



Afternoon Sessions At - A - Glance

Afternoon Breakout Session I- 1:30-2:00 pm

Session Title	Session Description	Presenter Info
Planning Your College Search	<p><i>Whether you're just starting to think about college or needing guidance to research and organize your search, this workshop will provide timeline and suggestions for task completion to keep your search as effective as possible.</i></p> <p><i>"College fit" includes considering your academic goals, geographic preferences, ways you like to be socially engaged, cost, and your career goals. Taking time to evaluate these will help you to hone in on certain schools and programs.</i></p>	<p>Eric Delehoy, Delehoy College Counseling Eric Delehoy presents more than 25 years of college admission and counseling experience, having worked at both large public and small private institutions of higher learning. He is a national leader in the area of college guidance and, in non-COVID times, regularly provides keynote addresses and breakout sessions at high schools throughout the Portland metro area. He is the owner of Delehoy College Counseling.</p>
Finding the right fit	<p><i>It's more than just the name and reputation of the school! Finding schools where you will establish community and thrive is just as important as ensuring you are selecting colleges that are a good academic match. Come hear more about factors you should be considering when selecting colleges and building your college list.</i></p>	<p>Alex Gonzalez, Bright Horizons- Alex is a Senior Manager at Bright Horizons College Coach on the College Finance team. Bright Horizons College Coach®, the nation's leading provider of educational counseling services. This benefit is designed to support your family through a variety of important educational challenges. He works directly with students to support their educational journey, mentoring them in the skills and experience they need to reach their professional career and higher education goals.</p>
Accessing Your Construction Career through Union Apprenticeship: High Wage/High Demand Jobs in the Building Trades	<p><i>Do you learn best by doing? Do you think of yourself as practical and hands-on? If you answered yes, learn why a union apprenticeship might be a good fit for you. Apprenticeship is an advanced training option that combines classroom instruction with paid On-the-Job-Training. On their first day of work, a union Carpenters Apprentice earns \$25 per hour. They'll earn more as they progress through their four year program and gain valuable skills that make them employable anywhere in the world.</i></p>	<p>Meg Kilmer, Pacific NW Carpenters Institute- A former high school career advisor, Meg Kilmer is happy to open the doors to a post-secondary option most teens know little about: union apprenticeships.</p>

<p>Private vs Public Colleges/Universities/WUE</p>	<p><i>What is the difference between a public and private college or university? What are the benefits and strengths of each? Is it possible to attend other state colleges in the west and pay about the same price as going to an in state public college? These questions, and more will be addressed in this session.</i></p>	<p>Heather Wofford, Oregon State University Amanda Price, Oregon State University Cori Graves, Oregon State University</p>
<p>PCC- Career Pathways options. What are Stackable credentials?</p>	<p><i>Find out about short-term stackable certificates that lead to a job and to an Associate degree. And, how added resources like SNAP and the STEP program can help with the costs of going to college!</i></p>	<p>Laurie Chadwick, Education Coordinator- PCC Career Pathways- Laurie Chadwick is an Education Coordinator with the PCC Career Pathways Program with over 15 years experience supporting students to reach their college and career goals. She enjoys working with students and anyone who is thinking of attending college, and connecting them to resources that support their success.</p>
<p>Earning College Credit in High School – Dual Enrollment/AP/IB</p>	<p><i>The ability to earn college credit while in high school offers students several benefits: A smoother transition between high school and college. First-hand exposure to college-level work while still in high school and a chance to complete your bachelor's degree faster. This session will explore the various opportunities available to students during high school.</i></p>	<p>Beth Molenkamp, MA PACTEC Regional Coordinator Dual Credit Program Manager, PCC- Beth Molenkamp has been working with Portland Community College since 2012, first as a Dual Credit Coordinator and then was promoted to the Dual Credit Program Manager and CTE Regional Coordinator. Before working at PCC Beth was a CTE teacher in Alaska and Portland. She has taught preschool through adults with a strong focus on experiential learning. Beth earned her BA at the University of Montana and a MAT from Ashford University.</p> <p>Tara Harding, AP TOSA, Portland Public Schools- Tara Harding- Originally from Arizona, Tara taught history in NYC for 14 years before moving to Portland. She is now the PPS Teacher on Special Assignment for Advanced Placement. Her goal is to encourage and support diverse students in taking on the challenge of AP classes. She has a fifth grade daughter at Creston Elementary.</p>
<p>Steps to Deciding On Your Major</p>	<p><i>Once you're in college, what happens if you don't know exactly what you want to do? Who and where can you get help? What types of careers exist that employers are actively recruiting college grads right now? Meet and learn from a Career Coordinator at our partners at PCC.</i></p>	<p>Jen Poinar, PCC Southeast Campus Career Exploration Center Coordinator- Jen Poinar (she/her) has worked in career services in both high school and college environments for over 10 years and loves helping students find careers and majors that match their interests and needs. She holds a Bachelor's in French and International Studies from the University of Oregon and a Master's in Public Administration in International Management from Middlebury Institute of International Studies.</p> <p>Rachel McMillan, PCC Sylvania Campus Career Exploration Center Coordinator- Rachel McMillen is the Sylvania Career Exploration Center Coordinator and has worked in career development in higher education for 20 years. She has a Bachelor's in English from University of California, Santa Barbara and a Master's in Counseling from California State University, Northridge. Rachel's prior career was in Human Resources and she began a transition into higher education as an intern in the Moorpark College Counseling Department.</p> <p>Haydee Hernandez-Goldenberg, PCC Rock Creek Campus Career Exploration Center Coordinator- Haydee Hernandez Goldenberg has worked as a career development professional in California, Washington and Oregon in community college settings for over 30 years and been with the Career Services Coordinator for PCC Rock Creek for over 5 years. She began her career at the Rowland Heights High School Career Center in CA.</p>

<p>Common Application: Tips and Tricks</p>	<p><i>The Common Application, which is accepted by more than 900 schools, including some colleges located outside the U.S., helps streamline one essential part of the admissions process for students by having students just complete one application. Learn both the basics and fine points and get your questions answered.</i></p>	<p>Melea Tejedas, Senior Assistant Director for Regional Recruitment, Office of Admissions, University of Oregon- Melea Tejedas currently serves as the Senior Assistant Director of Regional Recruitment at the University of Oregon. She has nine years of college admissions experience, primarily serving the Oregon public universities.</p>
<p>AmeriCorps: A Gap Year Program Serving Your Community Interested in making a difference in your community?</p>	<p><i>If you have a desire to serve others, come learn about becoming an AmeriCorps member. You'll learn how to apply, benefits of service (including money for college), and hear about several AmeriCorps programs that are available to you. Whether you're interested in tutoring children, fighting poverty, protecting the environment, coaching youth sports, addressing homelessness.... there is an AmeriCorps program out there for you!</i></p>	<p>Amy Holland, Program Manager, Oregon Volunteers- Amy works with AmeriCorps programs across Oregon in her role as Program Officer at Oregon Volunteers. Amy has served twice as an AmeriCorps member where she developed skills such as building houses, removing debris after hurricanes, supporting immigrant students, preparing taxes, and more!</p>
<p>Afternoon Breakout Session II- 2:10-2:40 pm</p>		
<p>Financial Aid 101</p>	<p><i>What is the difference between grants and loans? When and how do I apply for financial aid? How do scholarships fit into financial aid? This session will provide an overview and guidance to understanding the basics about financial aid which is key to your college decision.</i></p>	<p>Jennifer Satalino, Director, The College Place- Jennifer has been active in the college access and success movement both in Oregon and nationally. She has served as both a director of admissions and of financial aid, is a founding member of the Oregon College Access Network. Jennifer has particular expertise in Free Application for Federal Student Aid (FAFSA) completion and assisting undocumented students as they pursue postsecondary education. Her passion is ensuring equitable educational opportunities exist for all students.</p>
<p>Writing College Essays</p>	<p><i>This session will go over some do's and don'ts of the personal statement. Your essay is one of the most important and fun parts of the application and allows your reader to get to know what excites you, what you're passionate about, and how you define yourself. In this workshop, we'll go over some real-life examples and story-telling strategies, as well as discussing some things to avoid in writing your essay.</i></p>	<p>Miranda Leong-Hussey, Admissions Fellow, Reed College- Miranda Leong-Hussey is admission fellow for Reed College. She also attended Reed, and just graduated this past May, with a degree in political science. She is an East Coaster (born and raised in New York), and has thoroughly enjoyed living in Portland these past few years! In her free time, she loves to cook, read, hike, camp, and spend any time she can outside. Miranda is interested in education equity and access, and finding and meeting students the best part of the job!</p>
<p>The HBCU (Historically Black College/University) experience</p>	<p><i>What is an HBCU? How is attending an HBCU different from attending any other type of college or university? Why should I consider attending an HBCU? What can I expect once I'm a student?</i></p>	<p>Dr. Gabriel Selassie- Gabriel Selassie earned a Bachelor's of Architecture degree with a minor in Civil Engineering from Prairie View A & M University of Texas (HBCU) in 1988. Gabriel is a life member of Alpha Phi Alpha Fraternity, Inc., and serves at the Western Region Associate Editor of the Sphinx Magazine. He is a member of Phi Alpha Theta national history honor society, and Prince Hall Masons. He also held a commission in the U.S. Army Reserve.</p>

<p>Attending a HSI (Hispanic Serving Institutions)</p>	<p><i>What is an HSI? How is attending an HSI different than attending any other type of college or university? Why should I consider attending an HSI? What can I expect once I'm a student?</i></p>	<p>Darilis Garcia, Director of Enrollment Services, PCC- In her role as Director of Enrollment Services at Portland Community College Dr. Garcia oversees operations for admissions and registration. Dr. Garcia worked in higher education for 21 years in student affairs and as an instructor. She earned a Ph.D. in Educational Management in Higher Education from Hampton University, an MA in Communication from the University of Texas at El Paso, an MA in Counseling from Eastern Michigan and a BA in Communication from the University of Michigan.</p>
<p>The Tribal College experience</p>	<p><i>Come learn more about what makes an education at a Tribal College different than a traditional university. Students will learn about the various tribal colleges as well as student support programs specifically designed to support Native students.</i></p>	<p>Michelle Guzman, Director American Indian Student Services University of Montana, Missoula- Michelle is a member of the Shoshone-Bannock tribes of Fort Hall, Idaho. Before working in higher education Michelle was a middle school and high school teacher.</p>
<p>PCC Programs: Certificate to 2 Yr Transfer Options</p>	<p><i>Starting at a community college, especially with the financial support of the Oregon Promise, is a great way to earn credits which equate to a better job later. Participate and learn about short term certificate programs as well as earning your two year AA degree that will transfer to most four year state colleges/universities.</i></p>	<p>Teresa Salinas, PCC Magdalena Cruz, PCC</p>
<p>Entering the workforce directly from HS? How to prepare to maximize your marketability</p>	<p><i>Beginning a professional career immediately after high school presents opportunities to build your skill set, save for the future and establish healthy habits, but can bring on some new challenges as well. Understand how to market yourself to employers and the steps required to finding a lasting professional position in today's workforce</i></p>	<p>David Lorenz, Goodwill Education- David Lorenz is an Educational Specialist with Goodwill Industries. He enjoys helping people in the community achieve their goals and has a Master of Arts in Organizational Management.</p>
<p>Advanced Training: Job Corps</p>	<p><i>Job Corps is a tuition free training program for anyone 16-24 years old who would like to get trained in healthcare, office, construction, automotive, culinary arts, and more! Students can stay in the dorms (for free) or go home after every training</i></p>	<p>Troy Madrid, PIVOT Job Corps program- Troy Madrid has worked in the Job Corps program since 2005 in various positions in the counseling department -Career Counselor, College Counselor, and Admissions Counselor. Each position deals with the students in different times of their training and education.</p>
<p>The Occupational and Life Skills Associate Degree: "A unique program for unique learners"</p>	<p><i>Students will learn about the OLS program in Bellevue, WA. This is an accredited Associate Degree that prepares students with the skills they are going to need to start the career of their choice and teaches them essential skills they will need to live a fulfilled life. At the end of the presentation, students will understand how we teach, what we teach and why we teach at OLS.</i></p>	<p>Pilar Lopez, OLS Associate Dean, Bellevue College- Pilar has been working in the field of inclusion and diversity in society, and, more specifically, businesses and education since 2008. In addition to her extensive background working with adults with learning disabilities, Pilar has a professional background in human resources management and training and development. Pilar is a strong advocate for the creation of post secondary educational opportunities for people with different learning needs and believes learning doesn't end in High School</p>

Navigating the college process as a First Gen student	<i>Navigating the college search and application is overwhelming for any student. Yet some students who are the first in their families to go to college, this process is especially difficult. Find community and explore resources developed specifically for support during this session.</i>	Cassie Esparza, Admissions Counselor, University of Portland- Casandra (Cassy) Esparza is a first-generation college graduate, Latina, originally from Utah. A Class of 2014 graduate from University of Portland, Cassy has worked in the Office of Admissions for the last six years, and has used her role to help advocate and support underrepresented students pursuing higher education.
Afternoon Breakout Session III- 2:50:-3:20 pm		
What is college really like? Hear stories and advice from current college students!	<i>What does it feel like to be a college student? Learning new expectations of professors, meeting new friends, navigating life as a young adult. Mentors who have recently undergone this transition will provide their stories and best guidance to prepare for this exciting and sometimes scary transition.</i>	PPS GEAR UP Mentors
How to Start your Scholarship Search	<i>There are many ways to search for scholarships that this process can be overwhelming. At the same time, there is a scholarship for everyone! You just have to know the best ways to identify them and make your plan to apply. This session will provide guidance as to the best resources and timelines to follow as you embark on your path to winning scholarships.</i>	Abril Hunt, FA Director, PNCA-
College Application Process for Athletes	<i>Participants will learn about important changes to NCAA rules for initial eligibility and financial aid, NCAA Eligibility Center requirements, recruiting, and other hot topics,</i>	Ryan McAlvey, Director/Compliance and Student Service, Assistant Athletic
Carpe Mundi & Carpe Diem Education: Making Gap Years Accessible for All Students	<i>Looking for something a different post-high school? Join us to learn about Gap Years from Carpe Diem Education and Carpe Mundi - two Portland-based organizations. We'll share some background information on what a Gap Year is, why you might want to take one, the options available to you (particularly considering COVID-19), and share some specifics about what a Carpe Diem and/or Carpe Mundi experience would look like.</i>	Rachel Anderholder, Executive Director of Carpe Mundi- the non profit branch of Carpe Diem- Rachel has been working with the organization in various capacities since 2012, supporting 117 Carpe Mundi students through their study abroad experience. She has an MA in International Development and Service and has worked and volunteered in the education sector throughout North and South America. Anne Koenning, Executive Director of Enrollment & Operations, Carpe Diem Education- Anne Koenning graduated from Lewis & Clark College with a degree in Sociology & Anthropology. She has been working with Carpe Diem since 2016 . Prior to joining the team, Anne worked in the admissions offices of Where There Be Dragons and the National Outdoor Leadership School. Anne loves having the opportunity to connect with students and their families as they prepare for an international semester experience.
Navigating the College Application Process AND Transition to College for students with learning	<i>Navigating the College Application Process AND Transition to College for Students with Learning Differences presents ideological considerations to support families in approaching college choices. In addition, presenters will offer concrete resources and pragmatic</i>	Debra Sankovitz, School Counselor, Lincoln High School, PPS- Debra has been guiding students through their high school experience for seventeen years, and particularly loves helping them thoughtfully approach their next steps after graduation. She holds a MA in Educational Psychology from University of Colorado, School Counseling licensure from Lewis & Clark College, College Counseling Certification from UCLA, and is Certificated as an

<p>differences</p>	<p><i>options specifically targeted to help students with learning differences find their best fit college.</i></p>	<p>Educational Planner through AICEP.</p> <p>Melinda Gale, AVID Coordinator/Teacher, Lincoln High School, PPS- Melinda Gale began teaching with PPS in 1999 and holds a BA from Reed College, an MAT from Lewis and Clark College and an IAL from Portland State University. She has worked with high school students navigating the college process both as an AVID and IB Coordinator and as an educator over the past 15 years. Melinda has also received extensive training in Social Emotional Learning skills and enjoys supporting young people as they consider their post-secondary career and educational options.</p>
<p>Maintaining a Growth Mindset: Reducing Anxiety during the College Planning Process</p>	<p><i>Managing anxiety is a skill that is always evolving. When planning for life after graduation, our brains can be overloaded with deadlines, current coursework, as well as navigating the changes in our relationships with family and friends as we mature and grow. Come hear a bit of the science behind why our brains get overwhelmed and ways to help during this very exciting and sometimes stressful time.</i></p>	<p>Caitlin Clark, MA LMFT, Social Worker, Roosevelt High School, PPS- Caitlin is a Licensed Marriage and Family Therapist in her 7th year at Roosevelt High School. She provides free and confidential bilingual mental health support to students and their families. In her free time, she loves to bike, cook, knit, and stay true to her Wisconsin roots by eating lots of cheese.</p>
<p>ACT/SAT/Test Optional - What You Need to Know during the time of COVID</p>	<p><i>This session will cover the:</i></p> <ul style="list-style-type: none"> - status of testing for SAT and ACT in Oregon - trends in testing policies at colleges and universities - differences between SAT and ACT - typical timeline for prep/testing" 	<p>Scott Clyburn, Founder and Director, North Avenue Education- Originally from Houston, Texas, Scott has taught in both secondary and higher education and has been tutoring professionally since 2005. He sees tutoring as an opportunity for any student to become a better learner. Scott specializes in coaching students with LD and is motivated by seeing his students transform their potential into action.</p> <p>Rob Margolis, Founder and President, Stumptown Test Prep- Rob has been a professional tutor since 1997, beginning in the Washington, DC, area, then in Manhattan, and now in Portland. Rob has dedicated approximately 20,000 hours specifically to one-on-one standardized test preparation and has been featured in U.S. News and World Report's America's Best Colleges, Newsweek, and Education Week.</p>
<p>Navigating Financial Aid and Admissions as a DACA/Undocumented Student</p>	<p><i>Undocumented students often feel isolated when faced with pursuing, understanding and completing important processes to apply and pay for college. Learn about resources for support!</i></p>	<p>Edgar Contreras, Office of Admissions, Warner Pacific University - Edgar Contreras is an alumni from Warner Pacific University and Tigard High School. He graduated from WPU in 2016 with a bachelor in Social Entrepreneur and is a first-generation Latino to graduate High School and College. Edgar now works as an admissions counselor for Warner Pacific University. One of his favorite things to do is meet with students and families to talk with them about their dreams and hopes about continuing education.</p>
<p>Work while earning your degree- Part time work & part time student</p>	<p><i>Over 70% of college students balance studies with part or full-time work. Commitment to a job outside the classroom can add stress, while at the same time, providing opportunities to improve upon professional skills and abilities. Learn tools to minimize stress and</i></p>	<p>Faith Avery, Educational Specialist, Goodwill Industries- Faith Avery is an Educational Specialist with Goodwill Industries. She is passionate about helping reach their highest potential and has a Masters degree from the University of Iowa.</p>

	<i>improve performance at work or in the classroom.</i>	
Trades-Based Training Programs: Promoting success through education, leadership, and mentorship	<i>Come and explore why a career in the trades is a great option for you. Learn the benefits of being in the trades and how to go about starting your career. We will cover the requirements needed to apply for apprenticeship as well as the process for applying for apprenticeship. We will give you tips on how to be successful in the trades and will also give you resources for pre-apprenticeship programs. Your high paying career awaits you. Learn how to start your journey in this workshop.</i>	<p>Kim Neel, Retention Coordinator, Oregon Tradeswomen- Kim has worked for Oregon Tradeswomen for 7 years to support women in the construction industry. She provides opportunities for mentorship and connection through monthly social hours and also facilitates educational learning opportunities through a program called Tradeswomen Leadership Institute.</p> <p>Jay Richmond, Workforce Equity Manager, Oregon Tradeswomen- Jay's work involves working with various stakeholders to increase equity and diversity in the construction industry.</p>
Future Connect Scholarship for First Generation Students	<i>Future Connect is a scholarship and support program for students who identify as first-generation or low-income. We focus on eliminating barriers to college, and provide students with on-going support throughout their time at PCC. Come learn more about this fantastic program.</i>	Jana Dougherty, Recruitment Specialist, PCC Future Connect Program- Jana loves working in education and getting to see students transform their lives. Every day she is inspired by the students she works with and impressed with their intelligence, resilience, and determination. Jana has worked in education since 2001 and feels so fortunate to get to help students take their first steps towards college.
Student Panel: Navigating College as a Student with a learning difference	<i>Come hear from a current student and alumni panel of students from Bellevue College's Neurodiversity Navigators and Occupational Life Skills program discuss their college experiences. Students will share their personal stories and journey in higher education.</i>	Pilar Lopez, OLS Associate Dean, Bellevue College- Pilar has been working in the field of inclusion and diversity in society, and, more specifically, businesses and education since 2008. In addition to her extensive background working with adults with learning disabilities, Pilar has a professional background in human resources management and training and development. Pilar is a strong advocate for the creation of post secondary educational opportunities for people with different learning needs and believes learning doesn't end in High School