

October 10, 2008

[www.richmondjmp.org](http://www.richmondjmp.org)



R I C H M O N D  
J A P A N E S E I M M E R S I O N S C H O O L

# Richmond Shinbun

## EXCEPTIONAL

Once again, for the third consecutive year, Richmond Elementary School has earned an *Exceptional* rating on the 2007-2008 State of Oregon School Report Card. Richmond's small classes, highly qualified faculty, and students' excellent academic achievement were all factors in determining the school's rating. The full text of the report is available online at Richmond's website: [www.richmondjmp.org](http://www.richmondjmp.org)

*Thank you to everyone who works so hard to make Richmond the wonderful school that it is!*



## YUM YUM—LOCAL LUNCH!

Local Lunches are the next step in ongoing efforts to bring more local foods to students eating in our cafeterias. Our district-wide Farm-to-School program began in 2006 with the introduction of Harvest of the Month.

What is a Local Lunch?

Once a month we will serve a meal that is made entirely from local products. Our local region includes Oregon, Washington and Northern California. Check your menu calendar for dates.

What are the benefits of Local Lunch?

1. Economic: Our purchases directly support local farmers, bakers, packers, truck drivers, and others within our regional food economy.
2. Known source: We know where our food comes from, who raised it, and how it traveled to our doors.
3. High quality food and delicious lunches: Foods are fresh or minimally processed and high in nutrients to fuel students' minds throughout the school day.
4. Environmental: Food from local sources travels less distance reducing the impact on the environment.
5. It's a step in the right direction: We are working toward the day when every lunch served includes food from our region. We're redesigning the menu one meal at a time.

Want to see more of these great changes in the future?

Encourage your child(ren) to eat school lunch on Local Lunch days! Show your support for change in the cafeteria. Together, we can create lifelong healthy eaters and support the regional food economy.

## EXCEPTIONAL



Feeling **Sick**? Going to be **Absent**?

**Call 503.916.3667**



Effective immediately, all absences should be reported directly to Richmond's Absence Voicemail, which is available 24 hours a day. When you call, please leave your child's full name, the reason for the absence, the date and your child's homeroom teacher.

**Feel Better Soon! お大事に!**

All of us at Richmond wish to congratulate Sada Uchiyama on his acceptance of the Garden Curator position at Portland's Japanese Garden. Mr. Uchiyama is an accomplished gardener and was the youngest man, at the age of 21, in the record of the Southern Region of Japan to pass the licensure of First Grade Japanese Garden Craftsmanship (issued by Ministry of Labor and Construction in Japan). He is also, of course, the architect of Richmond's own beautiful Japanese Garden which is being constructed at the front entrance of the school. Mr. Uchiyama will have a variety of duties at the Garden, including managing design development and training staff. He will begin his new position on October 14th. Again, Congratulations!

C  
O  
N  
G  
R  
A  
T  
S  
!



4" Wide

RICHMOND ELEMENTARY SCHOOL  
PORTLAND, OREGON



10" Wide



**Richmond's 100<sup>th</sup> Year Anniversary T-shirts and Mugs**

still available @ Rich Coffee!

Limited quantity! Check payable to Richmond PTA.

**Stainless (in and out) travel mug with handle and lid \$8**

**Get one for Rich Coffee time!**

**T-shirts (all \$8):**

**Violet (Youth M)-only 1 left (Youth L)-only 2 left (Youth XL)-only 2 left**

**Pistachio (Adult M)-14 left Serene Green (Adult L)-16 left**

Youth XL is about the same size of Adult S. (Youth XL has slightly smaller neck but is slightly wider than Adult S.)

**Any two items together for \$15**

**HURRY!! Before all sold out!**

If you can't come shop at Rich Coffee but want to purchase 100<sup>th</sup> year anniversary items, please contact Sachiko Nishikido at [stepn55@gmail.com](mailto:stepn55@gmail.com)

# RICHMOND FOUNDATION 2008-2009 ANNUAL PARENT PLEDGE DRIVE

***RICHMOND'S EXCELLENCE DEPENDS ON YOU!***

**Please donate once in the Fall and once in the Spring.**

**Participation from every family matters!**

***Together we can do it! Issho ni Ganbarou!***

- The fall kickoff to the Annual Parent Pledge Drive starts October 3<sup>rd</sup>.
- Twice a year, once in the Fall and once again in the Spring, parents at Richmond donate to the Richmond School Foundation to support smaller class sizes, essential additional staff and educational excellence at our school.
- Over the last three years, your donations have funded a reading specialist (three yrs. ago), and an additional 1st grade teacher (two yrs. ago), and an additional 4/5th grade teacher (last year).
- Participation is essential for success. More than 50% parents have donated in each of the last two years. We are seeking for 66% or higher participation this year.
- Suggested donation is, as always, the same amount as kindergarten families pay each month for tuition (\$320 this year). However, any gift, no matter how large or small, matters.
- The entire Richmond staff supports this effort! Richmond has successfully maintained small class sizes with a lower student-to-teacher ratio than other schools due to your donations.

**More information and a donation form are on the Richmond School Foundation webpage**

**< <http://www.richmondjmp.org/richmondfoundation.html> >**

**THANK YOU RICHMOND FAMILIES FOR  
SUPPORTING EXCELLENT EDUCATION AT  
OUR SCHOOL!**



*Richmond Elementary*



# News from Richmond's Parent Teacher Association

**Jeanne Kalisweski**

President

**Sonciray Bonnell**

Vice President

**Mika Obara**

Treasurer

**Michelle Fusak**

Assistant Treasurer

**Carol Shaw**

Secretary

**Yoko Sato**

Special Events

## HARVEST FAIR WAS A TREMENDOUS SUCCESS (AND LOTS OF FUN TOO!)

Our first ever Harvest Fair was a huge success - thanks to everyone who attended and all who volunteered! Although we are not certain of the total attendance numbers, 300 craft sheets were distributed. Although, the donuts were eaten, and we ran out of corks for the origami pinwheels!

Many thanks to all who volunteered, and special thanks to the amazing organizers of the event: Andrea Obana of the Learning Lab Garden Committee, Yoko Sato PTA Special Events Coordinator, and our 100-Year Anniversary Committee of Emi Avondstondt, Sachiko Nishikido, Etsuko Austin, and Angie Tomlinson.

## AN APPLE A DAY...

**Back by popular demand!!!** The Kiyokawa Family Orchard/PTA Autumn Apple Sale is here! Support our Richmond PTA and a local third-generation Japanese farming family by purchasing FRESH (picked the week of delivery) apples!!! Kiyokawa Family Orchard has generously offered to sell us their beautiful, juicy, ripe apples in many varieties at rock bottom prices. Fifty percent (50%!) of each box is pure profit for our school so encourage those apple pies, homemade apple sauce, and just plain good eating!

Please remember to thank the Frison Family and FedEx for their generosity in picking up and delivering our estimated 9000 lbs of fruit from Parkdale, Oregon and bringing it straight to Richmond's doors at no charge!!! And many thanks to Kristina Kallen for organizing the logistical craziness that is this wonderful event!

**ORDERS ARE DUE IN THE PTA BOX BY FRIDAY, OCTOBER 17!!!**

**PICK UP WILL BE IN THE MAIN RICHMOND HALLWAY ON FRIDAY, OCTOBER 24 AFTER 2:00.**

## ENTERTAINMENT BOOKS

This great PTA fundraiser is also underway this month. Please consider purchasing a \$20 Entertainment Book for yourself or your family. All money raised by this sale goes to the PTA general fund, which allows us to bring great events like the Harvest Fair to Richmond. Thank you so much for your support!

# RICH COFFEE AGAIN!!

In front of the Library

7:45-8:30am

Coffee, English tea, Japanese tea, \*Hot cocoa

Muffin (Tuesday, Thursday and Friday only)

\*Hot cocoa is sold only between 7:45-7:55am.

Students must finish drinking at the  
table before going to their classrooms.

\$1 per cup for those who bring own cup  
*(Richmond's 100<sup>th</sup> anniversary stainless  
travel mug will be available soon.)*

\$1.50 per cup for those who need paper cup  
*(We are promoting "less trash".)*

50 cents per muffin

\$10 for Rich coffee card ->

1 free cup upon purchasing

*(You can use your Rich Coffee  
card from the spring.)*



## **Wanted: New Helpers!**

Please contact Emi Avondstondt @ [emiandlaur@msn.com](mailto:emiandlaur@msn.com)

Emi Avondstondt, Etsuko Austin and Sachiko Nishikido are the  
Rich Coffee Volunteering Moms!



## Buy Coffee in compostable bags to Support Richmond's Elm Trees

Richmond school's 20 American Dutch Elm trees need to be inoculated every 3 years to resist Dutch Elm Disease which can kill the beautiful trees which shade our school grounds. During inoculations in June of 2007, we used 800 microinjections of a fungicide recommended by foresters to protect our trees. The cost per injection was \$3.50 for a total of \$2800. For the next round of inoculations in 2010, prices and shipping costs are expected to be slightly higher.

To raise money for the inoculations, Save Our Elms, a 501(c)(3) non-profit, partners with Portland Roasting to sell delicious, freshly roasted coffee to the Richmond community. \$4.60 from every bag of regular coffee sold allows us to buy approximately 1.31 microinjectors. (Save Our Elms gets \$5.05 from every bag of decaf coffee, too!) The coffee is delicious, environmentally friendly and costs **\$10/pound for regular and \$11/pound for decaf**.

If you haven't tried the coffee yet, ground regular coffee is available for purchase in the office. The price is \$10 /pound (checks made to Save Our Elms, please.) You can look in the coffee basket on Patsy's counter for the variety you like and either give your money to Patsy or place it in the box marked "Save Our Elms" on the office front wall. I place orders every Thursday morning at 8 AM for whole bean, decaf, and additional ground coffee. For an order, please fill out an order form (some are usually available on the table in front of the office or on Richmond's website) indicating your coffee choice and whole bean or ground preference and attach payment. (Please note decaf coffee costs \$11.00 a pound.) Coffee from orders will be available in the office by the next afternoon and it will be held in Patsy's coffee drawer just for you. Patsy can retrieve this for you; she is a great supporter of this program. We accept donations as well.

### Portland Roasting descriptions:

All coffees for Richmond are our Farm Friendly™ Direct coffees because as important to us as the quality of our coffee is our social responsibility. We strongly believe that we can make a positive difference in the coffee world through direct, socially responsible coffee sourcing. We pay growers a premium for their coffee with 100% of the premium going to farm and community projects. All of these projects are designed to give back directly to the farmers - furthering the long term sustainable infrastructure.

**Ethiopian – Kochere:** This coffee is part of Project H.O.P.E., which stands for Hope and Opportunity for the People of Ethiopia. We are helping build a much needed community center for the Ethiopian farming community of Kochere to provide a common meeting place for educational purposes, as well as a vital medical dispensary for the people of Kochere.

**French Organic** – Certified organic; dark roast

**Tanager's Song** – an organic blend (Central American and Indonesian certified shade grown coffees), silky-rich and full-bodied with a caramel-like finish.

**Papua New Guinea** - a single varietal that is passive organic.

**Farm Friendly Direct, SWP (Swiss Water Process) French Decaf** – directly sourced, chemical free, dark roast.

**Farm Friendly Direct, SWP (Swiss Water Process) Morning Decaf** – directly sourced, chemical free, light roast.

Please put orders with your checks (made out to SAVE OUR ELMS) in the Save Our Elms mailbox in the school office or contact Mary Klinger at (503) 234-5147 or [dustin-mary@comcast.net](mailto:dustin-mary@comcast.net). **For orders submitted by 8:00 AM Thursday, coffee will be available in the office by Friday afternoon. THANK YOU VERY MUCH!!!**

---

### Save Our Elms Coffee Order Form

Date \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ or email \_\_\_\_\_

Coffee	Ground	Whole Bean	Totals
Ethiopian - Kochere			\$10/lb x    lbs = \$
French Organic			\$10/lb x    lbs = \$
Tanager's Song			\$10/lb x    lbs = \$
Papua New Guinea			\$10/lb x    lbs = \$
SWP French Decaf			\$11/lb x    lbs = \$
SWP Morning Decaf			\$11/lb x    lbs = \$
<b>Totals</b>			

\_\_\_\_\_ Donation amount. Save Our Elms is a non-profit 501(c)(3) corporation in the State of Oregon.

EIN: 31-1581092.

Revised 9-08



# Richmond 100<sup>th</sup> year anniversary

Special events for 2008-2009 at Richmond Elementary School

October 4

- ◆Harvest Festival

December

- ◆Double book fairs Scholastic and Kinokuniya  
Purchase some English books and Japanese books at Richmond.
- ◆Portland Taiko Concert
- ◆Craft fair and 100 x 10 cranes

January

- ◆New Year Celebration

May

- ◆Spring Festival and 100 scavenger hunts

100<sup>th</sup> year PTA Special Event Committee:

Angie Tomlinson

Emi Avondstondt

Etsuko Austin

Sachiko Nishikido

Special goods

- ◆100<sup>th</sup> year anniversary T-shirts (limited quantity)
- ◆100<sup>th</sup> year anniversary stainless travel mugs (limited quantity)  
\*contact Sachiko Nishikido ([stepn55@gmail.com](mailto:stepn55@gmail.com)) for pre-orders
- ◆100<sup>th</sup> year anniversary photo books (May 2009)  
\*contact Angie Tomlinson ([angieT@bes.ci.Portland.or.us](mailto:angieT@bes.ci.Portland.or.us)) if you like to take pictures for the photo books

Richmond History Research

Find interesting facts about Richmond elementary school and send it to Jean Mittelstaedt.  
([jeanm@web-strider.com](mailto:jeanm@web-strider.com)) She will put it on the site: <http://www.richmondjimp.org/history.html>

And more!!

Contact Angie Tomlinson ([angieT@bes.ci.Portland.or.us](mailto:angieT@bes.ci.Portland.or.us)) if you want to help with the 100<sup>th</sup> year anniversary projects.

# SCRIPNEWS

The next scrip order is MONDAY, October 13<sup>th</sup>.

*Orders are due in the scrip box in the office or to a scrip volunteer by Monday morning at 8:15am. If you are emailing your order, please make sure to send it by noon on Sunday. This is a standing order date so if you have any changes to make or do not want your order processed, please let the scrip coordinator know by noon on Sunday.*

Did you know that processing a credit card costs Oya No Kai about 2.5% of each purchase, or \$10 for a \$400 scrip order? That's money that could be used to support other programs like Japanese interns or class trips.

**We want to encourage everyone to write a check when ordering scrip.**

Here's what you can do to help keep our profits in the JMP program:

Write a check or use cash for scrip.

**For standing orders** processed once a month, set up an automatic bill pay with your bank. Checks should be mailed to PO Box 14392, Portland, OR 97293-0392 & need to be received by the Thursday before the scrip standing order day.

Add a donation to your scrip order which will directly offset credit card fees. Just write in the amount at the bottom of your order form on the line marked "Credit card fee donation". Forms are being updated to give you a space for a donation option.

Continue to pay with your credit card. Even with credit card fees, ONK still makes a profit on each scrip order.

Thank you for purchasing scrip through Oya No Kai. This is a great, easy way to raise funds without spending extra money for the programs you love. If you have any questions about scrip, please contact Carrie Sherrill, Scrip Coordinator, at [onkscrip@comcast.net](mailto:onkscrip@comcast.net) or call 503-515-6687.





Portland Public Schools  
Japanese Magnet Program

**RICHMOND  
JAPANESE IMMERSION SCHOOL**

2276 SE 41st Avenue

Portland, OR 97214

Phone: 503-916-6220

Fax: 503-916-2665

www.richmondjmp.org

***Japanese Magnet Program***

Richmond Office Hours:

7:30am-4pm

Patsy Burke, Secretary

503-916-6220

pburke1@pps.k12.or.us

Kimberly Rose, Office Assistant

503-916-6220

kröse1@pps.k12.or.us

Kathryn Anderson, Richmond Principal

503-916-6220

503-329-1681 (cell)

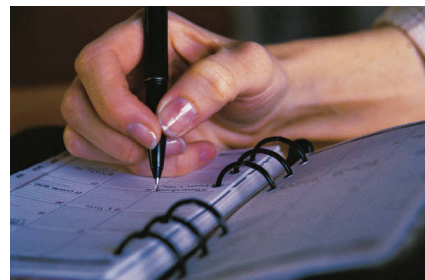
keanders@pps.k12.or.us



Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation.

Board of Education Policy 1.80.020-P

# Mark your calendar!



Events for the weeks of

**October 10-October 24, 2008**

Friday October 10th ~ 10月10日金曜日

**No School**

*Oregon Inservice Day*

•

Monday October 13th ~ 10月13日月曜日

**Scrip Order Day**

•

Tuesday October 14th ~ 10月14日火曜日

**Mandatory Meeting-5th Grade Trip**

*For those attending this year's trip to Japan!*

*7:00pm-8:30pm*

•

Wednesday October 15th ~ 10月15日水曜日

**Parent & Child Calligraphy Class with Daigo-sensei**

*2:30-3:30pm*

•

Friday October 17th ~ 10月17日金曜日

**Scrip Pickup Day**

•

Wednesday October 22nd ~ 10月22日水曜日

**TAG Parent Meeting**

*7:00pm-8:30pm*

•

Friday October 24th ~ 10月24日金曜日

**No School**

**Richmond School Foundation**

**Free Movie @ Clinton St. Theatre**

*Make a Donation to Richmond at the movie!*



# 100TH YEAR ANNIVERSARY SPECIAL!

## **Kinokuniya Book Fair Pre-Sale**

As a special event to celebrate Richmond's 100th Year Anniversary, we have two book fairs— Scholastic Book Fair and Kinokuniya Book Fair in December. Kinokuniya (the Japanese bookstore in Beaverton) will come sell their books at Richmond on Friday December 5th.

Your teachers have recommended some particular books for the students to read at home. If you have been to Kinokuniya and have been lost about what books to purchase for your children, this is your chance to get the right books! You can pre-order these books and receive them at the Book Fair on December 5th. (If you are not able to personally pick-up the books, please just right a note on the order form.)

Your teachers also listed some books that they wish to have in their classrooms. They will make a great gift to the entire class! If you order these books to be read at home instead of in the classroom, please make a note of that as well.

Kinokuniya usually keeps only a few copies in stock. Therefore, you have a much better chance of getting the books you like by pre-ordering.

Kinokuniya will be donating 10% of their gross sales from the Book Fair (including pre-orders) to Richmond. That will be used to purchase more Japanese books for our school.

Because the books must be ordered and shipped from Japan, in order for you to receive them at the Book Fair, the order form and the check must be submitted to the PTA box in the Main Office (or to your teachers) no later than 2:30 p.m. on Wednesday October 15th.

If you have any questions, please contact Yoko Sato at [duncan.s@comcast.net](mailto:duncan.s@comcast.net)

Richmond School Foundation Restaurant Fundraiser

NoHo's Hawaiian Café

October 24th-26th Lunch & Dinner All Day

Come Support Richmond and have a delicious meal!



ART IS FUN!



## MOSAIC INSTALLATION

Installation of the children's beautiful artwork is beginning on Richmond's school walls, and your help is needed! There is a sign-up sheet located in front of the main office, and installation will be happening between October 15-December 5. The morning sessions will run between 8:15am-11:15am and in the afternoon between 12:00pm-2:00pm. There will also be some evening sessions. No experience is needed, so please pitch in and help be a part of this historic art project!

## COMMUNITY ART NIGHT



Everyone helped in to make something special to add to the school's art mosaic walls. Bamboo, waterfalls and koi were all crafted out of tile and clay.

# Head Lice Information Update

Several classrooms have experienced a recurrence of head lice among students over the last few weeks. The policy on head lice in Portland Public Schools requires schools to:

Immediately exclude a student with live lice from school, and send them home with information about lice treatment.

A student with no live lice may return to school, even if nits are present. Parents are **STRONGLY** encouraged to remove all nits from their child's hair to help prevent re-infestation.

Students must be re-checked for lice and nits at 7 and 14 days after re-entry into school. If live lice are present, the students will be excluded from school again. If after 14 days live lice remain present, the student will be excluded again and must remain out of school until there are no lice or nits. Administrative Directive 4.50.021 (AD) Head Lice

Richmond students and families enjoy a close social network with play dates, sleep-overs, sporting events and excursions being a regular part of weekly life. Please help us minimize the spread of head lice by taking a moment this weekend to check each family member and proceed with treatment should you find live lice and/or nits.

The following information about the treatment of head lice is taken from the website of the Centers for Disease Control & Prevention at [www.cdc.gov/lice/head/faqs\\_treat.html](http://www.cdc.gov/lice/head/faqs_treat.html)

## Treatment FAQs from the Centers for Disease Control & Prevention

***Is mayonnaise effective for treating head lice?*** CDC does not have clear scientific evidence to determine if suffocation of head lice with mayonnaise, olive oil, margarine, butter, or similar substances is an effective form of treatment. Many parents have found that Rosemary Essential Oil is an effective treatment when mixed with shampoo (without conditioner). The Rosemary oil can also be added to water and used as a spray.

***If the treatment for head lice doesn't seem to be work, does this mean the lice are resistant and I need a different treatment?*** The following are several common reasons why treatment for head lice may fail sometimes:

Misdiagnosis. The symptoms are not caused by an active head lice infestation.

Applying the treatment to hair that has been washed with conditioning shampoo or rinsed with hair conditioner. Conditioners can act as a barrier that keeps the head lice medicine from adhering to the hair shafts; this can reduce the effectiveness of the treatment.

Not following carefully the instructions for the treatment that is used. Some examples of this are not applying a second treatment if instructed to do so, or retreating too soon after the first treatment before all the nits are hatched and the newly hatched head lice can be killed, or retreating too late after new eggs have already been deposited.

Resistance of the head lice to the treatment used. The head lice may have become resistant to the treatment. If the treatment used does not kill the head lice, your health care provider and pharmacist can help you be sure the treatment was used correctly and may recommend a completely different product if they think the head lice are resistant to the first treatment.

Reinfestation. The person was treated successfully and the lice were eliminated, but then the person becomes infested again by lice spread from another infested person. Sometimes reshampooing the hair too soon (less than 2 days) after correctly applying and removing permethrin can reduce or eliminate any residual (continued) killing effect on the lice.

***Is there a treatment recommendation for certain age groups?*** Before treating young children, please consult the child's doctor, or the health department for the recommended treatment based on the child's age and weight.

***Are there any side effects from using these chemical treatments for head lice?*** Treatments for head lice are generally safe and effective when used correctly. Some treatments may cause an itching or a mild burning sensation caused by inflammation of the skin on the scalp. Most products used to treat head lice are pesticides that can be absorbed through the skin. Therefore, all medicines used for the treatment of lice should be used with care and only as directed.

***Is it necessary to remove all the nits?*** Removal of all nits after successful treatment with a pediculicide is not necessary to prevent further spread. Removal of nits after treatment with a pediculicide may be done for aesthetic reasons, or to reduce diagnostic confusion and the chance of unnecessary retreatment. Because pediculicides are not 100% ovicidal (i.e. do not kill all the egg stages), some experts recommend the manual removal of nits that are attached within 1 cm of the base of the hair shaft.

***Where can I go to have the nits removed from hair?*** CDC does not make recommendations about businesses that may offer such services. Your health care provider or local health department may be able to provide additional guidance. Removal of all nits after successful treatment with a pediculicide is not necessary to prevent further spread of head lice. Removal of nits after treatment with a pediculicide may be done for aesthetic reasons, or to reduce diagnostic confusion and the chance of unnecessary retreatment. Because pediculicides are not 100% ovicidal (i.e. do not kill all the egg stages), some experts recommend the manual removal of nits that are attached less than 1 cm of the base of the hair shaft.

***Why do some experts recommend bagging items for 2 weeks?*** Head lice survive less than one or two days if they fall off the scalp and cannot feed. Head lice eggs (nits) cannot hatch and usually die within a week if they do not remain under ideal conditions of heat and humidity similar to those found close to the human scalp. Therefore, because a nit must incubate under conditions equivalent to those found near the human scalp, it is very unlikely to hatch away from the head. In addition, if the egg were to hatch, the newly emerged nymph would die within several hours if it did not feed on human blood.

However, although rarely necessary, some experts recommend that items that may be contaminated by an infested person and that cannot be laundered or dry-cleaned should be sealed in plastic bag and stored for 2 weeks to kill any lice that already are present or that might hatch from any nits that may be present on the items.

***Should my pets be treated for head lice?*** No. Head lice do not live on pets. Pets do not play a role in the spread of head lice.

***Should household sprays be used to kill adult lice?*** No. Using fumigant sprays or fogs is NOT recommended. Fumigant sprays and fogs can be toxic if inhaled or absorbed through the skin and they are not necessary to control head lice.

***Do I need to have my home fumigated?*** No. Use of insecticide sprays or fogs is NOT recommended. Fumigant spray and fogs can be toxic if inhaled or absorbed through the skin and they are not necessary to control head lice.

Routine house cleaning, including vacuuming of carpeting, rugs, furniture, car seats, and other fabric covered items, as well as laundering of linens and clothing worn or used by the infested person is sufficient. Only items that have been in contact with the head of the infested person in the 48 hours before treatment need be considered for cleaning.

***Should I have a pest control company spray my house?*** No. Use of insecticide sprays or fogs is NOT recommended. Fumigant spray and fogs can be toxic if inhaled or absorbed through the skin and they are not necessary to control head lice.

Routine vacuuming floors and furniture is sufficient to remove lice or nits that may have fallen off the head of an infested person.

***Will laundering kill head lice?*** Washing, soaking, or drying items at a temperature greater than 130°F can kill both head lice and nits. Dry cleaning also kills head lice and nits. Only items that have been in contact with the head of the infested person in the 48 hours before treatment should be considered for cleaning.

Although freezing temperatures can kill head lice and nits, several days may be necessary depending on temperature and humidity; freezing is rarely (if ever) needed as a means for treating head lice.



## SAVE UP TO 50% ON FAMILY FUN AND HELP OUR SCHOOL

We'll be offering Entertainment® to raise money for  
**RICHMOND ELEMENTARY PTA**

*Proceeds from this fundraiser go to the PTA General Fund which  
Supports enrichment activities such as Movie Night, Craft Night,  
Teacher Appreciation Week, and Spring Festival.*

People look for Entertainment each year, so be sure to tell everyone  
you know that our school is selling it.

You can help support our school for **only \$20.00** and save hundreds of  
dollars for yourself, friends and family.

Enjoy up to 50% savings on family fun, dining out, travel, shopping and more!  
Your child will be bringing home sale materials and important information on  
Friday, **OCTOBER 3, 2008**. The sale will run through **OCTOBER 20, 2008**.

If you have any questions regarding the sale, please contact Kim Tanada  
at [ktanada@verizon.net](mailto:ktanada@verizon.net) or 503.804.9991.

Thank you for helping support  
Richmond PTA!



## HARVEST FAIR IS A GREAT SUCCESS!



A great time was had by all at this  
year's 100th Year Anniversary Cele-  
bration *Harvest Festival* at Rich-  
mond. The blustery day didn't stop  
the fun inside Richmond's cafeteria,  
where lots of activities-and donut  
chasing!-were happening.

A big thank you to all of the wonder-  
ful parents and volunteers whose  
hard work made this great event  
possible!