



Course Syllabus

Franklin High School		2020-2021
DIRECTIONS: For each course, complete the syllabus and share with your evaluating/supervising administrator as a pdf ("File-download-PDF document") by 9/21/20 . Syllabi will be posted on the FHS website under your name for the public to view.		
Course Overview		
NOTE: For core classes, all elements of this section (except for name and contact information) are the same.		
Course Title: Physical Ed. and Adv.P.E.		
Instructor Name: Darrell Moore & Lisa Feuz	Contact Info:503-916-5140 dmoore@pps.net , lfeuz@pps.net	
Grade Level(s):9-12		
Credit Type: (i.e. "science", "elective")	# of credits per semester: .05	
Prerequisites (if applicable): None: for Physical Ed. 9th grade P.E. for Adv P.E.		
General Course Description: This health-promoting class will expose you to a variety of lifetime physical fitness activities. This class will provide an excellent opportunity for you to start an exercise program, boost self-esteem, get in shape and have fun!		
Prioritized National/State Standards: Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.		
Course Details		
<i>Learning Expectations</i>		
Materials/Texts Canvas and Loose fitting clothes.		
Course Content and Schedule: Synchronous classes - 10 points each class and will meet 2x a week. Must answer for roll, use the chat box or email me within 24 hours after class. After questions and answers each student is expected to workout during or after classes. Asynchronous classes are to be used for questions and workouts.		
Differentiation/accessibility strategies and supports (TAG, ELL, SpEd, other): Training will be individualized to fit students' needs.		
Safety issues and requirements (if applicable): When outside be aware of your surroundings.		



Classroom norms and expectations:

Mute your mic when you enter, and when you are a listener. Actively listen while others are speaking, turn on your video if you feel comfortable, use the 'raise your hand' feature when you are ready to share and wait to be called on, participate on topic verbally or in the chat box.

In the 9th grade P.E. I will have short lectures about the sports that would have been taught, rules and show a short video of the activity.

Come with a good attitude and be ready to workout during synchronous and asynchronous time on your own.

Evidence of Course Completion

Assessment of Progress and Achievement:

Physical Education quiz, trivia, facts about sports will be given at the end of the quarter.

Progress Reports/Report Cards (what a grade means):

A-D you pass, F take the course over

Career Related Learning Experience (CRLEs) and Essential Skills:

Lifelong health and happiness.

Communication with Parent/Guardian

What methods are used to communicate curriculum, successes, concerns, etc.?

Canvas and email.

Personal Statement and other needed info

Mission statement

Is to support all the students in achieving their very highest educational and personal potential. To inspire in them an enduring love for learning and to prepare them to contribute as citizens in their community.