



MULTNOMAH COUNTY  
**student**  
HEALTH CENTER

**Summer  
2022**



# Sports Physical Clinics

**NO COST AT STUDENT HEALTH CENTERS  
AUG. 8-16**

**Call to schedule an appointment at one of the following high school locations (additional details on back)**

<p><b>Centennial HS</b> Aug. 12 &amp; 16 <b>503-988-5488</b> 3505 SE 182nd Ave Gresham</p>	<p><b>Cleveland HS</b> Aug. 8 &amp; 16 <b>503-988-3350</b> 3400 SE 26th Ave Portland</p>	<p><b>David Douglas HS</b> Aug. 11, 15 &amp; 16 <b>503-988-3554</b> 1034 SE 130th Ave Portland</p>	<p><b>Franklin HS</b> Aug. 10 &amp; 16 <b>503-988-3370</b> 5405 SE Woodward St Portland</p>	<p><b>Jefferson HS</b> Aug. 11 &amp; 12 <b>503-988-3360</b> 5210 N Kerby St Portland</p>
<p><b>McDaniel HS</b> Aug. 11 &amp; 12 <b>503-988-3382</b> 2735 NE 82nd Ave Portland</p>	<p><b>Parkrose HS</b> Available all summer <b>503-988-3392</b> 12003 NE Shaver St Portland</p>	<p><b>Reynolds HS</b> Aug. 15 &amp; 16 <b>503-988-3340</b> 1698 SW Cherry Park Rd Troutdale (Off Imagination Way)</p>	<p><b>Roosevelt HS</b> Aug. 10 &amp; 16 <b>503-988-3909</b> 6941 N Central St Portland</p>	

Learn more about our services at: [multco.us/student-health](https://multco.us/student-health)





Scan this QR Code  
to download form

## Sports Physical FAQ:

### **What is included with my sports physical?**

This is a comprehensive wellness visit. We will assess your ability to safely compete in sports and also check in with you about social/emotional development, mental health and provide you with an opportunity to ask health related questions. If needed, we will offer immunizations to get you up-to-date on your shots.

### **What if I already had a wellness visit in the past 12 months?**

Call your doctor's office. Your medical provider will be able to sign the sports physical form for you. You will not need a new wellness exam.

### **Will you bill my insurance?**

Yes. If you have coverage, we will bill your insurance.

### **If I have insurance, will there be a copay?**

No. You will not have an out-of-pocket cost or copay for our services.

### **What should I bring?**

You must bring an Oregon Student Activity Association (OSAA) sports physical clearance form that has been filled out and signed by a parent or guardian to your appointment. This form is also available at [multco.us/student-health](http://multco.us/student-health) and through most school athletic offices. Also, please wear shorts. If you wear glasses, please bring them for the eye exam.

## About Student Health Centers:

### **Is the Student Health Center right for me or my student?**

- ✓ Is the youth a resident of Multnomah County?
- ✓ Is the youth school age (we serve ages 5-19)?

**If so, then yes!** The Student Health Center can be your primary doctor's office or provide on-demand services. Students do not need to attend the school where the clinic is located. Insurance is accepted, but not required AND there are no out of pocket costs to your family.

### **What about insurance? What types of coverage do you take?**

We accept all types of insurance, including Kaiser. If your student has insurance, we will use this to offset the cost of offering services. There will be no copay or bill for our services. We serve all students, even those without insurance. If your student does not have insurance, we can work with you to help get coverage.

### **How much does it cost?**

There is no out-of-pocket cost for seeking care at a Student Health Center. No co-pay or cost for services.

### **Does the student need to attend the school where the clinic is located?**

**No.** K-12 age youth in Multnomah County can access services at any Student Health Center, regardless of its location. That means that students can access services at locations at any school or school district.