col. Rvr. to N. Russ. Av. Tues 10 am-12 pm, Thurs 5:30 pm-7 pm, Fri 10 am-12 pm

503- 235-8431



Salvation Army Moore St Center

5335 N Williams Ave

Areas Served: 97203, 97209-97213, 97217, 97218, 97231, 97220. Wed 11am-3pm, Fri 11am-3pm Shopping style pantry. Wednesday and Friday, 11am to 3pm.

971-340-4010



SVDP St Andrew

4940 NE 8th Ave

Areas Served: East of I5 to NE 25th & NE Ainsworth to NE Shaver. Wed 9 am-1 pm, Thurs 9 am -1 pm, Fri 9 am-1 pm *Shopping style pantry.

971-244-0339



City Team Ministries

526 SE Grand Ave

Areas Served: all. Mon 7 am-6:30 pm, Tues 7 am-6:30 pm, Wed 7 am-6:30 pm, Thurs 7 am-6:30 pm, Fri 7 am-6:30 pm, Sat 7 am-6:30 pm
Serves all locales. Breakfast is at 7 a.m., dinner is at 5:45 p.m.



Clay St Table - SE Hospitality Center

8800 SE 80th Ave

Fri 7 pm-9 pm, Sat 5 pm-8 pm
Located at Clackamas Service Center

503-771-7914



**Catholic Charities
Food Pantry**

2740 SE Powell Blvd
Wed 12 pm-2 pm

503-231-4866



**Hand Up Project -
People's Pantry**

4115 N.
Mississippi Ave

"Areas Served: all. Mon 12pm-
4pm At the Q Center 2nd and 4th
Mondays of the month noon to 4pm

Also at St. Philip the Deacon on
1st and 3rd Tuesdays noon to 4pm
(produce and dry goods only)"