



Richmond Shinbun

リッチモンド新聞

Bev Pruitt, Principal

Dave Allen, Assistant Principal

IMPORTANT DATES

May 13	Run for Richmond
May 14	Spring Festival
May 16	Foundation Pledge Week
May 18	Late Opening
May 30	Memorial Day (No School)
June 1	Goodbye Party
June 6	Volunteer Tea Cafeteria at 2:30
June 7	Field Day
June 9	Last Day of School

UPCOMING EVENTS & MEETINGS

PTA General Meeting:
Wednesday, May 25, 2016
from 6:30 – 8:00 p.m.

Saying Goodbye:

Families are invited to come say goodbye to Bev and Kristina on Wednesday, June 1, 2016 from 2:30-4:30 p.m. in the cafeteria. Treats for all especially kids.

PENNIES FOR PATIENTS

This year a total of \$2415.00 was raised for Pennies for Patients. We would like to thank all of the students and families who contributed this important effort in raising money for the Leukemia & Lymphoma Society.

Principal's News

Dear Families,

April showers bring MAY flowers, and they came from our WONDERFUL parents! Thank you to PTA President Sara DeLuca, the PTA board, and ALL parents who were so GENEROUS during Staff Appreciation Week. They are masterful flower arrangers as well. Such beautiful bouquets for EVERYONE. I am still writing thank you notes to parents and students who wrote me lovely letters. I will miss this time of the year when students send me letters. Please take a look at my door. I cherish every one of those notes, poems, and loving letters.

The end of the year is quickly coming our way! Parents are asked to participate in the Spring Festival this Saturday. Parents are also asked to attend the Volunteer Tea on June 6th at 2:15 p.m. in the cafeteria so staff may thank them for all their volunteering this year. Run for Richmond will be this Friday, rain or shine. Thank you to the joint sponsorship by PTA and Richmond Foundation.

Everyone is invited to the cafeteria, June 1st from 2:30 – 4:30 p.m. to say, "Goodbye" to me and Kristina Kallen as we move to the next phase of our lives. We will miss you all and cherish the many memories we take with us. Please stop by. There will be yummy treats for kids and all. Thank you to the staff and the staff social committee for providing treats and putting on this event.

Fond Farewell from Mrs. Pruitt and Kristina

Richmond Foundation

Hello Richmond Families,

May is such a busy month! The Richmond School Foundation is also very busy this month with several activities awaiting your participation. Starting off with the Run for Richmond on May 13th, RSF is sharing in the proceeds with the PTA this year, followed by the Spring Festival on Saturday, May 14th, which will be the beginning date of our Spring Fundraising Campaign! Every family who signs up for monthly contributions will receive a free Swimmy T-shirt! The following week, May 16th- 20th is our Spring Campaign week. This year, any contribution to the Foundation allows you to get Swimmys to fill out so your child can show his or her support of the teachers and staff who make Richmond the best school in the district! Come visit our table at the Spring Festival and again during morning drop off next to the main office. On top of all of this, we have a new restaurant supporting the RSF. Marukin Ramen will be donating a percentage of their proceeds earned on Tuesday, May 17th, so go to 609 SE Ankeny and try out this new tasty ramen eatery and support the RSF while you eat! Issho Ni Ganbarou!

Together, we can do it! Arigato gozaimasu!

PTA Updates

PTA Announcements

Thank you to all the parents who helped out last week for Staff and Teacher Appreciation Week. There are too many names to list, but whether delivering coffee, giving massages, arranging and delivering flowers, bringing delicious food or doing something special with your child for the teachers and staff that work with them every day, thank you for making our community a great place to be!

Rich Coffee - A Big Thank you to the many fantastic parents and kids who visited and supported Rich Coffee this year!!

Greg Byrd, Yoko Niki-Breyfogle, Shannon Bromenschenkel, Kara Coffey, Kirstin Yamakawa, Andrea Obana, Yuko Kesic, Akiko Ishida, Miyuki Norrish, and Chiho Miwa. This group of dedicated volunteers will continue to volunteer at Rich Coffee next year.

Rich Coffee is a fun place to volunteer at school, particularly if you like to socialize. If you are interested, please contact Greg at gregbyrd@hotmail.com. We are always happy to welcome more friends to help!

A Special Note of Thanks

Some very special people are "graduating" from Rich Coffee this year as their youngest children are leaving Richmond and moving on to Mt. Tabor. It is with deepest appreciation that the last of our founders, **Emi and Laurent Avondstondt** leave us this June. We are also saying goodbye to **Sumika Calaba**, who has been a integral part of the team.

Rich Coffee began nine years ago as an idea to raise money to make Richmond a better place. Emi and Laurent were part of a team of five parents who wanted to make a difference - that team has grown to 13 regular parents. Past Rich Coffee volunteers often come back to help at special events like movie nights, the New Year's Festival and the Spring Festival.

The changes Rich Coffee brought to our school started out small - staplers and electric pencil sharpeners, calligraphy supplies - and became more significant as the years went by. Rich Coffee has provided a coffee maker for the staff room, the new sound system and curtains for the stage, instruments for our music classes, recess/playground kits for each classroom, classroom funds for our teachers, and contributed to Chrome Books for the 4th and 5th grade classrooms. This year we are having a drinking fountain/bottle filling station installed.

In the last few weeks of school, please stop by to say "Goodbye" to Emi, Sumika and Laurent, and thank them for the hard work and great idea of Rich Coffee! We look forward to seeing you at the Spring Festival!

PTA: Important Dates and Upcoming Events

Walk and Bike Month - All Month!

May Walk and Bike month is here. We are encouraging our kids and families to walk, bike, roll, or park-and-walk to school or their bus stop, so all kids can participate. More park-and-walk helps create a safer, healthier area around school with less traffic. Look for us before and after school on Friday, May 13th, and Wednesday, May 25th, where we will be handing out Walk & Bike incentives and score cards. Walk & Bike scorecards can also be picked up in the Richmond mail-room 110. All kids that drop-off their scorecard in the Walk & Bike box in the mail room by June 3rd will be entered in a drawing to win prizes like a new bike helmet.

Spring Scholastic Book Fair, this week!

Stock up on reading materials for the summer and support our Japanese and English library collections. Come visit the Book Fair in the library before and after school all week. The Book Fair will run through Saturday, 5/14.



Plant Sale Delivery - Plant Delivery is May 13th

Stop in and pick up your plants in the breezeway after you watch your kids run in Run for Richmond or after school. If you cannot pick up Friday, you can pick up at the Spring Festival on Saturday.

Finally - Run for Richmond, May 13th

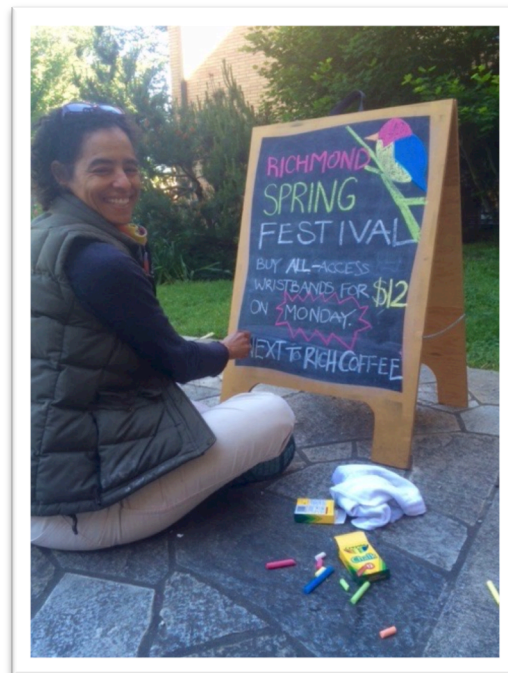
This is a wonderful (and super fun) PTA event that directly involves all Richmond students running with all their might to improve their school. Come watch your child run on Friday, May 13th. This will also benefit Richmond Foundation.

Spring Festival, May 14th, 11:00 a.m. to 4:00 p.m.

It is this Saturday - the annual Haru Matsuri, Spring Festival! Family and friends are welcome to join! There will be musical performances in the cafeteria, bouncy houses, classroom booth activities, the 5th grade cultural exchange/ONK-sponsored rummage sale and lots of great Japanese food and vendors on the playground. It takes a village to host this one ... the largest PTA fundraiser of the year, and we're still short volunteers to make the festival run smoothly. Please pitch in with classroom reps regarding volunteer help needed, or contact Kate Fleming at flemingkp@yahoo.com for other volunteer opportunities. See you Saturday!

Breakfast in the Garden, May 20, 9:00-11:30 a.m.

Join us for the last Breakfast in the Garden of the year. Help weed and plant for summer and next September. Kids will have a chance to finish creating the last Totoro signs asking people with dogs to be considerate of the field and pick up after themselves, and adults will put them up around the field. Enjoy sunshine, coffee and pastries with the Richmond community.



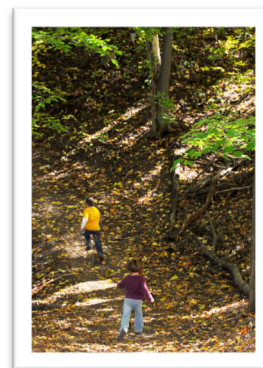
PTA General Meeting, May 26th

Join us from 6:30-8:00 p.m. in the Richmond Cafeteria for an update and reflection on major initiatives from this year (e.g. Art Technology Initiative, Run for Richmond outcomes, new water bottle filling station from Rich Coffee, 4th grade Chromebooks, walking path/field renovation to name a few) and outline our programming objectives for next year. Elect a new board and meet the new interns. Celebrate with mochi ice cream. Childcare provided.

Studies Show Good Summer Health Leads to School Readiness

Studies show that when kids are physically healthy, it is easier for them to learn and succeed. How your child spends his summer will affect his health—and how he does in school next year. Emphasizing healthy habits on vacation doesn't have to be boring or intimidating. It can be fun! All it takes is a little extra focus on:

- **Being active.** Most kids should exercise for at least one hour a day. Instead, many watch TV and play video games for hours on end. Make a list of alternatives, such as taking family walks, gardening, visiting local parks and joining a sports team. Ask your child, "Which would you like to do?"
- **Eating well.** Involve your child in making healthy meals. You might borrow a cookbook from the library and try some new recipes with fruits, vegetables, whole grains and lean proteins. Avoid potentially harmful or unnecessary ingredients, including excess sugar.
- **Staying hydrated.** This is especially important during hot summer activities. Remember that every drink does not need to be sweetened or flavored. Water is refreshing—and free! If you serve juice, consider diluting it with water. The earlier you start doing this, the less your child will notice.
- **Promoting wellness.** In addition to taking care of your child when he is sick, work with his doctor to prevent illness. Discuss vaccines, summer safety, vision, hearing, allergies and other critical topics. Be sure to keep his medical records up to date!





Richmond Shinbun

Richmond Elementary
2276 SE 41st St
Portland OR 97214

Phone 503-916-6220
Fax 503-916-2665

Attendance Line:
 503-916-6148



Portland Public Schools

501 North Dixon Street
 Portland, Oregon, 97227
 503-916-2000

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Portland Public School Board that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation in any educational programs, activities or employment.

May Counselors' Corner

Dear Parents and Richmond Community,

Thank you for an amazing Pennies for Patients fundraiser! We were able to collect an astonishing \$2450.00 in coins for children with leukemia and lymphoma. I am so proud of our generous children who really showed their compassion for the greater community.

This month in our counseling curriculum students are learning about Mindfulness. Mindfulness is about being present, using all your senses to notice what is around you, meditating with belly breathing to clear your mind, and learning how to calm yourself. Mindfulness is proven to help with self regulation, anxiety, and stress. Students are really enjoying our practice with "Mood Cow" and the Calm Down Jar. Email me if you would like some more mindfulness resources to continue practicing at home.

The last Spirit Day this year is Friday May 20th, and it is Pajama Day! No stuffies or blankets are allowed. We know it will be too warm outside for winter PJ's so please make sure your child is dressed appropriately in warm weather pajamas.

Fourth and fifth grade parents have the option to attend the Parent Health Info Night on Wednesday, May 11th at 6:20 p.m. in the cafeteria to learn more about the 5th grade Health Curriculum, including managing your child's technology and digital world. The handouts from this event will be online on both Bill Aubrecht's and Jen Loveland's blogs under Counseling resources, so if you cannot attend, or just would like to see the information go to <https://mraubrechtrichmond.wordpress.com/> or <https://mrslovelandrichmond.wordpress.com/>.

The Student Store will be open on Tuesday and Thursday mornings through Tuesday, June 7th as regularly scheduled. We will also have two special after-school store openings on Thursday June 2nd and Tuesday, June 7th from 2:30-2:50 p.m. *Please mark your calendars and make sure your student gets the chance to spend his or her last Bulldog Bucks.* After the store closes this year the hot pink 2015-2016 Bulldog Bucks are no longer valid, and we all start with a clean slate and a new color next year.

Student Council, Bulldog Brigade, and Rockstars groups will all be "graduating" with special events the week of May 31st - June 3rd. There are no groups the last week of school.

A Summer Learning Resource packet is in the works and will be available to all very soon, so please email me if you want to make sure and get an electronic copy. This will include academic programs, tutoring recommendations, and free online resources for learning practice over the summer.

The Rainbow Day Photo will finally be on sale at Spring Festival! It is \$5 for an 8x10 print, and is a fundraiser for next year's Student Council. It will also be sold at Rich Coffee in the mornings in the next few weeks on Wednesdays and Fridays.

Thank you for all your support and a great year with your amazing children!

Sincerely,

Claudia Sterry, School Counselor
csterry@pps.net x76114

Lizzie O'Leary, School Counselor
loleary@pps.net x76140