



## DAILY ILLNESS SELF-SCREENING CHECKLIST

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Employees and parents/guardians of students will be required to self-screen daily for symptoms of illness before entering district property or using district transportation. This Self-Screening Checklist should be used to determine whether there is a risk for potential illness or exposure to COVID-19. ***If an employee or student has any of the following symptoms or COVID-19 exposure within the past 14 days, they should stay home and report their absence and symptoms to the school or appropriate supervisor, and contact their healthcare provider as necessary.***

### COVID-19 Diagnosis / Close Contact / Potential Exposure (within the past 14 days)

- Employee, student, or someone in their household has been diagnosed with COVID-19
- Employee or student has had close contact (within 6 feet) with a person who has COVID-19 for at least 15 cumulative minutes in a day.
- Employee or student has been asked to isolate or quarantine at home by a medical professional or a local public health department
- Employee or student has a household member who has been in close contact (within 6ft of infected person for at least 15 minutes) with a person diagnosed with COVID-19, and the household member now has symptoms of illness

### Primary Symptoms of COVID-19

- Fever (temperature of 100.4°F or higher) or chills
- A new cough that has not been diagnosed or cleared by a healthcare provider
- Unexplained shortness of breath or difficulty breathing
- New loss of taste or smell

### Additional Excludable Symptoms of illness

- Vomiting
- Diarrhea
- Undiagnosed rash or sores

\*For information about exclusion see the Oregon Department of Education and the Oregon Health Authority guides: [COVID-19 Exclusion Summary Guidance for K-12 School](#), [Planning for COVID-19 Scenarios in Schools](#), [ODE/OHA Communicable Disease Guidance for the School Setting](#)



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